

Victoria Stone, PhD, LPC

Education

Doctorate of Philosophy, Counselor Education and Supervision

Virginia Polytechnic Institute and State University, Blacksburg, VA

Dissertation: Student Satisfaction with and Perceptions of Relationship Development in Counselor Education

Videoconferencing Courses

Master of Arts, Counselor Education

California University of Pennsylvania, California, PA

Bachelor of Arts, Sociology

California University of Pennsylvania, California, PA

Licenses

Licensed School Counselor

Virginia

Licensed Professional Counselor (LPC)

Virginia License # 0701006773

Approved LPC Supervisor, Virginia

University Teaching Experience

Associate Professor of Education & Clinical Coordinator,

Counseling Program, George Mason University, Fairfax, VA 2022 – Present

Brief description of position duties

- teaching courses in the school and clinical mental health counseling programs
- student advising – academic and with respect to practicum and internship
- contributing to program management, improvement, and clinical training initiatives
- coordinator of the Counseling Graduate Certificate Program (CERG)
 - review all CERG applications
 - evaluate transcripts to design a program of studies for each CERG student based on Virginia Department of Education (VDOE) and Virginia Board of Counseling (VBOC) requirements
 - support CERG internship placements
- Coordinator of clinical practice processes, policies, procedures
 - recruitment and supervision of practicum and internship adjunct faculty
 - cultivation and maintenance of partnerships with local school divisions, community agencies, and group private practices who host Mason students for practicum and internship
 - facilitate repair when problems arise between counseling students, schools and/or clinical sites

- consultation and coordination with representatives from the Virginia Department of Education (VDOE) and Virginia Board of Counseling (VBOC)
- coordinate implementation and use of the Experiential Learning Cloud (ELC) software to manage practicum and internship
- sign off on Resident in Counseling (RiC) applications for all Clinical Mental Health Program Graduates, CERG students, and former students seeking RiC licensure
- Coordinate current CERG Clinical Mental Health partnership with Manassas City Public Schools and School Counseling cohorts currently in development
- Provide supervision training each semester for all supervisors of school counseling students
- Provide separate training each semester for all supervisors of clinical mental health counseling students

Courses

- EDCD 602: Foundations of Counseling
- EDCD 603: Counseling Theories and Practice
- EDCD 606: Counseling Children and Adolescents
- EDCD 611: Legal and Ethical Issues in School Counseling
- EDCD 612: Professional Identity, Function, and Ethics
- EDCD 751: Practicum in School Counseling
- EDCD 794: Internship I in School Counseling
- EDCD 795: Internship II in School Counseling

Assistant Professor of Education

Counseling Program, George Mason University, Fairfax, VA 2017 – 2022

Brief description of position duties

- teaching courses in the school and clinical mental health counseling programs
- student advising – academic and with respect to practicum and internship
- admissions coordinator for counseling program
- contributing to program management, improvement, and clinical training initiatives

Courses

- EDCD 603: Counseling Theories and Practice
- EDCD 606: Counseling Children and Adolescents
- EDCD 611: Legal and Ethical Issues in School Counseling
- EDCD 626: Principles and Practices of School Counseling
- EDCD 751: Practicum in School Counseling
- EDCD 755: Practicum in School Counseling
- EDCD 791: Internship in School Counseling
- EDCD 794: Internship I in School Counseling
- EDCD 795: Internship II in School Counseling
- EDCD 797: Creative Counseling Techniques

Adjunct Faculty, George Mason University, Fairfax, VA 2005 – 2017

Courses

EDCD 603: Counseling Theories and Practice

EDCD 606: Counseling Children and Adolescents

EDCD 755: Practicum in School Counseling

EDCD 791: Internship in School Counseling

EDCD 797: Creative Counseling Techniques

**Assistant Professor of Education and Clinical Coordinator,
Counseling Program, George Mason University, Fairfax, VA 2008 – 2009**

Courses

EDCD 603: Counseling Theories and Skills

EDCD 611: Legal and Ethical Issues in School Counseling

EDCD 797: Creative Counseling Techniques

Assistant Professor of School Counseling, West Virginia University, Morgantown, WV 2007-2008

Courses

COUN 501: Counseling Techniques

COUN 606: Theories of Counseling

COUN 608: Organization and Development of School Counseling Services

COUN 632: Counseling Adolescents and Adults

COUN 685: Practicum

COUN 686: Internship

COUN 660: Field Experience in School Counseling

Adjunct Faculty, West Virginia University, Morgantown, WV 2009 – 2012

Courses

COUN 684: Supervision Models in Counseling

COUN 660: Field Experience in School Counseling

Adjunct Faculty, Old Dominion University, Troops to Teachers, Ft. Myer, VA 2004

Courses

ESSE 513: Human Growth and Development

Teaching Assistant, Virginia Polytechnic Institute and State University 2001-2003

Courses

EDCO 6304: Clinical Supervision (Doctoral)

EDCO 5224: Counseling Skills and Techniques

EDCO 5284: Practicum

School Counseling Experience

Professional School Counselor, Prince William County, VA 2000 to 2007; 2008 to 2017

- Experience working in Title I schools
- Experience with diverse populations
- Experience designing and implementing a successful schoolwide Positive Behavioral Supports Program (PBIS)
- Experience implementing Multi-Tiered Systems of Supports (MTSS)

- Designated “No Place for Hate” school by the ADL
- Recognized ASCA model program (RAMP) award recipient (Re-RAMP 2010)
- Recognized ASCA model program (RAMP) award recipient (2008)
- Coordinated application for RAMP designation and Re-RAMP designation
- Provided ‘RAMP CAMP’ instruction to school counselors interested in applying for RAMP status
- Led curriculum writing teams for PWC middle school counselors
- Provided clinical and administrative supervision to *nine* school counseling interns
- School Counseling representative on the Northern VA School Counseling Leadership team
- Developed and presented new counselor in-service to counselor training programs across Virginia
- Trained and experienced in dealing with critical incidents in the schools
- Trained in the implementation of Olweus Bully Prevention Program (OBPP)
- Trained and experienced in providing Response to Intervention (RTI)
- Trained and experienced conducting school based threat assessment (TA)

Presentations

Keynote Presentations, Full & Half Day Workshops

Stone, T. & Melchior, S. (2025, December). *The elephant in the classroom: Supporting kids with mental health issues in schools*. Presentation to the staff of John Kerr Elementary School, Winchester, VA.

Stone, T. & Melchior, S. (2025, November). *The elephant in the classroom: Supporting kids with mental health issues in schools*. Presentation to the staff of Winchester Public Schools, Winchester, VA.

Stone, T. (2025, October). *My amygdala can smell your amygdala: Help for anxious kids*. Keynote presentation, National Association of Pupil Services Administrators (NAPSA) conference, Pittsburgh, PA.

Stone, T. (2025, October). *My amygdala can smell your amygdala: Help for anxious kids*. Preconference workshop Virginia School Counselor Association, Hampton, VA.

Stone, T. & Itin, M.G. (2025, October). *Understanding depression and anxiety at school*. Presented to the staff of Bermudian Springs, PA Public Schools. York Springs, PA.

Stone, T. & Itin, M.G. (2025, October). *Ready, fire, aim: Working with the teenage Brain*. Presented to the staff of Bermudian Springs, PA Public Schools. York Springs, PA.

