

DAVID L. BEVER, Ph.D.

**National Center for Public Safety Fitness
3408 Parkhill Place
George Mason University
Fairfax, VA 22030-2027
4400 University Drive
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EDUCATION

<u>Institution</u>	<u>Course of Study</u> <u>Degree</u>	<u>Dates</u>
Purdue University (West Lafayette, Indiana)	Health Education and Ph.D. Medical Sociology	1975-1978
Indiana Emergency Medical Commission Certification (Indianapolis, Indiana)	EMT – Ambulance State Service	1977
Ball State University (Muncie, Indiana)	Health Science Ed.S.	1973-1974
Ball State University	Health Science and Physical M.A. Education	1971-1973
University of Dayton (Dayton, Ohio)	Health and Physical B.S. Education and Biological Science	1966-1970

PROFESSIONAL EXPERIENCE

<u>Institution</u>	<u>Position</u>	<u>Dates</u>
National Center for Present Public Safety Fitness	Director	2002-
George Mason University 1998 (Fairfax, Virginia) Present	Coordinator of Health Education Associate Professor	1989- 1985-
1985	Assistant Professor	1979-
Purdue University 1978	Instructor	1975-
Ball State University 1975 (Muncie, Indiana)	Instructor	1974-
Fayette County School 1973 Corporation	Teacher/Coach	1970-

PUBLICATIONS

Video Productions:

Bever, David L.; **The LawFit Trooper Challenge**, National Center for Public safety Fitness, January 2004, Running Time: 14:10.

Bever, David L.; **The Virginia Law Enforcement Work Performance Test**, Virginia Department of Criminal Justice Services, October 2001, Running Time: 14:36.

Books:

Bever, David L.; **LawFit II: Fitness Leadership Manual**, U.S. Department of Justice/Virginia Department of Criminal Justice Services, January 2002, 138 pages.

Bever, David L.; **LawFit: Fitness Leadership Manual**, U.S. Department of Justice/Virginia Department of Criminal Justice Services, January 1999, 117 pages.

Bever, David L.; Safety: A Personal Focus (Fourth Edition), Mosby Year Book, Inc., January 1996, 512 pages.

Bever, David L.; Safety: A Personal Focus (Third Edition), Mosby Year Book, Inc., January 1992, 482 pages.

Bever, David L.; Safety: A Personal Focus (Second Edition), Time Mirror/Mosby College Publishing, January 1988, 440 pages.

Bever, David L.; Safety: A Personal Focus, The C. V. Mosby Company, St. Louis, Missouri, January 1984, 448 pages.

Book Chapters:

Bever, David L.; *LawFit: A Job-Related Health and Fitness Program for Law Enforcement Personnel*, The 2006 Risk Management YearBook, pp. 103-117, Public Entity risk Institute, Fairfax, Virginia, 2006.

Bever, David L.; “Your Responsibility for Safety,” (Chapter 12), Being Healthy: Level 7, Editors: L. K. Olsen, R. W. St. Pierre, and J. M. Ozias, Harcourt Brace Jovanovich, Publishers, Orlando, Florida, 1994.

Bever, David L.; “Safety and First Aid Outdoors,” (Chapter 12), Being Healthy: Level 8, Editors: L. K. Olsen, R. W. St. Pierre, and J. M. Ozias, Harcourt Brace Jovanovich, Publishers, Orlando, Florida, 1994.

Bever, David L.; “Your Responsibility for Safety,” (Chapter 12), Being Healthy: Level 7, Editors: L. K. Olsen, R. W. St. Pierre, and J. M. Ozias, Harcourt Brace Jovanovich, Publishers, Orlando, Florida, 1990.

Bever, David L.; “Safety and First Aid Outdoors,” (Chapter 12), Being Healthy: Level 8, Editors: L. K. Olsen, R. W. St. Pierre, and J. M. Ozias, Harcourt Brace Jovanovich, Publishers, Orlando, Florida, 1990.

