

GEORGE MASON UNIVERSITY
School of Recreation, Health, and Tourism

PRLS 210 – Introduction to Recreation and Leisure
Spring 2015

DAY/TIME: Distant Learning

INSTRUCTOR: Evan Braff EMAIL ADDRESS: ebraff@gmu.edu,
ebraff@yahoo.com

OFFICE LOCATION: TBD PHONE NUMBER: 703-627-3027

OFFICE HOURS: By appointment FAX NUMBER:

PREREQUISITES

None

PRLS 210

COURSE DESCRIPTION

Traces the development of current concepts of recreation and leisure and their implications and consequences. Covers influences of philosophy, religion, science, economics, sociology, and politics on discretionary time and its uses.

COURSE OBJECTIVES

1. Develop a personal philosophy and broad awareness of leisure
2. Describe major ideas, institutions, and forces that influence leisure in contemporary society
3. Gain a full, in-depth understanding of the ties between leisure and challenges of the future.
4. Understand the concept of the leisure profession and professional organizations, and the responsibilities of professionals in leisure and human services

PROFESSIONAL ASSOCIATION STANDARDS

Further, upon completion of this course, students will meet the following professional accreditation standards through Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT):

7.01: Students graduating from the program shall demonstrate the following entry-level knowledge: a) the nature and scope of the relevant park, recreation, tourism or related professions and their associated industries; b) techniques and processes used by professionals and workers in these industries; and c) the foundation of the profession in history, science and philosophy.

NATURE OF COURSE DELIVERY

Distance Learning

REQUIRED READINGS

Pastimes (The Context of Contemporary Leisure). Ruth Russell. 5th Edition

Service Living: Building Community through Public Parks and Recreation. Wellman, Dustin, Henderson, and Moore.

Tuesdays with Morrie. Mitch Albom.

Please Talk About Me When I am Gone. Sean Murphy.

Ultra Marathon Man: Confessions of An All-Night Runner. Dean Karnazes.

REQUIRED ARTICLE READINGS- additional articles/readings will be assigned

“Leisure and Civility” by Hemingway

“The Power Potential and Promise” by (Goodale)

“Benefits Equation” by (Dustin)

“The Leisure Ability Model,” by Stumbo and Peterson,

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“Parks, Playgrounds, and Active Living,” by Mowen,

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“The Rationale for Recreation Services for Youth,” by Witt and Caldwell,

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“Evolution and Implications of a Paradigm Shift in the Marketing of Leisure Services in the USA,” by Crompton.

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“Self-Determination Theory and the Facilitation of Intrinsic Motivation, Social Development, and Well-Being,” by Deci and Ryan.

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EVALUATION

Students must follow the standards of the George Mason University Honor Code. Students should attend all class sections, actively participate in class discussion, and fulfill all assignments. Students must turn in assignments at the beginning of class on the specified date due or they will receive no credit. Only students with extreme emergencies, a documented medical excuse or university-sponsored functions discussed with the professor prior to the due date will be given consideration for exception. Students must make copies of all written work submitted.

No Assignments will be accepted late!!!!!!!!!!!!!!!!!!!! All assignments are due Tuesday night by 11 p.m.

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A. Activity Participation and Economic Log (40 points):

Each of you will monitor and analyze a week’s worth of your recreation and leisure activities and their expenses. This project must include logging and charting your behavior, as well as documenting a brief analysis of your experience. Prior to the analysis, a chart provided by the instructors must be filled in.

Focus of Paper:

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- Amount of time spent and money spent in recreation activities – this will be done in a chart format
- Your thoughts and reactions to your participation in activities and spending
- **Connection** between your activity involvement and spending to issues and concepts discussed in class or any relevant issues that you have read about or discussed with people outside of class.
- Personal views and opinions
- Must cite two articles from scholarly journals as related to your analysis

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Assignment Rubric Content:

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- Activity Analysis Reaction Paper (content and reflection) – 15 points
- Activity Analysis Reaction Paper (format/writing style) – 5 points
- Activity Analysis Reaction Paper (utilization of classroom/reading assignments) – 5 points
- Economic Log – 5 points
- Activity Summary Log – 5 points
- Daily Summary Log – 5 points

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B. Article Readings (220 points):

B- (Look on calendar there are weeks where you do not submit an article), 11 papers at 20 points per paper

You will be asked read articles relating to the topic for the week. You must hand in a paper summary for each assignment (see modules).

