

**George Mason University  
College of Education and Human Development  
Early Childhood Education**

EDUC 302.002 Human Growth and Development  
3 Credits, Spring 2023, In-person  
1/23/2023-5/17/2023; Tuesdays/ 4:30-7:10 pm  
Thompson L017, Fairfax Campus

**Faculty**

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**Prerequisites**

None

**University Catalog Course Description**

Introduces educational issues. Examines human development through life span with special emphasis on cognitive, language, physical, social, and emotional development of children. Emphasizes contemporary theories of human development and their relevance to educational practice.

**Course Delivery Method**

This course will be delivered using a lecture/discussion format and Blackboard.

**Learner Outcomes or Objectives**

This course is designed to enable students to do the following:

1. Discuss the developmental stages of human development in terms of the cognitive, affective, and psychomotor domains and understand the key theories.
2. Examine and explain the contributions of heredity, environment, and child-rearing practices to the total development of the child.
3. Understand the development and/or the application of theories as they apply to the instruction of children and adults.
4. Explain how people learn through active exploration and multiple interactions with materials, other people, and the adults or leaders in their environment.
5. Demonstrate knowledge of contemporary theories of human development and their relevance to educational practices in early childhood, middle, and adolescent education.

**Professional Standards** Interstate Teacher Assessment and Support Consortium (InTASC) Teaching Standards, Virginia Professional Studies Endorsement Competencies

Upon completion of this course, students will have met the following professional standards:  
Not Applicable

### Required Texts

Berk, L. (2018). *Exploring lifespan development* (4th ed.). Pearson.  
ISBN: 978-0134419701

### Recommended Texts

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7th ed.). ISBN: 9781433832178

Supplemental materials will be posted on the Blackboard website.

### Course Performance Evaluation

Students are expected to submit all assignments on time in the manner outlined by the instructor (e.g., Blackboard, VIA, hard copy).

	Due Dates	Points
<b>Attendance &amp; Participation</b> Attendance & Participation Summary	Ongoing 5/10	<b>Total Pts 25</b>
<b>Quizzes</b> (5 quizzes - 8 points each) <ul style="list-style-type: none"><li>• Quiz 1 (Chapters 1-3)</li><li>• Quiz 2 (Chapters 4-6)</li><li>• Quiz 3 (Chapters 7-10)</li><li>• Quiz 4 (Chapters 11-14)</li><li>• Quiz 5 (Chapters 15-19)</li></ul>	2/14 2/28 3/28 4/11 5/2	<b>Total Pts 40</b> 8 8 8 8 8
<b>Article Share</b> <ul style="list-style-type: none"><li>• Infancy and toddlerhood</li><li>• Early childhood: Physical and cognitive development</li><li>• Early childhood: Emotional and social development</li><li>• Middle childhood</li><li>• Adolescence</li><li>• Early adulthood</li><li>• Middle adulthood</li><li>• Late adulthood</li><li>• Death, dying, and bereavement</li></ul>	2/21 2/28 3/7 3/21 3/28 4/4 4/11 4/18 4/25	<b>Total Pts 15</b>
<b>Brief Research Report (BRR)</b> <ul style="list-style-type: none"><li>• Submit topic and 3 scholarly articles for approval</li><li>• Outline: One-page bullet points summarizing ideas</li><li>• Report</li></ul>	2/21 3/21 4/18	<b>Total Pts 20</b> 4 1 15
<b>TOTAL</b>		<b>100</b>
<i>A minimum of 5% may be deducted for late submissions. Total deduction based on how late the assignment is submitted. Late submissions more than one week beyond the original due date must be approved by the Instructor.</i>		

- **Assignments and/or Examinations**

### **Quizzes (40 points)**

Students will complete five quizzes (8 points each) across the semester to demonstrate knowledge of central aspects of human development and developmental theories. Quizzes may include a combination of multiple-choice responses, short essays, and other test items. Quizzes can be taken in class only. There are no make-up quizzes without approval from the Instructor.

### **Article Share (15 points)**

Students will select a peer-reviewed journal article (not a news article) from a variety of topics provided by the instructor that is related to human growth and development. This activity will take place during predetermined class sessions. Two to four students will be responsible for presenting information and facilitating a reflective discussion with a small group of peers on a topic related to the selected developmental period. A sign-up form will be available for students to choose a session for their presentation and facilitation.

For the assigned session, presenting students will create a review sheet (no more than 1 page long; avoid plagiarism; include article reference) to share with their classmates in a small group. Presenting students will submit a copy of the journal article and their review sheet (5 points) to Blackboard by midnight prior to their presentation (2 points). The small group will respond by discussing the presentation, and each member will complete and submit a brief reflection (4 or more lines) about it (8 points [1 point x 8 discussions]).

### **Brief Research Report (BRR, 20 points)**

This assignment allows students to pursue a topic of their choice and conduct some basic research on the topic. The topic can be anything they are interested in that relates to the content of the course.

