George Mason University
College of Education and Human Development
Physical Activity for Lifetime Wellness

RECR 124 (001) - Horsemanship: Introduction (1)
1 Credit, Fall 2020
W 11:30 am – 1: 30pm / Angelica Run Farm, 1927 Hunter Mill Rd. Vienna VA 22182

Faculty
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Prerequisites/Corequisites

None

University Catalog Course Description

Introduces the basics of horseback riding and horsemanship. Emphasis will be on learning how to care for a horse, tack a horse, and basic riding skills such as walking, trotting, and jumping small obstacles

Course Overview

This class requires long pants and a shoe with a 1 inch heel. ASTM/SEI Helmets are also required to be worn. It is best to buy a good fitting helmet of your own. A few will be available from the barn. Attendance grade is based on both participation and a willingness to help others.

Course Delivery Method

This course is an activity-based course.

Learner Outcomes or Objectives

This course is designed to enable students to do the following:
1. Demonstrate proper care of the horse
2. Demonstrate proper tacking, grooming and safety around horses

3. Present an understanding of the horse's conformation and parts as it pertains to the tack and horse care
4. Demonstrate control of the horse both in the walk and trot
5. Conduct appropriate behavior around horses to ensure all students safety
6. Identify basic parts of the tack as well as basic care of the tack
7. Demonstrate how to mount, dismount and adjust stirrups before riding
8. Demonstrate a 2-point position at halt, walk and trot
9. State basic safety riding principles and ride safely in a group situation
10. Classify the horses' gaits by rhythm and beats

Professional Standards N/A

Required Texts

Horsemanship 124 Manual
https://docs.google.com/document/d/1hpnkQedguY8WhC2vomMa_2MXYCXrXwJRgCWGRlTIbV0/edit

Equine Mechanics
https://drive.google.com/file/d/0BzsW9DU2RVFAb1ZXWXA3MHA2NzRFZTRRN2txbGMyZmx2eXdV/view?ths=true

Oakleaf Farm Liability Document
https://docs.google.com/document/d/1gdxwAnw7fm85mslGBBGW_klRALiFNSHU7oxqLzHVHFs/edit

Emergency Contact
https://drive.google.com/file/d/0BzsW9DU2RVFATXc4cHVReldIQkNPdFBxTzlnbVZyTlhzNGpz/view?ths=true

General Release
https://docs.google.com/document/d/1IAkuMoPk4EsSRoMtZG1vQQgh4NLzAjW3i6MVztjMH7M/edit

Course Performance Evaluation

Students are expected to submit all assignments on time in the manner outlined by the instructor (e.g., Blackboard, Tk20, hard copy).

● **Assignments and Examinations**

o Multiple Short Worksheets- topics discussed during class
o Midterm Exam- Short answer 20 question exam
o Practical Midterm-A demonstration of skills and short written examination
o Practical Final- A demonstration of riding skills and short answer/written exam

● **Other Requirements**
Student must attend class in order to participate in class discussion. Contribution will be

evaluated based on involvement of the lectures and riding. Students must be on time to class. Two late arrivals or one unexcused absence will result in 5 point deduction of total points. Absences are excused with a note from a health care provider presented immediately upon return to class or scanned and emailed to the instructor.

- **Course Performance Evaluation Weighting**
  Worksheets – 20 points
  Midterm Exam– 20 points
  Final Written Exam – 20 points
  Riding Final – 20 points
  Participation – 20 points
  Total: 100 points

- **Grading Policies**

A	= 94– 100	B+	= 88– 89	C+	= 78– 79	D	= 60– 69
A-	= 90– 93	B	= 84– 87	C	= 74– 77	F	= 0– 59
		B-	= 80– 83	C-	= 70– 73		

Professional Dispositions

Students are expected to exhibit professional behaviors and dispositions at all times.

DATE			TOPIC	READINGS/ASSIGNMENT DUE
W	01/22/2020		Welcome! Introduction to grooming and tacking	**Angelica Run Hold Harmless Emergency Contact General Release**
	01/29/2020 W		Review of tacking and grooming Introduction to mounting, dismounting and steering the horse Lecture to include colors, markings and confirmation	
	02/05/2020 W		Review of mounting, dismounting and steering Lectures to include natural and artificial aids, tacking cleaning and horse care	Sheets 1 and 2 are DUE

W	02/12/2020		Mid Term	Sheet 3 is DUE Written and Riding exam given
W	02/19/2020		Review to aids and control of the horse at the walk and trot Lecture to include food and health of the horse	Written Exam Due on or before this class Sheet 4 is DUE
W	02/26/2020		FINAL	Final written and riding exams given Final Exam due on or before 10/16/19

Core Values Commitment

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: http://cehd.gmu.edu/values/.

GMU Policies and Resources for Students

1. GMU Policies and Resources for students
   Policies
   a. Students must adhere to the guidelines of the Mason Honor Code (see https://catalog.gmu.edu/policies/honor-code-system/).
   b. Students must follow the university policy for Responsible Use of Computing (see https://universitypolicy.gmu.edu/policies/responsible-use-of-computing/).
   c. Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
   d. Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see https://ds.gmu.edu).
   e. Students must silence all sound emitting devices during class unless otherwise authorized by the instructor.
   Campus Resources
1. Support for submission of assignments to Tk20 should be directed to tk20help@gmu.edu or https://cehd.gmu.edu/aero/tk20. Questions or concerns regarding use of Blackboard should be directed to https://its.gmu.edu/knowledge-base/blackboard-instructional-technology-support-for-students/.

2. **Notice of mandatory reporting of sexual assault, interpersonal violence, and stalking**: As a faculty member, I am designated as a "Responsible Employee," and must report all disclosures of sexual assault, interpersonal violence, and stalking to Mason's Title IX Coordinator per University Policy 1202. If you wish to speak with someone confidentially, please contact one of Mason's confidential resources, such as Student Support and Advocacy Center (SSAC) at 703-380-1434 or Counseling and Psychological Services (CAPS) at 703-993-2380. You may also seek assistance from Mason's Title IX Coordinator by calling 703-993-8730, or emailing titleix@gmu.edu.

3. For information on student support resources on campus, see https://ctfe.gmu.edu/teaching/student-support-resources-on-campus

4. For additional information on the College of Education and Human Development, please visit our website http://cehd.gmu.edu/.

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