

Kinesiology (KNES) Minor 2014-2015

Kinesiology Minor (17 credits)

Required Foundation Courses	Credits	Prerequisites
ATEP 300 Functional Anatomy	3	<i>BIOL 124; CO-REQ BIO 125</i>
KINE 200 Principles of Health-Related Fitness	2	<i>BIOL 124, BIOL 125, ATEP 300; CO-REQ KINE 310</i>
KINE 310 Exercise Physiology I	3	<i>BIOL 124, BIOL 125, ATEP 300; CO-REQ KINE 200</i>
Total Foundation:	8	

Elective Courses, Choose 3	Credits	Prerequisites
KINE 100 Introduction to Kinesiology	3	
KINE 250 Endurance Sport Program Design	3	<i>BIOL 124, 125, ATEP 300, KINE 200</i>
KINE 320 Principles of Human Nutrition	3	
KINE 350 Exercise Prescription and Programming	3	<i>ATEP 300, KINE 200, 310,370</i>
KINE 360 Strength Training: Concepts and Applications	3	<i>BIOL 124; BIOL 125, ATEP 300, KINE 310</i>
KINE 370 Measurement and Evaluation of Physical Fitness	3	<i>BIOL 124, BIOL 125, ATEP 300, KINE 310</i>
KINE 400 Biomechanics	3	<i>BIOL 124, BIOL 125, ATEP 300, KINE 360</i>
KINE 410 Exercise Physiology II	3	<i>BIOL 124, BIOL 125, KINE 310</i>
KINE 420 Sport and Exercise Nutrition	3	<i>KINE 220, KINE 310</i>
SPMT 320 Psychology of Sport	3	
Total Electives	9	

Total Credits: 17

Academic Requirements for Completion of the Kinesiology Minor

- At least 8 credits of KNES minor coursework must be applied to the minor *only* and may not be used to fulfill requirements of the student's major, concentration, an undergraduate certificate, or another minor.
- Students must earn a minimum of 2.00 GPA in KNES minor coursework.
- 6 credits of minor coursework must be completed at Mason.
- KNES minor is not available to students pursuing a concentration in Kinesiology in the BS Health, Fitness, and Recreation Resources degree.
- ATEP 300 is the course formerly known as KINE 300
- KINE 200 is the course formerly known as KINE 301
- KINE 360 is the course formerly known as PHED 364

KNES Minor Advising Questions

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