

**George Mason University**  
**College of Education and Human Development**  
**Counseling Program**

EDCD 613.001 – Introduction to School Counseling  
3 Credits, Fall 2019

Tuesdays, 7:20 – 10:00 PM Music Theater Building Room 1004 Fairfax Campus

**Faculty**

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**Prerequisites**

Admission to CNDV program; EDCD 602 or concurrent

**University Catalog Course Description**

Addresses the role of the school counselor and provides an understanding of the coordination of counseling program components as they relate to the school and the wider community.

**Course Overview**

Introduces the school counseling profession at K-12 levels. The course presents philosophy, principles, and practices of effective school counseling.

**Course Delivery Method**

This course will be delivered using a lecture format.

**Learner Outcomes or Objectives**

This course is designed to enable students to do the following:

1. Gain knowledge of the history and development of school counseling
2. Understand models of school counseling programs
3. Understand models of P-12 comprehensive career development
4. Understand models of school-based collaboration and consultation
5. Acquire knowledge of assessments specific to P-12 education
6. Recognize school counselors as leaders, advocates, and systems change agents in P-12 schools
7. Gain knowledge of professional organizations, preparation standards, and credentials relevant to the practice of school counseling

**Professional Standards**

***Council for Accreditation of Counseling and Related Education Programs (CACREP)***

Upon completion of this course, students will have met the following professional standards:

<b><i>CACREP Standard</i></b>	<b><i>Course Content (Reading, Assignment, and/or Lecture/Discussion); KPI measured (if applicable)</i></b>
5.G.1.a. history and development of school counseling	<b>Reading(s):</b> Ch. 1; <b>Lecture/Discussion:</b> History and Trends in the School Counseling Profession
5.G.1.b models of school counseling programs	<b>Reading(s):</b> Chs. 2, 5; <b>KPI Measured:</b> A.9.a (SC) <b>Lecture/Discussion:</b> Professional Identity of School Counselors and School Counseling Models; Overview of CSCP; School Counseling Core Curriculum; ASCA National Model, Counseling at the Primary and Secondary Level
5.G.1.c models of P-12 comprehensive career development	<b>Reading(s):</b> Chs. 5, 10 <b>Lecture/Discussion:</b> School Counseling Core Curriculum, ASCA National Model, Counseling at the Primary and Secondary Level, College & Career Readiness
5.G.1.d models of school-based collaboration and consultation	<b>Reading(s):</b> Chs. 4, 5; <b>Lecture/Discussion:</b> School Counseling Core Curriculum, ASCA National Model, Counseling at the Primary & Secondary Level, Collaboration and Leadership
5.G.1.e assessments specific to P-12 education	<b>Reading(s):</b> Ch. 12; <b>Lecture/Discussion:</b> Helping Students with Exceptionalities
5.G.2.a. school counselor roles as leaders, advocates, and systems change agents in P-12 schools	<b>Reading(s):</b> Ch. 3; <b>Assignment:</b> Interview Assignment; <b>KPI Measured:</b> A.9.a (SC) <b>Lecture/Discussion:</b> Professional Identity of School Counselors and School Counseling Models, Social Justice, Advocacy and Systemic Change
5.G.2.l. professional organizations, preparation standards, and credentials relevant to the practice of school counseling	<b>Reading(s):</b> Ch. 7; <b>Lecture/Discussion:</b> Professional Identity of School Counselors

## Required Texts

Kolbert, J. B. et al. (2017). *Introduction to Professional School Counseling*. New York: Routledge.

## Recommended Readings

Articles will be posted on Blackboard

## Course Performance Evaluation

Students are expected to submit all assignments on time in the manner outlined by the instructor (e.g., Blackboard, Tk20, hard copy).

## Assignments and/or Examinations

### 1. Equity & Access Project:

**30 points possible**

For your Equity & Project you will choose a social issue that impacts the students you will serve. You will submit a 8-10 page paper reflecting your research, a sample presentation for professional development and a classroom guidance lesson for the elementary and secondary level. Possible topics include: police brutality, issues surrounding racial/ethnic minorities, LGBTQ youth, unaccompanied minors or refugees, religious minorities, or women in STEM. No more than two students can select the same issue.

#### A. Research: 15 points

1. How has this issue widen the achievement and opportunity gap, if at all?

2. What has been done in schools to advocate for students?
3. What are areas of advocacy that still need to be addressed?
4. The paper must be APA formatted with 5-7 sources no older than 10 years.

