

**GEORGE MASON UNIVERSITY**  
**College of Education and Human Development**  
**Athletic Training Education Program**

ATEP 120 Section A01— First Aid and Emergency Care LAB Section taken concurrently with  
ATEP 120 DL1  
Summer 2024

**Practical Skills Meeting Days**

06-07-24 & 06-14-24: 8:00 AM-10:00 AM- 148 Katherine G. Johnson Hall Science &  
Technology Campus

**Final Skills Assessment Day**

06-21-24: 8:00 AM 10:00 AM-148 Katherine G. Johnson Hall Science & Technology Campus

**FACULTY**

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**PREREQUISITES/COREQUISITES**

None

**COURSE DESCRIPTION**

Covers basic emergency management procedures for various injuries and sudden illnesses, including CPR and use of an Automated External Defibrillator (AED) for cardiac emergencies and basic first aid techniques; certification in First aid and CPR and AED.

**COURSE OVERVIEW**

The course contains both a lecture and practical component. Certification in First aid, CPR and AED will be awarded upon the satisfactory completion of the written and practical course requirements.

**DELIVERY METHOD**

This course will be delivered online using an asynchronous format via the Blackboard learning management system (LMS) housed in the MyMason portal. You will log in to the Blackboard course site using your Mason email name (everything before “@gmU.edu) and email password. The course site will be available on May 13, 2024.

**Under no circumstances, may candidates/students participate in online class sessions (either by phone or Internet) while operating motor vehicles. Further, as expected in a face-to-face class meeting, such online participation requires undivided attention to course content and communication.**

**TECHNICAL REQUIREMENTS**

To participate in this course, students will need the following resources:

- High-speed Internet access with a standard up-to-date browser, either Internet Explorer or Mozilla Firefox. Opera and Safari are not compatible with Blackboard;
- Consistent and reliable access to their GMU email and Blackboard, as these are the official methods of communication for this course.
- Students may be asked to create logins and passwords on supplemental websites and/or to download trial software to their computer or tablet as part of the course requirements.
- The following software plug-ins for PCs and Macs respectively, are available for free downloading by clicking on the link next to each plug-in:

- Adobe Acrobat Reader: <http://get.adobe.com/reader/>
- Windows Media Player: <http://windows.microsoft.com/en-US/windows/downloads/windows-media-player>
- Apple Quick Time Player: [www.apple.com/quicktime/download](http://www.apple.com/quicktime/download)

## EXPECTATIONS

- **Course Week:** Because asynchronous courses do not have a “fixed” meeting day, our week will start on Monday and finish on Sunday.
- **Log-in Frequency:** Students must actively check the course Blackboard site and their GMU email for communications from the instructor, at a minimum this should be 2 times per week.
- **Participation:** Students are expected to actively engage in all course activities throughout the semester, which include viewing of all course materials, completing course activities and assignments, and participating in course discussions and group interactions.
- **Technical Competence:** Students are expected to demonstrate competence in the use of all course technology. Students are expected to seek assistance if they are struggling with technical components of the course.
- **Technical Issues:** Students should expect that they could experience some technical difficulties at some point in the semester and should, therefore, budget their time accordingly. Late work will not be accepted based on individual technical issues.
- **Workload:** Expect to log in to this course **at least three times a week** to read announcements, participate in the discussions, and work on course materials. Remember, this course is **not** self-paced. There are **specific deadlines** and **due dates** listed in the **CLASS SCHEDULE** section of this syllabus to which you are expected to adhere. It is the student’s responsibility to keep track of the weekly course schedule of topics, readings, activities and assignments due.
- **Instructor Support:**  
Students may schedule a one-on-one meeting to discuss course requirements, content or other course-related issues. Those unable to come to a Mason campus can meet with the instructor via telephone or web conference. Students should email the instructor to schedule a one-on-one session, including their preferred meeting method and suggested dates/times.
- **Netiquette:** The course environment is a collaborative space. Experience shows that even an innocent remark typed in the online environment can be misconstrued. Students must always re-read their responses carefully before posting them, so as others do not consider them as personal offenses. *Be positive in your approach with others and diplomatic in selecting your words.* Remember that you are not competing with classmates, but sharing information and learning from others. All faculty are similarly expected to be respectful in all communications.
- **Accommodations:** Online learners who require effective accommodations to insure accessibility must be registered with George Mason University Disability Services.

## COURSE OBJECTIVES

This course is designed to enable students to do the following:

1. Demonstrate all competencies necessary for CPR/AED certification to Emergency Care & Safety Institute standards.
2. Operate an Automatic External Defibrillator (AED).
3. Perform all competencies necessary for basic First Aid for Emergency Care & Safety Institute standards.
4. Recognize and properly assist in treating breathing emergencies and medical emergencies.
5. Demonstrate control of bleeding and shock in a patient.

6. Identify and provide initial first aid for soft tissue and musculoskeletal injuries.
7. Recognize environmental emergencies and properly apply basic first aid to assist a patient.

