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## Rachael D. Goodman, Ph.D., LPC

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Associate Professor  
Counseling Program  
College of Education and Human Development  
George Mason University  
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### EDUCATION

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- May 2009                    **Doctor of Philosophy in Counselor Education**  
University of Florida  
Specialization: Mental Health Counseling  
Dissertation: *Academic Achievement and Traumatic Stress among Primary School Students*
- August 2006                **Specialist in Education in Mental Health Counseling**  
**Master of Education in Mental Health Counseling**  
University of Florida
- May 2002                    **Bachelor of Science in Business Administration**  
University of North Carolina at Chapel Hill  
Kenan-Flagler Business School

### CURRENT EMPLOYMENT

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- 2016-present              **Associate Professor, Tenured**
- 2010-2016                 **Assistant Professor, Tenure Track**  
Counseling Program, George Mason University, Fairfax, VA
- GMU Affiliate faculty member: Women and Gender Studies; Human Development and Family Science; Diversity Research and Action Consortium

### RESEARCH

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#### Peer-Reviewed Publications

\* Student co-author

- Vesely, C. K., DeMulder, E., Sansbury, A., Davis, E., Letiecq, B. L., Willard, I., **Goodman, R. D.**, & Amigas de la Comunidad. (in press). 'A place where my children could learn to read, write, and play': The search for early care and education among undocumented Central American immigrant mothers. *Early Childhood Research Quarterly*, 56(2021), 306-319. <https://doi.org/10.1016/j.ecresq.2021.03.016>
- Hunt, C. A., **Goodman, R. D.**, Hilert, A. J., Hurley, W., & Hill, C. E. (2021). A mindfulness-based compassion workshop and pre-session preparation to enhance therapist effectiveness in psychotherapy: A pilot study. *Counselling Psychology Quarterly*. Advance online publication. <https://doi.org/10.1080/09515070.2021.1895724>

- Letiecq, B. L., \*Mehta, S., Vesely, C. K., **Goodman, R. D.**, Marquez, M., Moron, L. P. (2019). Central American Immigrant mothers' mental health in the context of illegality: Structural stress, parental concern, and trauma. *Journal of Family and Community Health, 42*(4), 271-282. doi:10.1097/FCH.0000000000000233
- Vesely, C., **Goodman, R. D.**, & Letiecq, B. (2019). "Parenting across two worlds": Low-income Latina immigrants' adaptation to motherhood in the United States. *Journal of Family Issues, 40*(6), 711-738. <https://doi.org/10.1177/0192513X18821398>
- Vesely, C., Letiecq, B., & **Goodman, R. D.** (2017). Immigrant family resilience in context: Using a community-based approach to build a new conceptual model. *Journal of Family Theory & Review, 9*(1), 93-110. <https://doi.org/10.1111/jftr.12177>
- Goodman, R. D.**, Vesely, C., Letiecq, B., & Cleaveland, C. (2017). Trauma and resilience among refugee and undocumented immigrant women. *Journal of Counseling & Development, 95*(3), 309-321. <https://doi.org/10.1002/jcad.12145>. Special Section on Traumatology.
- Reid-Marks, L., West-Olatunji, C., & **Goodman, R. D.** (2016). A pilot study evaluating the Parent Proficiencies Questionnaire for African American parents (PPQ-AA). *Urban Education Research and Policy Annuals, 4*(1), 99-109. <https://journals.uncc.edu/urbaned/article/view/337>
- Frazier, K. N., & **Goodman, R. D.** (2015). Traumatic stress and educational hegemony: A multi-level model to promote wellness and achievement among socially marginalized students. *The Practitioner Scholar: Journal of Counseling and Professional Psychology, 4*(1), 44-62. <http://www.thepractitionerscholar.com/article/view/13400>
- Williams, J., McMahon, H. G., & **Goodman, R. D.** (2015). Eco-webbing: A teaching strategy to facilitate critical consciousness and agency. *Counselor Education and Supervision, 54*(2), 82-97. <https://doi.org/10.1002/ceas.12006>
- Vesely, C. K., **Goodman, R. D.**, \*Ewaida, M., & \*Kearney, K. (2015). A better life? Immigrant mothers' experiences building economic security. *Journal of Family and Economic Issues, 36*(4), 514-530. <https://doi.org/10.1007/s10834-014-9422-3>
- Goodman, R. D.**, \*Vilbas, J., & \*Bell, R. (2014). A qualitative exploration of multicultural and social justice counseling student development through community outreach. *Global Journal of Community Psychology Practice, 5*(2), 1-10. <https://www.gjcpp.org/en/article.php?issue=17&article=102>
- West-Olatunji, C. \*Jean-Paul, N., Shure, L., **Goodman, R. D.**, & Lewis, D. (2014). Culture-centered research and counselor efficacy. *Turkish Psychological Counseling and Guidance Journal, 5*(42), 129-137. <http://www.turkpdrdergisi.com/index.php/pdr/article/view/18>
- Goodman, R. D.**, Calderon, A. M., & Tate, K. A. (2014). Liberation-focused community outreach: A qualitative exploration of peer group supervision during disaster response. *Journal of Community Psychology, 42*(2), 228-236. <https://doi.org/10.1002/jcop.21606>
- Cholewa, B., **Goodman, R. D.**, West-Olatunji, C. A., & Amatea, E. (2014). A qualitative examination of the impact of culturally responsive educational practices on the psychological well-being of students of color. *The Urban Review, 46*(4), 574-596. <https://doi.org/10.1007/s11256-014-0272-y>
- Vesely, C., **Goodman, R. D.**, & \*Spurlock, S. (2014). Turning points and transitions: The role of family in women's immigration experiences. *International Journal of Child, Youth and Family Studies, 5*(2), 308-331. <https://doi.org/10.18357/ijcyfs.veselyc.522014>

