

GEORGE MASON UNIVERSITY  
School of Recreation, Health, and Tourism

PRLS 417 —Processes and Techniques in Therapeutic Recreation (3)  
Spring '16

DAY/TIME:	Online	LOCATION:	Online
Professor:	Natalie Haynes, CTRS, M.Ed., M.S.	EMAIL ADDRESS:	nteluk@gmu.edu
OFFICE LOCATION:	Finley Building Room 201, Fairfax Campus	PHONE NUMBER:	703-408-4120
OFFICE HOURS:	By appointment	FAX NUMBER:	n/a

PREREQUISITES

PRLS 327 and PRLS 416

COURSE DESCRIPTION

Exploration of processes and techniques used in Therapeutic Recreation, with a focus on the nature and diversity of recreation and leisure activities, modalities and interventions, facilitation techniques and approaches, leadership roles and tasks, communication skills, clinical supervision, health and safety considerations, and the impact of the impairment and/or treatment on the individual.

COURSE OBJECTIVES

1. Explain and discuss the major theories/approaches used for intervention and counseling programs in regards to Therapeutic Recreation services.
2. Identify facilitation techniques that can be employed as interventions in Therapeutic Recreation programs.
3. Define the role of the professional therapist in regards to Therapeutic Recreation services.
4. Classify the characteristics of a professional therapist in regards to a Therapeutic Recreation Specialist.
5. Differentiate among the key aspects of successful communication in relation to Therapeutic Recreation services.
6. Justify the appropriate leadership styles to be used in regards to implementing Therapeutic Recreation services.
7. Compare the different leadership tasks a Therapeutic Recreation Specialist is expected to perform.
8. Summarize the roles of a clinical supervisor in a Therapeutic Recreation setting.
9. Illustrate the importance of understanding the medical needs of clients when planning and implementing Therapeutic Recreation services.

COURSE OVERVIEW

Students are held to the standards of the George Mason University Honor Code. You are expected to actively participate in discussions and fulfill all weekly assignments. **Assignments must be submitted on the specified date due or no credit will be given.**

Further, upon completion of this course, students will meet the following professional accreditation standards: *Council on Accreditation of Parks, Recreation, and Tourism Related Professions standards met*

7.03	Students graduating from the program shall be able to demonstrate entry-level knowledge about operations and strategic management/administration in parks, recreation, tourism and/or related professions.
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REQUIRED TEXT

Austin, D. R. (2013). *Therapeutic recreation: Processes and techniques (7th ed.)*. Champaign, IL: Sagamore Publishing.

## EVALUATION

This course will be graded on a point system, with a total of 100 possible points.

Requirements: Weekly read the required chapters in addition to other documents.

**Points**

Discussion Board Moderator	20
Discussion Board Responses	30
Quizzes	10
Midterm and Final Exam (worth 20 points each).	40
<b>TOTAL</b>	<b>100</b>

## GRADING SCALE

A = 94 – 100	B+ = 88 – 89	C+ = 78 – 79	D = 60 – 69
A- = 90 – 93	B = 84 – 87	C = 74 – 77	F = 0 – 59
	B- = 80 – 83	C- = 70 – 73	

## TENTATIVE COURSE SCHEDULE

DATE			TOPICS AFTER ORIENTATION TO COURSE	READINGS/ASSIGNMENT DUE
Week 1	Jan.	18	Orientation and Introduction	a. Chapter 1: Basic Concepts Chapter <b>*QUIZ DUE: Chapter 1*</b>
2	Jan.	25	Theories, Therapies, and Techniques	a. Chapter 2: Theories and Therapies b. Journal Article
3	Feb.	1	Theories, Therapies, and Techniques	a. Chapter 3: Facilitation Techniques <b><u>b. *CHAPTER 2 STUDENT MODERATOR*</u></b>
4	Feb.	8	Theories, Therapies, and Techniques	a. Chapter 3 Continued: Facilitation Techniques b. Journal Article <b><u>c. *CHAPTER 3 STUDENT MODERATORS*</u></b> <b><u>Please note there are 2 moderators this week</u></b> <b>*QUIZ DUE: Chapters 2-3*</b>
5	Feb.	15	Service and Communication	a. Chapter 5: Helping Others <b><u>b. *CHAPTER 5 STUDENT MODERATOR*</u></b>

DATE			TOPICS AFTER ORIENTATION TO COURSE	READINGS/ASSIGNMENT DUE
6	Feb.	22	Service and Communication	a. Chapter 6: Communication Skills <b>b. *CHAPTER 6 STUDENT MODERATOR*</b> <b>*QUIZ DUE: Chapters 5-6*</b>
7	Feb.	29	Midterm Exam	a. Exam on Chapters 1, 2, 3, 5,6 <b>b. DUE BY MIDNIGHT MARCH 6TH</b>
8	Mar.	7	Spring Break	
9	Mar.	14	Leadership Styles	a . Chapter 7: Being A Leader. b. Journal Article <b>c. *CHAPTER 7 STUDENT MODERATORS*</b> <b><u>Please note there are 2 moderators this week</u></b>
10	Mar.	21	Leadership Styles	a. Chapter 8: Specific Leadership <b>b. *CHAPTER 8 STUDENT MODERATOR*</b>
11	Mar.	28	Leadership Styles	a. Chapter 8 Continued: Specific Leadership <b>*QUIZ DUE: Chapters 7-8*</b>
12	Apr.	4	Supervision and Health Considerations	a. Chapter 9: Clinical Supervision b. Journal Article <b>c. *CHAPTER 9 STUDENT MODERATOR*</b>
13	Apr.	11	Supervision and Health Considerations	a. Chapter 9 Continued : Clinical Supervision <b>b. *PAPER DUE*</b>
14	Apr.	18	Supervision and Health Considerations	a. Chapter10: Health and Safety Consideration <b>*QUIZ DUE: Chapters 9-10*</b>

DATE			TOPICS AFTER ORIENTATION TO COURSE	READINGS/ASSIGNMENT DUE
15	Apr.	25	Health and Safety Considerations	a. <b><u>*CHAPTER 10 STUDENT MODERATOR*</u></b>
16	May	2	Final	a. Exam on all chapters, You Tubes, and journal articles b. <b>DUE BY MIDNIGHT SUNDAY MAY 8TH</b>

*Note: Faculty reserves the right to alter the schedule as necessary*

### *Student Expectations*

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://oai.gmu.edu/the-mason-honor-code-2/>].
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services and inform their instructor, in writing, as soon as possible. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.

### *Campus Resources*

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu/>].

**PROFESSIONAL BEHAVIOR:** Students are expected to exhibit professional behaviors and dispositions at all times.

**CORE VALUES COMMITMENT:** The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.