

GEORGE MASON UNIVERSITY  
School of Recreation, Health, and Tourism

SRST 200 – History of Sport and Leisure in America (3)  
Spring 2015 (001)

DAY/TIME:	MW 9:00-10:15a.m.	LOCATION:	Bull Run Hall #252
PROFESSOR:	Dr. David K. Wiggins	EMAIL ADDRESS:	<a href="mailto:dwiggin1@gmu.edu">dwiggin1@gmu.edu</a>
OFFICE LOCATION:	Bull Run Hall #201	PHONE NUMBER:	703-993-2057
OFFICE HOURS:	T - 10:00-11:30p.m. or by appt.	FAX NUMBER:	703-993-2025

PREREQUISITES: None

#### COURSE DESCRIPTION

This course traces the development of sport, physical education, recreation, and health from the ancient Greek period to the present. Through the utilization of scholarly interpretations, students examine a variety of topics, including the role of physical education in ancient Greek culture, nature of sport in Renaissance society, the interrelationship between exercise and health in nineteenth century America, and the rising interest in physical culture in contemporary society. Particular attention is devoted to the role of various ethnic and racial groups in American sport and the health, recreation, and physical education professions.

#### COURSE OBJECTIVES

At the completion of this course students should be able to:

1. Describe how recreation, physical education, health, and sport developed as they moved from a pre-industrial to a postindustrial culture.
2. Demonstrate the interrelationship between sport and the health, physical education, and recreation professions in contemporary American society.
3. Identify the major trends in society and how they influenced the recreation, health, and physical education professions.
4. Describe the role played by various ethnic and racial groups in sport, physical education, health, and recreation.

#### PROFESSIONAL STANDARDS

Upon completion of this course, students will meet the following professional accreditation standards:

##### *Council on Accreditation of Parks, Recreation, and Tourism Related Professions*

7.01 Students graduating from the program shall demonstrate the following entry-level knowledge: a) the nature and scope of the relevant park, recreation, tourism or related professions and their associated industries; b) techniques and processes used by professionals and workers in these industries; and c) the foundation of the profession in history, science and philosophy.

#### REQUIRED READINGS

1. Baker, William J. *Sports in the Western World*. Urbana: University of Illinois Press, 1998.
2. Wiggins, David K. *Sport in America: From Colonial Leisure to Celebrity Figures and Globalization*. Champaign, IL: Human Kinetics, 2010.

NATURE OF COURSE DELIVERY: Face to Face

#### EVALUATION

This course will be graded on a point system, with a total of 355 possible points.

<b>Requirements</b>	<b>Points</b>
Exam (see tentative schedule for content of each exam)	
#1	75
#2	75
#3	75
Quizzes (announced dealing with the required readings)	80
Presentation (dates to be determined - see rubric below)	
	<u>50</u>
<b>TOTAL</b>	<b>355</b>

### Grading Scale

A = 94 – 100	B+ = 88 – 89	C+ = 78 – 79	D = 60 – 69
A- = 90 – 93	B = 84 – 87	C = 74 – 77	F = 0 – 59
	B- = 80 – 83	C- = 70 – 73	

### Course Expectations:

- *Readings:* Students are expected to read the assigned material prior to the beginning of the lecture to which it is assigned. This is crucial for meaningful and informed class discussion (which will be a very significant component of this course). Please bring assigned readings to class.
- *Discussions:* Students are expected to actively participate in class discussions. This requires that students come prepared to discuss the readings/films and issues or questions they raise in a respectful and intellectual manner. While the articulation of conflicting viewpoints will be welcomed and encouraged, it is important that at all times everyone contribute to creating a classroom environment that promotes civil debate.
- *Presentation:* Students are divided into groups and asked to make a presentation on sport and physical activity during a specific historical time period. They will be evaluated on content, historical accuracy, and the ability to create dialogue and discussion among the rest of the students in the class.