- Goodman, R. D.** (2013). The Transgenerational Trauma and Resilience Genogram. *Counselling Psychology Quarterly*, 26(3-4), 386–405. <https://doi.org/10.1080/09515070.2013.820172>
- Goodman, R. D.,** & Calderon, A. (2012). The use of mindfulness in trauma counseling. *Journal of Mental Health Counseling*, 34(3), 254–268. <https://doi.org/10.17744/mehc.34.3.930020422n168322>
- Goodman, R. D.,** Miller, M. D., & West-Olatunji, C. A. (2012). Traumatic stress, socioeconomic status, and academic achievement among primary school students. *Psychological Trauma: Theory, Research, Practice, and Policy*, 4(3), 252–259. <https://doi.org/10.1037/a0024912>
- Gorski, P. C., & **Goodman, R. D.** (2011). Is there a hierarchy of oppression in U.S. multicultural teacher education coursework? *Action in Teacher Education*, 33(5-6), 455–475. <https://doi.org/10.1080/01626620.2011.627305>
- West-Olatunji, C., **Goodman, R. D.,** \*Mehta, S., & \*Templeton, L. (2011). Creating cultural competence: An outreach immersion experience in southern Africa. *International Journal for the Advancement of Counselling*, 33, 335–346. doi:10.1007/s10447-011-9138-0
- West-Olatunji, C. A., & **Goodman, R. D.** (2011). Entering communities: Social justice-oriented disaster response counseling. *Journal of Humanistic Counseling, Education, and Development*, 50(2), 172–182. <https://doi.org/10.1002/j.2161-1939.2011.tb00116.x>
- West-Olatunji, C., **Goodman, R. D.,** & Shure, L. (2011). Use of multicultural supervision with school counselors to enhance cultural competence. *Journal of School Counseling*, 9(16). [jcs.montana.edu/articles/v9n16.pdf](http://jcs.montana.edu/articles/v9n16.pdf)
- Goodman, R. D.,** & West-Olatunji, C. A. (2010). Educational hegemony, traumatic stress, and African American and Latino American students. *Journal of Multicultural Counseling & Development*, 38(3), 176–186. <https://doi.org/10.1002/j.2161-1912.2010.tb00125.x>
- Goodman, R. D.,** & West-Olatunji, C. A. (2009). Applying critical consciousness: Culturally competent disaster response outcomes. *Journal of Counseling & Development*, 87(4), 458–465. <https://doi.org/10.1002/j.1556-6678.2009.tb00130.x>
- Shure, L., West-Olatunji, C. A., & **Goodman, R. D.** (2009). Use of reflection and experiential learning to enhance advocacy skills and critical consciousness in a community counseling course. *Graduate Research Journal*, 1. [http://grjsite.com/attachments/article/20/Comm\\_Set\\_2009\\_04\\_14.pdf](http://grjsite.com/attachments/article/20/Comm_Set_2009_04_14.pdf)
- Goodman, R. D.,** & West-Olatunji, C. A. (2009). Engaging students in outreach as an extension of advocacy to achieve praxis. *Journal for Civic Commitment*, 12. <https://www.mesacc.edu/community-civic-engagement/journals/engaging-students-outreach-extension-advocacy-achieve-praxis>
- Goodman, R. D.,** & West-Olatunji, C. A. (2009). Traumatic stress, systemic oppression, and resilience in post-Katrina New Orleans. *Spaces for Difference: An Interdisciplinary Journal*, 1(2), 80–97. [http://repositories.cdlib.org/ucsb\\_ed/spaces/vol1/iss2/art5](http://repositories.cdlib.org/ucsb_ed/spaces/vol1/iss2/art5).
- Frazier, K. N., West-Olatunji, C., St Juste, S., & **Goodman, R. D.** (2009). Transgenerational trauma and CSA: Reconceptualizing cases involving young survivors of child sexual abuse. *Journal of Mental Health Counseling*, 31(1), 22–33. <https://doi.org/10.17744/mehc.31.1.u72580m253524811>

**Goodman, R. D., & West-Olatunji, C. A.** (2008). Transgenerational trauma and resilience: Improving mental health counseling for survivors of Hurricane Katrina. *Journal of Mental Health Counseling, 30*(2), 121–136. <https://doi.org/10.17744/mehc.30.2.q52260n242204r84>

West-Olatunji, C., Pringle, R., Adams, T., Baratelli, A., **Goodman, R. D.**, & Maxis, S. (2007). How African American middle school girls position themselves as mathematics and science learners. *The International Journal of Learning, 14*(9), 219–227. <https://doi.org/10.18848/1447-9494/CGP/v14i09/45271>

### **Edited Book**

**Goodman, R. D., & Gorski, P.** (Eds.). (2014). *Decolonizing “multicultural” counseling through social justice*. Springer.

### **Book Chapters**

Brubaker, M. D., **Goodman, R. D.**, & Emir Oksuz, E. (in press). Client advocacy: In action. In C. Y. Chang & C. Barrio Minton (Eds.), *Leadership excellence in counseling: professional and client advocacy* (2<sup>nd</sup> ed.). Routledge.

Vesely, C. K., Letiecq, B. L., **Goodman, R. D.**, \*Marquez, M., \*Alves, L. & \*Moron, L. (2019). “What does this mean to you?” Partnering with Amigas de la Comunidad to analyze the housing conditions of undocumented Latina immigrants. In A. Humble and E. Radina (Eds.), *Moving beyond ‘themes emerged’: Real stories of how qualitative data analysis happens*. Taylor & Francis.  
***Edited Book Winner of the 2020 Anselm Strauss Award for Qualitative Family Research***

**Goodman, R. D.**, Letiecq, B., & Vesely, C. V. (2018). Counseling refugees (pp. 179-192). In J. Webber & J. B. Mascari (Eds.), *Disaster Mental Health Counseling: A Guide to Preparing and Responding* (4<sup>th</sup> ed.). American Counseling Association Foundation.

**Goodman, R. D.**, Vesely, C., Letiecq, B., \*Marquez, M., & Leyva, K. (2018). Community practice with immigrants and refugees. In A. Hilado & M. Lundy (Eds.), *Reorienting transnational practice with immigrants and refugees: Theory, practice and culture* (pp. 204-225). SAGE.

West-Olatunji, C., & **Goodman, R. D.** (in press). Training counselors for social justice and multicultural competence: Outcomes from national and international outreach projects. In C. M. See (Ed.), *Research and practice: Counselling and social work in the new frontier of helping*. USM Press.

**Goodman, R. D.**, Williams, J., Chung, R. C-Y., Talleyrand, R., Douglass, A., McMahon, G., & Bemak, F. (2014). Decolonizing traditional pedagogies and practices in counseling and psychology education: A move towards social justice and action. In R. D. Goodman & P. Gorski (Eds.), *Decolonizing “multicultural” counseling through social justice* (pp. 147-164). Springer.

