

George Mason University
College of Education and Human Development
Kinesiology

KINE490.003/004 – Kinesiology Internship III.

12 Credits, Spring 2020

This class does not meet in-person.

Faculty

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Prerequisites/Corequisites

(KINE 330^C, 341^C, 400^C, 410^C, 420^C and 441^C). ^CRequires minimum grade of C. Students with a class of Freshman, Junior or Sophomore may not enroll.

University Catalog Course Description

Provides a directed, field-based experience, in which students observe and participate in conditions, practices, and settings where sought career roles are conducted. The kinesiology fieldwork coordinator must approve placement for the practicum. Both a University supervisor and an approved agency supervisor with recognized professional certifications coordinate and oversee the student's internship experience. Current CPR, AED, and First Aid Certification required. Offered by Recreation, Health & Tourism. Limited to three attempts.

Course Overview

This is the final of three fieldwork experiences in which students are provided an opportunity to practice and refine practitioner-oriented skills that are required of entry-level kinesiology professionals. This course satisfies the University general education requirement for the synthesis course. The purpose of the synthesis course is to provide students with the opportunity to synthesize the knowledge, skills, and values gained from the general education curriculum. Students are held to the standards of the George Mason University Honor Code. Students are expected to meet all course requirements and fulfill your duties and responsibilities as stipulated by the onsite supervisor.

Mason Core: Capstone

Course Delivery Method

This course will be delivered using an internship format. In addition to requiring a minimum of 400 internship hours (30 hours weekly minimum), interns need to meet other requirements described in this syllabus.

Learner Outcomes or Objectives

This course is designed to enable students to do the following:

1. Synthesize theories, concepts, and philosophies learned through academic and relevant professional experiences to the vocational setting
2. Demonstrate skills and competencies of an entry-level kinesiology professional in the vocational setting
3. Assess his/her current professional strengths and areas in need of improvement
4. Set personal objectives for a career in kinesiology utilizing both personal assessment and evaluation by the academic institution and the internship site

Professional Standards

This course meets the Commission on Accreditation of Allied Health Education Programs (CAAHEP) requirements and covers the following American College of Sports Medicine's Knowledge-Skills-Abilities (KSA's):

KSA	Description	Lecture, Lab, or both
	GENERAL POPULATION/CORE EXERCISE PRESCRIPTION AND PROGRAMMING	
1.7.32	Ability to communicate appropriately with exercise participants during initial screening and exercise programming.	Lab
	GENERAL POPULATION/CORE: PROGRAM ADMINISTRATION, QUALITY ASSURANCE, AND OUTCOME ASSESSMENT	
1.11.8	Ability to create and maintain records pertaining to participant exercise adherence, retention, and goal setting.	Lab
1.11.9	Ability to develop and administer educational programs (e.g., lectures, workshops) and educational materials.	Lab
1.11.12	Ability to provide and administer appropriate customer service.	Lab

Required Texts

N/A

Course Performance Evaluation

Students are expected to submit all assignments on time in the manner outlined by the instructor (e.g., Blackboard, Tk20, hard copy). You will not receive a passing grade until all work is received.

It is not a valid excuse to claim that something was late because your supervisor was unavailable during the day/week that it was due. Discuss this at the start and do everything in advance.