Jacobs, E.E, & **Stone, T.** (2025, August). *Counseling with creativity and courage*. Two day workshop presented to the student services staff of Panama City Public Schools, Panama City, FL.

Stone, T. & Melchior, S. (2025, June). *Managing compassion fatigue and burnout*. Presented at the Preventing Generations Incarceration Conference, Fredericksburg, VA.

Stone, T. & Harvey, W. (2025, June). *Make it sticky: Group counseling that makes an impact*. Three hour workshop presented to the student services staff of Justice High School, Falls Church, VA.

Stone, T. (2025, June). *Counseling with creativity and courage*. Presented to the student services staff of Prince William County Public Schools, Manassas, VA. Zoom.

Stone, T., Taylor, J.V., (2025, April). *Navigating ethics in school counseling*. Three hour workshop presented to the student services staff of Harrisonburg Public Schools, Harrisonburg, VA.

Stone, T. (2025, March). *Counseling with creativity and courage, part II*. Presented to the elementary school counselors of Prince William County, Manassas, VA.

Stone, T. (2025, February). *My amygdala can smell your amygdala: Help for anxious teens*. Presented to the secondary school counselors of Prince William County, Manassas, VA.

Stone, T. & Melchior, S. (2025, February). *Strengthening the family connection*. Presented to the PTO of Fort Hunt Elementary School, Alexandria, VA.

Stone, T. (2025, January). *My amygdala can smell your amygdala: Help for anxious kids (and their parents)*. Presented to the parents of Mount Daniel Elementary School, Falls Church, VA.

Stone, T., & Melchior, S. (2025, January). *Recognizing and supporting youth with anxiety and depression*. Presentation on behalf of VA Department of Criminal Justice Services (DCJS) for the instructional staff of Isle of Wight, VA, Public Schools, Smithfield, VA.

Stone, T. (2024, December). *Counseling with creativity and courage*. Presented to the elementary school counselors of Prince William County, Manassas, VA.

Melchior, S. & **Stone, T.** (2024, August). *Managing mental health & vicarious trauma*. Presented to the Student Services staff of the Maryland Department of Juvenile Justice Services, Columbia, MD.

Stone, T., & Melchior, S. (2024, August). *Recognizing and supporting youth with anxiety and depression*. Presentation on behalf of VA Department of Criminal Justice Services (DCJS) for the instructional staff of Isle of Wight, VA, Public Schools. Smithfield, VA.

Stone, T. (2024, August). *Strategies to address student behavior & promote healthy relationships*. Professional development presentation for the instructional staff of Mars School District, Mars, PA.

Melchior, S. & **Stone, T.** (2024, August). *Cultivating connection, curiosity and creativity to promote healthy relationships in schools*. Presented to the staff of Bermudian Springs, PA Public Schools. York Springs, PA.

Melchior, S. & **Stone, T.** (2024, July). *A culturally sensitive trauma response in schools*. Presented to the Student Services staff of the Maryland Department of Juvenile Justice Services, Baltimore, MD.

Melchior, S. & **Stone, T.** (2024, May). *Trauma-informed practice in action @ school*. Presented to the staff of

Bermudian Springs, PA Public Schools. York Springs, PA.

Stone, T. (2024, May). *Dealing with stress and the demands of leadership*. Keynote presentation at the Montgomery County Intermediate Unit (MCIU) Facilities Directors' Conference at Bear Creek. Lehigh Valley, PA.

Stone, T., & Melchior, S. (2024, March). *Recognizing and supporting youth with anxiety and depression*. Presentation on behalf of VA Department of Criminal Justice Services (DCJS) for the Student Services staff of Isle of Wight, VA, Public Schools.

Stone, T. (2024, March). *My amygdala can smell your amygdala: Help for anxious children and teens*. Presented to the Student Mental Health Services staff of Loudon County, VA Public Schools, Leesburg, VA.

Stone, T., & Melchior, S. (2024, February). *Culturally sensitive trauma response in schools*. Professional development presentation for the instructional staff of Winchester Public Schools, Winchester, VA.

Stone, T., & Melchior, S. (2024, February). *Managing mental health and vicarious trauma*. Presentation on behalf of VA Department of Criminal Justice Services (DCJS) for the instructional staff of Salem County, VA, Public Schools. Salem, VA.

Stone, T., & Melchior, S. (2024, January). *Recognizing and supporting youth with anxiety and depression*. Presentation on behalf of VA Department of Criminal Justice Services (DCJS). Zoom.

Stone, T. (2024, January). *Behavioral health awareness: Recognizing anxiety in our students and ourselves*. Professional development presentation for the instructional staff of Mars School District, Mars, PA.

Jacobs, E.E., & **Stone, T.** (2024, January). Impact Therapy. Half day workshop for Wyoming County, WV, Public Schools. Zoom.

Stone, T., & Melchior, S. (2023, December). *Culturally sensitive trauma response in schools*. Half day workshop for the school counselors of Carroll County, MD. Westminster, MD.

Stone, T. & Walker, J. (2023, December). Helping anxious teens. Parent Presentation, Battlefield High School, Haymarket, VA.

Stone, T., & Melchior, S. (2023, October). *Culturally sensitive trauma response in schools*. Half day workshop for the school counselors of Carroll County, MD. Westminster, MD.

Stone, T., & Melchior, S. (2023, October). *Culturally sensitive trauma response in schools*. Half day workshop for the school counselors of Frederick County, VA. Winchester, VA.

Stone, T., & Melchior, S. (2023, October). *Clinical supervision training for school mental health professionals*. Half

day workshop for the school mental health professionals of Frederick County, VA. Winchester, VA.

Stone, T., & Melchior, S. (2023, September). Pathways for prevention of school violence. Presentation on behalf of VA Department of Criminal Justice Services (DCJS). Richmond, VA.

Stone, T., & Melchior, S. (2023, April). Pathways for prevention of school violence. Presentation on behalf of VA Department of Criminal Justice Services (DCJS). Winchester, VA.

Jacobs, E.E & **Stone, T.** (2023, March). *Creative counseling techniques*. Keynote presentation to the school counselors of Keller ISD, Keller, TX.

Jacobs, E.E & **Stone, T.** (2023, February). *Creative counseling techniques*. Presentation to clinical supervisors supporting George Mason University. Zoom.

Jacobs, E.E. & **Stone, T.** (2023, February). *Impact Therapy: Putting theories into practice*. Full day training provided to counselor educators across Turkey via Zoom.

Stone, T. (2023, January). Creative counseling: An impact therapy approach. Full day workshop presented to the school counselors of Cleveland, OH.

Jacobs, E.E. & **Stone, T.** (2022, December). *Impact Therapy: Putting theories into practice*. Full day training provided to counselor educators across Turkey via Zoom.

Stone, T., & Melchior, S. (2022, November). *Recognizing Anxiety in Our Students and Ourselves*. Keynote presentation at the Strengthening Connections Climate Summit, Richmond, VA.

Jacobs, E.E & **Stone, T.** (2022, September). *Creative counseling techniques*. Presentation for the Alleghany County School Counselor Association, Pittsburgh, PA.

Jacobs, E.E & **Stone, T.** (2022, September). *Impact therapy: Creative counseling techniques*. Half-day workshop presented to the Continuing Education Alliance.

