

GEORGE MASON UNIVERSITY  
School of Recreation, Health, and Tourism

SRST 200 – 002 —History of Sport/Leisure in America (3)  
Spring 2015

DAY/TIME:	M 7:20 - 10:00p.m.	LOCATION:	Planetary Hall 124
PROFESSOR:	Mark Shriver	EMAIL ADDRESS:	<a href="mailto:mshriver@gmu.edu">mshriver@gmu.edu</a>
OFFICE LOCATION:	Outside of Classroom	PHONE NUMBER:	401 419 - 8951
OFFICE HOURS:	Before/After Class	FAX NUMBER:	

PREREQUISITES/COREQUISITES: None

**COURSE DESCRIPTION:**

Traces historical foundations of health, recreation, physical education, and sport.

This course traces the development of sport, physical education, recreation, and health from the ancient Greek period to the present. Through the utilization of scholarly interpretations, students examine a variety of topics, including the role of physical education in ancient Greek culture, nature of sport in Renaissance society, the interrelationship between exercise and health in nineteenth century America, and the rising interest in physical culture in contemporary society. Particular attention is devoted to the role of various ethnic and racial groups in American sport and the health, recreation, and physical education professions.

**COURSE OBJECTIVES:**

At the completion of this course students should be able to:

1. Describe how recreation, physical education, health, and sport developed as they moved from a pre-industrial to a postindustrial culture.
2. Demonstrate the interrelationship between sport and the health, physical education, and recreation professions in contemporary American society.
3. Identify the major trends in society and how they influenced the recreation, health, and physical education professions.
4. Describe the role played by various ethnic and racial groups in sport, physical education, health, and recreation.

**PROFESSIONAL STANDARDS:**

Upon completion of this course, students will meet the following professional accreditation standards for the *Council on Accreditation of Parks, Recreation, and Tourism Related Professions (COAPRT)*

7.01 Students graduating from the program shall demonstrate the following entry-level knowledge: a) the nature and scope of the relevant park, recreation, tourism or related professions and their associated industries; b) techniques and processes used by professionals and workers in these industries; and c) the foundation of the profession in history, science and philosophy.

NATURE OF COURSE DELIVERY: Face-To-Face

**REQUIRED READINGS:**

1. Baker, W.J. (1998). *Sports in the Western World*. Urbana: University of Illinois Press.
2. Wiggins, D.K. (2010). *Sport in America: From Colonial Leisure to Celebrity Figures and Globalization*. Champaign, IL: Human Kinetics.

**EVALUATION:**

This course will be graded on a point system, with a total of 250 possible points.

Requirements		Points
Exams		
#1	Chapters 1, 2, 3-6 Baker Book & Chapter 1 Wiggins Book	70
#2	Chapters 7-9, 11-13 Baker Book & Chapters 2-8 Wiggins Book	70
#3	Chapters 14-19 Baker Book & Chapters 9-15 Wiggins Book	60
Quizzes		
5 Quizzes: 10 Points each (unannounced at the beginning of class, content from previous class, T/F questions)		50
<b>TOTAL</b>		<b>250</b>

Grading Scale by %e											
A	=	94 – 100	B+	=	88 – 89	C+	=	78 – 79	D	=	60 – 69
A-	=	90 – 93	B	=	84 – 87	C	=	74 – 77	F	=	0 – 59
			B-	=	80 – 83	C-	=	70 – 73			

#### TENTATIVE COURSE SCHEDULE

Date			Topic	Reading /assignments due
M	January	26	First Class: Review Schedule	Purchase Books
M	February	2	Physical Education, Recreation, and Sport in Ancient Greek Society	Baker, Chapters 1,2
M	February	9	Roman Sport and Physical Activity	Baker, Chapter 3
M	February	16	Medieval People at Play Gentleman and Sport During the Renaissance	Baker, Chapter 4 Baker, Chapter 5
M	February	23	Puritans at Play: Suppression of Sport and Amusement	Baker, Chapter 6 Wiggins, Chapter 1
M	March	2	<b>EXAM 1</b>	
M	March	9	<b>SPRING BREAK</b>	
T	March	16	New Standards for Old Sports and Birth of Mass Leisure	Baker, Chapters 7 & 8 Wiggins, Chapter 2
M	March	23	Transformation of Sport and Physical Activity in a Rapidly Changing Society	Baker, Chapter 9 Wiggins, Chapters 3, 4, 5
M	March	30	Sport and Physical Activity In the Era of Industrialization and Reform	Baker, Chapters 11 -13 Wiggins, Chapters 6, 7, 8
M	April	6	<b>EXAM 2</b>	
M	April	13	Sport, The Great Depression, and Two World Wars	Baker, Chapters 14 – 16 Wiggins, Chapters 9 – 12
M	April	20	Sport and Physical Activity in the Age of Television, Discord, and Personal Fulfillment	Baker, Chapters 17 -19 Wiggins, Chapters 13 -15

Date			Topic	Reading /assignments due
M	April	27	Sport and Physical Activity During the Period of Celebrity and Globalization	Wiggins, 16 – 18
M	May	4	Sport and Physical Activity During the Period of Celebrity and Globalization	Wiggins, 16 – 18
M	May	11	<b>EXAM 3</b>	Exam Time: 7:30 – 10:15pm

Note: Faculty reserves the right to alter the schedule as necessary

## STUDENT EXPECTATIONS

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://oai.gmu.edu/the-mason-honor-code-2/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.

### *Campus Resources*

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu/>].

## PROFESSIONAL BEHAVIOR

Students are expected to exhibit professional behaviors and dispositions at all times.

## CORE VALUES COMMITMENT

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.