Victoria Stone, PhD, LPC

**Education**

**Doctorate of Philosophy, Counselor Education and Supervision** 2006

Virginia Polytechnic Institute and State University, Blacksburg, VA

Dissertation: Student Satisfaction with and Perceptions of Relationship Development in Counselor Education Videoconferencing Courses

**Master of Arts, Counselor Education** 1999

California University of Pennsylvania, California, PA

**Bachelor of Arts, Sociology** 1997

California University of Pennsylvania, California, PA

**Licenses**

**Licensed School Counselor**

Virginia

**Licensed Professional Counselor (LPC)**

Virginia License # 0701006773

**University Teaching Experience**

**Assistant Professor of Education & Clinical Coordinator,**

**Counseling Program, George Mason University, Fairfax, VA 2022 – Present**

**Assistant Professor of Education**

**Counseling Program, George Mason University, Fairfax, VA 2017 – Present**

EDCD 603: Counseling Theories and Practice

EDCD 606: Counseling Children and Adolescents

EDCD 611: Legal and Ethical Issues in School Counseling

EDCD 626: Principles and Practices of School Counseling

EDCD 751: Practicum in School Counseling

EDCD 755: Practicum in School Counseling

EDCD 791: Internship in School Counseling

EDCD 794: Internship I in School Counseling

EDCD 795: Internship II in School Counseling

EDCD 797: Creative Counseling Techniques

**Adjunct Faculty, George Mason University, Fairfax, VA** 2005 - 2017

EDCD 603: Counseling Theories and Practice

EDCD 606: Counseling Children and Adolescents

EDCD 755: Practicum in School Counseling

EDCD 791: Internship in School Counseling

EDCD 797: Creative Counseling Techniques

**Assistant Professor of Education and Clinical Coordinator, Counseling Program,**

**George Mason University, Fairfax, VA** 2008 – 2009

EDCD 603: Counseling Theories and Skills

EDCD 611: Legal and Ethical Issues in School Counseling

EDCD 797: Creative Counseling Techniques

**Assistant Professor of School Counseling,West Virginia University, Morgantown, WV** 2007-2008

COUN 501: Counseling Techniques

COUN 606: Theories of Counseling

COUN 608: Organization and Development of School Counseling Services

COUN 632: Counseling Adolescents and Adults

COUN 685: Practicum

COUN 686: Internship

COUN 660: Field Experience in School Counseling

**Adjunct Faculty, West Virginia University, Morgantown, WV** 2009 - 2012

COUN 684: Supervision Models in Counseling

COUN 660: Field Experience in School Counseling

**Adjunct Faculty, Old Dominion University, Troops to Teachers, Ft. Myer, VA** 2004

ESSE 513: Human Growth and Development

**Teaching Assistant, Virginia Polytechnic Institute and State University** 2001-2003

EDCO 6304: Clinical Supervision (Doctoral)

EDCO 5224: Counseling Skills and Techniques

EDCO 5284: Practicum

**School Counseling Experience**

**Professional School Counselor**, **Prince William County, VA** 2000 to 2007;2008 to 2017

* Seventeen years of school counseling experience
* Experience with diverse populations
* Designated “No Place for Hate” school by the ADL
* Recognized ASCA model program (RAMP) award recipient (Re-RAMP 2010)
* Recognized ASCA model program (RAMP) award recipient (2008)
* Coordinated application for RAMP designation and Re-RAMP designation
* Led curriculum writing teams for PWC middle school counselors
* Provided clinical and administrative supervision to *nine* school counseling interns
* School Counseling representative on the Northern VA School Counseling Leadership team
* Provided ‘RAMP CAMP’ instruction to school counselors interested in applying for RAMP status
* Developed and presented new counselor in-service to counselor training programs across Virginia
* Trained and experienced in dealing with critical incidents in the schools
* Trained in the implementation of Olweus Bully Prevention Program; Positive Behavioral Supports; Response to Intervention

**Presentations**

**Keynote Presentations, Full & Half Day Workshops**

**Stone, T**., & Melchior, S. (2022, November). *Recognizing Anxiety in Our Students and Ourselves*. Keynote presentation at the

Strengthening Connections Climate Summit, Richmond, VA.

Jacobs, E.E & **Stone, T**. (2022, September). *Creative counseling techniques*. Presentation for the Alleghany

County School Counselor Association, Pittsburgh, PA.

Jacobs, E.E & **Stone, T.** (2022, September). *Impact therapy: Creative counseling techniques*. Half-day workshop presented to

the Continuing Education Alliance.

**Stone, T**., & Melchior, S. (2022, July). *Mental health advocacy in schools: Understanding child and adolescent depression*.

Presentation for Virginia Center for School and Campus Safety, Virginia Department of Criminal Justice Services,

Fredericksburg, VA.

**Stone, T**., & Melchior, S. (2022, June). *Mental health advocacy in schools: Understanding child and adolescent depression*.

Presentation for Virginia Center for School and Campus Safety, Virginia Department of Criminal Justice Services.

**Stone, T. (April, 2022).** Invisible Strings: Restoring regulation, relationships & presence at school.Presentation to the staff of Gainesville High School, Gainesville, VA.

**Stone, T.** (2022, February). *2-4-6-8 How do we get kids to regulate*?Presentation to the Secondary School Counselors of

Prince William County Public Schools, Manassas, Virginia.

**Stone, T.** (2021, December). *Mental health matters (without it there is nothing else).* Presentation to the Elementary School

Counselors of Prince William County Public Schools, Manassas, Virginia.

