

# Therapeutic Recreation (TR) Concentration 2025-2026

## Bachelor of Science Recreation Management (RMGT)



### ❖ **Mason Core, 37 credits:** For current list of approved courses: [catalog.gmu.edu/mason-core/](https://catalog.gmu.edu/mason-core/)

- Written Communication - 3 Credits (**ENGH 101<sup>C</sup>**)
- Written Communication - 3 Credits (**ENGH 302<sup>C</sup>**)
- Oral Communication - 3 credits
- Information Technology - 3 Credits
- Quantitative Reasoning - 3 Credits (**STAT 250<sup>C</sup>** or **EDRS 220<sup>C</sup>** or **BUS 210<sup>C</sup>**)
- Literature - 3 Credits
- Arts - 3 Credits
- Global History - 3 Credits (**HIST 125** or **HIST 394**)
- Social and Behavioral Sciences - 3 Credits (**PSYC 100**)
- Global Contexts- 3 Credits
- Natural Science - 7 Credits (**BIOL 124** & 3 credit science)

### ❖ **Recreation Management Core, 51 credits**

- RMGT 210: Recreation and Leisure in Life
- RMGT 241: Practicum
- RMGT 310: Prog Planning & Eval.
- RMGT 316: Leadership & Outdoor Ed.
- RMGT 317: Social Psyc of Play & Rec
- RMGT 323: Program Leadership & Eval
- RMGT 327: Foundations of TR
- RMGT 405: Plan/Ops of Rec Facilities
- RMGT 410: Admin of SRT Orgs I
- RMGT 490: Rec Mgt Internship (**Apex**)
- SPMT 462/RMGT 460: Sport Business Law/Sport and Recreation Law
- SRST 200: Hist Sport & Leisure America
- SRST 450: Research Methods (**Writing Intensive**)
- SRTM 412: Sport, Recreation and Tourism Marketing

### ❖ **Therapeutic Recreation Concentration, 21 credits**

- RMGT 416: Trends and Programming Assessment in TR
- RMGT 417: Processes, Techniques and Supervision in TR
- RMGT 418: Assessment in TR
- RMGT 419: Professionalism in TR
- RMGT 503: Administration and Disability Rights in TR
- PSYC 211: Lifespan Development
- PSYC 325: Psychopathology

### ❖ **General Electives, 11 Credits:** (Suggested RMGT 260, RMGT 470, ATEP 201, RECR, Psychology minor)

**Total: 120 Credits**

### Suggested Academic Plan (to be supplemented by Mason Core and Electives)

Semester	Course	Credits	Prerequisites
1 <sup>st</sup> Year Fall	RMGT 210 Recreation and Leisure in Life	3	
	PSYC 100 Introduction to Psychology ( <b>social/behav science</b> )	3	
1 <sup>st</sup> Year Spring	EDRS 220/STAT 250/BUS 210 (C or higher required)	3	
	PSYC 211 Lifespan Development	3	
	SRST 200 History of Sport & Leisure in America	3	
2 <sup>nd</sup> Year Fall	BIOL 124 Human Anatomy & Physiology ( <b>lab science</b> )	4	
	RMGT 310 Program Planning & Evaluation	3	<i>RMGT 210 or SRST 200</i>
	RMGT 241 Practicum	3	<i>RMGT 210 or RMGT 316 or SRST 200</i>
2 <sup>nd</sup> Year Spring	RMGT 317 Social Psychology of Play & Recreation	3	<i>RMGT 210 or SRST 200</i>
	RMGT 323 Program Leadership and Evaluation	3	<i>RMGT 310</i>
	RMGT 327 Foundations of Therapeutic Recreation	3	
3 <sup>rd</sup> Year Fall	RMGT 316 Leadership and Outdoor Education	3	
	RMGT 410 Administration of SRT Organizations I	3	<i>60 Credits</i>
	RMGT 416 Trends & Program Assessment in TR	3	<i>RMGT 327</i>
	SPMT 462 Sport Business Law <i>or</i> RMGT 460 Sport and Recreation Law	3	<i>60 Credits</i>
3 <sup>rd</sup> Year Spring	RMGT 417 Processes, Techniques, & Supervision in TR	3	<i>RMGT 327</i>
	RMGT 418 Assessment in Therapeutic Recreation	3	<i>RMGT 327</i>
	PSYC 325 Psychopathology	3	
	ENGH 302 Advanced Composition – Social Science or Multidisciplinary suggested	3	<i>45 credits recommend and Lower-level ENGH<sup>C</sup> and Mason Core Literature</i>
4 <sup>th</sup> Year Fall	RMGT 405 Planning/Operations of Recreation Facilities	3	<i>60 Credits</i>
	RMGT 419 Professionalism in TR Practice	3	<i>RMGT 416</i>
	RMGT 503 Administration/Disability Rights in TR	3	<i>SPMT 462/RMGT 460</i>
	SRST 450 Research Methods - <b>Writing Intensive</b>	3	<i>STAT 250<sup>C</sup> or EDRS 220<sup>C</sup> or BUS 210<sup>C</sup> recommended ENGH 302<sup>C</sup></i>
	SRTM 412 Sport, Recreation, and Tourism Marketing	3	<i>RMGT 241</i>
4 <sup>th</sup> Year Spring	RMGT 490 Recreation Management Internship - <b>Apex</b>	12	<i>All courses completed/Mandatory Internship Meeting</i>

