

Therapeutic Recreation (TR) Concentration 2025-2026

Bachelor of Science Recreation Management



Mason Core, 37 credits: For current list of approved courses: catalog.gmu.edu/mason-core/

- Written Communication - 3 Credits (**ENGH 101^C**)
- Written Communication - 3 Credits (**ENGH 302^C**)
- Oral Communication - 3 credits
- Information Technology - 3 Credits
- Quantitative Reasoning - 3 Credits (**STAT 250^C or EDRS 220^C or BUS 210^C**)
- Literature - 3 Credits
- Arts - 3 Credits
- Global History - 3 Credits (**HIST 125 or HIST 394**)
- Social and Behavioral Sciences - 3 Credits (**PSYC 100**)
- Global Contexts - 3 Credits
- Natural Science - 7 Credits (**BIOL 124 & 3 credit science**)

❖ Recreation Management Core, 51 credits

COURSE (3 credits unless noted)	PREREQUISITES	AVAILABILITY FACE TO FACE (Subject to change)	AVAILABILITY ONLINE (Subject to change)
RMGT 210: Intro to Recreation & Leisure	<i>None</i>		FA, SP
RMGT 241: Practicum	<i>RMGT 210 or RMGT 316 or SRST 200</i>		FA, SP, SU
RMGT 310: Program Planning and Evaluation	<i>RMGT 210 or SRST 200</i>	FA	
RMGT 316: Leadership and Outdoor Education	<i>None</i>	FA	
RMGT 317: Social Psychology of Play & Recreation	<i>RMGT 210 or SRST 200</i>		SP
RMGT 323: Program Leadership and Evaluation	<i>RMGT 310</i>	SP	
RMGT 327: Foundations of Therapeutic Recreation	<i>None</i>	SP	
RMGT 405: Planning & Operations of Rec. Facilities	<i>60 Credits</i>		FA
RMGT 410: Admin of SRT Organizations	<i>60 Credits</i>		FA, SP
RMGT 490: Recreation Management Internship-Apex	<i>All courses completed/Mandatory Internship Meeting</i>		FA, SP, SU
SPMT 462: Legal Issues in Sport or RMGT 460: Sport and Recreation Law	<i>60 Credits</i>		FA, SP
SRST 200: History of Sport and Leisure in America	<i>None</i>	FA, SP	FA, SP, SU
SRST 450: Research Methods- Writing Intensive	<i>STAT 250^C or EDRS 220^C or BUS 210^C</i>	FA, SP	FA, SP, SU
SRTM 412: Sport, Recreation and Tourism Marketing	<i>60 Credits</i>	FA, SP	FA, SP

❖ Therapeutic Recreation Concentration, 21 Credits

COURSE (3 credits unless noted)	PREREQUISITES	AVAILABILITY FACE TO FACE (Subject to change)	AVAILABILITY ONLINE (Subject to change)
RMGT 416: Trends & Prog. Assessment in TR	<i>RMGT 327</i>	FA	
RMGT 417: Processes/Techniques/Supervision in TR	<i>RMGT 327</i>		SP
RMGT 418: Assessment in TR	<i>RMGT 327</i>		SP
RMGT 419: Professionalism in TR	<i>RMGT 416</i>		FA
RMGT 503: Administration and Disability Rights in TR	<i>SPMT 462 or RMGT 460</i>		FA
PSYC 211: Lifespan Development	<i>None</i>	FA, SP	FA, SP, SU
PSYC 325: Psychopathology	<i>None</i>	FA, SP	FA, SP, SU

Academic Requirements; 120 total credits; 45 upper-level credit hours; 30 hours (12 upper-level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0. Accredited by The Council on Accreditation of Parks, Recreation, and Related Professions (COAPRT). Seniors intern under the supervision of a certified therapeutic recreation specialist in preparation to sit for the National Council for Therapeutic Recreation Certification (NCTRC) exam.

❖ **General Electives, 11 Credits** (Suggested ATEP 201, RECR, Psychology minor)

❖ **Total: 120 Credits**

Therapeutic Recreation Advising

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