**Goodman, R. D.** (2014). A liberatory approach to trauma counseling: Decolonizing our trauma-informed practices. In R. D. Goodman & P. Gorski (Eds.), *Decolonizing “multicultural” counseling through social justice* (pp. 55-72). Springer.

Gorski, P., & **Goodman, R. D.** (2014). Introduction: Toward a decolonized multicultural counseling and psychology. In R. D. Goodman & P. Gorski (Eds.), *Decolonizing “multicultural” counseling through social justice* (pp. 1-10). Springer.

Brubaker, M. D., & **Goodman, R. D.** (2012). Client advocacy: In action. In C. Y. Chang, C. Barrio Minton, A. L. Dixon, J. E. Myers, & T. J. Sweeney (Eds.), *Professional Counseling Excellence through Leadership and Advocacy* (pp. 141-161). Routledge.

### **Other Publications**

Letiecq, B., Leyva, K., Marquez, M., Vesely, C., & **Goodman, R.** (2020). Shifting the burden of resilience: Working in partnership with Latinx immigrant families for systems change. *NCFR Report*. National Council on Family Relations: Minneapolis, MN.

**Goodman, R. D.** (2015). Trauma counseling and interventions: Introduction to the special issue. *Journal of Mental Health Counseling*, 37, 283-294. doi:10.17744/mehc.37.4.01

**Goodman, R. D.** (2015). Shameless agitation: Enacting lessons from Judy Lewis. In R. Toporek (Ed.), A special tribute to Dr. Judy Lewis (1939-2014): Counselor for social justice. *Journal for Social Action in Counseling and Psychology*, 6(2). Retrieved from <http://jsacp.tumblr.com/post/116062773443/journal-for-social-action-in-counseling-and>

\*Shannonhouse, L., Williams, K., & **Goodman, R. D.** (2010). Community engagement: Florida outreach to the Haitian community. *Chi Sigma Iota Exemplar*, 25(3), 11.

**Goodman, R. D.**, & West-Olatunji, C. A. (2009). Cultural competence in disaster response: The use of critical consciousness theory. *Chi Sigma Iota Exemplar*, 24(3), 12-13.

West-Olatunji, C. A., **Goodman, R. D.**, Mehta, S., Peters, C., Pritchett, J., St Juste, S., Shannonhouse, L., & Williams, K. (2007). New Orleans Outreach Project report. *CSJ Activist*, 7(1), 2, 7, 9-10, 12.

**Goodman, R. D.**, & West-Olatunji, C. A. (2007). *Social justice and advocacy training for counselors: Using outreach to achieve praxis*. (ERIC Document Reproduction Service No. ED497351).

Mehta, S., West-Olatunji, C., Sanders, T., & **Goodman, R.** (2007). *Recommendations for working with African American parents of primary school children in low-resourced schools*. (ERIC Document Reproduction Service No. ED498991).

### **Peer-Reviewed National and International Presentations**

Vesely, C., Letiecq, B., Davis, E., & **Goodman R. D.** (April, 2021). Central American Immigrant Families during COVID: Childcare, Education, and Work Experiences. In Danielle Crosby (Chair), Families' Work-childcare Coordination in the Context of Low-wage Work, Precarious Schedules and the COVID-19 Pandemic. Paper presented at the biennial meeting of the Society for Research in Child Development.

Hunt, C. A., **Goodman, R. D.**, Hilert, A. J., Hurley, W., & Hill, C. E. (November, 2020). Assessing the Effects of Mindfulness and Compassion-based, Pre-session Centering for Therapists. Poster presented at the Mind and Life Contemplative Research Conference.

**Goodman, R. D.**, Letiecq, B., Vesely, C., & Davis, E. (2020, August). Addressing health disparities among low income undocumented Central American immigrants from a community-based perspective. In R. Talleyrand (Chair), Undocumented Latinx immigrant populations: Current research, practice and social justice implications. Paper symposium conducted at the American Psychological Association annual meeting, Washington, DC.

- Letiecq, B., Vesely, C., & **Goodman, R. D.** (2018, November). The problem of illegality: “Doing” family under deportation threat. Paper presented at the meeting of the National Council on Family Relations, San Diego, CA.
- Vesely, C., Letiecq, B., DeMulder, E., **Goodman, R. D.**, Marquez, M., & Cabrera, M. (2018, November). Entrusting care on the margins: Undocumented Latinas’ search for child care. Poster presented at the annual meeting of the National Council on Family Relations, San Diego, CA.
- Letiecq, B., Mehta, S., Vesely, C., **Goodman, R. D.**, Marquez, M. (2018, November). Addressing the mental health of undocumented Latina immigrants from Central America: A community-based, ecosystemic approach. Poster presented at the annual meeting of the American Public Health Association, San Diego, CA.
- Letiecq, B. L., Vesely, C. K., \*Moron, L., **Goodman, R. D.**, \*Marquez, M., & \*Shah, P. (2017, November). Living with strangers: Overcrowded housing among immigrant families. Paper presented at the meeting of the National Council on Family Relations, Orlando, FL.
- Vesely, C. K., Letiecq, B. L., **Goodman, R. D.**, \*Marquez, M., & Leyva, K. (2016, November). Partnering with undocumented immigrant families for health and justice. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Vesely, C. K., Letiecq, B. L., DeMulder, E., **Goodman, R. D.**, & \*Dallman, L. (2016, July). Using a Community-based Participatory Research (CBPR) approach to understand within-group differences of ECCE access among low-income Central American immigrant families. In C.K. Vesely, J. Smith Mendez, & M. Lopez (Chairs), *Access and utilization of early care and education among Latino families: Exploring across- and within-group diversity*. Poster symposium conducted at the Administration for Children and Families National Research Conference on Early Childhood, Washington, DC.
- Goodman, R. D.**, Letiecq, B. L., & Vesely, C. K. (2016, March). Using CBPR with refugee and immigrant women: Trauma, stress and resilience. Paper presented at the meeting of the American Counseling Association, Montréal, QC.
- Goodman, R. D.**, Hurley, W., Pruzinsky, T., & \*Rietschel, C. H. (2016, April). Development of COMPASS: Mindfulness-based compassion training research. Paper presented at the meeting of the American Counseling Association, Montréal, QC.
- Vesely, C. K., Letiecq, B. L., & **Goodman, R. D.** (2015, November). Trauma and resilience among immigrant and refugee women: Using CBPR to construct theory. Paper presented at the meeting of the National Council on Family Relations, Vancouver, British Columbia.
- \*Belenkiy, E., \*Jacobs, D., \*Streetman, H., **Goodman, R. D.**, & Warson, E. (2015, March). *Cross-cultural counseling outreach: A transformative experience*. Paper presented at the meeting of the American Counseling Association, Orlando, FL.
- Goodman, R. D.**, Vesely, C. K., Cleaveland, C., & Letiecq, B. (2014, November). Refugee and undocumented immigrant women: Trauma and resilience. In B. L. Letiecq and M. Zapata Roblyer (Chairs), *Families caught in the anti-immigrant crosshairs: Trauma, Risk, and resilience*. Symposium conducted at the meeting of the National Council on Family Relations, Baltimore, MD.