Stone, T., & Melchior, S. (2022, July). *Mental health advocacy in schools: Understanding child and adolescent depression*. Presentation for Virginia Center for School and Campus Safety, Virginia Department of Criminal Justice Services, Fredericksburg, VA.

Stone, T., & Melchior, S. (2022, June). *Mental health advocacy in schools: Understanding child and adolescent depression*. Presentation for Virginia Center for School and Campus Safety, Virginia Department of Criminal Justice Services.

Stone, T. (April, 2022). *Invisible Strings: Restoring regulation, relationships & presence at school*. Presentation to the staff of Gainesville High School, Gainesville, VA.

Stone, T. (2022, February). *2-4-6-8 How do we get kids to regulate?* Presentation to the Secondary School Counselors of Prince William County Public Schools, Manassas, Virginia.

Stone, T. (2021, December). *Mental health matters (without it there is nothing else)*. Presentation to the Elementary School Counselors of Prince William County Public Schools, Manassas, Virginia.

Stone, T., & Melchior, S. (2021, September). *Mental health advocacy in schools: Understanding child and adolescent depression*. Presentation for Virginia Center for School and Campus Safety, Virginia Department of Criminal Justice Services.

Stone, T., & Melchior, S. (2021, July). *Mental health advocacy in schools: Understanding child and adolescent depression*. Presentation for Virginia Center for School and Campus Safety, Virginia Department of Criminal Justice Services.

Stone, T. (2021, July). *Not done cooking: Understanding teen brains in development*. Presentation for the Positive Youth Development Summer Sessions, North Dakota State University.

Stone, T., & Melchior, S. (2020, August). *Trauma informed education and social justice*. Presentation to the staff of the Juvenile Detention Center School, Manassas, VA

Melchior, S. & **Stone, T.** (2020, August). *Trauma informed education and social justice*. Presentation to the staff of PACE Alternative School, Haymarket, VA

Melchior, S. & **Stone, T.** (2020, August). *Trauma informed education and social justice*. Presentation to the staff of Battlefield High School, Haymarket, VA.

Stone, T. (2020, February). *Teen brain development*. Presentation to the Senior Class of Battlefield High School, Haymarket, VA.

Stone, T. (2020, February). *Not done cooking: Teen Brains in progress*. Presented to the staff of Admiral Nelson Middle School, Winchester, VA.

Stone, T. (2020, February). *Teen brain development*. Presentation to the Junior Class of Battlefield High School, Haymarket, VA.

Stone, T. (2020, January). *Stress & brain development*. Presentation to the Sophomore Class of Battlefield High School, Haymarket, VA.

Stone, T. (2020, January). *What's my teenager thinking? A crash course on the teenage brain*. Parent presentation, Battlefield High School, Haymarket, VA.

Stone, T. (2019, December). *Stress & brain development*. Presentation to the Freshman Class of Battlefield High School, Haymarket, VA.

Stone, T. (2019, November). *Not done cooking: Teen Brains in progress*. Presented to the staff of Battlefield High School, Haymarket, VA.

Stone, T. (2019, October). *Counseling with creativity and courage: Theory driven, creative interventions for school counselors*. Pre-conference workshop. Virginia School Counselor Association conference, Hampton, VA.

Jacobs, E., & **Stone, T.** (2019, August). *Creative counseling techniques for school counselors*. Presented to the school counselors of North East Independent School District, San Antonio, TX.

Stone, T. (2019, February). *What is going on with these kids?* Presented to the Educational Consortium of Christian Schools. Winchester, VA.

Stone, T. (2019, March). *Counseling with creativity and courage: Theory driven, creative interventions for school counselors*. Presented to the Prince William County, VA School Counselors. Manassas, VA.

Stone, T. (2019, March). *Mending the village: Fixing holes and filling cups to promote healthy relationships in schools*. Presented at the Positive Parenting Institute, Colonial Heights, VA.

Stone, T. (2019, February). *What is going on with these kids?* Presented to the K-12 School Counselors in Fredrick County Virginia. Winchester, VA.

Stone, T. (2018, November). *What is going on with these kids?* Presented to school counseling educational consortium. Lord Fairfax Community College, Midland, VA.

Stone, T. (2018, November). *Maybe we could all stress, less?* Presented to the students of PVI Catholic High School. Fairfax, VA.

Stone, T. (2018, August). *Mending the village: Fixing holes and filling cups to promote healthy relationships in schools*. Presented at the Prince William County, VA, Student Services Symposium, Woodbridge, VA.

Stone, T. (2018, January). *Elementary school: Working with brains under construction*. Presented to the elementary school counselors of Prince William County, Woodbridge, VA.

Jacobs, E., & **Stone, T.** (2018, January). *Creative techniques for school counselors*. Presented to the school counselors of Cobb County School District, Atlanta, GA.

Stone, V. (2017, January). *Impact counseling: Creative counseling techniques*. Presented to the school counselors of the Arlington County Catholic Diocese, Chantilly, VA.

Jacobs, E.E., & **Stone, V.** (2016, December). *Impact Counseling: Creative counseling techniques for school counselors.* Presented to the Prince William County, VA, School Counselors, Manassas, VA.

Jacobs, E., & **Stone, V.** (2016, June). *Impact Therapy: Creative counseling techniques for college counselors.* Presented to New Jersey College Counseling Association, Monmouth, NJ.

Stone, V. (2016, January). *Creative counseling techniques for school counselors.* Presented to a private school counselor consortium from VA/DC/MD, Arlington, VA.

Stone, V. (2010, November). *Creative Counseling Techniques to Increase Your Effectiveness as a School Counselor.* Presented at the Prince William County middle and high school counselors all staff meeting, Manassas, VA.

Stone, V. (2009, August). *School counselor supervision training.* Presented to professional school counselors working in the Richmond, VA region. Virginia Commonwealth University, Richmond, VA.

Jacobs, E.E. & **Stone, T.** (2008, August). *Kick it up a Notch: Creative Techniques for School Counselors.* Presented at the Fairfax County, VA, Student Services Symposium.

Jacobs, E. & **Stone, V.** (2008, January). *Creative techniques for school counselors.* Workshop presented to school counselors from Hampton County and Newport News, VA.

Jacobs, E. & **Stone, V.** (2007, October). *Impact Therapy and creative techniques for use in schools.* Staff development presented to Rockwood County, PA, professional school counselors.

Jacobs, E.E. & **Stone, V.** (2007, September). *Putting theory into practice in schools.* One day workshop presented through Virginia School Counselor Association, Richmond, VA.

Jacobs, E.E., & **Stone, V.** (2007, August). *Theories in practice.* Presented at the Friendship Charter Schools 5th annual teaching institute, Washington, DC.

Jacobs, E.E. & **Stone, V.** (2007, July). *Theory and creative techniques for school counselors.* Workshop presented to school counselors in Frederick County, VA.

Stone, V., & Graney, E. (2006, July). *Solution focused and cognitive strategies for school counselors.* Keynote presentation, Virginia School Counselor Association Summer Academy, Charlottesville, VA.

