

**GEORGE MASON UNIVERSITY**  
School of Recreation, Health, and Tourism  
**Sport Management**  
SPMT 341 – 001 Field Experience Sport Coaching (3)  
*Summer 2018*

DAY/TIME:	TBA	LOCATION:	Coaching Site
PROFESSOR:	Craig Esherick	EMAIL ADDRESS:	<a href="mailto:cesheric@gmu.edu">cesheric@gmu.edu</a>
OFFICE LOCATION:	Thompson Hall Room 1409	PHONE NUMBER:	703-993-9922
OFFICE HOURS:	By Appointment	FAX NUMBER:	703-993-2025

#### PREREQUISITES/COREQUISITES

Open to minors only, SPMT 210-Foundations of Sport Coaching, or Permission of Instructor.

#### COURSE DESCRIPTION

Course provides application of the scientific bases for coaching sports and the process of coaching athletes. Includes paid or voluntary experience in a sport-specific setting. A minimum 120 clock hours is required within the time frame of the course.

#### COURSE OBJECTIVES

Upon completion of this practicum, students will be able to:

1. Implement coaching strategies based upon basic principles of training and conditioning of athletes.
2. Identify and employ sport psychology concepts in the coaching process.
3. Apply sound pedagogical practices that enhance athlete learning and performance capabilities.
4. Recognize and apply appropriate leadership and managerial principles in the coaching process.
5. Evaluate effective coaching.
6. Develop, implement and refine an individual philosophy of sport and coaching.
7. Recognize professional integrity and ethical behavior in coaching.
8. Apply concepts to sport-specific coaching situations.

#### PROFESSIONAL ASSOCIATION STANDARDS

Upon completion of this course, students will meet the following professional accreditation standards: National Council for the Accreditation of Coaching Education.

- 1 - Philosophy & Ethics 1, 2, 3,4
- 2 - Safety & Injury Prevention 5, 6, 7, 8, 9, 10,11
- 3 - Physical Conditioning 12, 13, 14,15
- 4 - Growth & Development 16, 17,18
- 5 - Teaching & Communication 19, 20, 21, 22, 23, 24, 25, 26
- 6 - Sport Skills & Tactics 27, 28, 29
- 7 - Organization & Administration 30, 31, 32, 33, 34, 35,36
- 8 - Evaluation 37, 38, 39, 40

#### NATURE OF COURSE DELIVERY

The learning experiences in this course are afforded through supervised field experiences that will offer ample opportunities to meet the course objectives. The practicum location is to be chosen by students after receiving approval of faculty supervisor. Course content includes, but is not limited to, the application of the following: coaching philosophy; ethics; safety & injury prevention; player development; physical conditioning; communication; teaching sport skills & tactics; organizations; administration; and evaluation.

#### ALTERNATIVE WORK:

There is NO make-up work. Each student must complete a minimum of 120 hours in their field experience and a weekly report must be filed with the instructor. Alternative work due to intercollegiate athletic competitions or other legitimate university activity must be arranged PRIOR to the due date. A grade of '0' will be assigned to all missed work unless determined otherwise by the instructor. There will be NO extra credit.

## REQUIRED READINGS

Readings will include current articles and news in sport coaching. The professor will attach these readings to the course content tab on Blackboard during the semester.

- Additional suggested readings: Martens, R. (2014). *Successful Coaching* (5th Ed). Human Kinetics Publishers, Champaign, IL.
- National Standards for Sport Coaches SHAPE America

## EVALUATION

Assessment of student objectives will include, but is not limited to, successful completion of the appropriate number of hours associated with the practicum experience, demonstrated application of course concepts through journal entries, an essay and a portfolio project documenting performance during the practicum as follows:

This course will be graded on a point system, with a total of 100 possible points.

<u>Requirements</u>	<u>Points</u>
Complete Hours (120-150 hours)	40
<i>Journal Entries:</i> Students will keep a journal outlining the activities during each week of the field experience. The journal will include the hours worked as well as reflection about the coaching profession that week as it related to the interactions with supervisors and your athletes.	30
<i>Portfolio</i> - The portfolio will describe the internship experience, include a short bio about the site supervisor and will also include all of the journal entries from the field experience; the student must write an essay reflecting what was learned about the coaching profession during this field experience. The essay will be evaluated based on writing, editing and the level of proofreading done by the student. There will be an evaluation that must be completed by the site supervisor and a separate questionnaire to be completed by the student. Points will be awarded based on the format of the portfolio, the thoroughness of the site description, the evaluation submitted by the supervisor and the student's reflection on this coaching field experience.	30
<b>TOTAL</b>	<b>100</b>

### Grading Scale

A = 94 – 100	B+ = 88 – 89	C+ = 78 – 79	D = 60 – 69
A- = 90 – 93	B = 84 – 87	C = 74 – 77	F = 0 – 59
	B- = 80 – 83	C- = 70 – 73	

## TENTATIVE COURSE SCHEDULE

WEEK	ASSIGNMENT	DUE DATE
Week 1	Orientation, communication to instructor of particulars of coach to be working with/for	June 1, 2018
Week 2	On the job hours under supervision, Weekly Journal	
Week 3	On the job hours under supervision, Weekly Journal	
Week 4	On the job hours under supervision, Weekly Journal	
Week 5	On the job hours under supervision, Weekly Journal	

WEEK	ASSIGNMENT	DUE DATE
Week 6	On the job hours under supervision, Weekly Journal	
Week 7	On the job hours under supervision, Weekly Journal	
Week 8	On the job hours under supervision, Weekly Journal	
Week 9	On the job hours under supervision, Weekly Journal	
Week 10	On the job hours under supervision, Weekly Journal	
Week 11	On the job hours under supervision, Weekly Journal	
Week 12	On the job hours under supervision, Weekly Journal	<i>Week of August 6th</i>

*After week 12*, if more time is still needed to complete the 120 hours requirement, instructor and student will meet to discuss plan moving forward. Otherwise, all work for the course – written **and** field-related – must be completed by **FRIDAY, AUGUST 10<sup>th</sup>**.

*Note: Faculty reserves the right to alter the schedule as necessary.*

## **GMU Policies and Resources for Students**

### *Policies*

- Students must adhere to the guidelines of the Mason Honor Code (see <http://oai.gmu.edu/the-mason-honor-code/>).
- Students must follow the university policy for Responsible Use of Computing (see <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <http://ods.gmu.edu/>).
- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor.

### *Campus Resources*

- Support for submission of assignments to Tk20 should be directed to [tk20help@gmu.edu](mailto:tk20help@gmu.edu) or <https://cehd.gmu.edu/aero/tk20>.

Questions or concerns regarding use of Blackboard should be directed to <http://coursessupport.gmu.edu/>.

- For information on student support resources on campus, see <https://ctfe.gmu.edu/teaching/student-support-resources-on-campus>

For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/>.

**PROFESSIONAL BEHAVIOR:** Students are expected to exhibit professional behaviors and dispositions at all times.

**CORE VALUES COMMITMENT:** The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.

