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GEORGE MASON UNIVERSITY

**College of Education and Human Development
Physical Activity for Lifetime Wellness**

**RECR 109-002 - Self Defense: Intermediate (1)
1 Credit, Fall 2021**

**9:00am - 10:15am / RAC 2002 - Fairfax Campus
10/11-11/27**

Faculty Name

Dr. Chun Jae Park