- Vesely, C. K., & **Goodman, R. D.** (2013, November). Immigrant mothers' negotiation of parenting roles and discipline practices. In B. L. Letiecq (Chair), *One size does not fit all: Family wellbeing across immigrant communities*. Symposium conducted at the meeting of the National Council on Family Relations, San Antonio, TX.
- Goodman, R. D.**, & \*Amri, S. (2013, October). *Training counselors to respond to transgenerational trauma: Lessons from qualitative case studies with immigrant families*. Paper presented at the meeting of the Association for Counselor Education and Supervision, Denver, CO.
- Williams, J., McMahon, H. G., & **Goodman, R. D.** (2013, October). *Using ecological mapping to promote social justice in counselor education*. Poster session presented at the meeting of the Association for Counselor Education and Supervision, Denver, CO.
- Tate, K. A., **Goodman, R. D.**, & Calderon, A. (2013, March). *Counseling for Liberation: Applying liberation psychology to counseling practice*. Paper presented at the meeting of the American Counseling Association, Cincinnati, OH.
- Goodman, R. D.**, \*Vilbas, J. A., & \*Bell, R. (2012, March). *Multicultural and social justice student development through community outreach*. Poster session presented at the meeting of the American Counseling Association, San Francisco, CA.
- Goodman, R. D.**, Bemak, F., Chung, R. C.-Y., McMahon, G., Talleyrand, R., & Williams, J. (2011, October). *Developing social justice/multicultural counselors: Data from student exit surveys and implications for counselor education*. Paper presented at the meeting of the Association for Counselor Education and Supervision, Nashville, TN.
- Davis, E., Brubaker, M., Cholewa, B., **Goodman, R.**, Shure, L., & Williams, C. (2011, October). *Becoming a counselor educator in the new decade: Adjusting from student to scholar*. Paper presented at the meeting of the Association for Counselor Education and Supervision, Nashville, TN.
- Goodman, R. D.**, Calderon, A., & Tate, K. (2011, March). *The use of critical consciousness in counseling: Outcomes from outreach to the Haitian community in Florida*. Poster session presented at the meeting of the American Counseling Association, New Orleans, LA.
- Frazier, K., & **Goodman, R. D.** (2010, March). *Transgenerational trauma and educational hegemony: Impact on African American student attainment*. Poster session presented at the meeting of the American Counseling Association, Pittsburgh, PA.
- West-Olatunji, C. A., **Goodman, R. D.**, & Templeton, L. (2010, March). *Developing critical consciousness among counselors providing outreach in southern Africa*. Paper presented at the meeting of the American Counseling Association, Pittsburgh, PA.
- Reid, L., West-Olatunji, C. A., & **Goodman, R. D.** (2010, March). *Validating the Parent Proficiencies Questionnaire (PPQ-AA) or use with low-income African American parents*. Poster session presented at the meeting of the American Counseling Association, Pittsburgh, PA.
- West-Olatunji, C. A., Shure, L., **Goodman, R. D.**, & Lewis, D. (2010, March). *Culture-centered research, researcher bias, and counselor efficacy*. Poster session presented at the meeting of the American Counseling Association, Pittsburgh, PA.

- West-Olatunji, C. A., **Goodman, R. D.**, Torres Rivera, E., & Watson, Z. (2010, February). *Use of Story Circle to foster critical consciousness and advocacy skills*. Paper presented at the meeting of the Association for Specialists in Group Work, New Orleans, LA.
- West-Olatunji, C. A., Hansen, J., **Goodman, R. D.**, Shannonhouse, L., & Vanderbleek, L. (2009, October). *Training culturally competent outreach counselors: The 2009 AMCD Clinical Outreach to southern Africa*. Paper presented at the meeting of the Association for Counselor Education and Supervision, San Diego, CA.
- West-Olatunji, C. A., **Goodman, R. D.**, Shure, L. (2009, October). *School counselors as social justice advocates: Outcomes of a multicultural counseling supervision program to counter educational hegemony*. Paper presented at the meeting of the Association for Counselor Education and Supervision, San Diego, CA.
- West-Olatunji, C. A., & **Goodman, R. D.** (2009, October). *Traumatic stress and chronic underachievement of African American children*. Paper presented at the meeting of the National Black Child Development Institute, Atlanta, GA.
- Goodman, R. D.**, & West-Olatunji, C. A. (2009, April). *Academic achievement and traumatic stress among students and the influence of culture, class, and gender*. Poster session presented at the meeting of the American Educational Research Association, San Diego, CA.
- West-Olatunji, C. A., Roysircar-Sodowsky, G., & **Goodman, R. D.** (2009, March). *Training for culturally competent disaster response*. Six-hour pre-conference Learning Institute presented at the meeting of the American Counseling Association, Charlotte, NC.
- West-Olatunji, C. A., Roysircar-Sodowsky, G., **Goodman, R. D.**, & Inman, A. (2009, March). *International culture-centered counseling and social justice conference in Gaborone, Botswana*. Paper presented at the meeting of the American Counseling Association, Charlotte, NC.
- West-Olatunji, C. A., **Goodman, R. D.**, Reid, L., Leite, W. & Sanders, T. (2009, March). *Examining parent proficiencies of culturally diverse parents*. Paper presented at the meeting of the American Counseling Association, Charlotte, NC.
- West-Olatunji, C. A., Roysircar-Sodowsky, G., & **Goodman, R. D.** (2009, January). *Training counselors for social justice and multicultural competence: Outcomes from national and international outreach projects*. Paper presented at the International Counseling and Social Work Symposium, Penang, Malaysia.
- West-Olatunji, C. A., & **Goodman, R. D.** (2009, January). *Disaster response training: Developing cultural competence for international disaster counseling*. Invited workshop presented at the International Counseling and Social Work Symposium, Penang, Malaysia.
- Goodman, R. D.**, West-Olatunji, C. A., & Mehta, S. (2008, March). *Advocacy and outreach in Southern Africa: Using critical consciousness to engage in social justice*. Poster session presented at the meeting of the International Counseling Psychology Conference, Chicago, IL.
- West-Olatunji, C. A., Roysircar-Sodowsky, G., **Goodman, R. D.**, West, C. A. C., & Brooks, M. (2008, March). *Culture-centered disaster outreach: Working with AIDS survivors in southern Africa*. Paper presented at the meeting of the American Counseling Association, Honolulu, HI.
- Shure, L., West-Olatunji, C. A., & **Goodman, R. D.** (2007, October). *Experiential curriculum as part of counselor training to promote self-awareness and community counseling skills*. Poster session presented at the meeting of the Association for Counselor Education and Supervision, Columbus, OH.