### **B. Professional Development & Classroom Guidance: 10 points**

1. Develop an outline of what you intend to do, provide a budget if necessary.
2. Develop a sample presentation for professional development
3. Develop a classroom guidance lesson plan for each level

### **C. Presentation: 5 points**

You will present your professional development sample in class. You will have 15-20 minutes to present. Please bring a handout reflecting your professional development presentation and at least one lesson plan to class.

## **2. Classroom Guidance Lessons:**

**25 points possible**

School counselors present various topics in small groups, individual counseling, and classrooms. Finding materials can sometimes be difficult, especially for beginning counselors. Students will design three lesson plans for each level (Elementary, Middle and High School); a total of **9**. These lesson plans will ultimately be added to your portfolio. You will have **15-20 minutes** to present **one** of the nine lessons. A sample lesson plan can be found in the folder marked "Course Materials." A sign-up sheet will be provided for you to select a date to present.

## **3. Interview a School Counselor**

**15 points possible**

You will spend one hour interviewing a school counselor and one-hour shadowing said counselor. During the interview portion some questions to inquire about include: Why they chose school counseling? What is the most rewarding part of counseling? Most challenging? What does a typical day look like? How do they collaborate with the community and their colleagues? What advice would they give to an emergent school counselor? Other requirements are outlined below:

1. **Demographics, background of the counselor.** How long have they been practicing? What changes have they noticed in the profession and in their school/community in that time?
2. **Integration of ASCA National Model.** How well integrated is the model into their program? What expectations regarding the model are placed upon them by the central administration? How has integration of components of the model added benefits or presented challenges to their department?
3. **Use of Data.** How is data used by the counselor/counseling department?
4. **Counseling, Consultation/Collaboration, Leadership, Guidance.** How is the counseling department seen by the broader school community? Do the counselors do a lot of collaborative work or do they tend to work more independently? Do school counselors have a seat around the table in terms of school leadership? What kinds of counseling/mental health concerns are they seeing? What school/community resources does the counselor use to address these concerns?
5. **Access, equity, social justice, school climate.** What issues of equity/access face their population? What resources exist to close gaps? How is school climate? Has it changed since the counselor started at that school? How? Interventions/programs/wish list?

Write a 2-3 page paper on your experience, including quotes from the counselor. Write about any observations made, reflect on your experiences and begin to reflect on the type of Professional School Counselor you hope to become. **APA formatting required**

#### 4. School Counseling Program Toolkit

20 points possible

##### Live Binder- Upload your Completed School Counseling Program

Students will create and launch an online professional portfolio that they can continue to build throughout their program at George Mason. Instructions provided on Bb as well as past examples of Portfolios. Be sure to include the following:

1. **Introduction/Identity (School Counselor Philosophy)**
2. **Foundation**
  - A. Program Vision Statement
  - B. Professional Mission Statement
  - C. Beliefs
  - D. Overview of Personal Theoretical Orientation
  - E. The Role of the School Counselor
3. **Standards for School Counselors**
  - A. ASCA National Model of School Counseling
  - B. Mindset and Behaviors for School Counseling
5. Delivery System
  - A. **Guidance Curriculum – Lesson Plans (9 total)**
    - a. Academic Development (Elementary, Middle, High School)
    - b. Career Development (Elementary, Middle, High School)
    - c. Social/ Emotional Development (Elementary, Middle, High School)
6. Multicultural and Social Justice Competencies and ACA Advocacy Framework
7. Reference section

#### Other Requirements

**Course Expectations** APA Format: Students in Counseling courses are expected to use APA style (6<sup>th</sup> ed.) for written papers.

##### Electronic Devices

**Turn off and put away all electronic communication devices during class.** Cell phones, pagers, and other communicative devices are not allowed in this class. Please keep them stowed away and out of sight. Laptops or tablets (e.g. iPads) may be permitted for the purpose of taking notes only, but you must submit a request in writing to do so. Engaging in activities not related to the course (e.g. gaming, email, chat, text, etc.) will result in a significant deduction in your participation grade. **Notify the instructor prior to class if you have an emergency situation that requires accommodation.**

##### Attendance

In accordance with the policies of the Counseling Program, on-time attendance at every class meeting is expected. Late arrival to class will be considered an absence. **Two or more unexcused absences will result in loss of course credit.** Attendance on the first day of class is required. Excused absences are permitted for illness, religious holidays, or emergency situations only; documentation is required for the absence to be considered excused. Work-related absences are not considered excused.

##### Course Requirements

Each student is expected to do the following: (1) attend each class, (2) complete all reading assignments before class, (3) arrive on time and stay for the entire class period, (4) participate in discussions and in-class work groups, (5) regularly check GMU email, and (6)

submit or access documents via Blackboard as assigned.