**Stone,** T., & Melchior, S. (2021, September). *Mental health advocacy in schools: Understanding child and adolescent*

*depression*. Presentation for Virginia Center for School and Campus Safety, Virginia Department of Criminal Justice

Services.

**Stone, T**., & Melchior, S. (2021, July). *Mental health advocacy in schools: Understanding child and adolescent depression*.

Presentation for Virginia Center for School and Campus Safety, Virginia Department of Criminal Justice Services.

**Stone, T**. (2021, July). *Not done cooking: Understanding teen brains in development.* Presentation for the Positive Youth

Development Summer Sessions, North Dakota State University.

**Stone, T**., & Melchior, S. (2020, August). T*rauma informed education and social justice.* Presentation to the staff of the

Juvenile Detention Center School, Manassas, VA

Melchior, S. & **Stone,** T. (2020, August).*Trauma informed education and social justice.* Presentation to the staff of PACE

Alternative School, Haymarket, VA

Melchior, S. & **Stone, T**. (2020, August).*Trauma informed education and social justice.* Presentation to the staff of Battlefield

High School, Haymarket, VA.

**Stone, T.** (2020, February). *Teen brain development*. Presentation to the Senior Class of Battlefield High School,

Haymarket, VA.

**Stone, T**. (2020, February). *Not done cooking: Teen Brains in progress*. Presented to the staff of Admiral Nelson Middle

School, Winchester, VA.

**Stone, T.** (2020, February). *Teen brain development*. Presentation to the Junior Class of Battlefield High School,

Haymarket, VA.

**Stone, T**. (2020, January). *Stress & brain development.* Presentation to the Sophomore Class of Battlefield High

School, Haymarket, VA.

**Stone, T.** (2020, January). *What’s my teenager thinking? A crash course on the teenage brain.* Parent presentation, Battlefield

High School, Haymarket, VA.

**Stone, T**. (2019, December). *Stress & brain development*. Presentation to the Freshman Class of Battlefield High

School, Haymarket, VA.

**Stone, T**. (2019, November). *Not done cooking: Teen Brains in progress*. Presented to the staff of Battlefield High School,

Haymarket, VA.

**Stone, T**. (2019, October). *Counseling with creativity and courage: Theory driven, creative interventions for school counselors.*

Pre-conference workshop. Virginia School Counselor Association conference, Hampton, VA.

Jacobs, E., & **Stone, T**. (2019, August). *Creative counseling techniques for school counselors.* Presented to the school

counselors of North East Independent School District, San Antonio, TX.

**Stone, T.** (2019, February). *What is going on with these kids*? Presented to the Educational Consortium of Christian Schools.

Winchester, VA.

**Stone, T**. (2019, March). *Counseling with creativity and courage: Theory driven, creative interventions for school counselors.*

Presented to the Prince William County, VA School Counselors. Manassas, VA.

**Stone, T**. (2019, March). *Mending the village: Fixing holes and filling cups to promote healthy relationships in schools*.

Presented at the Positive Parenting Institute, Colonial Heights, VA.

**Stone, T**. (2019, February). *What is going on with these kids?* Presented to the K-12 School Counselors in Fredrick County

Virginia. Winchester, VA.

**Stone, T**. (2018, November). *What is going on with these kids?* Presented to school counseling educational consortium. Lord

Fairfax Community College, Midland, VA.

**Stone, T**. (2018, November). *Maybe we could all stress, less*? Presented to the students of PVI Catholic High School. Fairfax,

VA.

**Stone, T**. (2018, August). *Mending the village: Fixing holes and filling cups to promote healthy relationships in schools*.

Presented at the Prince William County, VA, Student Services Symposium, Woodbridge, VA.

**Stone, T**. (2018, January). *Elementary school: Working with brains under construction*. Presented to the elementary school

counselors of Prince William County, Woodbridge, VA.

Jacobs, E., & **Stone, T.** (2018, January). *Creative techniques for school counselors*. Presented to the school counselors of

Cobb County School District, Atlanta, GA.

**Stone, V**. (2017, January). *Impact counseling: Creative counseling techniques*. Presented to the school counselors of the

Arlington County Catholic Diocese, Chantilly, VA.

Jacobs, E.E., & **Stone, V**. (2016, December). *Impact Counseling: Creative counseling techniques for school counselors.*

Presented to the Prince William County, VA, School Counselors, Manassas, VA.

Jacobs, E., & **Stone, V**. (2016, June). *Impact Therapy: Creative counseling techniques for college counselors.* Presented to

New Jersey College Counseling Association, Monmouth, NJ.

**Stone, V**. (2016, January). *Creative counseling techniques for school counselors*. Presented to a private school counselor

consortium from VA/DC/MD, Arlington, VA.

**Stone, V**. (2010, November). Creative Counseling Techniques to Increase Your Effectiveness as a School Counselor. Presented at the Prince William County middle and high school counselors all staff meeting, Manassas, VA.

**Stone, V**. (2009, August). *School counselor supervision training.* Presented to professional school counselors working in the Richmond, VA region. Virginia Commonwealth University, Richmond, VA.

Jacobs, E.E. & **Stone, T**. (2008, August). *Kick it up a Notch: Creative Techniques for School Counselors.* Presented at the Fairfax County, VA, Student Services Symposium.

Jacobs, E. & **Stone, V**. (2008, January). *Creative techniques for school counselors*. Workshop presented to school counselors

from Hampton County and Newport News, VA.

Jacobs, E. & **Stone, V**. (2007, October). *Impact Therapy and creative techniques for use in schools. S*taff development

presented to Rockwood County, PA, professional school counselors.