**PROFESSIONAL ASSOCIATION STANDARDS**

Further, upon completion of this course, students will meet the following professional accreditation standards:

1. 2010 International Consensus Guidelines for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiac Care (ECC)
2. Commission on Accreditation of Athletic Training Education (CAATE) competencies and proficiencies in one or more of the following content areas: evidence-based practice, prevention and health promotion, clinical examination and diagnosis, acute care of injury and illness, therapeutic interventions, psychosocial strategies and referral, healthcare administration, professional development and responsibility.

|            |   |
|------------|---|
| Standard 5 | Prevent Injuries by providing safe facilities   |
| Standard 7 | Monitor Environmental conditions and modify participation as needed to ensure the health and safety of participants |
| Standard 8 | Identify physical conditions that predispose athletes to injuries   |
| Standard 9 | Recognize injuries and provide immediate appropriate care   |

**REQUIRED TEXTS**

Thygeson AL, (2011). *First Aid, CPR and AED Interactive 8<sup>th</sup> Edition*, Jones & Bartlett Learning

**COURSE PERFORMANCE EVALUATION**

ATEP 120 is a pass or fail course. \*\*Failing any part of the on-line modules or any of the performance evaluation requirements will result in failing the course.\*\*

Students must achieve a passing grade of 80% or better on the Emergency Care & Safety Institutes’ (ECSI) First Aid, CPR and AED on-line materials and perform live First Aid and CPR/AED skills at a competency level demonstrated by ECSI. Instructions on how to access the ECSI website, course information, and purchasing are provided at the end of this syllabus.

**Participation- Skill Testing and Final Skill Check off Days are MANDATORY- no make up options**

Students are expected to complete the online ECSI CPR course modules. In addition, students are expected to physically attend class on the following dates & times:

- 06-07-2024: 8:00 AM- 10:00 AM
- 06-14-2024: 8:00 AM- 10:00 AM

**Final Exam: First Aid and CPR/AED Live Skills Tests**

A final exam (check your understanding) must be completed at the end of the ECSI on-line course modules. Students MUST earn 80% or greater to achieve a passing grade. The student must receive a passing grade in order to attempt the live skills tests. Students must receive a passing grade on Exam in order to obtain Certificates of Completion by ECSI. This test will evaluate students’ ability to perform First Aid and Emergency Care techniques as demonstrated by ECSI.

The final exam/ live skills test is on Friday 06-21-2024: 8:00 AM- 10:00 AM

**NOTE: In order to complete the exam and pass the course, the student must hand in a completed ECSI certificate indicating completion of the online course modules.**

**\*\*Students must demonstrate skills at a competency level demonstrated by ECSI on both Skills Tests (First Aid and CPR/AED) to qualify for ECSI certification and pass the course\*\***

| EVALUATION  | NUMBER | POINTS      |
|---|--------|-------------|
| On-Line Modules Final Exam  | 1      | Pass/Fail*  |
| First Aid Skills Test   | 1      | Pass/Fail*  |
| Basic CPR/AED Skills Test   | 1      | Pass/Fail*  |
| To Pass Course student must achieve 80% or better on ECSI online materials. Student must demonstrate to ECSI competency level First Aid Skills. Student must demonstrate to ECSI competency level CPR/AED Skills. |        | Pass/Fail * |

\*The student's grade will be based on the following scale:

Pass   **\*\*Students must demonstrate skills at a competency level demonstrated by ECSI on both Skills Tests (First Aid and CPR/AED) to qualify for ECSI certification and pass the course\*\***

### PROFESSIONAL DISPOSITION

Students are expected to exhibit professional behaviors and dispositions at all times.

### SUGGESTED COURSE SCHEDULE

| WEEK   | TOPIC               | ASSIGNMENT   |
|--|---------------------|--|
| <b>1 – Online Modules</b><br><i>05/13-05/19</i>                              | First Aid, CPR, AED | -Your Role as First Aid Provider<br>-Actions to Take Before Helping  |
| <b>2 – Online Modules</b><br><i>05/20-05/26</i>                              | First Aid, CPR/AED  | -Checking an Injured or Ill Person<br>-Injury Emergencies  |
| <b>3 - Online Modules</b><br><i>05/27-06/02</i>                              | First Aid, CPR, AED | -Sudden Illness<br>-Environmental Emergencies  |
| <b>4 – Online Modules</b><br><i>06/03-06/09</i>                              | First Aid, CPR, AED | -CPR and First Aid   |
| <b>4 – In-Person Practice Session</b><br><i>Friday, 06/07/24</i>             |                     |  |
| <b>5- Online Modules</b><br><i>06/10-06/16</i>                               | First Aid, CPR, AED | -Complete any remaining modules  |
| <b>5- In-Person Practice Session</b><br><i>Friday, 06/14/24</i>              |                     | -Final Exam  |
| <b>6 – In-Person Final Exam – Live Skill Test</b><br><i>Friday, 06/21/24</i> | First Aid, CPR, AED | <b><i>*Print certificate upon completion; to be presented to instructor no later than Final Skill Exam</i></b> |

*Note: Faculty reserves the right to alter the schedule as necessary*

**CORE VALUES COMMITMENT:** The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.

## **GMU POLICIES AND RESOURCES FOR STUDENTS**

### *Policies*

- Students must adhere to the guidelines of the Mason Honor Code (see <http://oai.gmu.edu/the-mason-honor-code/>).
- Students must follow the university policy for Responsible Use of Computing (see <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <http://ods.gmu.edu/>).
- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor.

