

Kinesiology (KNES) Minor 2017-2018

Visit us at: rht.gmu.edu/kinesiology/minor/

Required Courses	Credits	Prerequisites
ATEP 300 Functional Anatomy	3	BIOL 124 ^C , BIOL 125 ^C
KINE 200 Intro to Personal Training	3	BIOL 124 ^C , 125 ^C , ATEP 300 ^C , KINE 310 ^C
KINE 310 Exercise Physiology I	3	BIOL 124 ^C , 125 ^C
Total:	9	

Elective Courses: Select 3	Credits	Prerequisites
KINE 100 Introduction to Kinesiology	3	
KINE 250 Endurance Sport Program Design	3	BIOL 124 ^C , 125 ^C , ATEP 300, KINE 200
KINE 320 Principles of Human Nutrition	3	
KINE 350 Exercise Prescription and Programming	3	ATEP 300 ^C , KINE 200 ^C , 310 ^C , 370 ^C
KINE 360 Strength Training: Concepts and Applications	3	BIOL 124 ^C , 125 ^C , ATEP 300 ^C , KINE 310 ^C
KINE 370 Exercise Testing and Evaluation	3	BIOL 124 ^C , 125 ^C , ATEP 300 ^C , KINE 310 ^C
KINE 380 Exercise Prescription and Program. for Special Populations	3	BIOL 124 ^C , 125 ^C , ATEP 300 ^C , KINE 310 ^C
KINE 400 Biomechanics	3	BIOL 124 ^C , 125 ^C , ATEP 300 ^C , KINE 360 ^C
KINE 410 Exercise Physiology II	3	BIOL 124 ^C , 125 ^C , KINE 310 ^C
KINE 420 Sport and Exercise Nutrition	3	KINE 310, 320 ^C
SPMT 320 Psychology of Sport	3	
Total:	9	

Total Credits: 18

Academic Requirements for Completion of the Kinesiology Minor

- At least 8 credits of KINE minor coursework must be applied to the minor *only* and may not be used to fulfill requirements of the student's major, concentration, an undergraduate certificate, or another minor.
- Students must earn a minimum of 2.00 GPA in KINE minor coursework.
- 6 credits of minor coursework must be completed at Mason.
- KINE minor is not available to students earning a BS in Kinesiology.

KINE Advising Questions
<https://rht.gmu.edu/kinesiology/advising>