Jacobs, E.E. & **Stone, V**. (2007, September). *Putting theory into practice in schools*. One day workshop presented through

Virginia School Counselor Association, Richmond, VA.

Jacobs, E.E., & **Stone, V.** (2007, August). *Theories in practice*. Presented at the Friendship Charter Schools 5th annual

teaching institute, Washington, DC.

Jacobs, E.E. & **Stone, V**. (2007, July). *Theory and creative techniques for school counselors*. Workshop presented to school

counselors in Frederick County, VA.

**Stone, V**., & Graney, E. (2006, July). *Solution focused and cognitive strategies for school counselors*. Keynote presentation,

Virginia School Counselor Association Summer Academy, Charlottesville, VA.

**Peer Reviewed Presentations - State**

**Stone, T**. & Bullen, J. (2022, October). *Helping anxious teens*. Presented at the Virginia School Counselor Association

Conference, Hampton, VA.

**Stone, T**. (2022, March). *Brain-wise school counseling*. Presented at the Virginia School Counselor Association

Conference, Hampton, VA.

Taylor, J.V., Goodman-Scott, E., Rutledge, M., **Stone, T**., Tillery, C., (2022, October). *So, you want to get a PhD?* Presented at

the Virginia School Counselor Association Conference, Hampton, VA

Melchior, S. & **Stone, T**. (2022, March). *Fostering resilience and promoting equity: A social justice approach*. Presented at the

Virginia School Counselor Association Conference, Hampton, VA.

Taylor, J.V., Carroll, A., Edirmanasinghe, N., Goodman-Scott, E., Rutledge, M., **Stone, T**., Tillery, C., Wynne, L., & Jennings, I.

(2022, March). *So, you want to get a PhD*? Presented at the Virginia School Counselor Association Conference,

Hampton, VA.

**Stone, T**. (2021, March). *Unfledged: Getting teens ready for flight*. Presented at the Virginia School Counselor Association

Conference, Hampton, VA.

**Stone, T**. & Melchior, S.S. (2021, March). *The elephant in the classroom: Mental health advocacy in schools*. Presented at the

Virginia School Counselor Association Conference, Hampton, VA.

**Stone, T.** (2019, October). *Not done cooking: Teenage brain development*. Presented at the Virginia School Counselor

Association Conference, Hampton, VA.

**Stone, T**. (2018, October). *Ready, Fire, Aim! Counseling the Teenage Brain*. Presented at the Virginia School Counselor

Association Conference, Hampton, VA.

**Stone, T**. (2018, April). *What is this teenager thinking? Tips for school counselors*. Presented at the Maryland School Counselor

Association Conference, Greenbelt, MD.

**Stone, V**. & Jacobs, E.E. (2017, March). *Creative techniques that have impact in a short amount of time*. Presented at the

Maryland School Counselor Association Conference, Greenbelt, MD.

**Stone, V.** & Jacobs, E.E. (2017, March). *Putting theories into practice in creative ways*. Presented at the Maryland School

Counselor Association Conference, Greenbelt, MD.

**Stone, V**. & Brott, P. (2015, May). *What's going on with these kids? Mental health issues in the school setting*. Presented at the

Fairfax County Public Schools Conversation on Teen Stress Symposium, Alexandria, VA.

**Stone, T**. (2014, October). T*ry it, you may love it: The use of theory and creative techniques in school counseling*. Presented at

the Virginia School Counselor Association Conference, Richmond, VA.

**Stone, T**., Fermo, C., & Graney, E. (2013, March). *School refusal: Getting kids back to class*. Presented at the Virginia School

Counselor Association Conference, Newport News, VA.

Anderson, K., **Stone,** **T**. Runyan, H., Upton, A. & Grothaus, T. (2013, March). *Helping our students with mental health*

*concerns.* Presented at the Virginia School Counselor Association Conference, Newport News, VA.

Brott, P. & **Stone, V**. (2012, November). *School counselor supervision training*. Presented at the Virginia Counselor Association

Conference, Fredericksburg, VA.

Anderson, K., **Stone, T**. Runyan, H., Grothaus, T. (2012, March). *Serving those who serve: School counselors and Military*

*Families*. Presented at the Virginia School Counselor Association Conference, Newport News, VA.

Ransom, D., Langley, C., **Stone, V.** (2012, March). *Effective internship experience- providing pathways with a purpose*.

Presented at the Virginia School Counselor Association Conference, Newport News, VA.

Grothaus, T., **Stone, V**., Anderson, K., Upton, A. (2011, March). *Championing change for our English language learners.*

Presented at the Virginia School Counselor Association Conference, Richmond, VA.

**Stone, V**., & Graney, E. (2010, March). *Students with mental health issues: The role of the professional school counselor*.

Presented at the Virginia School Counselor Association Conference, Richmond, VA.

**Stone, T**. & Jacobs, E.E. (2008, April). *Kick it up a notch: Creative techniques for school counselors*. Presented at the

Pennsylvania School Counselors Association Conference, Lancaster, PA.

Jacobs, E.E., & **Stone, T**. (2008, April*). Learning to lead: Effective techniques for group work in schools*. Presented at the

Pennsylvania School Counselors Association Conference, Lancaster, PA.

**Stone, V**. & Jacobs, E.E. (2007, September). *Kick it up a notch: Using theory and creative techniques to add impact to school*

*counseling programs*. Presented at the West Virginia School Counselor Academy, Cheat Lake, WV.

Barna, J., & **Stone V**. (2006, April). Tips to survive the first years as a school counselor. Presented at the Virginia School Counselor Association Conference, Richmond, VA.

