George Mason University College of Education and Human Development Athletic Training Education Program

ATEP 330 002- Emergency Procedures for Athletic Trainers 3 Credit Hours, Fall 2018 Mondays 7:30-10:10am, Bull Run Hall 148- Science and Technology Campus

Faculty

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Prerequisites/Corequisites

Admission to the professional phase of the ATEP and a grade of C or better in the following courses: ATEP 120, ATEP 150, ATEP 201, ATEP 300, ATEP 310, ATEP 320, ATEP 325; BIOL 124, BIOL 125; HEAL 230; KINE 310, KINE 320; KINE 450

University Catalog Course Description

Investigates the scientific and philosophical foundations of pre-hospital emergency care principles pertinent to athletic trainers. Develops knowledge, critical thinking and problem solving skills necessary to correctly apply emergency care principles and associated skills in a variety of clinical and professional settings.

Course Overview

Not Applicable.

Course Delivery Method

This course will be delivered using a lecture and laboratory, online and face to face formats.

Learner Outcomes or Objectives

This course is designed to enable students to do the following:

- 1. Recognize emergency situations;
- 2. Describe various emergency medical conditions and disabilities;
- 3. Interpret the signs and symptoms associated with the pathology of emergency injuries and illnesses;
- 4. Demonstrate the proper planning, assessment, and evaluation procedures for medical emergencies;
- 5. Identify the components of an emergency medical services (EMS) system;

- 6. Employ emergency care skills for injury and illnesses;
- 7. Demonstrate the ability to select and utilize appropriate emergency medical equipment; and
- 8. Triage emergency medical conditions and determine appropriate interventions and/or medical referral.

Professional Standards

The course meets Commission on Accreditation of Athletic Training Education (CAATE) competencies and proficiencies in one or more of the following content areas: evidence-based practice, prevention and health promotion, clinical examination and diagnosis, acute care of injury and illness, therapeutic interventions, psychosocial strategies and referral, healthcare administration, professional development and responsibility.

Required Texts

Miller, Berry. (2011). *Emergency Response Management for Athletic Trainers*, 1st ed. Lippincott Williams & Wilkins, Philadelphia.

Suggested Readings

NATA Position Statements.

Course Performance Evaluation

Students are expected to submit all assignments on time in the manner outlined by the instructor. Students will be evaluated on content standards (knowledge gained) and performance (demonstration of the content). Content standards will be assessed via written quizzes and exams. Performance will be assessed through completion of class activities.

• Emergency Skills Assessment

Students will be required to perform two patient assessments which is the practical portion of the student's cognitive and psychomotor competencies. All assessments are cumulative.

• Quizzes

There will be daily quizzes during the semester. Quizzes will be objective or shortanswer in nature. Information in the textbook, presented for reading assignments, lecture as well as lab will be used in the quizzes. Quizzes will be given during the first 5 minutes of class time. If you are late for class, you may not make-up the quiz once it has started.

• Athletic Emergency Presentation

Students will be required to present on an assigned emergency topic related to the emergency care in athletics as discussed in class. A project description will be provided separately.

• Written Examinations

Three written exams will consist of written and practical portions assessing students' cognitive competencies.

• Course Performance Evaluation Weighting

ASSESSMENT METHOD	NUMBER	POINTS EACH	POINTS TOTAL
Emergency Skills Assessment	5	75	375
Written Examinations	5	75	375
Quizzes	9	10	90
Athletic Emergency Presentation	1	50	50
TOTAL			880

The student's final letter grade will be earned based on the following scale:

A:	(93%)
A-:	(90%)
B+:	(87%)
B:	(83%)
B-:	(80%)
C+:	(77%)
C:	(73%)
C-:	(70%)
D:	(63%)
F: <	< 63%

Professional Dispositions

Students are expected to exhibit professional behaviors and dispositions at all times. It is critical each student conduct themselves in an appropriate manner and decorum fitting of a health care provider. Making light of injuries, conditions, or illnesses that is not respectful to the class, instructor, or patient study will not be tolerated. Submission of documents or assignments should not include personal information and comply with Health Insurance Portability & Accountability Act (HIPPA) regulations.

Professional Dispositions

See https://cehd.gmu.edu/students/polices-procedures/

Class Schedule

DAY	DAY DATE COURSE TOPIC				
ASS	IGNMEN	T			
М	8/27	Introduction to class-The Certified Athletic Trainer F2F: Bagging	Chapter 1		
М	9/10	Primary, Secondary, & Ongoing Assessment F2F: ABC & LOC	8		