- Goodman, R. D., & West-Olatunji, C. A.** (2007, July). *Transgenerational trauma and resilience in post-Katrina New Orleans*. Paper presented at the meeting of the American Mental Health Counselors Association, New Orleans, LA.
- Pringle, R., West-Olatunji, C., Adams, T., Baratelli, A., **Goodman, R. D.**, & Maxis, S. (2007, June). *Positionality and African-American middle school girls' attitudes toward science education*. Paper presented at the International Conference on Learning, Johannesburg, South Africa.
- West-Olatunji, C., & **Goodman, R. D.** (2007, June). *Culture-centered mental health disaster interventions with children and adolescents*. Paper presented at the International Counseling Conference, Shanghai, China.
- West-Olatunji, C. A., Roysircar-Sodowsky, G., **Goodman, R. D.**, & Partridge, V. (2007, March). *Culture-centered disaster response in a global context*. Paper presented at the meeting of the American Counseling Association, Detroit, MI.

### **Peer-Reviewed Local, State, and Regional Presentations**

- West-Olatunji, C. A., & **Goodman, R. D.** (2009, November). *Culture-centered disaster counseling in southern Africa*. Paper presented at the meeting of the Florida Counseling Association, Miami, FL
- Goodman, R. D.**, & West-Olatunji. (2008, November). *Academic achievement and traumatic stress among lower SES primary school students*. Poster session presented at the meeting of the Florida Educational Research Association, Orlando, FL.
- West-Olatunji, C. A., **Goodman, R. D.**, Sanders, T., Leite, W., & Reid, L. (2008, November). *The impact of African American parenting behaviors on the academic achievement of their primary school children*. Paper presented at the meeting of the Florida Educational Research Association, Orlando, FL.
- West-Olatunji, C. A., **Goodman, R. D.**, & Reid, L. (2008, November). *Assessing parenting proficiencies: Working with low income, culturally diverse parents*. Paper presented at the meeting of the Florida Counseling Association, Orlando, FL.
- Goodman, R. D.**, West-Olatunji, C. A., & Mehta, S. (2008, October). *Responding to disasters: Training counselors for culturally competent outreach*. Paper presented at the meeting of the Southern Association for Counselor Education and Supervision, Houston, TX.

### **Invited National and International Presentations**

- Shure, L., White, E., Smith, S., Dollarhide, C., Neal, F., Green, D., & **Goodman, R. D.** (April, 2021). *Towards a decolonization of counseling: CSJ responds to racial violence & injustice*. Presentation at the annual meeting of the American Counseling Association (virtual meeting).
- Yznaga, S., Tovar, L., Saldaña-Moreno, M., & **Goodman, R. D.** (2018, April). *Undocumented immigrants: Challenges, strengths, and social justice*. Paper presented at the meeting of the American Counseling Association, Atlanta, GA.
- Goodman, R. D.** (2016, November). *Trauma and resilience among undocumented immigrants*. Webinar presented for Chi Sigma Iota's Trauma Webinar Series.

- Goodman, R. D.,** Vesely, C. K., & Letiecq, B. (2016, March). *Refugee and undocumented immigrant women: Critical resilience and institutional betrayal trauma*. Poster presented at the meeting of the American Counseling Association, Montréal, QC.
- Goodman, R. D.** (2015, October). *Counseling refugees*. Webinar presented for the American Counseling Association's Trauma Webinar Series.
- Goodman, R. D.** (2015, July). *Counseling refugees: Trauma, stress, and resilience*. Training presented for the Traumatology Interest Network, American Counseling Association.
- Goodman, R. D.** (2014, May). *The human spirit and resilience on Pine Ridge Reservation*. Paper presented at the First Annual Pocahontas Memorial Research Symposium, Lorton, VA.
- \*Brown, S. A., Williams, J. M., Pack-Brown, S. P., & **Goodman, R. D.** (2013, March). *Creating, developing, and producing the AMCD/CSJ Day of Service*. Poster session presented at the meeting of the American Counseling Association, Cincinnati, OH.
- West-Olatunji, C. A., & **Goodman, R. D.** (2009, July). *Training counselors for culturally competent disaster response in southern Africa*. Paper presented at the meeting of the Association for Multicultural Counseling & Development, Gaborone, Botswana.
- Goodman, R. D.** (2007, June). *Disaster response counseling outreach: Critical consciousness, praxis, and cultural competence*. Paper presented at the Association for Multicultural Counseling and Development and Association for Counselor Education and Supervision International Conference on Outreach and Advocacy, Johannesburg, South Africa.