**Stone, V**., & Graney, E. (2005, March). LOCKDOWN! This is not a drill. Presented at the Virginia School

Counselor Association Conference, Norfolk, VA.

**Stone, V**., & Graney, E. (2004, October). Easy accountability workshop. Presented at the South Carolina Counselor Association Conference, Greenville, SC.

**Stone, V**., & Graney, E. (2003, August). Integrating the National Model into the Counseling Department.

Presented at the Student Services Fall Symposium, Prince William County, VA.

**Stone, V**., & Phillips, J. (2003, April). School counseling rookies, making the most of the first years.

Presented at the Virginia School Counselor Association Convention, Williamsburg, VA.

**Stone, V**., & Graney, E. (2002, November). Bad choices, not bad kids. Presented at the Virginia

Counselor Association Convention, Williamsburg, VA.

**Peer Reviewed Presentations - National**

Jacobs, E.E., & **Stone, T**. (2022, February). *Impact counseling: The art of engagement.* Presented at the 7th Annual Critical

Issues for Alabama Schools Conference, Online.

Jacobs, E., & **Stone, T**. (2020, November). *Creative counseling techniques for school counselors.* Presentation at the

Mississippi Counseling Association Conference, Jackson Mississippi.

**Stone, V**., & Jacobs, E.E. (2008, June). *Kick it up a notch: Using theory and creative techniques to add*

*impact to school counseling programs*. Presented at the American School Counselor Association

Convention, Atlanta, GA.

**Stone, V**. (2007, June). *The savvy school counselors guide to surviving the first years*. Presented at

the American School Counselor Association Conference, Denver, CO.

Brott, P., Barna, J., & **Stone, V**. (2005, June). *Get a GRIP (Goals, Results, Impact Statement, Program*

*Implications).* Presented at the American School Counselor Association Convention, Orlando, FL.

**Stone, V**., & Getz, H. (2004, September). *Do I really see you? How counselors use videoconferencing.*

Presented at the Southern Association of Counselor Educators and Supervisors Convention, Athens,

GA.

**Stone, V**., & Graney, E. (2004, June). *Easy accountability, simple solutions to return counseling to the*

*guidance department.* Presented at the American School Counselor Association Convention, Reno,

NV.

**Stone, V**., & Graney, E. (2002, June). *When the teacher is your client*: *Using counseling theory to service*

*the invisible clients in your school*. Presented at the American School Counselor Association

**Other Invited Presentations**

**Stone, T**. (2022, August). *School counselor supervision training: Level one.* Presented to school counselors

supervising interns in Northern Virginia, presented virtually via Zoom.

**Stone, T**. (2022, August). *Supervision training.* Presented to clinical mental health site supervisors with George Mason

University interns presented virtually via Zoom.

**Stone, T.,** & Melchior, S.S. (2022, June). *Understanding Child and Adolescent Anxiety & Depression*. Presented to GMU

Scholars staff, George Mason University, Fairfax, VA.

**Stone, T**. & Davis, T. (2022, January). *School counselor supervision training: Level one.* Presented to school counselors

supervising interns in Northern Virginia, presented virtually via Zoom.

**Stone, T**. & Davis, T. (2021, September). *School counselor supervision training: Level one.* Presented to school counselors

supervising interns in Northern Virginia, presented virtually via Zoom.

**Stone, T**. (2021, August). Back to school with a focus on mental health: Raising awareness & empathy in the school

community. Presented at the Fairfax County Public Schools School Counselor August In-Service.

**Stone, T**. & Davis, T. (2021, January). *School counselor supervision training: Level one.* Presented to school counselors

supervising interns in Northern Virginia, presented virtually via Zoom.

**Stone, T.** & Davis, T. (2020, August). *School counselor supervision training: Level one.* Presented to school counselors

supervising interns in Northern Virginia, presented virtually via Zoom.

**Stone, T**. & Davis, T. (2020, January). *School counselor supervision training: Level one.* Presented to school counselors

supervising interns in Northern Virginia, Marymount University, Arlington, VA.

**Stone, T**. (2019, November). *Healthy relationships.* Presentation to the inmates of Loudoun County Adult Detention Center.

**Stone, T**. (2019, October). *What’s my teenager thinking? A crash course on the teenage brain.* Presentation to the parents of

Western end Middle Schools, Prince William County, VA.

**Stone, T**. (2019, October). *Not done cooking: Teenage brain development.* Presented to the staff of Reagan Middle School,

Prince William County, VA.

**Stone, T**. (2019, August). *Not done cooking: Teenage brain development.* Presented at the Prince William County, VA, Middle

School Summit. Woodbridge, VA.

**Stone, T**. & Davis, T. (2019, September). *School counselor supervision training: Level one.* Presented to school counselors

supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

**Stone, T**. & Davis, T. (2019, September). *School counselor supervision training: Level two.* Presented to school counselors

supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

**Stone, T**. (2019, June). *Stand under my umbrella: Building relationships with wobbly kids*. Presentation to regional Court

Appointed Special Advocates (CASA), Manassas, VA.

**Stone, T**. & Davis, T. (2019, January). *School counselor supervision training: Level one.* Presented to professional school

counselors supervising interns in Northern Virginia, Marymount University, Arlington, VA.

**Stone, T**. (2019, January). *What’s my teenager thinking? A crash course on the teenage brain.* Presented at the Prince William

County, VA, Parent Summit. Woodbridge, VA.

**Stone, T**. (2018, October). *What’s my teenager thinking? A crash course on the teenage brain.* Presented at the Prince William

County, VA, Parent Summit. Nokesville, VA.

