

George Mason University
College of Education and Human Development
Physical Activity for Lifetime Wellness

RECR 144 001 Soccer: Intermediate
1 Credit, Spring 2021, 15 Mar- 28 Apr
T/R 9:00-10:30 am RAC Field, Fairfax Campus

Faculty

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Prerequisites/Corequisites

RECR 143 or Permission of Instructor.

University Catalog Course Description

Prepares the experienced soccer player in the aspects of the competitive game. Applies skills-training to competitive and recreational play. Covers strategies of offense and defense and variation of different systems of play.

Course Overview

Students will describe and show successful use of the various soccer techniques as well as understanding of different positions on the soccer field and the application of different strategies. An initial evaluation of basic soccer technique/skills will be given the first day of class to determine the level of play of the students. Participation is extremely important to the completion of in-class activity. All students will be expected to attend all class sessions, actively participate on the field and in class discussions and complete any written assignments.

Course Delivery Method

This course is an activity-based course.

Learner Outcomes or Objectives

This course is designed to enable students to do the following:

- a. Explain one defense strategy.

- b. Explain one offensive strategy.
- c. Recognize and explain the strategies of the different positions of a soccer team on the playing field.
- d. Recognize and define systems of play of any given team.

Required Texts

Handouts will be given as necessary.

Course Performance Evaluation

Students are expected to submit all assignments on time in the manner outlined by the instructor (e.g., Blackboard, hard copy).

- **Assignments and Examinations**

- Skills assessment and understanding of playing systems - This will be done while students play on the field.
- Project - Each student will be given a topic to present to the entire class.
- Written exam - The exam will focus on offensive and defensive strategies, position of players in specific strategies, and pros and cons of the different system of plays. (Short answer questions).

- **Other Requirements**

10 points will be given each day with a deduction of 1 point for each five- minutes that a student is late. Students must attend the entire class period and participate in the daily activities to receive full credit for the class. The first day of class will not count in the evaluation. The total possible points can be 130 to 140. Your attendance/participation score will be the number of points you gained each day divided by the total points possible and then multiplied by 60%. If you attend, are on time, and participate each day on the activities, you will receive the full 10 points for that day. **Unexcused absences and late arrivals could significantly affect the grade.**

Students are required to maintain social distancing guidelines as required by the CDC and University. Students are required to have masks available for close proximity of students and instructor.

- **Course Performance Evaluation Weighting**

Attendance/Participation – 60%
 Skills Assessment and Understanding of Playing Systems – 20%
 Project – 5%
 Written Exam – 15%

- **Grading Policies**

A = 94– 100	B+ = 88– 89	C+ = 78 – 79	D = 60– 69
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A- = 90– 93	B = 84– 87	C = 74– 77	F = 0– 59
	B- = 80– 83	C- = 70– 73	

Professional Dispositions

See <https://cehd.gmu.edu/students/polices-procedures/>

Class Schedule

DAY	TOPIC
1	Introduction, syllabus, and student/player evaluation.
2	Passing and receiving techniques. Introduction of field positioning.
3	Introduction to defensive techniques.
4	Defensive positioning/shape and types of defensive strategies.
5	Maintain possession of the ball.
6	Building up the game from the defense.
7	Playing the ball to the flank and use of outside midfielders/defenders.
8	Offensive positioning/shape and types of offensive systems.
9	Finishing/shooting and offensive runs.
10	Full field game applying different playing systems. Topic designation for students' presentations.
11	Students' Presentations
12	Students' Presentations
13	Written Final Exam
14	Course Review

Note: Faculty reserves the right to alter the schedule as necessary, with notification to students.

Core Values Commitment

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <http://cehd.gmu.edu/values/>.

1. GMU Policies and Resources for students

Policies

- a. Students must adhere to the guidelines of the Mason Honor Code (see <https://catalog.gmu.edu/policies/honor-code-system/>).
- b. Students must follow the university policy for Responsible Use of Computing (see <https://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- c. Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- d. Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <https://ds.gmu.edu>).
- e. Students must silence all sound emitting devices during class unless otherwise authorized by the instructor.

Campus Resources

1. Support for submission of assignments to Tk20 should be directed to tk20help@gmu.edu or <https://cehd.gmu.edu/aero/tk20>. Questions or concerns regarding use of Blackboard should be directed to <https://its.gmu.edu/knowledge-base/blackboard-instructional-technology-support-for-students/>.
2. Notice of mandatory reporting of sexual assault, interpersonal violence, and stalking: As a faculty member, I am designated as a “Responsible Employee,” and must report all disclosures of sexual assault, interpersonal violence, and stalking to Mason’s Title IX Coordinator per University Policy 1202. If you wish to speak with someone confidentially, please contact one of Mason’s confidential resources, such as Student Support and Advocacy Center (SSAC) at [703-380-1434](tel:703-380-1434) or Counseling and Psychological Services (CAPS) at [703-993-2380](tel:703-993-2380). You may also seek assistance from Mason’s Title IX Coordinator by calling [703-993-8730](tel:703-993-8730), or emailing titleix@gmu.edu.
3. For information on student support resources on campus, see <https://ctfe.gmu.edu/teaching/student-support-resources-on-campus>
4. For additional information on the College of Education and Human Development, please visit our website <http://cehd.gmu.edu/>.

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