Bever, David L.; “Central Nervous System and Facial/Head Injuries,” (Chapter 9), First Aid Principles and Practices, Editor: A. J. Brown, Macmillan Publishing Company, New York, New York, January 1987.

Journal Articles:

Bever, David L.; *Police Secrets That Will Make You Leaner*, *Woman’s World*, Volume 26, Number 42, October 18, 2005, p. 15.

Bessent, Ronald, David L. Bever, and Judith Kirkendall; “Validation and Data Analysis for the Commonwealth of Virginia’s Proposed Physical Ability Standard

for Entry Level Officers,” International Association of Directors of Law Enforcement and Training Newsletter, Vol. 13, No. 1, January 2002, pp. 12-14.

Bever, David L.; “Fitness: A Career Commitment,” Criminal Justice Academy Quarterly, Vol. 1, No. 2, April 1997, pp. 5-6.

Bever, David L.; “A Cost-Effective Response to NFPA No. 1500,” The Maryland Fire Dispatch, Vol. 7, No. 5, May 1991, p. 23.

Bever, David L., and David Lowry; “Anabolic Steroid Usage in Weight-Trained Athletes,” Health Education Research: Theory and Practice, Vol. 2, No. 2, 1987, pp. 157-160.

Bever, David L., John P. Bennett, and J. Martin Marinoff, Jr.; “Health-Related Fitness in Virginia’s Schools: The First Step,” The Virginia Journal, Vol. 8, No. 1, November 1985, pp. 16, 26.

Agne, Charlene and David L. Bever, “The Use of Peer-Related Teaching in Meeting the Safety Objectives for the Nation by 1990,” Safety Forum, Fall 1983, pp. 2-3.

Bever, David L., “Crime Prevention/Mitigation: Its Role in the Safety Curriculum,” Safety Forum, Summer 1983, pp. 1-4.

Bever, David L., “An Evaluation of Nutrition Education in Northern Virginia Secondary Schools,” The Virginia Journal, Spring 1982, pp. 21-23.

Bever, David L., and C. H. Veenker, “An Illness-Injury Severity Index for Non-Physician Emergency Medical Personnel,” American Association for Automotive Medicine Quarterly/Journal, January 1980.

Software Development:

Bever, David L., and K. T. Simons, “FireFit.” Copyright 1996.

Bever, David L., and K. T. Simons, “LawFit.” Copyright 1996.

Presentations:

Bever, David L. and Bessent, Ronald A.; *Establishing a Valid Physical Performance Testing Program*, National Conference on Law Enforcement Testing and Measurement, Columbia South Carolina, 7-10 November 2005.

Bever, David L.; *The Trooper Challenge: A Fitness and Work Performance Competition for State and Military Police*, The 89th Conference of the National

Bever, David L. (1999) "Work Performance Testing for Police Recruits," Virginia Community Policing Conference, Norfolk, Virginia.

Bever, David L. (1998) "A Case for Mandatory Police Fitness Standards," 24th Annual Virginia Police Trainers Association Meeting, Blacksburg, Virginia.

Bever, David L. (1997) "The Development of Physical Training Standards for Entry Level Law Enforcement Officers in the Commonwealth of Virginia," Virginia General Assembly, Richmond, Virginia.

Bever, David L. (1996) "Fitness Evaluation Protocols for Police Officers," Virginia Criminal Justice Academy Conference, Blacksburg, Virginia.

Bever, David L. (1994) "Injury Reduction Strategies for the Workplace," 12th Annual Safety Management Conference, Washington, D.C.

Bever, David L. (1994) "LawFit: A Fitness Leadership Program for Law Enforcement Personnel," Virginia Department of Criminal Justice Wellness Conference, Fairfax, Virginia.

Bever, David L. (1993) "FireFit: A Cost-Effective Injury Reduction Program for Public Safety Personnel," The Second World Conference on Injury Control, Atlanta, Georgia.