**Stone, T**. (2018, January). *What’s my teenager thinking? A crash course on the teenage brain.* Presented at the Prince William

County, VA, Parent Summit. Woodbridge, VA.

**Stone, T**. (2017, October). *What’s my teenager thinking? A crash course on the teenage brain.* Presented at the Prince William

County, VA, Parent Summit. Haymarket, VA.

**Stone, T**. & Davis, T. (2018, September). *School counselor supervision training: Level one.* Presented to professional school

counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

**Stone, T.** & Davis, T. (2018, September). *School counselor supervision training: Level two.* Presented to professional school

counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

**Stone, T.** (2018, June). *Good to know: Theories, tools and techniques for working with developing brains.* Presented to Fairfax

County Neighborhood and Community Services summer programming staff. Falls Church, VA.

**Stone, T**. (2018, April). *Strap into your adult:* *TA techniques for teachers*. Presented to the teachers of Montrose Alternative

Learning Center, Alexandria, VA.

**Stone, V.** & Davis, T. (2018, January). *School counselor supervision training: Level two.* Presented to professional school

counselors supervising interns in Northern Virginia, Marymount University, Arlington, VA.

**Stone, V**. (2017, November). *What is this teenager thinking? Tips for school counselors*. Presented to Prince William County,

VA Secondary School Counselors, Manassas, VA.

**Stone, V**. (2017, October). *What’s my teenager thinking? A crash course on the teenage brain.* Presented at the Prince William

County, VA Parent Summit. Haymarket, VA.

**Stone, V**. & Davis, T. (2017, September). *School counselor supervision training: Level one.* Presented to professional school

counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

**Stone, V**. & Davis, T. (2017, January). *School counselor supervision training: Level two.* Presented to professional school

counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

**Stone, V**. (2017, February). *Professional school counselors remove barriers to achievement*. Presented to the Bull Run Middle

School Advisory Council. Gainesville, VA.

**Stone, V**. & Davis, T. (2017, January). *School counselor supervision training: Level one.* Presented to professional school

counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

**Stone, V**. & Davis, T. (2017, January). *School counselor supervision training: Level two.* Presented to professional school

counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

**Stone, V**. (2017, January). *What’s my teenager thinking? A crash course on the teenage brain.* Presented at the Prince William

County, VA, Parent Summit. Woodbridge, VA.

**Stone, V**. & Davis, T. (2016, September). *School counselor supervision training: Level one.* Presented to professional school

counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

**Stone, V.** & Davis, T. (2016, September). *School counselor supervision training: Level two.* Presented to professional school

counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V**. (2016, January). *School counselor supervision training: Level one.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V**. (2016, January). *School counselor supervision training: Level two.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V**. (2015, September). *School counselor supervision training: Level two.* Presented to professional school

counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V**. (2015, September). *School counselor supervision training: Level one.* Presented to professional school

counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V**. (2015, February). *School counselor supervision training.* Presented to professional school counselors

supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

**Stone, V**. & Brott, P. (2015, January). *What's going on with these kids? Mental health issues in the school setting.* Presented at

the Prince William County Public Schools Middle School Summit, Manassas, VA.

Brott, P. & **Stone, V**. (2014, September). *School counselor supervision training.* Presented to professional school counselors

supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V**. (2014, January). *School counselor supervision training.* Presented to professional school counselors

supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V**. (2013, September). *School counselor supervision training.* Presented to professional school counselors

supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

**Stone, V**. & Graney, E. (2013, August). *Special Topics in School Counseling.* Presentation to the professional school

counselors of Arlington County, VA.

**Stone, V**. (2013, January). *School counselor supervision training.* Presented to professional school counselors supervising

interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V**. (2012, September). *School counselor supervision training.* Presented to professional school counselors

supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V**. (2012, January). *School counselor supervision training.* Presented to professional school counselors

supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V**. (2011, September). *School counselor supervision training.* Presented to professional school counselors

supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

**Stone, V**. & Anderson, K. (2011, August). *Championing Change for our English Language Learners*. Prince William County

Student Services Symposium, Woodbridge, VA.

**Stone, V**. (August, 2010). *School counselor supervision training.* Presented to professional school counselors working in the Richmond, VA region. Virginia Commonwealth University, Richmond, VA.

**Stone, V**., & Graney, E. (2009, October). *Students with mental health issues: The role of the professional school counselor.* Presented at the Northern Virginia School Counselor Leadership Summit IV, George Mason University.

**Stone, V**. (2008, February). *School counselors: Seriously, what do they do?* Lecture presented to West Virginia University undergraduates interested in careers in the helping professions.

**Stone, V**. (2008, January). *Middle school issues.* Presented at the Benedum Collaborative participant seminar, Morgantown,

WV.

Jacobs, E. & **Stone, V**. (2007, October). *Think your way to happiness.* Presented at the West Virginia UniversityCollege of

Human Resources and Education Alumni Academy, Morgantown, WV.

**Advocacy Presentations**

Legislative Day, January 9, 2019. Met with two VA senators and two delegates regarding school counseling ratios in Virginia.

Speaker, Public hearing on the Governor’s proposed budget amendments in support of lowering school counselor ratios.

Parker, E., & **Stone, T**. (2018, August). School counseling and school safety. Presented to the Virginia

House Subcommittee on School Safety, Richmond, VA.

**Podcasts**

**Stone, T.** (2022, April). *Calm in chaos*. [Podcast]. Colgan High School, Prince William County, VA.

**Stone, T**. (2020, March). *Resilience during ‘Rona*. [Podcast]. Colgan High School, Prince William County, VA.

**Stone, T**. (2019, October). *Understanding teen brains*. [Podcast].Battlefield High School, Prince William County, VA.

