George Mason University  
College of Education and Human Development  
Sport and Recreation Studies  

SRST 450.A01 – Research Methods  
3 Credits, Summer 2020  
Variable—Fairfax Campus

Faculty
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Office Location: Krug Hall 213 (Fairfax Campus)  
Office Phone: 202–500–6279  
Email Address: catwater@gmu.edu

Prerequisites/Corequisites
STAT 250 and 60 credits.

University Catalog Course Description
Covers the development of empirical research designs for both practical and theoretical problems in health, fitness, and recreation resources management. Includes literature review of hypothesized relationships, and formulation of research proposals. Offered by School of Sport/Rec/Tour Mgmt. Limited to three attempts. Writing Intensive in Major.

Course Overview
This course is a designated “Writing-Intensive” (WI) course – fulfilling in part the WI requirement for all HFRR majors – therefore, each person will complete at least 3,500 words of graded writing assignments. To help make this a manageable task, we divided the course into 5 smaller writing exercises you’ll complete throughout the semester. These will be thoroughly critiqued and graded and will form the basis for your final Research Proposal. I’ll do all I can to share knowledge, skills, and techniques for success, but it will be your responsibility to study and incorporate the comments on your papers, suggestions from your colleagues, and information from the text. We’ll follow the guidelines of the Publication Manual of the American Psychological Association (APA) (6th ed.).

Unless otherwise noted, all written papers will be submitted electronically via email. Assignments will be due at the beginning of class on the specified date due. All written papers are to be submitted using WORD (with a .doc or .docx file extension) - .pdf or other formats are not permitted in this course. Papers received AFTER the due date will be considered late and receive a 20% deduction in points per 24 hour period.
If you are confronted with extreme emergencies or are participating in a pre-approved university-sponsored function, exceptions may be made; however, this is only applicable if pre-approved with me (your instructor). In addition, I strongly encourage you to make a back-up copy of any work submitted since computers have been known to crash at the most inopportune times.

Course Delivery Method

This course will be delivered online using an asynchronous format via the Blackboard learning management system (LMS) housed in the MyMason portal. You will log in to the Blackboard course site using your Mason email name (everything before ‘@masonlive.gmu.edu) and email password. The course site will be available at all times from Monday, June 1st 2020 through Friday, July 3rd 2020.

Under no circumstances, may candidates/students participate in online class sessions (either by phone or Internet) while operating motor vehicles. Further, as expected in a face-to-face class meeting, such online participation requires undivided attention to course content and communication.

Technical Requirements

To participate in this course, students will need to satisfy the following technical requirements:

- High-speed Internet access with standard up-to-date browsers. To get a list of Blackboard’s supported browsers see: https://help.blackboard.com/Learn/Student/Getting_Started/Browser_Support#supported-browsers
- Students must maintain consistent and reliable access to their GMU email and Blackboard, as these are the official methods of communication for this course.
- Students will need a headset microphone for use with the Blackboard Collaborate web conferencing tool.
- Students may be asked to create logins and passwords on supplemental websites and/or to download trial software to their computer or tablet as part of course requirements.
- The following software plug-ins for PCs and Macs, respectively, are available for free download:
  - Adobe Acrobat Reader: https://get.adobe.com/reader/
Expectations

• **Course Week:** Because asynchronous courses do not have a “fixed” meeting day, our week will **start** on Mondays, and **finish** on Fridays. All assignments will be due by 5:00pm on Friday.

• **Log-in Frequency:** Students must actively check the course Blackboard site and their GMU email for communications from the instructor, at a minimum this should be 3 times per week.

• **Participation:** Students are expected to actively engage in all course activities throughout the semester, which includes viewing all course materials, completing course activities and assignments, and participating in course discussions and group interactions.

• **Technical Competence:** Students are expected to demonstrate competence in the use of all course technology. Students who are struggling with technical components of the course are expected to seek assistance from the instructor and/or College or University technical services.

