

Individualized Study Concentration 2025-2026

Bachelor of Science Degree in Recreation Management (RMGT)



College of Education and Human Development
**SCHOOL OF SPORT, RECREATION,
AND TOURISM MANAGEMENT**
George Mason University

❖ **Mason Core, 37 credits:** For current list of approved courses: catalog.gmu.edu/mason-core/

- Written Communication - 3 Credits (**ENGH 101^C**)
- Written Communication - 3 Credits (**ENGH 302^C**)
- Oral Communication - 3 credits
- Information Technology - 3 Credits
- Quantitative Reasoning - 3 Credits (**STAT 250^C** or **EDRS 220^C** or **BUS 210^C**)
- Literature - 3 Credits
- Arts - 3 Credits
- Global History - 3 Credits (**HIST 125** or **HIST 394**)
- Social and Behavioral Sciences - 3 Credits (**RMGT 210**)
- Global Contexts- 3 Credits
- Natural Science - 7 Credits (**one lab & one non-lab science**)

❖ **Recreation Management Core, 51 credits**

- RMGT 210: Recreation and Leisure in Life (**social/behavioral science**)
- RMGT 241: Practicum
- RMGT 310: Prog Planning & Eval
- RMGT 316: Leadership & Outdoor Ed.
- RMGT 317: Social Psyc of Play & Rec
- RMGT 323: Prog Leadership & Eval
- RMGT 327: Foundations of TR
- RMGT 405: Plan/Oper of Rec Facilities
- RMGT 410: Admin of SRT Orgs I
- SRTM 412 Sport, Recreation, and Tourism Marketing
- RMGT 490: Rec Mgt Internship (**Apex**)
- SPMT 462/RMGT 460: Sport Business Law/Sport and Recreation Law
- SRST 200: Hist Sport & Leisure America
- SRST 450: Research Methods (**Writing Intensive**)

❖ **Individualized Study Concentration, 18 Credits**

In consultation with an advisor, students select courses to build a program of study that develops integrated expertise, including complementary focus area(s) such as entrepreneurship, aging studies, American Sign Language; environmental science, non-profit studies, sport management, tourism and events management, health promotion, and kinesiology.

❖ **General Electives, 17 credits**

Relevant to student interests (e.g., RMGT 260, RMGT 470, EVPP, GGS, RECR, SRTM courses)

Total: 120 Credits

Suggested Academic Plan (to be supplemented by Mason Core and Electives)

Semester	Course	Credits	Prerequisites
1 st Year Fall	RMGT 210 Recreation and Leisure in Life	3	
	SRST 200 History of Sport & Leisure in America	3	
1 st Year Spring	Concentration Course #1	3	
2 nd Year Fall	Concentration Course #2	3	
	RMGT 310 Program Planning & Evaluation	3	<i>RMGT 210 or SRST 200</i>
	RMGT 316 Leadership and Outdoor Education	3	
2 nd Year Spring	RMGT 241 Practicum	3	<i>RMGT 210 or RMGT 316 or SRST 200</i>
	RMGT 317 Social Psychology of Play & Recreation	3	<i>RMGT 210 or SRST 200</i>
	RMGT 323 Program Leadership & Evaluation	3	<i>RMGT 310</i>
	RMGT 327 Foundations of Therapeutic Recreation	3	
3 rd Year Fall	Concentration Course #3	3	
	RMGT 405 Planning and Operation of Recreation Facilities	3	<i>60 Credits</i>
	RMGT 410 Administration of SRT Organizations I	3	<i>60 Credits</i>
	STAT 250 or EDRS 220 or BUS 210 (C or higher required)	3	
3 rd Year Spring	Concentration Course #4	3	
	Concentration Course #5	3	
	SPMT 462 Sport Business Law <i>or</i> RMGT 460 Sport and Recreation Law	3	<i>60 credits</i>
	ENGH 302 Advanced Composition – Social Science or Multidisciplinary recommended (C or higher required)	3	<i>45 credits recommend and Lower-level ENGH^C and Mason Core Literature</i>
4 th Year Fall	Concentration Course #6	3	
	SRST 450 Research Methods	3	<i>STAT 250^C or EDRS 220^C or BUS 210^C recommended ENGH 302^C</i>
	SRTM 412 Sport, Recreation, and Tourism Marketing	3	<i>60 Credits, RMGT 241</i>
4 th Year Spring	RMGT 490 Recreation Management Internship - Apex	12	<i>All courses completed/ Mandatory Internship Meeting</i>

Academic Requirements: 120 total credits; 45 upper-level credit hours; 30 hours (12 upper-level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0. Accredited by The Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)

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Bachelor of Science Degree in Recreation Management



Suggested Transfer Academic Plan for Individualized Study Concentration:

- Assumes all Mason Core requirements (except ENGH 302 and STAT 250/EDRS 220/BUS 210) and electives have been met.
- If 17 credits of electives have not been acquired, they must supplement this plan.

Semester	Course	Credits	Prerequisites
1 st Year Fall	RMGT 210 Recreation and Leisure in Life	3	
	RMGT 316 Leadership and Outdoor Education	3	
	SRST 200 History of Sport & Leisure in America	3	
	Concentration Course #1	3	
	Concentration Course #2	3	
1 st Year Spring	RMGT 241 Practicum	3	<i>RMGT 210 or RMGT 316 or SRST 200</i>
	RMGT 317 Social Psychology of Play & Recreation	3	<i>RMGT 210 or SRST 200</i>
	RMGT 327 Foundations of Therapeutic Recreation	3	
	STAT 250 or EDRS 220 or BUS 210 (C or higher required)	3	
1 st Year Summer	RMGT 410 Administration of SRT Organizations I	3	<i>60 Credits</i>
	SPMT 462 Sport Business Law <i>or</i> RMGT 460 Sport and Recreation Law	3	<i>60 Credits</i>
2 nd Year Fall	RMGT 310 Program Planning & Evaluation	3	<i>RMGT 210 or SRST 200</i>
	RMGT 405 Planning and Operation of Recreation Facilities	3	<i>60 Credits</i>
	Concentration Course #3	3	
	SRTM 412 Sport, Recreation, and Tourism Marketing	3	<i>60 Credits, RMGT 241</i>
	ENGH 302 Advanced Composition – Social Science or Multidisciplinary recommended (C or higher required)	3	<i>45 credit recommend and Lower-level ENGH^C and Mason Core Literature</i>
2 nd Year Spring	RMGT 323 Program Leadership & Evaluation	3	<i>RMGT 310</i>
	SRST 450 Research Methods		<i>STAT 250^C or EDRS 220^C or BUS 210^C recommended ENGH 302^C</i>
	Concentration Course #4	3	
	Concentration Course #5	3	
	Concentration Course #6	3	
2 nd Year Summer	RMGT 490 Rec Mgt Internship - Apex	12	<i>All courses completed/Mandatory Internship Meeting</i>

Academic Requirements: 120 total credits; 45 upper-level credit hours; 30 hours (12 upper-level) GMU residency requirement; completion of Mason Core courses; and GPA of at least 2.0. Accredited by The Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT)

Individualized Concentration in Recreation Management Advising Questions

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