**Stone, V**. (2009, July). *Students with mental health issues: The role of the professional school counselor.* [Podcast]. American School Counselor Association (ASCA). [www.schoolcounselor.org](http://www.schoolcounselor.org)

**Webinars**

**Stone, T.** (2020, July). *Helping children cope with grief* [Webinar]. Virginia Department of Education (VDOE) Student Services

Mental Health in Schools.

Dailey, S., Goodman, R., Melchior, S., Steen, S., **Stone, V**., & Talleyrand, R. (2020, July). *Let’s Talk About Race, Part 2*

[Webinar]. CEHD Cares, George Mason University.

Carney, J., Dailey, S., Goodman, R., Melchior, S., Steen, S., **Stone, V**., & Talleyrand, R. (2020, June). *Let’s Talk About*

*Race, Part 1* [Webinar]. CEHD Cares, George Mason University.

Dailey, S., Melchior, S., & **Stone, V.** (2020, April). *Coping with Crisis* [Webinar]. CEHD Cares, George Mason University.

Goodman-Scott, E., Grimes, T., Melchior, S.S., **Stone, V.**, Taylor, J.V. (2020, June). *Coping during COVID* [Webinar]. Virginia

Department of Education Office of Student Services.

Goodman-Scott, E., **Stone, V.**, Rutledge, M., Taylor, J.V. (2020, May). *Preparing to return to learn* [Webinar]. Virginia

Department of Education Office of Student Services.

**Stone, V.** & Scott, J. (December, 2011). *RAMP UP your classroom lessons!* American School Counselor

Association (ASCA) webinar. [www.schoolcounselor.org](http://www.schoolcounselor.org)

**Publications**

**Refereed Publications**

Brott, P. E., DeKruyf, L., Hyun, J. H., LaFever, C. R., Patterson-Mills, S., Cook Sandifer, M. I., & **Stone, V**. (2021). The critical need for peer clinical supervision among school counselors. *Journal of School-Based Counseling Policy and Evaluation, 3*(2)*,* 51-60. <https://doi.org/https://doi.org/10.25774/nr5m-mq71>

Brott, P.E., **Stone, V**., & Davis, T.E. (*2016*) Growing together: A developmental model for training school counseling site supervisors. *Professional School Counseling*: *20*(1), 139-148.

Barna, J. & **Stone, V**. (2008). The savvy school counselors guide to surviving the first years. *Virginia Counselor Association Journal, 30,* 59-65.

**Stone, V**. & Jacobs, E.E. (2008). Creative counseling techniques applied to the business world: The use

of theory and creativity in consultation. *Journal of Creativity in Mental Health, 3*(2), 119-126*.*

**Stone, V**. (2006). Student satisfaction with and perceptions of relationship development in counselor

education videoconferencing courses (Doctoral dissertation, Virginia Tech, 2006). *Dissertation*

*Abstracts International*, *68*, 97.

**Stone, V**., Graney, E. & Walker, J. (2005). Easy accountability: Successful solutions to return

COUNSELING to the guidance department. *Virginia Counselors Association Journal, 28*, 52-55.

**Book Chapters**

**Stone, T**. & Brott, P.E. (in press). *Counseling children and adolescents with exceptionalities.* In Vernon, A.

& Schimmel, C. (Eds.) Counseling Children and Adolescents (6th Ed). Cognella Academic Publishing.

Steen, S**.**, Melchior, S., **Stone, T**., Melfie, J. (2022). Access to schools: Relationships with stakeholders and

systems. In Dimmitt, C. & Zyromski, B.E. (Eds.) *Research in Schools.* Springer.

**Stone, T**. & Brott, P.E. (2019). *Counseling children and adolescents with exceptionalities.* In Vernon, A.

& Schimmel, C. (Eds.) Counseling Children and Adolescents (5th Ed). Cognella Academic Publishing.

Grothaus, T., **Stone, V**., Upton, A., & Anderson, K. (2011). *English Language Learners*. In Erford,

B. & Byrd, R. Applying Techniques to Common Encounters in School Counseling: A Case-Based

Approach. Merrill.

**Stone, V.** (2007). *Test Bank for Instructors*. In Jacobs, E.E., Mason, R.L., & Harvill, R.L. (2008). *Group*

*Counseling Strategies and Skills*, 6th edition. Brooks/Cole.

# Invited Publications

**Stone, V.** (2012). *Voices from the field: Critical incidents in schools*. In Jackson-Cherry/Erford, Crisis

Intervention and Prevention 2/e Pearson: Columbus, OH.

**Stone, V**. (2011). Communication is key: Shining a light on the need for school counseling services for

Virginia’s English language learners. *Virginia School Counselor Association Voice*, Winter 2011.

**Stone, V**. (2010). *Creative strategies to enhance your effectiveness as a school counselor 6 -12*. Bureau

of Education Research: Seattle, WA.

**Stone, V**. (2008). *Creative strategies to enhance your effectiveness as a school counselor 6 -12.* Bureau

of Education Research: Seattle, WA.

**Stone, V**. (2007). Dazzle them with data. *Virginia School Counselor Association Voice*, *3,* 7.

**Stone, V**. (2007). Savvy Tips for Surviving the First Years as a School Counselor. *Virginia School*

*Counselor Association Voice, 2,* 8*.*

**Stone, V**. (2007). Techniques (that really work) for counseling kids. *Virginia School Counselor*

*Association Voice, 2,* 13*.*

**Stone, V**. (2006). Ten tips for dealing with parents. *Virginia School Counselor Association Voice*, *1*, 7.

**Book Chapter Reviews**

Luke, C. & Schimmel (2021). *Neuroscience for counselor and therapists working with children and adolescents.* Cognella. (Draft

review of chapters 1-5).