• **Technical Issues:** Students should anticipate some technical difficulties during the semester and should, therefore, budget their time accordingly. Late work will not be accepted based on individual technical issues.

• **Workload:** Please be aware that this course is **not** self-paced. Students are expected to meet **specific deadlines** and **due dates** listed in the **Class Schedule** section of this syllabus. It is the student’s responsibility to keep track of the weekly course schedule of topics, readings, activities and assignments due.

• **Instructor Support:** Students may schedule a one-on-one meeting to discuss course requirements, content or other course-related issues. Those unable to come to a Mason campus can meet with the instructor via telephone or web conference. Students should email the instructor to schedule a one-on-one session, including their preferred meeting method and suggested dates/times.

• **Netiquette:** The course environment is a collaborative space. Experience shows that even an innocent remark typed in the online environment can be misconstrued. Students must always re-read their responses carefully before posting them, so as others do not consider them as personal offenses. **Be positive in your approach with others and diplomatic in selecting your words.** Remember that you are not competing with classmates, but sharing information and learning from others. All faculty are similarly expected to be respectful in all communications.

• **Accommodations:** Online learners who require effective accommodations to insure accessibility must be registered with George Mason University Disability Services.

Learner Outcomes or Objectives

At the conclusion of this course, students should be able to:

1. Define and demonstrate appropriate use of research terminology;
2. Critically evaluate published research in scientific journals and the popular press;
3. Formulate research problem statements;
4. Enumerate the values inherent in the practice of scientific research;
5. Conduct a thorough review of literature and synthesize the findings; and 
6. Prepare a sound and feasible research proposal.

Professional Standards

Upon completion of this course, students will have met Commission on Sport Management Accreditation (COSMA)

Upon completion of this course, students will meet the following professional accreditation standards from the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT):

| 7.02 | Students graduating from the program shall be able to demonstrate the ability to design, implement, and evaluate services that facilitate targeted human experiences and that embrace personal and cultural dimensions of diversity. |

Required Texts


Course Performance Evaluation

Students are expected to submit all assignments on time in the manner outlined by the instructor (e.g., Blackboard, Tk20, hard copy).

- Assignments and/or Examinations

<table>
<thead>
<tr>
<th>CITI Training and Certification:</th>
<th>25</th>
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<tbody>
<tr>
<td>Students are required to complete the basic Human Subjects Research training hosted online by the Collaborative Institutional Training Initiative – Instructions Provided.</td>
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<tr>
<th>Proposal Part # 1 – Yellow Elements on Assignment Rubric:</th>
<th>30</th>
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<tbody>
<tr>
<td>Students are required to complete the introduction to their draft research proposal including both a background for the study and overview of the study – Guidelines Provided.</td>
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<th>Proposal Part # 2 – Green Elements on Assignment Rubric:</th>
<th>65</th>
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<tr>
<td>Students are required to complete an integrated review of the literature highlighting theoretical frameworks, conceptual models and core themes associated with their topic of choice. A synthesis of the literature highlighting the key elements presented in the integrated review of literature is also required – Guidelines Provided.</td>
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<th>Proposal Part # 3 – Pink Elements on Assignment Rubric:</th>
<th>45</th>
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Grading
This course will be graded on a point system, with a total of 400 points possible.

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<thead>
<tr>
<th>Grade</th>
<th>Range</th>
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<tbody>
<tr>
<td>A</td>
<td>376-400</td>
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<tr>
<td>A-</td>
<td>360-375</td>
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<tr>
<td>B+</td>
<td>352-359</td>
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<tr>
<td>B</td>
<td>336-351</td>
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<tr>
<td>B-</td>
<td>320-335</td>
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<tr>
<td>C+</td>
<td>312-319</td>
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<tr>
<td>C</td>
<td>296-311</td>
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<tr>
<td>C-</td>
<td>280-295</td>
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<tr>
<td>D</td>
<td>240-279</td>
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<tr>
<td>F</td>
<td>0-239</td>
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Professional Dispositions
See [https://cehd.gmu.edu/students/polices-procedures/](https://cehd.gmu.edu/students/polices-procedures/)