**PHED 200 Presentation Rubric**

	1- Not Competent	2-Somewhat Competent	3-Competent	4-Highly Competent
Overall Content				
Historical Accuracy				
Dialogue and Generated Discussion				
Quality of Secondary and Primary Source Material				
Use of Technology				

### TENTATIVE COURSE SCHEDULE Spring Break is March 9 - 13

DATE			TOPIC	READINGS/ASSIGNMENT DUE
T	January	19	Martin Luther King Jr. Day Holiday	
R	January	21	Physical Education, Recreation, and Sport in Ancient Greek Society	Baker, Chapters 1 – 2
M	January	26	Physical Education, Recreation, and Sport in Ancient Greek Society	Baker, Chapters 1 – 2
W	January	28	Physical Education, Recreation, and Sport in Ancient Greek Society	Baker, Chapters 1 – 2
M	February	2	Roman Sport and Physical Activity	Baker, Chapter 3

DATE			TOPIC	READINGS/ASSIGNMENT DUE
W	February	4	Out of Class Assignment	
M	February	9	Medieval People at Play	Baker, Chapter 4
W	February	11	Gentleman and Sport During the Renaissance	Baker, Chapter 5
M	February	16	Puritans at Play: Suppression of Sport and Amusement	Baker, Chapter 6 Wiggins, Chapter 1
W	February	18	New Standards for Old Sports and Birth of Mass Leisure	Baker, Chapters 7 – 8
M	February	23	The Pattern of Sport in Early America, 1607-1776	Baker, Chapters 7 – 8 Wiggins, Chapter 2
W	February	25	Transformation of Sport and Physical Activity in a Rapidly Changing Society, 1776-1870	Baker, Chapter 9 Wiggins, Chapters 3, 4, 5
M	March	2	Transformation of Sport and Physical Activity in a Rapidly Changing Society, 1776-1870	Baker, Chapter 9 Wiggins, Chapters 3, 4, 5
W	March	4	First Exam	
M	March	16	Quizzes, Written Assignments and Presentation Preparation	
W	March	18	Quizzes, Written Assignments and Presentation Preparation	
M	March	23	Quizzes, Written Assignments and Presentation Preparation	
W	March	25	Quizzes, Written Assignments and Presentation Preparation	
M	March	30	Quizzes, Written Assignments and Presentation Preparation	
W	April	1	Sport, The Great Depression, and Two World Wars, 1870-1915	Baker, Chapters 14 – 16 Wiggins, Chapters 9 – 12
M	April	6	Sport, The Great Depression, and Two World Wars, 1870-1915	Baker, Chapters 14 – 16 Wiggins, Chapters 9 – 12
W	April	8	Sport, The Great Depression, and Two World Wars, 1915-1950	Baker, Chapters 14 – 16 Wiggins, Chapters 9 – 12
M	April	13	Sport, The Great Depression, and Two World Wars, 1915-1950	Baker, Chapters 14 – 16 Wiggins, Chapters 9 – 12
W	April	15	Sport, The Great Depression, and Two World Wars, 1915-1950	Baker, Chapters 17 – 19 Wiggins, Chapters 13 – 15
M	April	20	Second Exam	
W	April	22	Sport and Physical Activity During the Period of Celebrity and Globalization, 1950-Present	Baker, Chapters 17 – 19 Wiggins, Chapters 16 – 18
M	April	27	Sport and Physical Activity During the Period of Celebrity and Globalization, 1950-Present	Baker, Chapters 17 – 19 Wiggins, Chapters 16 – 18

DATE			TOPIC	READINGS/ASSIGNMENT DUE
W	April	29	Sport and Physical Activity During the Period of Celebrity and Globalization, 1950-Present	Baker, Chapters 17 – 19 Wiggins, Chapters 16 – 18
M	May	4	Sport and Physical Activity During the Period of Celebrity and Globalization, 1950-Present	Baker, Chapters 17 – 19 Wiggins, Chapters 16 – 18
M	May	11	Third Exam	9 - 10:15a.m.

*Note: Faculty reserves the right to alter the schedule as necessary.*

#### Student Expectations

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://oai.gmu.edu/the-mason-honor-code-2/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.

#### Campus Resources

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu/>].

**PROFESSIONAL BEHAVIOR:** Students are expected to exhibit professional behaviors and dispositions at all times.

**CORE VALUES COMMITMENT:** The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.