### Assignments

The main assignments for the course (Annotated Bibliography, Introduction and Literature Review, and Methods Section) are to be **submitted in two ways**: (1) Submit an electronic copy prior to the beginning of class on the date due via SafeAssign on the course Blackboard site, and (2) Bring a paper copy to class on the date due. Late homework assignments will be subject to a penalty of 20% for each day late. Additional assignments and/or assessments may be added at the instructor's discretion.

### Plagiarism

Plagiarism is a violation of both the George Mason University code of honor and the expected professional dispositions of the Counseling Program. The GMU English Department has developed the following statement regarding plagiarism: "Plagiarism means using the exact words, opinion, or factual information from another person without giving that person credit. Writers give credit through the use of accepted documentation styles, such as parenthetical citation, footnotes, or end notes; a simple listing of books and articles is not sufficient. Plagiarism is the equivalent of intellectual robbery and cannot be tolerated in an academic setting. Student writers are often confused as to what should be cited. Some think that only direct quotations need to be credited. While direct quotations do need citations, so do paraphrases and summaries of opinions or factual information formerly unknown to the writers or which the writers did not discover themselves. Exceptions to this include factual information which can be obtained from a variety of sources, the writer's own insights or findings from their own field research, and what has been termed common knowledge. What constitutes common knowledge can sometimes be precarious, and what is common knowledge for one audience may be so for another. In such situations, it is helpful to keep the reader in mind and to think of citations as being reader friendly. In other words, writers provide a citation for any piece of information that they think their readers might want to investigate further. Not only is this attitude considerate of readers and establishes credibility, it will almost certainly ensure that writers will never be guilty of plagiarism."

### **Grading**

<b>GRADED ASSIGNMENTS:</b> Grades will be posted to Blackboard	
Attendance and Participation	10 points
Equity & Access Project	30 points
Classroom Guidance lessons	25 points
Interview Assignment	15 points
School Counseling Program Toolkit	20 points
<b>Total Points - 100</b>	

**In accordance with the George Mason University Grading Policy, the following grades may be achieved:**

**A [100-97]; A- [96-94]; B+ [93-91]; B [90-87]; B- [86-84]; C [83-80]; F [79 and below]**

### **Professional Dispositions**

See <https://cehd.gmu.edu/students/polices-procedures/>

Students must adhere to program professional dispositions:

<https://cehd.gmu.edu/assets/docs/forms/Professional%20Dispositions.pdf>

### Class Schedule

Note: Faculty reserves the right to alter the schedule as necessary, with notification to students.

Week	Readings	Topics	Assignment(s) Due	CACREP Standard
1: Aug 27	PSC Ch. 1 History and Trends in the School Counseling Profession	Course Overview History & Trends		1
2: Sept 3	PSC Ch. 2 School Counselor Identity and School Counseling Models	Professional Identity of School Counselors and School Counseling Models		2,6,7
3: Sept 10		Overview of School Systems		
4: Sept 17		Overview of CSCP		2
5: Sept 24	PSC Ch.5 School Counseling Core Curriculum	Developmental Classroom Guidance, Classroom Management		2,3,4
6: Oct 1	PSC Ch. 3 Social Justice, Advocacy, Collaboration, Leadership, and Systemic Change	Social Justice, Advocacy, Collaboration, Leadership, and Systemic Change Promoting Equity and Access	Classroom Guidance	6
7: Oct 8		ASCA National Model: Define & Manage	Classroom Guidance	2,3,4
8: Oct 15		Fall Break	Interview a School Counselor Due	
9: Oct 22	PSC Ch. 12 Helping Students with Exceptionalities	Students with Disabilities, IDEA, Helping Students with Mental and Emotional Disorders, 504 Accommodations, ELL Learners, Response to Intervention	Classroom Guidance	5
10: Oct 29	See Articles on Blackboard	Counseling at the Primary Level		2,3,4
11: Nov 5		ASCA National Model: Deliver & Assess	Equity & Access Project Due	5
12: Nov 12	See Articles on Blackboard	Counseling at the Secondary Level	Equity & Access Project	2,3,4
13: Nov 19	PSC Ch. 10 College and Career Readiness	College and Career Readiness	Equity & Access Project	3
14: Nov 26		Thanksgiving Break		
15: Dec 2		Last Day of Class	School Counseling Program Toolkit	