- Internship Paperwork: ELA & Consent, Internship Expectations, CPR proof (valid, and does not expire during the semester) **due 1/21 11:59 p.m. or before internship starts (whichever is sooner)**
**** Internship hours will not begin to accrue until all paperwork is signed/submitted/approved.**
- **Weekly internship reports:** Weekly hours are accumulated Monday-Sunday. **Reports are due via Blackboard by 11:59pm on Monday, the day after the week closes.** Reports must be thoughtful, well-written, **and signed by both the intern and site-supervisor every week.**
 - Specific guidelines on how to save and submit will be explained in the Weekly Report content area.
 - Gradebook will reflect hours
 - **Until I receive and approve all pre-internship paperwork, you have zero hours (regardless of how many you have worked); none of those hours will count.**
- **Special Project and Final Presentation:** Special Project Proposal Form as well as Guidelines for the Special Project/Final Presentation will be available on Blackboard. **Proposal due 2/10, 11:59 p.m.; Presentation Date TBD**
- **Mid-term and Final Evaluations:** Each will be completed by the Site-Supervisor and shared with the intern, and then will be submitted to the Faculty Advisor. **Due 3/16 11:59 p.m. or 200 hours (whichever is sooner), and 5/13 11:59 p.m., respectively.**
- **Intern report:** To be completed by you at the end of your internship regarding your evaluation of your site and supervisor. **Due 5/13, 11:59 p.m.**
- **ACSM-EP or NSCA-CSCS exam results in official score report.**
 - Use coupon code **ERPGMU17** for \$25 off the CSCS exam
 - When you complete the exam, you're given the results immediately. This report is what needs to be submitted to your faculty advisor (not simply "I failed/I passed" or a partial screenshot). **Registration due 3/16, 11:59 p.m.; Report due 5/13, 11:59 p.m.**
- **Senior Survey (with completion quiz):** Completed at end of internship. **Due 5/13, 11:59 p.m.**

Due Date List (not including Weekly Reports, which are due after every week that you work):

ELA & Consent: 1/21 (or before internship starts, whichever is sooner)

Internship Expectations: 1/21 (or before internship starts, whichever is sooner)

CPR Proof: 1/21 (or before internship starts, whichever is sooner)

Special Project Proposal: 2/10

Certification Exam Registration Proof: 3/16

Mid-term Evaluation: 3/16

Final Presentation Date: TBD

Final Presentation Slides: due on Blackboard immediately after presenting

Final Evaluation: 5/13

Internship Report: 5/13

Certification Exam Score Report: 5/13

Senior Survey (with completion quiz): 5/13

Final Deadline for all work (to complete class on-time): 5/13/2020

Grading

This course is graded on the Satisfactory/No Credit scale. The faculty supervisor (KINE 490 instructor) assigns the grade based on the intern's meeting of the internship requirements. The grade will either be "Satisfactory" (S), reflecting a grade of "C or better," or a "No Credit" (NC), which is the equivalent to a failing grade. Anyone receiving a grade of NC will be required to begin a new internship experience, including re-enrollment and repayment for the 12-credit hours. An 'In Progress' (IP) grade may be assigned until all internship requirements are completed.

If any item is missing on 5/13 at 11:59 p.m., then you will receive either a grade of either "IP" (if it appears that you are making reasonable progress) or "NC" (if you have failed the class).

Professional Dispositions

See <https://cehd.gmu.edu/students/policies-procedures/>

Class Schedule

This class does not meet in-person. Students determine the schedule with their site supervisor. Note: Faculty reserves the right to alter the schedule as necessary, with notification to students.

Core Values Commitment

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <http://cehd.gmu.edu/values/>.

GMU Policies and Resources for Students

Policies

- Students must adhere to the guidelines of the Mason Honor Code (see <https://catalog.gmu.edu/policies/honor-code-system/>).
- Students must follow the university policy for Responsible Use of Computing (see <https://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <https://ds.gmu.edu/>).
- Students must silence all sound emitting devices during class unless otherwise authorized by the instructor.

Campus Resources

- Support for submission of assignments to Tk20 should be directed to tk20help@gmu.edu or <https://cehd.gmu.edu/aero/tk20>. Questions or concerns regarding use of Blackboard should be directed to <https://its.gmu.edu/knowledge-base/blackboard-instructional-technology-support-for-students/>.
- For information on student support resources on campus, see <https://ctfe.gmu.edu/teaching/student-support-resources-on-campus>

Notice of mandatory reporting of sexual assault, interpersonal violence, and stalking:

As a faculty member, I am designated as a “Responsible Employee,” and must report all disclosures of sexual assault, interpersonal violence, and stalking to Mason’s Title IX Coordinator per University Policy 1202. If you wish to speak with someone confidentially, please contact one of Mason’s confidential resources, such as Student Support and Advocacy Center (SSAC) at 703-380-1434 or Counseling and Psychological Services (CAPS) at 703-993-2380. You may also seek assistance from Mason’s Title IX Coordinator by calling 703-993-8730, or emailing titleix@gmu.edu.

For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/students/> .