# Education

**Doctor of Philosophy (Ph.D.),** **Clinical Psychology** *May 2006*

*University of Virginia, Charlottesville, VA*

*Curry Program in Clinical and School Psychology (APA accredited and NASP approved)*

**Educational Specialist (Ed.S.), School Psychology** *July 1998*

*James Madison University, Harrisonburg, Virginia (NASP approved)*

**Master of Arts (M.A.)****School Psychology** *July 1996*

*James Madison University, Harrisonburg, Virginia*

**Bachelor of Arts (B.A.)** *May 1995*

*Georgetown University, Washington DC*

Major: Psychology, Minor: Italian

**Licensure/Certification: Clinical Psychologist**, Virginia Board of Psychology #0810003878

**School Psychologist**, Virginia Department of Education #PPS-534309

**Nationally Certified School Psychologist,** Certification #47177

**Membership:** National Association of School Psychologists (NASP)

Virginia Academy of School Psychology (VASP)

## Professional Experience

**Director and Assistant Professor,** *August 2013 to present*

*School Psychology Program, George Mason University, Fairfax, VA*

* Direct all administrative aspects of the graduate program
* Complete CAEP accreditation and NASP approval documentation; maintained NASP full approval at last approval cycle (2018).
* Administration: Lead school psychology faculty meetings, run admissions process, represent school psychology’s interests in department-wide meetings, consult with university personnel to handle administrative issues, facilitated program’s transition to College of Education and Human Development in 2017-2018.
* Teaching: Graduate level courses in social and emotional assessment, ethics and law, role and function of the school psychologist, developmental psychopathology, individual and group supervision of graduate students for comprehensive psychoeducational assessments. Undergraduate level teaching in lifespan development.
* University Service: Curriculum committee (present), Counseling faculty search committee (2018-2019)
* Community Service: University representative to VASP (2013 – present); member of Child Behavioral Health Collaborative of Fairfax County (2017- present); member of Project Aware Grant (Fairfax County Public Schools, 2015 – 2018), Board member for Advanced Academic Program Advisory Committee (2015 and 2016).

**School Psychologist,** *August 2006 to 2013 (consultant from 2013-present)*

*Fairfax County Public Schools, Fairfax, VA*

* Currently- provide occasional coverage for local screening meetings, assessments, and consultation in the schools.
* Previously (2006-2013) – full time psychologist for high school students in an Emotional Disabilities program.
* Provided psychological evaluations, individual and group counseling, crisis intervention, parent and teacher consultation, functional behavior assessments, reevaluations/IEPs for high-need students.
* Developed interventions targeting depression, anxiety, anger management, learning disabilities, attention deficit, PDD, psychosis, and interpersonal/social problems.
* Collaborated regularly with multidisciplinary/private agencies (DFS, DJS, CSB, private providers).
* Met residency requirements for licensure in clinical psychology (August 2006 to October 2007).

**Licensed Clinical Psychologist,** *October 2007 to April 2008*

**Post-doctoral Resident,** *August 2006 to October 2007*

*MindWell Clinical Psychology, Chantilly, VA*

* Completed year-long supervised residency one evening per week in a small, fee-for-service, private practice to meet Virginia licensure requirements in clinical psychology.
* Provided individual and family therapy to children and adolescents for treatment of depression, anxiety, behavioral difficulties, selective mutism, and adjustment disorders utilizing a cognitive-behavioral approach.

**Clinical Psychology Intern,** *August 2005 to August 2006*

*John L. Gildner Regional Institute for Children and Adolescents (JLG-RICA), Rockville, MD*

* Full time APA approved doctoral internship at a residential treatment facility and public school for children and adolescents with emotional disabilities.
* Conducted individual, family, and group therapy with students age 11 to 18 with depression, anxiety, PDD, schizoaffective, bipolar, oppositional defiant, and conduct disorder.
* Completed psychological assessments with tests including WISC-IV, WASI, VMI, Rorschach, Roberts, BASC, Jesness, MMPI-A, RCMAS, and BDI.
* Forensic rotation on the Evaluation Unit with court ordered students; responsibilities include individual and family therapy, psychosocial/diagnostic assessments, court reports, and court appearances.
* Case management across multiple agencies, including DHHS, DJS, LCC and CSA.
* Collaboration with school personnel for behavior management, treatment planning, and IEPs.

**School Psychologist,** *July 2004 to June 2005*

*Fairfax County Public Schools, Fairfax, VA*

* Part-time psychologist for middle school children in the Emotionally Disabled program.
* Met requirements for 4th year practicum placement for doctoral program.
* Conducted counseling groups on social skills, anger management, and girls’ issues.
* Completed functional behavioral assessments and behavior intervention plans.
* Consulted with teachers and parents on students’ social, emotional, and academic development.
* Collaborated with outside agencies and therapists in provision of services (DFS, DJS, CSB)
* Conducted reevaluations with tests including WISC-IV, WJ-III, Bender, VMI, Rorschach, Roberts, and BASC.

**School Psychologist** *June 2000 to June 2002*

*Community Help Service,**Brussels, Belgium*

*St. John’s International School,**Waterloo, Belgium*

* Conducted psychoeducational and social emotional assessments of multinational, multilingual and English-speaking children and adolescents presenting with learning and emotional difficulties, intellectual disability, pervasive development disorders, traumatic brain injury, and attention difficulties.
* Counseled individual children and adolescents regarding social skills, anger management, self-confidence and trauma using various therapy techniques.
* Consulted with parents and teachers regarding students’ academic and behavioral concerns at home and school.
* Implemented a peer-counseling program in collaboration with the high school guidance counselor; trained prospective peer counselors and monitored the development of the program.