Peer Reviewed Presentations - State

Stone, T. (2024, October). *Your brain is a liar: Help for anxious kids.* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Taylor, J.V., Goodman-Scott, E., **Stone, T.**, Maiden, B., Tillery, C., (2024, October). *So, you want to get a PhD?*

Presented at the Virginia School Counselor Association Conference, Hampton, VA

Stone, T. (2023, October). *My amygdala can smell your amygdala: Help for anxious children and teens.* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Taylor, J.V., Goodman-Scott, E., Rutledge, M., **Stone, T.**, Tillery, C., Carroll, A. (2023, October). *So, you want to get a PhD?* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Taylor, J.V., Goodman-Scott, E., **Stone, T.**, Tillery, C., (2022, October). *So, you want to get a PhD?* Presented at the Virginia School Counselor Association Conference, Hampton, VA

Stone, T. & Bullen, J. (2022, October). *Helping anxious teens.* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Stone, T. (2022, March). *Brain-wise school counseling.* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Taylor, J.V., Goodman-Scott, E., Rutledge, M., **Stone, T.**, Tillery, C., (2022, October). *So, you want to get a PhD?* Presented at the Virginia School Counselor Association Conference, Hampton, VA

Melchior, S. & **Stone, T.** (2022, March). *Fostering resilience and promoting equity: A social justice approach.* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Taylor, J.V., Carroll, A., Edirmanasinghe, N., Goodman-Scott, E., Rutledge, M., **Stone, T.**, Tillery, C., Wynne, L., & Jennings, I. (2022, March). *So, you want to get a PhD?* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Stone, T. (2021, March). *Unfledged: Getting teens ready for flight.* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Stone, T. & Melchior, S.S. (2021, March). *The elephant in the classroom: Mental health advocacy in schools.* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Stone, T. (2019, October). *Not done cooking: Teenage brain development.* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Stone, T. (2018, October). *Ready, Fire, Aim! Counseling the Teenage Brain.* Presented at the Virginia School Counselor Association Conference, Hampton, VA.

Stone, T. (2018, April). *What is this teenager thinking? Tips for school counselors.* Presented at the Maryland School Counselor Association Conference, Greenbelt, MD.

Stone, V. & Jacobs, E.E. (2017, March). *Creative techniques that have impact in a short amount of time*. Presented at the Maryland School Counselor Association Conference, Greenbelt, MD.

Stone, V. & Jacobs, E.E. (2017, March). *Putting theories into practice in creative ways*. Presented at the Maryland School Counselor Association Conference, Greenbelt, MD.

Stone, V. & Brott, P. (2015, May). *What's going on with these kids? Mental health issues in the school setting*. Presented at the Fairfax County Public Schools Conversation on Teen Stress Symposium, Alexandria, VA.

Stone, T. (2014, October). *Try it, you may love it: The use of theory and creative techniques in school counseling*. Presented at the Virginia School Counselor Association Conference, Richmond, VA.

Stone, T., Fermo, C., & Graney, E. (2013, March). *School refusal: Getting kids back to class*. Presented at the Virginia School Counselor Association Conference, Newport News, VA.

Anderson, K., **Stone, T.** Runyan, H., Upton, A. & Grothaus, T. (2013, March). *Helping our students with mental health concerns*. Presented at the Virginia School Counselor Association Conference, Newport News, VA.

Brott, P. & **Stone, V.** (2012, November). *School counselor supervision training*. Presented at the Virginia Counselor Association Conference, Fredericksburg, VA.

Anderson, K., **Stone, T.** Runyan, H., Grothaus, T. (2012, March). *Serving those who serve: School counselors and Military Families*. Presented at the Virginia School Counselor Association Conference, Newport News, VA.

Ransom, D., Langley, C., **Stone, V.** (2012, March). *Effective internship experience- providing pathways with a purpose*. Presented at the Virginia School Counselor Association Conference, Newport News, VA.

Grothaus, T., **Stone, V.**, Anderson, K., Upton, A. (2011, March). *Championing change for our English language learners*. Presented at the Virginia School Counselor Association Conference, Richmond, VA.

Stone, V., & Graney, E. (2010, March). *Students with mental health issues: The role of the professional school counselor*. Presented at the Virginia School Counselor Association Conference, Richmond, VA.

Stone, T. & Jacobs, E.E. (2008, April). *Kick it up a notch: Creative techniques for school counselors*. Presented at the Pennsylvania School Counselors Association Conference, Lancaster, PA.

Jacobs, E.E., & **Stone, T.** (2008, April). *Learning to lead: Effective techniques for group work in schools*. Presented at the Pennsylvania School Counselors Association Conference, Lancaster, PA.

Stone, V. & Jacobs, E.E. (2007, September). *Kick it up a notch: Using theory and creative techniques to add impact to school counseling programs*. Presented at the West Virginia School Counselor Academy, Cheat Lake, WV.

Barna, J., & **Stone V.** (2006, April). *Tips to survive the first years as a school counselor.* Presented at the Virginia School Counselor Association Conference, Richmond, VA.

Stone, V., & Graney, E. (2005, March). *LOCKDOWN! This is not a drill.* Presented at the Virginia School Counselor Association Conference, Norfolk, VA.

Stone, V., & Graney, E. (2004, October). *Easy accountability workshop.* Presented at the South Carolina Counselor Association Conference, Greenville, SC.

Stone, V., & Graney, E. (2003, August). *Integrating the National Model into the Counseling Department.* Presented at the Student Services Fall Symposium, Prince William County, VA.

Stone, V., & Phillips, J. (2003, April). *School counseling rookies, making the most of the first years.* Presented at the Virginia School Counselor Association Convention, Williamsburg, VA.

Stone, V., & Graney, E. (2002, November). *Bad choices, not bad kids.* Presented at the Virginia Counselor Association Convention, Williamsburg, VA.

Peer Reviewed Presentations - National

Jacobs, E.E., & **Stone, T.** (2022, February). *Impact counseling: The art of engagement.* Presented at the 7th Annual Critical Issues for Alabama Schools Conference, Online.

Jacobs, E., & **Stone, T.** (2020, November). *Creative counseling techniques for school counselors.* Presentation at the Mississippi Counseling Association Conference, Jackson Mississippi.

Stone, V., & Jacobs, E.E. (2008, June). *Kick it up a notch: Using theory and creative techniques to add impact to school counseling programs.* Presented at the American School Counselor Association Convention, Atlanta, GA.

Stone, V. (2007, June). *The savvy school counselors guide to surviving the first years.* Presented at the American School Counselor Association Conference, Denver, CO.

Brott, P., Barna, J., & **Stone, V.** (2005, June). *Get a GRIP (Goals, Results, Impact Statement, Program Implications).* Presented at the American School Counselor Association Convention, Orlando, FL.

Stone, V., & Getz, H. (2004, September). *Do I really see you? How counselors use videoconferencing.* Presented at the Southern Association of Counselor Educators and Supervisors Convention, Athens, GA.

Stone, V., & Graney, E. (2004, June). *Easy accountability, simple solutions to return counseling to the guidance department.* Presented at the American School Counselor Association Convention, Reno,

NV.

Stone, V., & Graney, E. (2002, June). *When the teacher is your client: Using counseling theory to service the invisible clients in your school.* Presented at the American School Counselor Association

Other Invited Presentations

Stone, T. (2025, September). *School counselor supervision training: Level one.* Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom.

Stone, T. (2025, March). *What is my teenager thinking? A crash course on the teen brain.* Coffee with the counselors, Fauquier High School, Warrenton, VA.

Stone, T. (2025, March). *My amygdala can smell your amygdala: Helping anxious teens.* Guest lecture to school counseling students at Virginia Tech, presented virtually via Zoom.