## **Counseling and Development Mission Statement**

The Counseling Program is committed to preparing counselors who promote the social, psychological, physical, and spiritual health of individuals, families, communities, and organizations in order to contribute to the advancement of global well-being. The program strives for national and international excellence in implementing a counseling perspective which provides a foundation in basic counseling skills and focuses on social justice, multiculturalism, international, advocacy and leadership. It is our belief that a global perspective on development across the life span, and an understanding and appreciation of multiculturalism, diversity, and social justice are integral to the preparation of professional counselors, requiring that professional counselors are prepared to assume leadership roles, be proactive change agents and become advocates for social, economic and political justice. The program is committed to accomplish this mission by working through interdisciplinary teams as well as promote the interconnectedness of teaching, research, service and professional practice. Through this mission faculty will facilitate a continued tradition of international, national and regional leadership through the development of collaborative partnerships and projects, research, publications, presentations, consultation, and training.

## **Core Values Commitment**

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <http://cehd.gmu.edu/values/>.

## **GMU Policies and Resources for Students**

### *Policies*

- Students must adhere to the guidelines of the Mason Honor Code (see <https://catalog.gmu.edu/policies/honor-code-system/> ).
- Students must follow the university policy for Responsible Use of Computing (see <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <https://ds.gmu.edu/>).
- Students must silence all sound emitting devices during class unless otherwise authorized by the instructor.

### *Campus Resources*

- Support for submission of assignments to Tk20 should be directed to [tk20help@gmu.edu](mailto:tk20help@gmu.edu) or <https://cehd.gmu.edu/aero/tk20>. Questions or concerns regarding use of Blackboard should be directed to <http://coursessupport.gmu.edu/>.
- For information on student support resources on campus, see <https://ctfe.gmu.edu/teaching/student-support-resources-on-campus>

**For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/students/>.**

## Assessment Rubric(s)

### A.9-SC.a.1: Interview Assignment in 613

		4	3	2	1
Standard	%	Exceeds Standards (94-100)	Meets Standards (87-93)	Approaching Standards (80-86)	Below Standards (79 and below)
<b>1. Interview Structure &amp; Professionalism</b> (5 points)	10	Student presented an audio or video recording of their interview of an influential person in the field of school counseling. The interview was conducted in a highly professional manner (e.g., professional demeanor, dress, etc.).	Student presented an audio or video recording of their interview of an influential person in the field of school counseling. The interview lacked some elements of professionalism (e.g., demeanor, dress, etc.)	Student presented a professionally written transcript of their interview of an influential person in the field of school counseling. Transcript is free from grammatical and spelling errors.	Student presented a poorly written transcript of their interview of an influential person in the field of school counseling that contained numerous grammatical and spelling errors.
<b>2. Interview Questions</b> (5 points)	15	Five or more of the interview questions determined by the class were used.	Four of the interview questions determined by the class were used.	Three of the interview questions determined by the class were used.	Class interview questions were not used.
<b>3. Subject's Experience</b> (5 points) KPI A.9-SC.a.1; CACREP; 5.G.2.a	25	Interview provided detailed information on the personal background, education, and professional experience of the subject (including in school leadership and in multidisciplinary teams).	Interview provided some information on the personal background, education, and professional experience of the subject (including in school leadership and in multidisciplinary teams).	Interview provided little information on the personal background, education, and professional experience of the subject (including in school leadership and in multidisciplinary teams).	Interview did not provide information the personal background, education, and professional experience of the subject (including in school leadership and in multidisciplinary teams).
<b>4.Exploration of Topics</b> (5 points) KPI A.9-SC.a.1; CACREP 5.G.2.a;	25	The subject's point of view on multiple topics germane to school counseling were exceptionally well explored, including leadership, advocacy, systems change, multidisciplinary teams, ethics, and self-care.	The subject's point of view on some topics germane to school counseling were explored, including leadership, advocacy, systems change, multidisciplinary teams, ethics, and self-care.	The subject's point of view on a topic germane to school counseling were explored in a somewhat limited way.	The subject's point of view on topics germane to school counseling were not explored.

<p><b>5. Interview Overall</b> (5 points) KPI A.9-SC.a.1; CACREP 5.G.2.a</p>	<p>25</p>	<p>Interview provided substantial information that could further develop the audience's knowledge and understanding of professional school counseling (e.g., history, trends, challenges).</p>	<p>Interview provided some information that could further develop the audience's knowledge and understanding of professional school counseling (e.g., history, trends, challenges, etc.).</p>	<p>Interview provided little information that could further develop the audience's knowledge and understanding of professional school counseling (e.g., history, trends, challenges, etc.).</p>	<p>Interview did not provide information that could further develop the audience's knowledge and understanding of professional school counseling (e.g., history, trends, challenges, etc.).</p>
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