Due Date: Weekly

Assignment Rubric Content for Each Assignment:

Reaction Paper (content and reflection) - 15 points
Reaction Paper (format/writing style) – 5 points

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C. Mid-term (40 points)

Assignment Content Rubric:

Mid-term content and reflection - 30 points
Mid-term paper (format/writing style) – 10 points

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D. Final (40 points)

The Buried Life In-Class Presentation:

Each student participates in a leisure activity that she has never done before. Each student will make a ten-minute presentation (power-point) regarding their experiences. Students will include the following in their presentations:

- Why you chose the leisure activity
- Why you chose the service living activity/project
- How activity was planned
- What the experience was like
- Relate topics and discussion from class and other class material to experience
- Provide Video or pictures from the experiences in your presentation

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Assignment Content Rubric:

Presentation Content (logic, focus on topic) - -20 points
Presentation Format /Visual Organization (vocabulary, flow, writing style) - -20

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E. **Discussion Board Assignments (130 points) – 20 points per week**

Class participation is an important expectation of this course. Students are expected to offer comments, questions, and replies to the discussion question that have been posed for each module as well as to classmate postings. Students are expected to actively participate in EACH module's discussion EACH week throughout the semester. The faculty role is as an observer and facilitator. I will be reading all messages and I will participate in the discussion as appropriate. Students may work ahead on the discussion boards but posting on past week's boards will not allow for stimulating discussions with your classmates.

Due Date: W-weekly

Assignment Rubric Content Each Night:

- Quality of Comments/ Relevance of Contribution to topic under discussion - 5 points
- Community Responses (Responds to Peers) – 2 points
- Context (few or no stylistic errors; Organized with direct & clear communication. – 5 points
- Critical Thinking (rich in content, full of thought, insight, and analysis) – 5 points

F. **Service Living Project – (20 points)**

Class will be participating in a service living project and write about the experience.

Assignment Content Rubric:

Active Participation in Service Project (20 points)

Course Requirements and Evaluation:

Activity/Economic Log:	40 points
Articles	220 points
Midterm	40 points
Leisure Final	40 points
Discussion Board:	130 points
Service Living Project	<u>20 points</u>

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Total: 530 points

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Grading Scale

A = 94 – 100	B+ = 88 – 89	C+ = 78 – 79	D = 60 – 69
A- = 90 – 93	B = 84 – 87	C = 74 – 77	F = 0 – 59
	B- = 80 – 83	C- = 70 – 73	

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Fall 2014

Course Outline - <http://registrar.gmu.edu/calendars/fall-2014/> (GMU Important dates)

Note: Faculty reserves the right to alter the schedule as necessary.

Date	Topic
Week 1	Introduction/Course Overview <ul style="list-style-type: none">• Discussion of the philosophy of leisure• What is leisure, recreation, and play• History of Leisure
Week 2	Basic Concepts of Leisure, Play, and Recreation Taboo Recreation Using Leisure for the Societal Good
Week 3	Activity and Economic Analysis Due (no article need to be handed in)
Week 4	Leisure and Health
Week 5	Leisure and Politics
Week 6	Leisure and Diversity, Sexuality, and Gender Roles
Week 7 and week 8	Service Living and Leisure and the Environment
Week 9	Mid-term Exam
Week 10 November 4	What is Therapeutic Recreation? -The History of Therapeutic Recreation

	-Guest Speaker on disability awareness
Week 11 and Week 12	Leisure Throughout Your Life Span
Week 13	The Future of Recreation and Service Organizations: Future Trends, Future Technology; where is it all going Leisure as a Profession: What are the different professions in the recreation and leisure sector:
Week 14	Bringing it all together
Week 15	<i>Final Exam Due</i>

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Note: Faculty reserves the right to alter the schedule as necessary.

Student Expectations

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://oai.gmu.edu/the-mason-honor-code-2/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.

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Campus Resources

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu/>].

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