Stone, T. (2025, January). *Children's mental health and suicide prevention.* Guest lecture to Educational Leadership students at the University of Pittsburgh, presented virtually via Zoom.

Stone, T. (2025, January). *School counselor supervision training: Level one.* Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom.

Stone, T. (2024, October). *Polyvagal theory in counseling.* Guest lecture to school counseling students at West Virginia University, presented virtually via Zoom.

Stone, T. (2024, September). *Helping anxious kids.* Guest lecture to school counseling students at West Virginia University, presented virtually via Zoom.

Stone, T. (2024, September). *School counselor supervision training: Level one.* Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom.

Stone, T. (2024, January). *School counselor supervision training: Level one.* Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom

Stone, T. (2023, August). *School counselor supervision training: Level one.* Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom.

Stone, T. (2023, April). *Culturally sensitive trauma response in schools.* Presented at the Preventing Generations of Incarceration conference, University of Mary Washington, Fredericksburg, VA.

Stone, T. (2023, April). *Brains & behavior: building capacity for resilience & regulation.* Presented at St. Michaels Intermediate school, Richmond, VA.

Stone, T. (2023, April). *Recognizing anxiety in our students and ourselves.* Presented at the Virginia Association of Independent Schools (VAIS) Safe & Healthy Schools Conference, University of Richmond, Richmond, VA.

Stone, T. (2023, January). *School counselor supervision training: Level one*. Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom.

Stone, T. (2022, August). *School counselor supervision training: Level one*. Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom.

Stone, T. (2022, August). *Supervision training*. Presented to clinical mental health site supervisors with George Mason University interns presented virtually via Zoom.

Stone, T., & Melchior, S.S. (2022, June). *Understanding Child and Adolescent Anxiety & Depression*. Presented to GMU Scholars staff, George Mason University, Fairfax, VA.

Stone, T. & Davis, T. (2022, January). *School counselor supervision training: Level one*. Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom.

Stone, T. & Davis, T. (2021, September). *School counselor supervision training: Level one*. Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom.

Stone, T. (2021, August). *Back to school with a focus on mental health: Raising awareness & empathy in the school community*. Presented at the Fairfax County Public Schools School Counselor August In-Service.

Stone, T. & Davis, T. (2021, January). *School counselor supervision training: Level one*. Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom.

Stone, T. & Davis, T. (2020, August). *School counselor supervision training: Level one*. Presented to school counselors supervising interns in Northern Virginia, presented virtually via Zoom.

Stone, T. & Davis, T. (2020, January). *School counselor supervision training: Level one*. Presented to school counselors supervising interns in Northern Virginia, Marymount University, Arlington, VA.

Stone, T. (2019, November). *Healthy relationships*. Presentation to the inmates of Loudoun County Adult Detention Center.

Stone, T. (2019, October). *What's my teenager thinking? A crash course on the teenage brain*. Presentation to the parents of Western end Middle Schools, Prince William County, VA.

Stone, T. (2019, October). *Not done cooking: Teenage brain development*. Presented to the staff of Reagan Middle School, Prince William County, VA.

Stone, T. (2019, August). *Not done cooking: Teenage brain development*. Presented at the Prince William County, VA, Middle School Summit. Woodbridge, VA.

Stone, T. & Davis, T. (2019, September). *School counselor supervision training: Level one*. Presented to school counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

Stone, T. & Davis, T. (2019, September). *School counselor supervision training: Level two*. Presented to school counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

Stone, T. (2019, June). *Stand under my umbrella: Building relationships with wobbly kids*. Presentation to regional Court Appointed Special Advocates (CASA), Manassas, VA.

Stone, T. & Davis, T. (2019, January). *School counselor supervision training: Level one*. Presented to professional school counselors supervising interns in Northern Virginia, Marymount University, Arlington, VA.

Stone, T. (2019, January). *What's my teenager thinking? A crash course on the teenage brain*. Presented at the Prince William County, VA, Parent Summit. Woodbridge, VA.

Stone, T. (2018, October). *What's my teenager thinking? A crash course on the teenage brain*. Presented at the Prince William County, VA, Parent Summit. Nokesville, VA.

Stone, T. (2018, January). *What's my teenager thinking? A crash course on the teenage brain*. Presented at the Prince William County, VA, Parent Summit. Woodbridge, VA.

Stone, T. (2017, October). *What's my teenager thinking? A crash course on the teenage brain*. Presented at the Prince William County, VA, Parent Summit. Haymarket, VA.

Stone, T. & Davis, T. (2018, September). *School counselor supervision training: Level one*. Presented to professional school counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

Stone, T. & Davis, T. (2018, September). *School counselor supervision training: Level two*. Presented to professional school counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

Stone, T. (2018, June). *Good to know: Theories, tools and techniques for working with developing brains*. Presented to Fairfax County Neighborhood and Community Services summer programming staff. Falls Church, VA.

Stone, T. (2018, April). *Strap into your adult: TA techniques for teachers*. Presented to the teachers of Montrose Alternative Learning Center, Alexandria, VA.

Stone, V. & Davis, T. (2018, January). *School counselor supervision training: Level two*. Presented to professional school counselors supervising interns in Northern Virginia, Marymount University, Arlington, VA.

Stone, V. (2017, November). *What is this teenager thinking? Tips for school counselors*. Presented to Prince William County, VA Secondary School Counselors, Manassas, VA.

Stone, V. (2017, October). *What's my teenager thinking? A crash course on the teenage brain.* Presented at the Prince William County, VA Parent Summit. Haymarket, VA.

Stone, V. & Davis, T. (2017, September). *School counselor supervision training: Level one.* Presented to professional school counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

Stone, V. & Davis, T. (2017, January). *School counselor supervision training: Level two.* Presented to professional school counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

Stone, V. (2017, February). *Professional school counselors remove barriers to achievement.* Presented to the Bull Run Middle School Advisory Council. Gainesville, VA.

Stone, V. & Davis, T. (2017, January). *School counselor supervision training: Level one.* Presented to professional school counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

Stone, V. & Davis, T. (2017, January). *School counselor supervision training: Level two.* Presented to professional school counselors supervising interns in Northern Virginia, George Mason University, Fairfax, VA.

Stone, V. (2017, January). *What's my teenager thinking? A crash course on the teenage brain.* Presented at the Prince William County, VA, Parent Summit. Woodbridge, VA.

Stone, V. & Davis, T. (2016, September). *School counselor supervision training: Level one.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Stone, V. & Davis, T. (2016, September). *School counselor supervision training: Level two.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V.** (2016, January). *School counselor supervision training: Level one.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V.** (2016, January). *School counselor supervision training: Level two.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V.** (2015, September). *School counselor supervision training: Level two.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V.** (2015, September). *School counselor supervision training: Level one.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V.** (2015, February). *School counselor supervision training.* Presented to professional school

counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Stone, V. & Brott, P. (2015, January). *What's going on with these kids? Mental health issues in the school setting.* Presented at the Prince William County Public Schools Middle School Summit, Manassas, VA.

Brott, P. & **Stone, V.** (2014, September). *School counselor supervision training.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V.** (2014, January). *School counselor supervision training.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V.** (2013, September). *School counselor supervision training.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Stone, V. & Graney, E. (2013, August). *Special Topics in School Counseling.* Presentation to the professional school counselors of Arlington County, VA.