### **Invited Local, State, and Regional Presentations**

- Shure, L., White, E., Smith, S., Dollarhide, C., Neal, F., Green, D., & **Goodman, R. D.** (February, 2021). *Towards a decolonization of counseling: Acknowledging & responding to racial injustice*. Presentation at the CSI Florida Statewide Conference (virtual meeting).
- Goodman, R. D.** (2021, July). *Lighting our way: Self and Community care*. Training presentation provided to District of Columbia Public Schools (DCPS) Family Services, Virtual meeting.
- Goodman, R. D.** (2021, April). *Lighting the future*. Training presentation provided to Alexandria City Public Schools (ACPS) Parent Liaisons, Virtual meeting.
- Goodman, R. D.** (2021, February). *Finding the light*. Training presentation provided to Alexandria City Public Schools (ACPS) Parent Liaisons, Virtual meeting.
- Goodman, R. D.** (2020, June). *Community care and compassion fatigue*. Training presentation provided to Alexandria City Public Schools (ACPS) Parent Liaisons, Virtual meeting.
- Letiecq, B. L., Vesely, C. K., **Goodman, R. D.**, Marquez, M., & Amigas de la Comunidad (2019, March). *Conceptualizing immigrant and refugee health using a CBPR approach: Ecosystemic Resilience*. In B. L. Letiecq, *The effect of anti-immigrant policies on the health and well-being of immigrants and refugees*. Paper symposium at the Virginia Public Health Association annual meeting, Fairfax, VA.
- Goodman, R. D.**, Vesely, C. K., Letiecq, B. L., \*Alves, L., Rath-Nesvacil, N., & Noorzad, M. (2019, March). *Refugee and asylee women navigating daily and traumatic stressors in an anti-refugee climate*. In B. L.

Letiecq, *The effect of anti-immigrant policies on the health and well-being of immigrants and refugees*. Paper symposium at the Virginia Public Health Association annual meeting, Fairfax, VA.

\*Mehta, S., \*Davis, E., Letiecq, B. L., Vesely, C. K., **Goodman, R. D.**, Moron, L., Marquez, M., & Amigas de la Comunidad (2019, March). *Latina immigrant health in the context of illegality*. In B. L. Letiecq, *The effect of anti-immigrant policies on the health and well-being of immigrants and refugees*. Paper symposium at the Virginia Public Health Association annual meeting, Fairfax, VA.

Letiecq, B., Vesely, C., **Goodman, R. D.**, & DeMulder, E., (2018, May). CBPR with immigrant and refugee families: Ecosystemic trauma, stress, and resilience. Presentation at the Child and Family Network Center, Alexandria, VA.

Vesely, C., Letiecq, B., & **Goodman, R. D.** (2017, October). Living with strangers: The practice and policy implications related to the housing experiences of Latina immigrant families with undocumented members. Presentation at the Equity and Justice Seminar, College of Education and Human Development, George Mason University, Fairfax, VA.

Letiecq, B., Vesely, C., & **Goodman, R. D.** (2016, October). Understanding Alexandria's families: Using a community-based participatory research approach. Presentation to IMPACT Early Care & Education Forum, Alexandria, VA.

\*Moron, L., Letiecq, B., Vesely, C., & **Goodman, R.** (2016, December). Undocumented and vulnerable: Central American immigrant mothers' well-being. Poster presented at CEHD Student Research Symposium, George Mason University, Fairfax, VA. [*Received Outstanding Presentation Award from CEHD*]

**Letiecq, B.**, Vesely, C., Goodman, R., & Demulder, E. (2016, August). Latina immigrants in Arlandria: Building connections for better outcomes. Presentation to Alexandria City Public Schools, Child Find and Early Childhood Special Education Services, Alexandria, VA.

Letiecq, B. L., Vesely, C. K., **Goodman, R.D.**, & DeMulder, E. (2016, March). Latina immigrants in Arlandria: Vulnerabilities and promise. Presentation to Alexandria Early Childhood Education Working Group. Alexandria, Virginia.

**Goodman, R. D.**, Letiecq, B. L., & Vesely, C. K. (2016, January). Latino immigrants in Arlandria: Experiences, needs, and ecosystemic resilience. Presentation to Best Practices Court of Alexandria. Alexandria, Virginia.

Letiecq, B. L., Vesely, C. K., & **Goodman, R. D.** (2015, December). Survey results: Latino immigrant families in Arlandria. Presentation to Arlandria community members. Alexandria, Virginia.

### **Grants: Funded**

Melchior, S., & **Goodman, R. D.** (2020). *Experiences of high school students from immigrant families during the coronavirus crisis*. Virginia Counseling Association Foundation (VCAF). Awarded: \$500. Role: Co-PI.

Letiecq, B., & **Goodman, R. D.**, & Sutter, R. (2019). *Kaiser Permanente Northern Virginia Place-Based Initiative: Community engagement proposal*. Kaiser Permanente. Awarded: \$26,536. Role: Co-PI.

Letiecq, B., Vesely, C., DeMulder, E., & **Goodman, R. D.** (2018). *Collaborative data analyses and data dissemination in partnership with two Alexandria communities*. Bruhn Morris Family Foundation. Awarded: \$56,388. Role: Co-PI.

- Letiecq, B. L., Vesely, C., & **Goodman, R. D.** (2016). *Amigas de la Comunidad: Promoting the health and well-being of Alexandria's immigrant families*. Bruhn Morris Family Foundation. Awarded: \$54,412. Role: Co-PI.
- Williams, J., Letiecq, B. L., & **Goodman, R. D.** (2016). *African American children, youth, and their families in Alexandria, VA: Documenting community strengths, resources, and unmet needs*. Bruhn Morris Family Foundation. Awarded: \$72,180. Role: Co-PI.
- Letiecq, B., Vesely, C., DeMulder, E., Stribling, S., & Ginsburg, M. (2014). *Early Childhood Care and Education for vulnerable families in Alexandria: Building strategic partnerships through community-engaged research*. Bruhn Morris Family Foundation. Awarded: \$62,988. Role: Co-investigator.
- Goodman, R. D.** (2012). *Understanding the experiences of immigrants and immigration advocates: Implications for social services, education, and policy*. Seed Grant Funding Program, College of Education and Human Development, George Mason University. Awarded: \$1,500. Role: Principal Investigator.
- Goodman, R. D.** (2012). *Stress, trauma, and resilience among immigrant youth*. Summer Research Funding for Tenure-Track and Tenured Faculty, George Mason University. Awarded: \$4,200. Role: Principal Investigator.
- Goodman, R. D.** (2011). *Social justice action and mindfulness*. Faculty/Staff Learning Community Grant, Center for Consciousness and Transformation, George Mason University. Awarded: \$3,000. Role: Principal Investigator.
- Goodman, R. D.** (2010). *Haiti disaster response and counselor training*. Research and Best Practices Grant, Southern Association for Counselor Education and Supervision. Awarded: \$500. Role: Principal Investigator.