Gladding, S.T. (2021). *Transactional analysis*. In *Theories of Counseling* (3rd ed.). Rowman & Littlefield. (Pre-publication chapter

review)

**Consultation**

**United States Department of Education – School Based Mental Health Tele-ECHO** (2021 – present)

* ECHO (Enhancing Community Health Outcomes) Hub Team Member

**Pennsylvania Commission on Crime and Delinquency** (2021 – present)

* Threat Assessment Trainer

**Virginia Department of Education, Office of Student Services,** (2021, August)

* Consultation and development of a model for school counseling in Virginia

**Virginia Department of Education, Office of Student Services** (2021, July)

* Developed three modules on violence that are required for school counselor licensure in Virginia.

**Virginia Department of Education, Office of Student Services (**2020, July**)**

* Developed a module for school counselors on systemic racism in schools

**Virginia Department of Criminal Justice Services (DCJS) Threat Assessment Training** (2019)

* Worked on collaborative team to revise VA Threat Assessment Training for Public Schools

**Battlefield High School, Prince William County Public Schools** (2018 – 2021)

* Engaged in a consultation project working with administration, teachers, students, and parents.

**Impact Therapy Associates** (2003 – Present)

* Provide training in Impact Therapy, a theory driven, multi-sensory style of counseling

**Independent Consultant, Bureau of Education Research** 2009 – 2011

* Deliver professional development presentations to educators in cities across the nation
* Topic: Creative counseling strategies to enhance school counselor effectiveness

**Service & Leadership**

**Virginia Department of Education (VDOE) Office of Student Services (OSS)**

Regional Leader – Region Four 2021 – present

**Northern Virginia School Counseling Leadership Team** 2008 – present

*Chairwoman*

Team of graduate school counseling faculty and school division directors of student services dedicated to advocacy for school counselors and the betterment of the profession of school counseling.

**ACES School Counseling Interest Network** 2018-2020

Collaborative team wrote a position statement on clinical supervision in school counseling submitted to ASCA and ACES for approval.

**Virginia School Counselor Association**

* Research and Grad Student Committee 2021 – present
* Government Relations & Advocacy Committee, member 2020 – 2021
* Director, Government Relations & Advocacy Committee 2019 – 2021
* Board of Directors 2018 - 2021
* Human Rights & Social Justice Committee Member 2010 - 2013
* Middle School Vice President 2006-2007
* Summer Academy Planning Committee 2006
* Conference Registration Chairperson 2006
* Middle School Vice President - Elect 2005-2006
* Conference Registration Chairperson 2005
* Summer Academy Planning Committee 2005
* Secretary 2004-2005
* Conference Planning Committee: Decorations Chairperson 2004
* Regional Conferences Committee 2003-2004

**Virginia Counselor Association**

* Conference Program Co-Chair 2006

**Prince William County Counselor Association**

* Historian 2001-2002
* Historian Elect 2000-2001

**American School Counselor Association -** **April, 2009**

* Represented ASCA and ACA at a briefing on Student Mental Health Issues in schools to staff members of the United States House of Representatives, Capitol Hill

**George Mason University**

* Clinical Coordinator, Counseling Program, College of Education and Human Development 2022 - Present
* Admissions Coordinator, Counseling Program, College of Education and Human Development 2019 - Present
* *Secretar*y, School of Education, College of Education and Human Development, 2019 – 2020
* *Search Committee Member*, Counseling Faculty search, College of Education and Human Development, 2018- 2019
* *Search Committee Member*, School Counseling Faculty search, College of Education and Human Development, 2017 - 2018
* *Chapter Faculty Advisor*, Chi Sigma Iota Honor Fraternity in Counseling, Gamma Mu Upsilon Chapter, 2018 – 2020
* *Dissertation Committee member*, Jessica Vilbas, 2018

**Loudoun County, VA Public Schools 2018 – 2020**

*Student Services Advisory Council Member*

**Prince William County, VA Public Schools**

*Middle School Curriculum Team Leader*- July 2014

* Coordinated a team of professional school counselors to write a series of developmentally appropriate middle school lessons on the topic of college and career readiness.
* Developed comprehensive lesson plans, PowerPoint Presentations and evaluation tools for five lessons to be used in grades 6-8 by counselors across Prince William County, VA.

*RAMP Camp Trainer* **-** November 2013

* Facilitated training on the ASCA National Model for professional school counselors interested in applying for ASCA Recognized Model designation
* Mentored, provided support, guidance and editing of documents for submission.

*Middle School Curriculum Team Leader* **-** July 2013

* Coordinated a team of professional school counselors to write a series of developmentally appropriate middle school lessons about the dangers of the misuse of technology themed “Changes, Choices, Challenges”.
* Developed comprehensive lesson plans, PowerPoint Presentations and evaluation tools for five lessons to be used in grades 6-8 by counselors across Prince William County, VA.

*RAMP Application Facilitator*- 2011 - 2013

* Facilitated training on the ASCA National Model for professional school counselors interested in applying for ASCA Recognized Model designation
* Mentored, provided support, guidance and editing of documents for submission.