Stone, V. (2013, January). *School counselor supervision training.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V.** (2012, September). *School counselor supervision training.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V.** (2012, January). *School counselor supervision training.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Brott, P. & **Stone, V.** (2011, September). *School counselor supervision training.* Presented to professional school counselors supervising interns in Northern Virginia. George Mason University, Fairfax, VA.

Stone, V. & Anderson, K. (2011, August). *Championing Change for our English Language Learners.* Prince William County Student Services Symposium, Woodbridge, VA.

Stone, V. (August, 2010). *School counselor supervision training.* Presented to professional school counselors working in the Richmond, VA region. Virginia Commonwealth University, Richmond, VA.

Stone, V., & Graney, E. (2009, October). *Students with mental health issues: The role of the professional school counselor.* Presented at the Northern Virginia School Counselor Leadership Summit IV, George Mason University.

Stone, V. (2008, February). *School counselors: Seriously, what do they do?* Lecture presented to West Virginia University undergraduates interested in careers in the helping professions.

Stone, V. (2008, January). *Middle school issues*. Presented at the Benedum Collaborative participant seminar, Morgantown, WV.

Jacobs, E. & **Stone, V.** (2007, October). *Think your way to happiness*. Presented at the West Virginia University College of Human Resources and Education Alumni Academy, Morgantown, WV.

Advocacy Presentations

Legislative Day, January 9, 2019. Met with two VA senators and two delegates regarding school counseling ratios in Virginia.

Speaker, Public hearing on the Governor's proposed budget amendments in support of lowering school counselor ratios.

Parker, E., & **Stone, T.** (2018, August). *School counseling and school safety*. Presented to the Virginia House Subcommittee on School Safety, Richmond, VA.

Podcasts

Stone, T. (2022, April). *Calm in chaos*. [Podcast]. Colgan High School, Prince William County, VA.

Stone, T. (2020, March). *Resilience during 'Rona*. [Podcast]. Colgan High School, Prince William County, VA.

Stone, T. (2019, October). *Understanding teen brains*. [Podcast]. Battlefield High School, Prince William County, VA.

Stone, V. (2009, July). *Students with mental health issues: The role of the professional school counselor*. [Podcast]. American School Counselor Association (ASCA). www.schoolcounselor.org

Webinars

Wooldridge, M., Nelson, M., & **Stone, V.** (2025, May) *Comprehensive school safety webinar: From prevention to recovery*. [Webinar]. Sigma 7 RSM: Risk & Strategic Management Corporation.

Dailey, S. & **Stone, V.** (2024, October). *Part 2: Evidence-based treatment for youth affected by school shootings* [Webinar]. American Counseling Association Virtual Programs. American Counseling Association.

Stone, T. (2023, September). *Peer clinical supervision for school mental health professionals (SMHP)* [Webinar]. Virginia Partnership for School Mental Health (VPSMH), University of Virginia.

Stone, T. (2020, July). *Helping children cope with grief* [Webinar]. Virginia Department of Education (VDOE) Student Services Mental Health in Schools.

Dailey, S., Goodman, R., Melchior, S., Steen, S., **Stone, V.**, & Talleyrand, R. (2020, July). *Let's Talk About Race, Part*

2 [Webinar]. CEHD Cares, George Mason University.

Carney, J., Dailey, S., Goodman, R., Melchior, S., Steen, S., **Stone, V.**, & Talleyrand, R. (2020, June). *Let's Talk About Race, Part 1* [Webinar]. CEHD Cares, George Mason University.

Dailey, S., Melchior, S., & **Stone, V.** (2020, April). *Coping with Crisis* [Webinar]. CEHD Cares, George Mason University.

Goodman-Scott, E., Grimes, T., Melchior, S.S., **Stone, V.**, Taylor, J.V. (2020, June). *Coping during COVID* [Webinar]. Virginia Department of Education Office of Student Services.

Goodman-Scott, E., **Stone, V.**, Rutledge, M., Taylor, J.V. (2020, May). *Preparing to return to learn* [Webinar]. Virginia Department of Education Office of Student Services.

Stone, V. & Scott, J. (December, 2011). *RAMP UP your classroom lessons!* American School Counselor Association (ASCA) webinar. www.schoolcounselor.org

Publications

Refereed Publications

Goodman, R.D., Vesely, C.K., Nakamatsu, M.T., **Stone, V.**, Quintana, V. Letiecq, B. (2025). Padres Ayudando a Padres: Co-constructing a Family-Centered Support Intervention of, by, and for Central American Immigrant Parents. [Manuscript submitted for publication].

Zhang, X., Fisher-Maltese, C. & **Stone, V.** (in press). Mitigating math anxiety in early childhood preservice teachers through a psychology lens: Leveraging a cognitive behavior therapy approach. *Journal of Early Childhood Teacher Education*.

Henderson Smith., L., Hendrickson, N., Hernandez Laines, H.A., Tran, N., Behnke, N., **Stone, T.**, & Savina, E. (2025). Training and Professional Development to Inform Suicide Prevention During School Reintegration Following Psychiatric Hospitalization. *School Mental Health*. <https://doi.org/10.1007/s12310-025-09771-0>

Brott, P. E., DeKruyf, L., Hyun, J. H., LaFever, C. R., Patterson-Mills, S., Cook Sandifer, M. I., & **Stone, V.** (2021). The critical need for peer clinical supervision among school counselors. *Journal of School-Based Counseling Policy and Evaluation*, 3(2), 51-60. <https://doi.org/https://doi.org/10.25774/nr5m-mq71>

Brott, P.E., **Stone, V.**, & Davis, T.E. (2016) Growing together: A developmental model for training school counseling site supervisors. *Professional School Counseling*: 20(1), 139-148.

Barna, J. & **Stone, V.** (2008). The savvy school counselors guide to surviving the first years. *Virginia Counselor Association Journal*, 30, 59-65.

Stone, V. & Jacobs, E.E. (2008). Creative counseling techniques applied to the business world: The use

of theory and creativity in consultation. *Journal of Creativity in Mental Health, 3*(2), 119-126.

Stone, V. (2006). Student satisfaction with and perceptions of relationship development in counselor education videoconferencing courses (Doctoral dissertation, Virginia Tech, 2006). *Dissertation Abstracts International, 68*, 97.

Stone, V., Graney, E. & Walker, J. (2005). Easy accountability: Successful solutions to return COUNSELING to the guidance department. *Virginia Counselors Association Journal, 28*, 52-55.

Book Chapters

Stone, T. & Brott, P.E. (2024). *Counseling children and adolescents with exceptionalities*. In Vernon, A. & Schimmel, C. (Eds.) *Counseling Children and Adolescents* (6th Ed). Cognella Academic Publishing.

Steen, S., Melchior, S., **Stone, T.**, Melfie, J. (2023). Access to schools: Relationships with stakeholders and systems. In Dimmitt, C. & Zyromski, B.E. (Eds.) *Research in Schools*. Springer.

Stone, T. & Brott, P.E. (2019). *Counseling children and adolescents with exceptionalities*. In Vernon, A. & Schimmel, C. (Eds.) *Counseling Children and Adolescents* (5th Ed). Cognella Academic Publishing.

Grothaus, T., **Stone, V.**, Upton, A., & Anderson, K. (2011). *English Language Learners*. In Erford, B. & Byrd, R. *Applying Techniques to Common Encounters in School Counseling: A Case-Based Approach*. Merrill.