## TEACHING

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### Courses

\*\* new course developed

<b>2010-present</b>	<b>George Mason University, Graduate Courses Taught/Developed</b>
Spr. 2020-present	**Trauma and Crisis Counseling, EDCD 619 ( <i>course lead</i> )
Spr. 2015-Fall 2019	Career and Educational Counseling, EDCD 610 ( <i>course lead</i> )
Sum. 2013	**Cross-Cultural Counseling Outreach (field-based course), EDCD 797
Fall 2011-2014	Counseling, Ethics, and Consultation in Community Agencies, EDCD 654
Sum. 2011-Fall 2017	**Trauma Counseling, EDCD 797
Fall 2010-present	Introduction to Research in Counseling, EDCD 601 ( <i>course lead</i> )
Spr. 2011	Practicum in Community Agency Counseling, EDCD 755
Fall 2010	Internship in Community Agency Counseling, EDCD 791
<b>2009-2010</b>	<b>University of Cincinnati, Online Undergraduate Courses Taught/Developed</b>
Winter 2010	**Childhood Trauma and Recovery, ADDC 415
Autumn 2009	**Crisis Management in Therapy, ADDC 421
<b>2006-2010</b>	<b>University of Florida, Graduate &amp; Undergraduate Courses</b>
2009-2010	Job Search Strategies, SLS 2302 (undergraduate), Instructor
Spr. 2009	Sexuality and Mental Health, MHS 6471 (graduate), Teaching Assistant (TA)

Sum. 2008	Diagnosis & Treatment of Mental Disorders, MHS 6071 (graduate), TA
2006-2007	Interpersonal Communication Skills, SDS 4410 (undergraduate), Instructor
Spr. 2007	Counseling in Community Settings, MHS 6080 (graduate), TA
Fall 2006	Trauma and Crisis Intervention, SDS 6938 (graduate), TA

**Doctoral Committees: George Mason University**

2020-present	Courtney Diener, PhD in Education Portfolio Committee Member
2020-present	Naomi Brown, Doctoral Dissertation Committee Member
2020-present	Maria Rybicki-Newman, Doctoral Dissertation Committee Member
2011-2016	Saara Amri, Doctoral Dissertation & Portfolio Committee Member
2013-2015	Samantha Spinney, Doctoral Dissertation Committee Member Dissertation: <i>Effects of Participation in Immigration Activism on Undocumented Students in Higher Education</i> , defended Oct. 2015
2011-2014	Jessica Vilbas, PhD in Education Portfolio Committee Member
2011-2013	Winifred Betts-Campbell, PhD in Education Portfolio Committee Member

**Doctoral Committee: External**

2020	Patricia Robertson, Royal Roads University (Canada), Dissertation External Examiner Dissertation: <i>Developing Inner Peacebuilding for Helping Professionals: Working Through Transgenerational Trauma with Body Focused Systemic Constellations</i>
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**SERVICE & OUTREACH**

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**Journal Editor**

2014-2015	<b>Guest Editor</b> , <i>Journal of Mental Health Counseling (JMHC)</i> , Special Issue: Trauma Counseling and Interventions, Publication Date: October 2015
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**Editorial and Review Experience**

2020-present	<b>Ad-Hoc Reviewer</b> , <i>Urban Education</i>
2019-present	<b>Ad-Hoc Reviewer</b> , <i>Journal of Aggression, Maltreatment &amp; Trauma</i>
2016-present	<b>Editorial Board Member</b> , <i>Journal of Social Action in Counseling and Psychology</i>
2011-2016	<b>Editorial Board Member</b> , <i>Journal of Mental Health Counseling (JMHC)</i>
2015	<b>Grant Proposal Reviewer</b> , Summer Research Grant Award Program, George Mason University
2012	<b>Reviewer</b> , <i>Journal for Specialists in Group Work (JSGW)</i> , Special Issue: International Group Work
2010	<b>Ad-Hoc Reviewer</b> , <i>Urban Education</i>
2008-2010	<b>Proposal Reviewer</b> , American Counseling Association (ACA)
2008-2009	<b>Student Editorial Board Member</b> , <i>Journal of Multicultural Counseling &amp; Development</i>
2009	<b>Proposal Reviewer</b> , American Educational Research Association (AERA) Annual Meeting
2008	<b>Proposal Reviewer</b> , Florida Educational Research Association (FERA) Annual Meeting

**University Service: Involvement and Leadership**

- 2020-2021     **Faculty Coordinator**, GMU Counseling Program Advisory Board, George Mason University
- 2020-present   **Faculty Advisor & Founding Member**, GMU-CSJ, George Mason University Chapter of Counselors for Social Justice
- 2019           **Member**, First Tier Tenure and Promotion Review Committee, College of Education and Human Development, George Mason University
- 2017           **Council Member (Interim)**, College of Education and Human Development, George Mason University
- 2016-present   **Advisory Board Member**, UndocuMason (formerly Mason Dreamers), George Mason University
- 2016-2019     **Faculty Coordinator**, Student and Alumni Advisory Board, Counseling & Development Program, George Mason University
- 2016-present   **Liaison/Coordinator**, Council for the Accreditation of Counseling and Related Educational Programs (CACREP) Accreditation for the Counseling & Development Program
- 2016           **Member**, First Tier Tenure and Promotion Review Committee, College of Education and Human Development, George Mason University
- 2014-2018     **Member**, Social Justice Ad Hoc Committee, College of Education and Human Development, George Mason University
- 2011-2017     **Faculty Advisor**, Chi Sigma Iota (CSI), Gamma Mu Upsilon Chapter
- 2014           **Clinical Coordinator**, Community Agency Counseling Track, Counseling & Development Program, George Mason University
- 2013-2015     **PhD in Education Program Representative**, College of Education and Human Development, George Mason University
- 2013-2014     **Assistant Clinical Coordinator**, Counseling & Development Program, George Mason University
- 2012-2014     **Secretary**, Professional Development Committee, College of Education and Human Development, George Mason University
- 2011-2012     **Clinical Coordinator**, Counseling & Development Program, George Mason University