Bever, David L. (1992) "LawFit: A Cost-Effective Risk Management Program for Police Officers," National Capital Regional Police Administration Conference, Vienna, Virginia.

Bever, David L. (1991) "Vandalism Control Management," National Park Service Safety Management Conference, College Park, Maryland.

Bever, David L. (1991) "Cardiovascular Risk Factors and Law Enforcement Personnel," Northern Virginia Police Training Academy Fitness Conference, Fairfax, Virginia.

Bever, David L. (1991) "Back Injury Prevention in Fitness Programs," American College of Sports Medicine Health/Fitness Instructors Workshop, San Diego, California.

Bever, David L. and Donna Videto (1991) "Safety Issues on Campus," Convention of the Southern District of the American Alliance for Health, Physical Education, Recreation, and Dance, Norfolk, Virginia.

Bever, David L. (1990) "Safety on the Job: Accident Causes and Prevention," Park and Recreation Safety Conference: National Capital Park and Planning Commission, Lanham, Maryland.

Bever, David L. and Barbara Jones (1990) "Fit or Fat: Does it Matter?" Public Risk Management Association Conference, Reno, Nevada.

Bever, David L. (1990) Emergency Care and Treatment of Common Fitness Injuries," American College of Sports Medicine Health/Fitness Instructors Workshop, San Diego, California.

Bever, David L. (1989) "The Importance of Firefighter Fitness," Tenth Symposium on the Occupational Health and Hazards of the Fire Service, International Association of Fire Fighters, New Orleans, Louisiana.

Bever, David L. (1988) "Testimony Before the Subcommittee on Crime of the House Committee on the Judiciary Concerning Legislation to Make Anabolic Steroids Schedule I Controlled Substances," Rayburn House Office Building, Washington, D.C.

Bever, David L. (1987) "Fitness Workshops for Air Force Personnel," Sponsor: Air Force of Brazil, Rio de Janeiro, Porto Allegre, Recife, and Brasilia, Brazil.

Bever, David L. (1986) "Athletes and Anabolic Steroids," Invited Lecture: College of Arts and Sciences – University of Puerto Rico, Mayaguez, Puerto Rico.

Bever, David L. (1984) "Fitness Workshops for Teachers and Coaches," Sponsor: Department of Sport, Physical Education, and Recreation of the Federal District of Brasilia, Brasilia, Brazil.

Bever, David L. (1984) "An Introduction to Strength/Weight Training," Blue Ridge III: The Virginia School Health Education Conference, Staunton, Virginia.

Bever, David L. (1983) "International Seminar in Weight Training," Sponsor: Academia Julio Adnet, Brasilia/Rio de Janeiro, Brazil.

Bever, David L. (1982) "Women, Violence, and Self-Defense," 55th Annual Virginia Association for Health, Physical Education, Recreation and Dance Convention, Fredericksburg, Virginia.

Bever, David L. (1982) "Interpreting and Applying Assessment Information and Results: Muscular Strength and Endurance," Northern Virginia Police Training Academy Instructor Development School, Fairfax, Virginia.

Bever, David L. (1980) "An Evaluation of the Virginia Department of Education's Nutrition Education Training Program," 42nd Annual Virginia Association for

Health, Physical Education, Recreation and Dance Convention, Blacksburg, Virginia.

Bever, David L. (1980) "The Illness-Injury Severity Index: A Technique for the Rapid Evaluation of Emergency Patients," Annual Meeting of the Mid-America States Rural EMS Council, Kansas City, Kansas.

ASSOCIATED SCHOLARLY ENDEAVORS

Peer Reviewer: **Health Education Research: Theory and Practice**
IRL Press, Ltd. Oxford, England/Washington, D.C.
(1988-present)

Manuscript Advisor: **Harcourt Brace Jovanovich, Inc.**
Orlando, Florida (1987-1988)

UNIVERSITY COURSES TAUGHT

George Mason University: Personal Health; Principles of Accident Causation and Prevention; Nutrition; Advanced First Aid; Health Education Methods; Organization of the School Health Program; Human Sexuality; Health, Exercise and Fitness Programming; Current Concepts in Health Education.