Using the research skills demonstrated by the education librarian or by the instructor, students are to find at least three scholarly (peer-reviewed) journal articles (including at least 1 empirical-research article) to use in the report that cover their topic of interest that have been published in the past decade. Students are to submit their topic and electronic copies (no links) of the articles for instructor approval prior to writing the paper. If an approved article is changed, students are to submit the new article for approval prior to writing the paper. In addition, they are to submit a **brief outline (no more than 1 page)** for review before writing the paper, and a final report. The final report should include a literature review and a synthesis. It should also include a reflection guided by the following questions:

- How is the topic situated in the field of lifespan development? Specifically,
  - What developmental period is emphasized?
  - What theoretical perspectives inform the research? (Vygotsky, Piaget, Freud, Erikson, etc.)
  - What developmental domains (social and emotional, cognitive, and /or physical) are emphasized?
- How is this information helpful for practitioners?
- How is this information relevant for the general population?

Students will cite current research from the course textbook and/or other course materials, which may be supplemented with other relevant sources to support their conclusions and assertions. Students will use in-text citations and include a reference list. The paper will be **five to six double-spaced pages plus title and reference pages**. The paper should follow APA format.

- **Other Requirements**

### **Attendance and Participation (25 points)**

Active participation and engagement are imperative for optimal learning. Therefore, students will prepare for and participate in in-class and online activities. Students will be expected to do the following:

- Attend class, arrive on time, and stay for the entire class period for all in-person and online synchronous class sessions.
- Complete all online asynchronous work by the due dates.
- Use laptops and personal devices for instructional purposes only during in-person and online synchronous class sessions.
- Complete readings and prepare for class activities prior to class as evidenced by the ability to discuss, write about, and engage in activities related to the concepts presented and examined in the texts.
- Complete participation activities across the semester that complement the scheduled course topic. *Note: Instructors will periodically collect artifacts from the activities.*
- Support the participation and learning of classmates. Students in attendance and who actively engage in the learning experience will receive credit for their efforts. Graded participation activities are not announced and are implemented at the discretion of the instructor.
- Show evidence of critical reflective thinking through in-person, online synchronous, and online asynchronous discussions, activities, and written reflections.
- Display professional dispositions at all times when interacting with the instructor, classmates, and other professionals.
- Submit an attendance and participation self-evaluation.

### **Written Assignments**

All formal written assignments will be evaluated for content and presentation. The American Psychological Association, Seventh Edition (APA) style will be followed for all written work. All written work unless otherwise noted must be completed on a word processor and should be proofread carefully. (Use spell check!) If students are not confident of their own ability to catch errors, they should have another person proofread their work. When in doubt, they should check the APA manual. Students may consult the Writing Center for additional writing support.

Students will do the following:

1. Present ideas in a clear, concise, and organized manner. (Avoid wordiness and redundancy.)
2. Develop points coherently, definitively, and thoroughly.
3. Refer to appropriate authorities, studies, and examples to document where appropriate. (Avoid meaningless generalizations, unwarranted assumptions, and unsupported opinions.)
4. Use correct capitalization, punctuation, spelling, and grammar.

5. Type the paper with double spacing, indented paragraphs, 1-inch margins all around, and 12-point Times New Roman font.

- **Grading**

A+ = 98 – 100   A = 93 – 97   A- = 90 – 92   B+ = 87 – 89   B = 83 – 86   B- = 80 – 82  
 C+ = 77 – 79   C = 73 – 76   C- = 70 – 72   D = 60 – 69   F = < 60

Incomplete (IN): This grade may be given to students who are passing a course but who may be unable to complete scheduled coursework for a cause beyond reasonable control.

All CEHD students are held to the university grading policies as described in the Academic Policies section of the current catalog, which can be accessed at <http://catalog.gmu.edu>. Those students seeking Virginia initial teaching licensure must earn a C or better in all undergraduate licensure coursework.

**Professional Dispositions**

Students are expected to exhibit professional behaviors and dispositions at all times. See <https://cehd.gmu.edu/students/policies-procedures/>.

**Class Schedule**

<b>Modules</b>	<b>Topic</b>	<b>Assignments &amp; Readings Due</b>
<b>Lesson 1</b>		
Jan 24	Introductions, Course Overview  History, Theory, & Research Strategies	Chapter 1
<b>Lesson 2</b>		
Jan 31	Genetic & Environmental Foundations	Chapter 2
<b>Lesson 3</b>		
Feb 7	<b>ASYNCHRONOUS CLASS</b> Prenatal Development, Birth & the Newborn Baby	Chapter 3
<b>Lesson 4</b>		
Feb 14	Physical Development in Infancy & Toddlerhood	Chapter 4  <b>Due to Bb by 2/14: Quiz 1 (Ch. 1-3)</b>