Stone, V. (2007). *Test Bank for Instructors*. In Jacobs, E.E., Mason, R.L., & Harvill, R.L. (2008). *Group Counseling Strategies and Skills*, 6th edition. Brooks/Cole.

Invited Publications

Stone, V. & Steen, S. (2023). Rebuilding mentally healthy school environments one relationship at a time. *Journal of the Association for the Advancement of International Education. 51*(132) 6-11.

Stone, V. (2012). *Voices from the field: Critical incidents in schools*. In Jackson-Cherry/Erford, Crisis Intervention and Prevention 2/e Pearson: Columbus, OH.

Stone, V. (2011). Communication is key: Shining a light on the need for school counseling services for Virginia's English language learners. *Virginia School Counselor Association Voice*, Winter 2011.

Stone, V. (2010). *Creative strategies to enhance your effectiveness as a school counselor 6 -12*. Bureau of Education Research: Seattle, WA.

Stone, V. (2008). *Creative strategies to enhance your effectiveness as a school counselor 6 -12*. Bureau of Education Research: Seattle, WA.

Stone, V. (2007). Dazzle them with data. *Virginia School Counselor Association Voice*, 3, 7.

Stone, V. (2007). Savvy Tips for Surviving the First Years as a School Counselor. *Virginia School Counselor Association Voice*, 2, 8.

Stone, V. (2007). Techniques (that really work) for counseling kids. *Virginia School Counselor Association Voice*, 2, 13.

Stone, V. (2006). Ten tips for dealing with parents. *Virginia School Counselor Association Voice*, 1, 7.

Book Chapter Reviews

Luke, C. & Schimmel (2021). *Neuroscience for counselor and therapists working with children and adolescents*. Cognella. (Draft review of chapters 1-5).

Gladding, S.T. (2021). *Transactional analysis*. In *Theories of Counseling* (3rd ed.). Rowman & Littlefield. (Pre-publication chapter review)

Consultation

SIGMA 7/Risk and Strategic Management Corp. (RSM)

- Behavior Threat Assessment and Management Training Project Subject Matter Expert
 - Training Development and Facilitator of Training
 - Behavior Threat Assessment and Management Team Training
 - Behavior Threat Assessment and Management Scenario Based Training
- School Safety and Security Training Project Subject Matter Expert
 - Curriculum Writing, Training Development, and Facilitator of Training for all PA School Employees in
 - the following areas:
 - Behaviors of Concern
 - Behavioral Health Awareness
 - Trauma-Informed Awareness
 - Suicide and Bullying Awareness

United States Department of Education – School Based Mental Health Tele-ECHO (2021 – present)

- ECHO (Enhancing Community Health Outcomes) Hub Team Member

Pennsylvania Commission on Crime and Delinquency (2021 – present)

- Threat Assessment Trainer

Virginia Department of Education, Office of Student Services, (2021, August)

- Consultation and development of a model for school counseling in Virginia

Virginia Department of Education, Office of Student Services (2021, July)

- Developed three modules on violence that are required for school counselor licensure in Virginia.

Virginia Department of Education, Office of Student Services (2020, July)

- Developed a module for school counselors

Virginia Department of Criminal Justice Services (DCJS) Threat Assessment Training (2019)

- Worked on collaborative team to revise VA Threat Assessment Training for Public Schools

Battlefield High School, Prince William County Public Schools (2018 – 2021)

- Engaged in a consultation project working with administration, teachers, students, and parents.

Impact Therapy Associates (2003 – Present)

- Provide training in Impact Therapy, a theory driven, multi-sensory style of counseling

Independent Consultant, Bureau of Education Research 2009 – 2011

- Deliver professional development presentations to educators in cities across the nation
- Topic: Creative counseling strategies to enhance school counselor effectiveness

Service & Leadership

Northern Virginia School Counseling Leadership Team 2008 – present

Chairwoman

Team of graduate school counseling faculty and school division directors of student services dedicated to advocacy for school counselors and the betterment of the profession of school counseling.

Virginia Department of Education (VDOE) Office of Student Services (OSS)

Regional Leader – Region Four 2021 – 2022

ACES School Counseling Interest Network 2018-2020

Collaborative team wrote a position statement on clinical supervision in school counseling submitted to ASCA and ACES for approval.

Virginia School Counselor Association

- Research and Grad Student Committee 2021 – present
- Government Relations & Advocacy Committee, member 2020 – 2021

- Director, Government Relations & Advocacy Committee 2019 – 2021
- Board of Directors 2018 - 2021
- Human Rights & Social Justice Committee Member 2010 - 2013
- Middle School Vice President 2006-2007
- Summer Academy Planning Committee 2006
- Conference Registration Chairperson 2006
- Middle School Vice President - Elect 2005-2006
- Conference Registration Chairperson 2005
- Summer Academy Planning Committee 2005
- Secretary 2004-2005
- Conference Planning Committee: Decorations Chairperson 2004
- Regional Conferences Committee 2003-2004

Virginia Counselor Association

- Conference Program Co-Chair 2006

Prince William County Counselor Association

- Historian 2001-2002
- Historian Elect 2000-2001

American School Counselor Association - April, 2009

- Represented ASCA and ACA at a briefing on Student Mental Health Issues in schools to staff members of the United States House of Representatives, Capitol Hill

George Mason University

- Clinical Coordinator, Counseling Program, College of Education and Human Development 2022 – Present
- *Search Committee Member*, Counseling Faculty search, College of Education and Human Development, 2023
- Admissions Coordinator, Counseling Program, College of Education and Human Development 2019 - 2023
- *Secretary*, School of Education, College of Education and Human Development, 2019 – 2020
- *Search Committee Member*, Counseling Faculty search, College of Education and Human Development, 2018- 2019
- *Search Committee Member*, School Counseling Faculty search, College of Education and Human Development, 2017 - 2018
- *Chapter Faculty Advisor*, Chi Sigma Iota Honor Fraternity in Counseling, Gamma Mu Upsilon Chapter, 2018 – 2020
- *Dissertation Committee member*, Jessica Vilbas, 2018

Loudoun County, VA Public Schools 2018 – 2020

Student Services Advisory Council Member

Prince William County, VA Public Schools

Middle School Curriculum Team Leader - July 2014

- Coordinated a team of professional school counselors to write a series of developmentally appropriate middle school lessons on the topic of college and career readiness.
- Developed comprehensive lesson plans, PowerPoint Presentations and evaluation tools for five lessons to be used in grades 6-8 by counselors across Prince William County, VA.

RAMP Camp Trainer - November 2013

- Facilitated training on the ASCA National Model for professional school counselors interested in applying for ASCA Recognized Model designation
- Mentored, provided support, guidance and editing of documents for submission.

Middle School Curriculum Team Leader - July 2013

- Coordinated a team of professional school counselors to write a series of developmentally appropriate middle school lessons about the dangers of the misuse of technology themed “Changes, Choices, Challenges”.
- Developed comprehensive lesson plans, PowerPoint Presentations and evaluation tools for five lessons to be used in grades 6-8 by counselors across Prince William County, VA.

RAMP Application Facilitator - 2011 - 2013

- Facilitated training on the ASCA National Model for professional school counselors interested in applying for ASCA Recognized Model designation
- Mentored, provided support, guidance and editing of documents for submission.

