

Kinesiology (KINE) Minor 2015-2016

Kinesiology Minor (17 credits)

| Required Foundation Courses | Credits | Prerequisites |
|---|---------|--|
| ATEP 300 Functional Anatomy | 3 | <i>BIOL 124; CO-REQ BIO 125</i> |
| KINE 200 Principles of Health-Related Fitness | 2 | <i>BIOL 124, BIOL 125, ATEP 300; CO-REQ KINE 310</i> |
| KINE 310 Exercise Physiology I | 3 | <i>BIOL 124, BIOL 125, ATEP 300; CO-REQ KINE 200</i> |
| Total Foundation: | 8 | |

| Elective Courses, Choose 3 | Credits | Prerequisites |
|---|---------|---|
| KINE 100 Introduction to Kinesiology | 3 | |
| KINE 250 Endurance Sport Program Design | 3 | <i>BIOL 124, 125, ATEP 300, KINE 200</i> |
| KINE 320 Principles of Human Nutrition | 3 | |
| KINE 350 Exercise Prescription and Programming | 3 | <i>ATEP 300, KINE 200, 310,370</i> |
| KINE 360 Strength Training: Concepts and Applications | 3 | <i>BIOL 124; BIOL 125, ATEP 300, KINE 310</i> |
| KINE 370 Measurement and Evaluation of Physical Fitness | 3 | <i>BIOL 124, BIOL 125, ATEP 300, KINE 310</i> |
| KINE 400 Biomechanics | 3 | <i>BIOL 124, BIOL 125, ATEP 300, KINE 360</i> |
| KINE 410 Exercise Physiology II | 3 | <i>BIOL 124, BIOL 125, KINE 310</i> |
| KINE 420 Sport and Exercise Nutrition | 3 | <i>KINE 220, KINE 310</i> |
| SPMT 320 Psychology of Sport | 3 | |
| Total Electives | 9 | |

Total Credits: 17

Academic Requirements for Completion of the Kinesiology Minor

- At least 8 credits of KNES minor coursework must be applied to the minor *only* and may not be used to fulfill requirements of the student's major, concentration, an undergraduate certificate, or another minor.
- Students must earn a minimum of 2.00 GPA in KNES minor coursework.
- 6 credits of minor coursework must be completed at Mason.
- KINE minor is not available to students earning a BS in Kinesiology.

KNES Minor Advising Questions

Leah Blue
225A Bull Run Hall
lblue@gmu.edu
703-993-5261