Class Schedule

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<thead>
<tr>
<th>WEEK</th>
<th>DATES</th>
<th>TOPICS</th>
<th>READINGS AND ASSIGNMENTS DUE</th>
</tr>
</thead>
</table>
| Week # 1 | June 1 To June 5 | • Introduction to SRST 450, Research & Research Topics  
• Developing Research Topics  
• Using our resources to conduct effective literature reviews  
• Pulling together sources for your literature review | Step 1: Decide on a Topic  
Step 2: Review the Literature  
Step 3: Identify Theoretical Underpinnings  
Yellow Rubric Items Due |
### Week # 2
**June 8 To June 12**
- Research Plan and Ethics
- Independent Writing Days – Completing the Literature Review
  *Please do not waste these days. You should expect to write approximately 3-4 pages daily to complete this assignment throughout the week. If you wait until the last second, you will be overwhelmed and buried.*
- Step 10: Address Ethical Responsibilities – Complete CITI Training
- CITI Certification Due
- Green Rubric Items Due

### Week # 3
**June 15 To June 19**
- Developing Effective Research Questions
- Purpose Statement and Rationale for the Study
- Hypotheses and Variables
- Step 4: Develop a Scope of Study
- Step 5: Explain Significance of Study
- Pink Rubric Items Due

### Week # 4
**June 22 To June 26**
- Population and Sampling
- Quantitative, Qualitative and Mixed Methods Designs
- Reliability and Validity
- Instrumentation and Measurement
- Surveys and Interview Protocols
- Data Collection
- Step 6: Select a Sample
- Step 7: Choose a Design
- Step 8: Consider Measurement
- Step 9: Specify Data Collection Methods
- Blue Rubric Items Due

### Week # 5
**June 29 To July 3**
- Descriptive and Inferential Statistics
- Thematic Coding – Trends and Themes
- Writing and Reporting Results
- Independent Writing Days
- Step 14A: Analyze Quantitative Data
- Step 14B: Analyze Qualitative Data
- Step 15: Create Visual Aids
- Step 16: Write Report
- Step 17: Deliver a Presentation
- Orange Rubric Items Due

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**July 3rd – Final Proposal Due By 5:00pm**

Note: Faculty reserves the right to alter the schedule as necessary.

### Core Values Commitment

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: [http://cehd.gmu.edu/values/](http://cehd.gmu.edu/values/).
GMU Policies and Resources for Students

Policies

- Students must adhere to the guidelines of the Mason Honor Code (see https://catalog.gmu.edu/policies/honor-code-system/).

- Students must follow the university policy for Responsible Use of Computing (see https://universitypolicy.gmu.edu/policies/responsible-use-of-computing).

- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.

- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see https://ds.gmu.edu/).

- Students must silence all sound emitting devices during class unless otherwise authorized by the instructor.

Campus Resources

- Support for submission of assignments to Tk20 should be directed to tk20help@gmu.edu or https://cehd.gmu.edu/aero/tk20. Questions or concerns regarding use of Blackboard should be directed to https://its.gmu.edu/knowledge-base/blackboard-instructional-technology-support-for-students/.

- For information on student support resources on campus, see https://ctfe.gmu.edu/teaching/student-support-resources-on-campus.

Notice of mandatory reporting of sexual assault, interpersonal violence, and stalking:
As a faculty member, I am designated as a “Responsible Employee,” and must report all disclosures of sexual assault, interpersonal violence, and stalking to Mason’s Title IX Coordinator per University Policy 1202. If you wish to speak with someone confidentially, please contact one of Mason’s confidential resources, such as Student Support and Advocacy Center (SSAC) at 703-380-1434 or Counseling and Psychological Services (CAPS) at 703-993-2380. You may also seek assistance from Mason’s Title IX Coordinator by calling 703-993-8730, or emailing titleix@gmu.edu.

For additional information on the College of Education and Human Development, please visit our website https://cehd.gmu.edu/students/.