<b>Lesson 5</b>		
Feb 21	Cognitive Development in Infancy & Toddlerhood  Emotional & Social Development in Infancy & Toddlerhood	Chapters 5 & 6  <b>Due to Bb by 2/21: Article Share (infancy and toddlerhood)</b>  <b>Due to Bb by 2/21: BRR Topic &amp; 3 Journal Articles</b>
<b>Lesson 6</b>		
Feb 28	Physical & Cognitive Development in Early Childhood	Chapter 7  <b>Due to Bb by 2/28: Quiz 2 (Ch. 4-6)</b>  <b>Due to Bb by 2/28: Article Share (Early childhood: Physical and cognitive development)</b>
<b>Lesson 7</b>		
Mar 7	Social & Emotional Development in Early Childhood	Chapter 8  <b>Due to Bb by 3/7: Article Share (Early childhood: Emotional and social development)</b>
Mar 14	<b>Spring Break, No class</b>	

<b>Lesson 8</b>		
Mar 21	Physical & Cognitive Development in Middle Childhood  Social & Emotional Development in Middle Childhood	Chapters 9 & 10  <b>Due to Bb by 3/21: Article Share (middle childhood)</b>  <b>Due to Bb by 3/21: BRR Outline</b>
<b>Lesson 9</b>		
Mar 28	Physical & Cognitive Development in Adolescence  Emotional & Social Development in Adolescence	Chapters 11 & 12  <b>Due to Bb by 3/28: Quiz 3 (Ch. 7-10)</b>  <b>Due to Bb by 3/28: Article Share (adolescence)</b>

<b>Lesson 10</b>		
Apr 4	Physical & Cognitive Development in Early Adulthood  Emotional & Social Development in Early Adulthood	Chapters 13 & 14  <b>Due to Bb by 4/4: Article Share (early adulthood)</b>
<b>Lesson 11</b>		
Apr 11	Physical & Cognitive Development in Middle Adulthood  Emotional & Social Development in Middle Adulthood	Chapters 15 & 16  <b>Due to Bb by 4/11: Quiz 4 (Ch. 11-14)</b>  <b>Due to Bb by 4/11: Article Share (middle adulthood)</b>
<b>Lesson 12</b>		
Apr 18	Physical & Cognitive Development in Late Adulthood  Emotional & Social Development in Late Adulthood	Chapters 17 & 18  <b>Due to Bb by 4/18: Article Share (late adulthood)</b>  <b>Due to Bb by 4/18: BRR Report</b>
<b>Lesson 13</b>		
Apr 25	Death, Dying, & Bereavement	Chapter 19  <b>Due to Bb by 4/25: Article Share (death, dying, and bereavement)</b>
<b>Lesson 14</b>		
May 2	Children of Military Families	Military Module  <b>Due to Bb by 5/2: Quiz 5 (Ch. 15-19)</b>
May 8-9	<b>No class meeting - Reading Days</b>	
May 10-17	<b>No class meeting</b> - final examination period	<b>Due to Bb by May 10: Attendance and Participation Summary</b>  Course evaluation Deadline for <b>approved</b> late assignments

Note: Faculty reserves the right to alter the schedule as necessary, with notification to students.

### **Core Values Commitment**

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <http://cehd.gmu.edu/values/>.

## GMU Policies and Resources for Students

### *Policies*

- Students must adhere to the guidelines of the Mason Honor Code (see <https://catalog.gmu.edu/policies/honor-code-system/>).
- Students must follow the university policy for Responsible Use of Computing (see <https://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <http://ds.gmu.edu/>).
- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor.

### *Campus Resources*

- Support for submission of assignments to VIA should be directed to [viahelp@gmu.edu](mailto:viahelp@gmu.edu) or <https://cehd.gmu.edu/aero/assessments>. Questions or concerns regarding use of Blackboard should be directed to <https://its.gmu.edu/knowledge-base/blackboard-instructional-technology-support-for-students/>.
- For information on student support resources on campus, see <https://ctfe.gmu.edu/teaching/student-support-resources-on-campus>.

**Notice of mandatory reporting of sexual assault, sexual harassment, interpersonal violence, and stalking:** As a faculty member, I am designated as a “Non-Confidential Employee” and must report all disclosures of sexual assault, sexual harassment, interpersonal violence, and stalking to Mason’s Title IX Coordinator per [University Policy 1202](#). If you wish to speak with someone confidentially, please contact one of Mason’s confidential resources, such as [Student Support and Advocacy Center](#) (SSAC) at 703-380-1434 or [Counseling and Psychological Services](#) (CAPS) at 703-993-2380. You may also seek assistance or support measures from Mason’s Title IX Coordinator by calling 703-993-8730 or emailing [titleix@gmu.edu](mailto:titleix@gmu.edu).

**For additional information on the College of Education and Human Development, please visit our website:** <http://cehd.gmu.edu>.