Purdue University: Introduction to Athletic Training and Emergency Care; Safety Education; Instructor Courses in Advanced First Aid and Cardiopulmonary Resuscitation; Advanced First Aid and Emergency Care; Driver Education Teaching Methods; Human Sexuality.

Ball State University: Current Topics in Health Education; First Aid; Health Education in the Elementary School; Personal Health and Fitness; Drug Education.

GRANTS

Project Title: **The Development and Implementation of Physical Performance and Physical Fitness Standards for Entry Level Police Officers/Partnerships with Institutions of Higher Learning**

Sponsor: **United States Department of Justice and Virginia Department of Criminal Justice Services**

Budget Period and Funding Level: **2001-2002, \$133,080.00**

Project Title: The Development and Implementation of Physical Performance and Physical Fitness Standards for Entry Level Police Officers/Partnerships with Institutions of Higher Learning

Sponsor: United States Department of Justice and Virginia Department of Criminal Justice Services

Budget Period and Funding Level: 2000-2001, \$133,080.00

Project Title: The Development and Implementation of Physical Performance and Physical Fitness Standards for Entry Level Police Officers/Partnerships with Institutions of Higher Learning

Sponsor: United States Department of Justice and Virginia Department of Criminal Justice Services

Budget Period and Funding Level: 1999-2000, \$133,080.00

Grants: (continued)

Project Title: The Development and Implementation of Physical Performance and Physical Fitness Standards for Entry Level Police Officers

Sponsor: United States Department of Justice and Virginia Department of Criminal Justice Services

Budget Period and Funding Level: 1998-1999, \$99,842.00

Project Title: Fitness Leadership Workshops for Law Enforcement Personnel
Sponsor: Virginia Division of Risk Management
Budget Period and Funding Level: 1994-1995, \$7,500.00

Project Title: Fitness Leadership Workshop for Firefighters
Sponsor: Metropolitan Washington Airports Authority
Budget Period and Funding Level: 1990-1991, \$8,400.00
Project Director: David L. Bever

Project Title: Nutrition Workshops for Public School Educators
Sponsor: Virginia Department of Education
Budget Period and Funding Level: 1980-1981, \$30,000.00
Project Director: David L. Bever

TRADEMARKED PROGRAMS

Fit to Serve: Employee health and fitness instruction programs for government and municipal workers.

LawFit: Health and fitness instruction programs for law enforcement personnel.

FireFit: Health and fitness instruction programs for firefighters.

COMMUNITY SERVICE

Consultancies: Fairfax County Criminal Justice Academy
Chantilly, Virginia (1996 – present)

Virginia Department of Criminal Justice Services
Richmond, Virginia (1994 – present)

Metropolitan Washington Airports Authority Fire Department
Washington, D.C. (1990 –1998)

Department	<p>City of Fairfax Police Department Fairfax, Virginia (1987 – present)</p> <p>City of Fairfax Fire and Rescue Services Fairfax, Virginia (1980 – present)</p> <p>George Mason University Police Fairfax, Virginia (1980 – present)</p>
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AWARDS

2002	Presidential “Life Saving” Citation George Mason University
1994	International Rotary Foundation Group Study Exchange Member Thailand: April – June
1993	Alumni Award of Excellence Department of Health, Physical Education, and Sports Science University of Dayton
1993	Alumnus of the Year Department of Physiology and Health Science Ball State University
1989	University Faculty Study Leave Recipient George Mason University
1988	Distinguished Faculty Member College of Education and Human Services George Mason University

PROFESSIONAL ORGANIZATIONS

- **American Alliance for Health, Physical Education, Recreation, and Dance**
- **Virginia Association for Health, Physical Education, Recreation, and Dance**
- **National Safety Council**
- **Council for the Accreditation of Law Enforcement Agencies**
- **American Public Safety Fitness Association**