**Academic Requirements:** 120 total credits; 45 upper-level credit hours; 30 hours (12 upper-level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0 Accredited by The Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)

# Therapeutic Recreation (TR) Concentration 2025-2026

## Bachelor of Science Degree in Recreation Management (RMGT)



### Suggested Transfer Academic Plan for Therapeutic Recreation Concentration:

- Assumes completion of BIOL 124, and *all* Mason Core [except ENGH 302 and STAT 250/EDRS 220/BUS 210].
- If 11 credits of electives have not been acquired, they must supplement this plan

Semester	Course	Credits	Prerequisites
1 <sup>st</sup> Year Fall	PSYC 211 Lifespan Development	3	
	STAT 250/EDRS 220/BUS 210 (C or higher required)	3	
	SRST 200 History of Sport & Leisure in America	3	
	RMGT 210 Recreation and Leisure in Life	3	
	RMGT 316 Leadership and Outdoor Education	3	
1 <sup>st</sup> Year Spring	PSYC 325 Psychopathology	3	
	RMGT 317 Social Psychology of Play & Recreation	3	<i>RMGT 210 or SRST 200</i>
	RMGT 327 Foundations of Therapeutic Recreation	3	
	RMGT 241 Practicum	3	<i>RMGT 210 or RMGT 316 or SRST 200</i>
1 <sup>st</sup> Year Summer	SPMT 462 Sport Business Law <i>or</i> RMGT 460 Sport and Recreation Law	3	<i>60 Credits</i>
	RMGT 410 Administration of SRT Organizations I	3	<i>60 Credits</i>
	ENGH 302 Advanced Composition – Social Science or Multidisciplinary suggested	3	<i>45 credits recommend and Lower-level ENGH<sup>c</sup> and Mason Core Literature</i>
2 <sup>nd</sup> Year Fall	RMGT 310 Program Planning & Evaluation	3	<i>RMGT 210 or SRST 200</i>
	RMGT 405 Planning/Operations of Rec Facilities	3	<i>60 Credits</i>
	RMGT 416 Trends & Program Assessment in TR	3	<i>RMGT 327</i>
	RMGT 419 Professionalism in TR Practice	3	
	RMGT 503 Administration & Disability Rights in TR	3	<i>SPMT 462/RMGT 460</i>
2 <sup>nd</sup> Year Spring	SRTM 412 Sport, Recreation, and Tourism Marketing	3	<i>60 Credits, RMGT 241</i>
	RMGT 323 Program Leadership & Evaluation	3	<i>RMGT 310</i>
	RMGT 417 Processes, Techniques & Supervision in TR	3	<i>RMGT 327</i>
	RMGT 418 Assessment in Therapeutic Recreation	3	<i>RMGT 327</i>
	SRST 450 Research Methods - <b>Writing Intensive</b>	3	<i>STAT 250<sup>c</sup> or EDRS 220<sup>c</sup> or BUS 210<sup>c</sup> recommended ENGH 302<sup>c</sup></i>
2 <sup>nd</sup> Year Summer	RMGT 490 Recreation Management Internship - <b>Apex</b>	12	<i>All courses completed/Mandatory Internship Meeting</i>

**Academic Requirements:** 120 total credits; 45 upper-level credit hours; 30 hours (12 upper-level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0. Accredited by The Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)

### Therapeutic Recreation Advising Questions

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