**Professional and Community Service: Involvement and Leadership**

- 2020-present   **Member**, Membership Committee, International Association for Resilience & Trauma Counseling (IARTC), organizational affiliate of the American Counseling Association (ACA)
- 2020           **Member**, Anti-Racism Action Plan Task Force, American Counseling Association (ACA)
- 2020-present   **Volunteer Mentor**, Counselors for Social Justice (CSJ), a division of the American Counseling Association (ACA)
- 2020-present   **Program Development Volunteer**, Virtual Family Chats, Alexandria City Public Schools
- 2020-present   **Elder Council Member**, Counselors for Social Justice (CSJ), a division of the American Counseling Association (ACA)

- 2019-2021 **Membership Committee Co-Chair**, Counselors for Social Justice (CSJ), a division of the American Counseling Association (ACA)
- 2018-2019 **Past President**, Counselors for Social Justice (CSJ), a division of the American Counseling Association (ACA)
- 2017-2018 **President**, Counselors for Social Justice (CSJ), a division of the American Counseling Association (ACA)
- 2017-2018 **Member**, Crisis Preparedness and Trauma Counseling Task Force, American Counseling Association (ACA)
- 2017-2018 **Member**, Undocumented Immigrant Students Working Group & Task Force, American Counseling Association (ACA) and America's Voice
- 2016-present **Advisory Council Member**, Hayfield Secondary School, Fairfax County, VA
- 2016-2017 **President Elect**, Counselors for Social Justice (CSJ), a division of the American Counseling Association (ACA)
- 2014-present **Co-leader**, Amigas de la Comunidad, Community Advisory Board, Alexandria, VA
- 2014-2016 **Community Representative**, Counselors for Social Justice (CSJ), a division of the American Counseling Association (ACA)
- 2014-2016 **Strategic Planning Committee Member**, Counselors for Social Justice (CSJ)
- 2013-2016 **Co-Coordinator**, Golden Bridge Project, a multidisciplinary, multifaceted project to address wellbeing and health equity in Indian Country
- 2013 **Coordinator**, Counselors Without Borders Outreach to Oglala Sioux Tribe of Pine Ridge Indian Reservation, SD
- 2012-2013 **Coordinator**, Pre-Conference Service Day, Counselors for Social Justice (CSJ)
- 2011-2013 **Research Consultant**, Fairfax Partnership for Youth (FPY), Fairfax, VA
- 2011-2013 **Member**, Youth Wellness Network, Fairfax, VA
- 2011-2013 **Research Consultant**, EdChange, Fairfax, VA
- 2010-2012 **Consultant & Supervisor**, Gum Springs Community Outreach, Gum Springs, VA
- 2010 **Coordinator**, Outreach to the Florida Haitian and Haitian American Community, Florida Association for Multicultural Counseling and Development (FAMCD)
- 2009-2010 **President**, Florida Association for Multicultural Counseling and Development (FAMCD), a division of the Florida Counseling Association (FCA)
- 2007-2011 **Finance Committee Member**, Association for Multicultural Counseling and Development (AMCD), a division of the American Counseling Association
- 2006-2009 **Clinical Outreach Coordinator**, Culture-centered Disaster Responses in Post-Katrina New Orleans, South Africa, and Botswana, Association for Multicultural Counseling and Development (AMCD)

**Clinical Experience**

- 2011-2012 **Counselor**, Counseling and Psychological Services (CAPS), George Mason University, Fairfax, VA
- 2008-2010 **Assistant Director & Clinical Training Director**, University of Florida Career Resource Center, Gainesville, FL

- 2007-2008 **Doctoral Counseling Intern**, University of Florida Counseling Center, Gainesville, FL  
 2006 **Counseling Intern**, University of Florida Career Resource Center, Gainesville, FL  
 2006 **Counseling Intern**, Partners in Adolescent Lifestyle Support – Shands at Vista, Gainesville, FL  
 2005 **Practicum Counselor**, Meridian Behavioral Healthcare, Gainesville, FL  
 2005 **Practicum Counselor**, Child and Adolescent Unit – Shands at Vista, Gainesville, FL

**Licensure & Certification**

- 2013 Certificate in Advanced Training in Traumatic Stress, International Society for Traumatic Stress Studies (ISTSS)  
 2011 Certified Red Cross Disaster Mental Health Responder  
 2010-present Licensed Professional Counselor (LPC), District of Columbia, PRC 14121

**HONORS AND AWARDS**

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- 2014-2015 **Symposia Chair**, Heritage of Wellness & Pocahontas Memorial Symposia, Co-hosted by Rachel’s Well and partners  
 2013-2014 **Social Justice Educators Faculty Learning Community Funded Member**, George Mason University (GMU)  
 2013 **Outstanding Master’s Counselor Education Program**, Southern Association of Counselor Education and Supervision (SACES)  
 2010 **Emerging Leaders Fellow**, Southern Association for Counselor Education and Supervision (SACES)  
 2009 **Longitudinal Explorations of Child Outcomes and Well-Being Funded Workshop Participant**, Inter-university Consortium for Political and Social Research (ICPSR), University of Michigan  
 2009 **Dr. Daya & Mrs. Usha K. Sandhu Multicultural Counseling/Diversity Student Research Award Recipient**, Association for Multicultural Counseling and Development (AMCD)  
 2009 **Outstanding Research Award Recipient**, Chi Sigma Iota (CSI) International,  
 2009 **Graduate Student Seminar Fellowship Recipient**, American Educational Research Association (AERA), Division E  
 2008 **Early Childhood Longitudinal Study, Kindergarten Class of 1998-99 (ECLS-K) Database Training Funded Seminar Participant**, The National Center for Education Statistics (NCES), U.S. Department of Education  
 2007 **Dr. Robert O. Stripling Scholarship Award Recipient**, Department of Counselor Education, University of Florida  
 2004-2008 **Alumni Fellowship Recipient** (\$72,000 total award package), University of Florida



## **Current Professional Affiliations**

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American Counseling Association (ACA)

Association for Multicultural Counseling and Development (AMCD)

Counselors for Social Justice (CSJ)

International Association for Resilience & Trauma Counseling (IARTC)

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