**School Psychologist** *September 1999 to March 2000*

*The International School of Geneva, Geneva, Switzerland*

* Volunteered ten to fifteen hours per week in the middle school working with multinational, English speaking and bilingual students in grades five through eight.
* Researched, developed, and implemented a peer mediation program. Tasks included creating a timeline with program goals and objectives, developing a teacher survey, presenting to staff, parents, and students, and conducting a training session for teachers and peer mediators.
* Counseled students in small groups and individually on topics including conflict resolution, anger management, friendships, and anxiety
* Conducted classroom guidance sessions on bullying and conflict resolution.
* Consulted with teachers regarding behavior management strategies for individual students and the general classroom.

**School Psychologist** *July 1998 to June 1999*

*The Howard County Public School System,**Ellicott City, Maryland*

* Conducted psychological and social emotional assessments of elementary age children of various populations, including those with learning and emotional disabilities, mental retardation, autism, multiple disabilities, and attention disorders.
* Consulted with classroom teachers using the Instructional Consultation approach to assist in developing individualized academic and behavioral modification plans within the regular education classroom.
* Facilitated and organized weekly Student Support Team/Instructional Consultation Team meetings that served to assist teachers and parents of students with academic and behavioral difficulties.
* Counseled students, individually and in groups, on topics including social skills, anger management and depression.
* Developed Functional Behavioral Assessments (FBAs); created “504” plans and IEPs for children with disabilities, including ADHD, anxiety disorders, emotional disabilities and learning disabilities.
* Collaborated with the school counselor to give classroom guidance activities and a parent-training workshop on the topic of sibling rivalry.
* Participated in the Program Evaluation Committee organized by the county school psychologists; assisted in the development of a logging procedure for use within the county.

**School Psychologist Intern** *August 1997 to June 1998*

*Montgomery County Public Schools,**Germantown, Maryland*

* Conducted psychological and social emotional assessments of children and adolescents.
* Initiated parent interpretives to discuss assessment results and participated in school meetings.
* Counseled elementary and middle school students, in groups and individually.
* Consulted with teachers regarding students’ classroom behaviors.

**Related Experiences**

**Research**

* Regan, K., Weiss, M. Beadles, N., & Rowe, E. (2019). Project Synergy. Interdisciplinary Preparation in Special Education, Early Intervention, and Related Services for Personnel Serving Children with Disabilities who have High-Intensity Needs - Focus Area B (CFDA 84.325K), Office of Special Education Programs, US Department of Education, Washington, D.C. (I was designated as co-PI) $1,384,040 *submitted*
* Initiated the Assessment Database, a project compiling years worth of testing data at GMU’s training clinic (ongoing)
* Developed and analyzed teacher, student, staff, and parent surveys measuring the effectiveness of the behavior modification plan (Level System) at JLG-RICA (fall, 2005).
* Dissertation on the prevention of depression in patients with brain tumors.
* Conducted literature review and planned study design in collaboration with a pediatric neuropsychologist on the late-effects of traumatic brain injury on growth and maturation (spring, 2003).
* Program evaluation of Montgomery County school psychological services.
* Initiated and completed study on the tolerance of personality differences in a college setting (1994-1995).

**Presentations**

* “The Adolescent Brain and COVID” webinar, organized by GMU CEHD and CHHS, December 2019
* “The MultiAgency Team,” Poster Presentation at NASP, Washington DC February, 2014
* “Ethics for School Psychologists,” Fairfax County Public Schools, April, 2014
* Seminars on parenting and discipline to parents at Reston Children’s Center, 2009-2011
* Guest Lecturer for SLHS International Baccalaureate Theory of Knowledge class 2009-2012
* “Relationships, Reflective Practice and Classroom Climate”, South Lakes High School October 2010
* “Youth Depression and Suicide” given to South Lakes High School Faculty March 2009
* “Best Practices” given to Fairfax County school psychologists, September 2008
* “Diagnosis and Treatment of Aspergers Disorder” given May 2006 to clinical staff at JLG-RICA.
* “At Risk Students” given March 2002 to high school staff at the European School of Brussels.
* “Young Callers” October 2001, given to volunteers who staff the Help Line, a 24 hour crisis hotline in Brussels.
* “Demystifying the Educational Psychologist’s Report” May 2001, given at the European Children In Crisis (ECIC) conference in Brussels.
* “Culture Shock” March 2001, given at St. John’s International School to families returning home after living abroad
* “Post TBI: Understanding the needs of students reentering school” Spring 1997, given as an in-service training to area psychologists in Montgomery County Public Schools.

**Instructional Consultation Training** *July 1998-June 1999, Howard County Public Schools*

* Participated in a bimonthly training and support group for psychologists learning and using the Instructional Consultation method (similar to “response to intervention”) in the schools.
* Utilized this knowledge to lead the Instructional Consultation Team in the school and train and support classroom teachers who provided instructional consultation to other classroom teachers.
* Facilitated weekly meetings by setting team goals, assessing team needs, reviewing cases, and providing individual and group training in aspects of Instructional Consultation.