**West Virginia University**

* *Search Committee member*, Assistant Professor of Counseling/Counseling Psychology search, Department of Counseling, Rehabilitation Counseling, and Counseling Psychology, College of Human Resources and Education, West Virginia University, 2008
* *Dissertation Committee member*, M. Nuszkowski, Counseling Psychology doctoral student, 2008
* *Admissions Committee member*, Counseling Psychology Doctoral Program, Department of Counseling, Rehabilitation Counseling, and Counseling Psychology, College of Human Resources and Education, West Virginia University, 2008
* *Admissions Committee member*, Counseling Program, Department of Counseling, Rehabilitation Counseling, and Counseling Psychology, College of Human Resources and Education, West Virginia University, 2007-- 2008
* *CACREP Self Study committee member*, Department of Counseling, Rehabilitation Counseling, and Counseling Psychology, College of Human Resources and Education, West Virginia University, 2007

**Honors**

2012: Prince William County, VA Student Services **‘*Above and Beyond Award’*** recipient

2011: Bull Run Middle School **‘*Faculty Excellence Award’*** recipient

2011: **Recognized ASCA Model School Counseling Program (Re-RAMP)** recipient, Bull Run

Middle School, Prince William County, VA.

2008: **Recognized ASCA Model School Counseling Program (RAMP)** recipient, Bull Run

Middle School, Prince William County, VA.

2007: Nominee, West Virginia University College of Education and Human Resources

***‘Outstanding Teacher’***

2006: Virginia Tech Counselor Education Program ***‘Outstanding Student of the Year’***

2004: Virginia Association of Counselor Education and Supervision ***‘Emerging Leader’*** award

recipient

2003: Nominee, American School Counselor Association ***‘Middle School Counselor of the***

***Year’***

2002: Prince William County, Virginia, **‘*Middle School Counselor of the Year’*** award recipient

2002: Virginia School Counselor Association **‘*Middle School Counselor of the Year’*** award recipient

**Grants**

Goodman, R. D., Vesely, C., Stone, V., & Letiecq, B. (2022). Developing community-driven support for central

American immigrant mothers during COVID-19 through the Lens of Intersectional Trauma and Resilience.

Seed Grant, College of Education and Human Development, George Mason University. Requested: $9,940.

MyNewJob.org - Verizon ($145,000)

* Co-wrote section of RFP pertaining to professional school counseling
* Collaborated with faculty and staff in two colleges of West Virginia University as well as a nonprofit organization to develop RFP – development of a career services social networking site for 8 – 14 grade students across WV

Faculty Professional Development Grant - HRE Research, Service & Professional Development Committee ($750)

**Professional Affiliations**

American School Counselor Association

Virginia School Counselor Association

Chi Sigma Iota, Honor Fraternity in Counseling

**Specialized Training**

Dawson, P. (2021, March). *Executive functions in kids and teens*. Retrieved from <https://catalog.pesi.com/> [12h 45m]

Dana, D. (2021, February). *Deb Dana’s polyvagal informed master class*. Retrieved from <https://catalog.pesi.com/> [9h]

Porges, S. & Dana, D. (2021, February). *Clinical applications of the polyvagal theory in trauma treatment*: Integrating the

science of safety, trust, self-regulation and attachment. Retrieved from <https://catalog.pesi.com/> [19h]

Porges, S. (2020, September). *Clinical applications of the polyvagal theory*: Trauma, attachment, self-regulation & emotions.

Retrieved from <https://catalog.pesi.com/> [6h]

Drescher, A. (2020, April). *Grief treatment: Current evidence based approached to care across the lifespan.* Retrieved from

<https://catalog.pesi.com/> [6h 16m]

Gentry, J.E. & Rhoton, R. (2020, April). *Certified clinical trauma professional (CCTP) intensive training course.*

<https://catalog.pesi.com/> [14h 49m]

Lyons, L (2022, June). *Helping anxious kids: Powerful approaches for breaking the worry cycle*. Three-day intensive workshop.

<https://catalog.pesi.com/> [17h 35m]

O’Brian, S. (2022, May). Growing up anxious: Treating anxiety disorders in a generation hyper-focused on achievement,

technology and safety. <https://catalog.pesi.com/> [12h 12m]

Payne Bryson, T. (2020, April). *10 Brain-Based Strategies to Help Children Handle Their Emotions: Bridging the Gap between*

*What Experts Know and What Happens at Home & School.* Retrieved from <https://catalog.pesi.com/> [1h 31m]

Pratt, D. (2020, March). CBT toolkit for depressed, anxious and suicidal children and adolescents. Retrieved from

<https://catalog.pesi.com/> [11h 31m]

Pittman, C. (2020, March). *Certified clinical anxiety treatment professional (CCATP) training course: Applied neuroscience for*

*treating anxiety, panic, and worry.* Retrieved from <https://catalog.pesi.com/> [18h 45m].

Sells, S.P. (2021, July). *Oppositional and defiant children and adolescents: Family based treatment solutions for aggression,*

*disrespect and other extreme behaviors*. Retrieved from <https://catalog.pesi.com/> [6h 42m].

Siegal, D. (2022, March). Attachment, trauma & psychotherapy: Neural integration for resilience & well-being.

Retrieved from <https://catalog.pesi.com/> [6h 21m].

Sirrine, E. H. (2021, July). *Grief Counseling for Children & Adolescents.* Retrieved from <https://catalog.pesi.com/>. [12h 7m]

Tepper, A. (2020, February). *Ethical principles in the practice of Virginia mental health professionals*. Retrieved from

<https://catalog.pesi.com/> [7h]

**Clinical Practice & Research Interests**

Mental health issues in schools; Adolescent anxiety; Clinical supervision of school counselors; Use of counseling theory and creative techniques in schools;; School counselor advocacy and leadership; Trauma informed schools; Grief counseling with children and adolescents; Social justice issues in education.