$\frac{F2F: ABC \& LOC}{12}$				
M 9/17 Recognition & Management of Hypofusion 13				
F2F: Vital signs, pulse, blood pressure, oxygen, respiration, temperature, pai	n			
9/17 General Medical/Sudden Illness 19				
F2F: Vital signs, pulse, blood pressure, oxygen, respiration, temperature, pai	n			
M 9/24 WRITTEN TEST #1 Chapters 1, 8, 9, 13 &19				
SKILLS ASSESSMENT #1				
M 10/1 Allergic Reactions & Poisons 20				
F2F: Vital signs, pulse, blood pressure, oxygen, respiration, temperature, pai	n			
10/1Environmental Emergencies18				
F2F: Epi-pen, glucose, poison, shock, asthma				
Tue10/9Environmental Emergencies18				
F2F: Epi-pen, glucose, poison, shock, asthma				
M 10/15 WRITTEN TEST #2 Chapters 18, 20				
SKILLS ASSESSMENT #2				
M 10/22 Recognition & Management of Soft Tissue Injuries 14				
F2F: Wound care				
10/22 Recognition & Management of Head & Spine Injuries 14				
F2F: Wound care				
M 10/29 Recognition & Management of Head & Spine Injuries 17				
F2F: Wound care				
10/29 Recognition & Management of Skeletal Injuries 17				
F2F: Immobilization				
M 11/5 WRITTEN TEST #3 Chapters 14, 17				
SKILLS ASSESSMENT #3 (Athletic Emergency Presentation)				
M 11/12 Recognition & Management of Skeletal Injuries 15				
F2F: Immobilization				
11/12 Immobilization Techniques 15				
F2F: Immobilization				
11/12 Recognition & Management of Breathing Emergencies 16				
F2F: Spine Board				
M 11/19 Recognition & Management of Breathing Emergencies 10				
F2F: Spine Board				
11/19 Adjunct Breathing Devices & Oxygen 11				
F2F: Adjunct airway and oxygen				
11/19 Recognition & Management of Cardiac Emergencies 12				
F2F: Equipment removal				
M 11/26 WRITTEN TEST #4 Chapters 10, 11, 12, 15 & 16				
SKILLS ASSESSMENT #4				
M 12/3 COMPREHENSIVE SKILLS ASSESSMENT				
M 12/17 COMPREHENSIVE WRITTEN FINAL EXAMINATION (7:30-10:15an	1)			

Note: Faculty reserves the right to alter the schedule as necessary, with notification to students.

Core Values Commitment

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <u>http://cehd.gmu.edu/values/</u>.

GMU Policies and Resources for Students

Policies

- Students must adhere to the guidelines of the Mason Honor Code (see http://oai.gmu.edu/the-mason-honor-code/).
- Students must follow the university policy for Responsible Use of Computing (see http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see http://ods.gmu.edu/).
- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor.

Campus Resources

- Support for submission of assignments to Tk20 should be directed to <u>tk20help@gmu.edu</u> or <u>https://cehd.gmu.edu/aero/tk20</u>. Questions or concerns regarding use of Blackboard should be directed to <u>http://coursessupport.gmu.edu/</u>.
- For information on student support resources on campus, see <u>https://ctfe.gmu.edu/teaching/student-support-resources-on-campus</u>

For additional information on the College of Education and Human Development, please visit our website <u>https://cehd.gmu.edu/students/</u>.

Attendance

Students are expected to be on time, attend all class meetings and be prepared for in class assignments and projects. Excused absences include the following: illness (must bring a receipt or note from a doctor), family death, athletic/academic event (contact instructor in advance), and others at the discretion of the instructor. For known upcoming absences, students must contact the instructor at least one week in advance of the missed class to make up work. In the case of illness or some other unforeseen absence, the student must contact the instructor before the course meeting via e-mail or telephone. At the next attended class meeting the student will discuss material that is to be completed. *Students will have one week from the excused absence to complete any missed assignments.* It is the student's obligation to pursue any make-up work.

E-mail Correspondence

Only messages that originate from a George Mason University address will be accepted. The following is an appropriate professional format:

Dear Dr. Pitsch; (Beginning salutation)

I am looking forward to your class. (Text body)

Regards, (Ending Salutation)

First Name Last Name (Your name)

Technology Use During Class

As per GMU policy, all sound emitting technology is required to be turned off during the class meeting time. Additionally, *no laptop computers, Smart Phones, or other technology* will be permitted for use during class time; the exceptions are for use during presentations/projects, and technology deemed as necessary by the Office of Disability Services. Students utilizing various technology devices during class will be asked to leave class and will not be permitted to complete course work or receive any points for assignments that day.

Grading

Every attempt will be made to grade and return assignments in a timely manner to provide students with constructive feedback. To provide students the opportunity to fully assess the feedback provided on graded assignments, the professor will be happy to answer any questions at the next class period following the return of the assignments or during the professor's office hours. The professor acknowledges the passion with regards to grades, but unprofessional and uncivil behavior either in person or through other modes of communication will not be tolerated.

Name

Your first and last name MUST be on your papers when you turn them in. Failure to put your name will result in a 0 for the assignment.

Make Up Work

Students who are absent or who arrive late without an official university or a medical doctor's excuse will not be permitted to participate in the class activities for credit the day of the absence or tardy event. There will be <u>no</u> make-up quizzes or exams unless an excused absence has been warranted. Students who miss an examination, quiz or other class activity because of an excused absence must complete the assignment *within a week of the excused absence*. It is the student's obligation to pursue any make-up work.

Late Assignments

All work is due at the beginning of class time on the indicated day. NO LATE WORK WILL BE ACCEPTED AND WILL RESULT IN A 0 GRADE!!!