### *Campus Resources*

- Support for submission of assignments to Tk20 should be directed to [tk20help@gmu.edu](mailto:tk20help@gmu.edu) or <https://cehd.gmu.edu/api/tk20>. Questions or concerns regarding use of Blackboard should be directed to <http://coursessupport.gmu.edu/>.
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing (see <http://writingcenter.gmu.edu/>).
- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance (see <http://caps.gmu.edu/>).
- The George Mason University Office of Student Support staff helps students negotiate life situations by connecting them with appropriate campus and off-campus resources. Students in need of these services may contact the office by phone (703-993-5376). Concerned students, faculty and staff may also make a referral to express concern for the safety or well-being of a Mason student or the community by going to <http://studentsupport.gmu.edu/>, and the OSS staff will follow up with the student.

**For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/>.**

### **E-MAIL CORRESPONDENCE**

Only messages that originate from a George Mason University address will be accepted. The following is an appropriate professional format:

Dear Instructor, (*Beginning salutation*)

I am looking forward to your class. (*Text body*)

Regards, (*Ending Salutation*)

(*Your name*)

### **SPECIAL REQUIREMENT**

The student will use issued supplies to practice skills that are taught in the laboratory section of the course as well as access to on-line materials and certification cards. A laboratory fee of \$50.00 for this course was assessed through financial aid.

### **NATURE OF COURSE DELIVERY**

Hybrid -including asynchronous on-line materials presentation and live skill practice and evaluation. On-line material can be completed at the student's designated pace, but a course calendar is provided for a suggested timeline for course completion. Skills practice dates and times have been scheduled and are posted on page 1 of syllabi. ***Students must attend class for the designated dates, and the final exam in order to pass the course.***

**Instructions to purchase and access certification materials for  
First Aid, CPR and AED Interactive 8<sup>th</sup> Edition**  
**Instructions to purchase online certification material For *First Aid, CPR and AED Interactive***

- Go to the following website <https://www.ecsinstitute.org/catalog/productdetails/9781284273588> and purchase the *First Aid, CPR, and AED Interactive, Eighth Edition*

**First Aid, CPR, and AED Interactive**  
EIGHTH EDITION

American Academy of Orthopaedic Surgeons (AAOS)  
SKU: 9781284273588 | © 2022

365 Day Subscription  
INSTANT ACCESS

**SELECT LEVEL PACKAGE / RESOURCES:**

- Paperback
- eBook
- Instructors Resources
- Online**

**SELECT FORMAT / BUNDLE:**

- Online Access**

**PLACE YOUR ORDER**

Quantity: 1 \$20.95

**Add to Cart**

- You will receive the following. Click submit to acknowledge.

**Skills Testing**

Practical Exams are required for the following item being added to your cart:

Standard First Aid, CPR, and AED, 8e Interactive, Eighth Edition

In order to receive an official certification card for completing this training, you must check for a Skills Testing Location near you to arrange a time to complete the required practical skills exam, and to verify the cost of the separate practical exam.

If you do not find a Skills Testing Location near you, please contact your Jones and Bartlett Public Safety Specialist, as others are joining daily, and a specific Skills Testing Location may not yet have been posted at this time.

No refunds will be issued after purchase if you are unable to find a Skills Testing Location near you.

To proceed, you must check the box to the left to verify that you understand and accept the terms listed above.

\*Note: pressing cancel will prevent this item from being added to your cart.

**Submit** **Cancel**

- Confirm you have selected First Aid, CPR, and AED Interactive, Eighth Edition.

[Continue Shopping](#) **Checkout**

**My Cart**

|  | Quantity                 | Unit Price | Total   |
|--|--------------------------|------------|---------|
| First Aid, CPR, and AED Interactive, Eighth Edition<br>ISBN: 9781284273588<br><a href="#">Remove</a> | 1 <a href="#">Update</a> | \$20.95    | \$20.95 |

Items will remain in the cart for the next 24 hours

Promotion code:  [Apply to Order](#) Subtotal: \$20.95

- Create New User Registration if this is your first purchase with ECSI. If you have purchased a course previously sign in with your information.

|  |  |
|--|--|
| <h3>Returning Users Sign In</h3> <p>Username: <input type="text"/></p> <p>Password: <input type="password"/></p> <p><a href="#">Forget your username or password?</a></p> <p><input type="submit" value="Submit"/></p> | <h3>New User Registration</h3> <p><input type="button" value="Create a New Account"/></p> <ul style="list-style-type: none"><li>■ It will only take a minute.</li><li>■ It's easy</li><li>■ And it's free!</li></ul> <p>Need Assistance? <a href="#">Contact Technical Support</a></p> |
|--|--|

5. .Complete you information and review your order for First Aid, CPR, AED Interactive, Eighth, Edition. Once you have confirmed and placed your order an access code with instructions will be sent to your email account. Follow the instructions in the email sent to you to begin your coursework.