West Virginia University

- *Search Committee member*, Assistant Professor of Counseling/Counseling Psychology search, Department of Counseling, Rehabilitation Counseling, and Counseling Psychology, College of Human Resources and Education, West Virginia University, 2008
- *Dissertation Committee member*, M. Nuszkowski, Counseling Psychology doctoral student, 2008
- *Admissions Committee member*, Counseling Psychology Doctoral Program, Department of Counseling, Rehabilitation Counseling, and Counseling Psychology, College of Human Resources and Education, West Virginia University, 2008
- *Admissions Committee member*, Counseling Program, Department of Counseling, Rehabilitation Counseling, and Counseling Psychology, College of Human Resources and Education, West Virginia University, 2007-- 2008
- *CACREP Self Study committee member*, Department of Counseling, Rehabilitation Counseling, and Counseling Psychology, College of Human Resources and Education, West Virginia University, 2007

Grants

Steen, S., Hines, E., Levine-Brown, B., Reese, D., & **Stone, T.**(2024-2029).

School Based Mental Health Alliance Project (SBMHA), (\$4,971,171). U.S. Department of Education (US DOE), Mental Health Demonstration Grant. Role: Faculty.

Kielty, M. & **Stone, V.** (2023). *Increasing Mental Health Services in K-12 Settings by Helping Provisionally Licensed School*

Counselors Meet the Requirements for Full Licensure as Professional School Counselors in Virginia. 4VA Grant

collaboration with JMU. Complementary funding: **\$5,000.**

Smith, L., Savina, L. **Stone, V.** (2023). Supporting K-12 Students after Psychiatric Hospitalizations: Piloting Mixed

Reality Simulation Training for School Mental Health Professionals. 4VA Grant collaboration with UVA & JMU.

Consultant funding: **\$2,000.**

Goodman, R. D., Vesely, C., Stone, V., & Letiecq, B. (2022). Developing community-driven support for central American immigrant mothers during COVID-19 through the Lens of Intersectional Trauma and Resilience. Seed Grant, College of Education and Human Development, George Mason University. Requested: \$9,940.

Honors

2012: Prince William County, VA Student Services '**Above and Beyond Award**' recipient

2011: Bull Run Middle School '**Faculty Excellence Award**' recipient

2011: **Recognized ASCA Model School Counseling Program (Re-RAMP)** recipient, Bull Run Middle School, Prince William County, VA.

2008: **Recognized ASCA Model School Counseling Program (RAMP)** recipient, Bull Run Middle School, Prince William County, VA.

2007: Nominee, West Virginia University College of Education and Human Resources '**Outstanding Teacher**'

2006: Virginia Tech Counselor Education Program '**Outstanding Student of the Year**'

2004: Virginia Association of Counselor Education and Supervision '**Emerging Leader**' award recipient

2003: Nominee, American School Counselor Association '**Middle School Counselor of the Year**'

2002: Prince William County, Virginia, '**Middle School Counselor of the Year**' award recipient

2002: Virginia School Counselor Association '**Middle School Counselor of the Year**' award recipient

Professional Affiliations

American School Counselor Association

American Counselor Association

American Association of Counselor Education & Supervision

Virginia School Counselor Association

Chi Sigma Iota, Honor Fraternity in Counseling

Specialized Training

Aiken, C. (2025, July). *Depression and mood disorder certification training: new assessment and treatment techniques for lasting recovery*. <https://catalog.pesi.com/> [14h 75m].

Dawson, P. (2021, March). *Executive functions in kids and teens*. Retrieved from <https://catalog.pesi.com/> [12h 45m].

Dana, D. (2021, February). *Deb Dana's polyvagal informed master class*. Retrieved from <https://catalog.pesi.com/> [9h].

Dana, D. (2023, April). Two-day workshop: Polyvagal Theory in Action: Creating safety & connection with trauma clients. Retrieved from <https://catalog.pesi.com/> [12.5h].

Dana, D., Inderbizen, S., Flynn, J., Lender, D., Porges, S., & Rothman, A. (2024, August). Real world applications of the Polyvagal Theory: Powerful interventions to help you clients thrive through complex challenges. Retrieved from <https://catalog.pesi.com/> [16h 8m].

Devine, M. (2024, August). Megan Devine's grief professional certificate program. Retrieved from <https://catalog.pesi.com/>

[14.5h].

Drescher, A. (2020, April). *Grief treatment: Current evidence based approached to care across the lifespan.* Retrieved from <https://catalog.pesi.com/> [6h 16m].

Gentry, J.E. & Rhoton, R. (2020, April). *Certified clinical trauma professional (CCTP) intensive training course.* <https://catalog.pesi.com/> [14h 49m].

Lyons, L (2022, June). *Helping anxious kids: Powerful approaches for breaking the worry cycle.* Three-day intensive workshop. <https://catalog.pesi.com/> [17h 35m].

Moran, D. (2025, May) Acceptance and commitment therapy made easy. <https://catalog.pesi.com/> [12h 25m]

O'Brian, S. (2022, May). Growing up anxious: Treating anxiety disorders in a generation hyper-focused on achievement, technology and safety. <https://catalog.pesi.com/> [12h 12m].

Parikh, S. (2024, August). Break through self-regulation interventions for children and adolescents with autism, ADHD, sensory or emotional challenges. Retrieved from <https://catalog.pesi.com/> [6hrs].

Payne Bryson, T. (2020, April). *10 brain-based strategies to help children handle their emotions: Bridging the gap between what experts know and what happens at home & school.* Retrieved from <https://catalog.pesi.com/> [1h 31m].

Pederson, L. (2024, October). Dialectical Behavioral Therapy (DBT): Four day intensive certification training course. Retrieved from <https://catalog.pesi.com/> [25h 25m].

Pittman, C. (2020, March). *Certified clinical anxiety treatment professional (CCATP) training course: Applied neuroscience for treating anxiety, panic, and worry.* Retrieved from <https://catalog.pesi.com/> [18h 45m].

Porges, S. & Dana, D. (2021, February). *Clinical applications of the polyvagal theory in trauma treatment: Integrating the science of safety, trust, self-regulation and attachment.* Retrieved from <https://catalog.pesi.com/> [19h].

Porges, S. (2020, September). *Clinical applications of the polyvagal theory: Trauma, attachment, self-regulation & emotions*. Retrieved from <https://catalog.pesi.com/> [6h].

Pratt, D. (2020, March). *CBT toolkit for depressed, anxious and suicidal children and adolescents*. Retrieved from <https://catalog.pesi.com/> [11h 31m].

Schwartz, A. (2023, February). EMDR & parts work for treating complex trauma: Somatic techniques to decrease defensiveness and facilitate trauma processing. <https://catalog.pesi.com/> [6h 58m].

Sells, S.P. (2021, July). *Oppositional and defiant children and adolescents: Family based treatment solutions for aggression, disrespect and other extreme behaviors*. Retrieved from <https://catalog.pesi.com/> [6h 42m].

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Clinical Practice & Research Interests

Mental health issues in schools; Child and adolescent anxiety; School Counseling; Clinical supervision of school counselors; School climate & connection; Use of counseling theory and creative techniques in schools; School counselor advocacy and leadership; Trauma informed practices; Grief counseling with children and adolescents. Parent education, coaching and support.