

GEORGE MASON UNIVERSITY
School of Recreation, Health, and Tourism

HEAL 325 – 003 - Health Aspects of Human Sexuality (3)
Fall 2014

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|------------------|---------------------|----------------|--|
| DAY/TIME: | W 4:30 – 7:10 p.m. | LOCATION: | Robinson Hall A247 |
| INSTRUCTOR: | Becky Griesse, MPH | EMAIL ADDRESS: | rgriesse@gmu.edu |
| OFFICE LOCATION: | Classroom | PHONE NUMBER: | 703-581-4795 |
| OFFICE HOURS: | By appointment only | FAX NUMBER: | N/A |

PREREQUISITES

None

COURSE DESCRIPTION

Covers biological, behavioral, and sociocultural factors in human sexual behavior.

COURSE OBJECTIVES

At the completion of this course, students will be able to:

1. Develop a solid basic understanding of biological, social, and psychological components of their human sexuality.
2. Form and express educated attitudes and viewpoints on several aspects of human sexuality through the interpretation of readings, lectures, guest speakers, and open discussion with peers.
3. Form and express rational and responsible decisions concerning their human sexuality and development.
4. Write and discuss the value of human sexuality education with professional teachers as well as the community.

COURSE OVERVIEW

This course relies, in part, on the use of explicit visual teaching aids such as slides, films and video clips. These materials may portray nudity, masturbation, and examples of sexual behavior. Every effort is made to present those materials in a mature and scientific manner. A person who would be offended by frank discussions and/or visual portrayals of human sexual behavior may not a good candidate for this class.

Students are expected to conduct themselves in a manner appropriate to a college classroom. Any student whose behavior is inappropriate or destructive to the learning environment will be asked to leave the class.

- Class attendance is required. Please arrive on time. If a student is unable to attend class, please notify the instructor prior to absence via email.
- Participation is important. Students are expected to come prepared to participate in activities and discussions on assigned readings.
- Please turn off or mute all cell phones during class. Ringing and vibrating phones disturb the flow of class. Electronic devices such as laptops, iPads, tablets, etc. will not be needed for class and should not be used.
- Please be respectful of differing opinions, values, and beliefs that will be discussed throughout this semester.
- Late assignments will **not** be accepted without prior written approval, and will be subject to grading penalty.

NATURE OF COURSE DELIVERY

Face to face

REQUIRED READINGS

Crooks, R. & Baur, K. (2014). *Our Sexuality (12th edition)*. Belmont, CA: Wadsworth/Cengage Learning.

Other required reading will be posted to Blackboard.

EVALUATION

Quizzes/Writing Assignments (10 points each – 70 total points)

Students are expected to attend class and fully participate in class activities and discussions based on the required reading for the week. There will be 9 unannounced quizzes/writing assignments. Only your 7 highest grades will count in your final grade. The quizzes will contain a mixture of multiple choice and true/false questions. The writing assignments will be no longer than one page and will take place in the middle or the end of the class. You will be asked to respond to a specific activity or question in no more than 1 page. There are no make-ups.

Out of Class Assignment – Preventing Unplanned Pregnancy (35 points)

Student will complete a set of online lessons related to preventing unplanned pregnancy. Each lesson will take about 30 minutes. Students must submit completed quizzes on 9/24/14 through email at rgriesse@gmu.edu or by printing and submitting in class. More information about this assignment will be provided in class.

Group Presentation (75 points) – Sexual Health Lesson Plan

In groups of 4 or 5, students will develop a sexual health lesson plan for a chosen grade level (K-12). Groups will present an overview of the lesson plan and conduct one activity with the class. Grades will be based on content, presentation skills, and organization and structure. Each person in the group is responsible for a portion of the oral presentation. Presentations will take place on the last day of class. Groups must hand in a copy of the lesson plan. More information will be provided by week 4 on Blackboard.

Exams (100 points each)

A mid-term and final exam will be given to assess your knowledge and understanding of course materials. Each exam will cover material from the preceding chapters and other required reading as well as class presentations and guest lectures. Exams will be a mix of multiple choice, true/false, matching and short answer. The final exam is not cumulative and will only cover material following the mid-term.

Assignments Points

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|----------------------|------------|
| Out of Class Assign. | 35 |
| Quizzes/Reflections | 70 |
| Group Project | 75 |
| Mid-Term | 100 |
| Final | 100 |
| TOTAL: | 380 |

Grading Scale

| | | | |
|--------------|--------------|--------------|-------------|
| A = 94 – 100 | B+ = 88 – 89 | C+ = 78 – 79 | D = 60 – 69 |
| A- = 90 – 93 | B = 84 – 87 | C = 74 – 77 | F = 0 – 59 |
| | B- = 80 – 83 | C- = 70 – 73 | |

TENTATIVE COURSE SCHEDULE

| DATE | TOPIC/READING |
|---|--|
| 8/27/14 Week 1 | Introduction/Syllabus/ Consolidated Chapter 1 |
| 9/3/14 Week 2 | Chapter 3: Female Sexual Anatomy and Physiology Chapter 4: Male Sexual Anatomy and Physiology <i>Behind the Fig Leaf</i> |
| 9/10/14 Week 3 | Chapter 5: Gender issues <i>Straight Laced: How Gender Has Us All Tied Up</i> Documentary |
| 9/17/14 Week 4 | NO CLASS Out of Class Assignment – Preventing Unplanned Pregnancy (due 9/24) |
| 9/24/14 Week 5 | Chapter 6: Sexual Arousal and Response Chapter 10: Contraception |
| 10/1/14 Week 6 | Chapter 7: Love and Communication in Intimate Relationships Chapter 8: Sexual Behaviors |
| 10/8/14 Week 7 | Mid-Term (Chapters 1, online lessons, 3-8, 10) |
| 10/15/14 Week 8 | Chapter 11: Conceiving Children: Process and Choice |
| 10/22/14 Week 9 | Special Guest: TBD Chapter 9: Sexual Orientation |
| 10/29/14 Week 10 | Chapter 12: Sexuality during Childhood and Adolescence Chapter 13: Sexuality and the Adult Years |
| 11/5/14 Week 11 | Chapter 14: Sexual Difficulties and Solutions Chapter 15: Sexually Transmitted Diseases |
| 11/12/14 Week 12 | Special Guest: TBD Chapter 17: Sexual Coercion |
| 11/19/14 Week 13 | Chapter 16: Atypical Sexual Behavior Chapter 18: Sex for Sale |
| 11/26/14 | Thanksgiving Break – No Class |
| 12/3/14 Week 14 Last Day of Class | Group Presentations |
| 12/10/14 4:30 – 7:15 | Final Exam (Chapters 9-18) *Students are required to be available on the scheduled day set by the University. This is not negotiable. |

Note: Faculty reserves the right to alter the schedule as necessary.

Student Expectations

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://oai.gmu.edu/honor-code/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.

Campus Resources

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].

For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu>]

PROFESSIONAL BEHAVIOR: Students are expected to exhibit professional behaviors and dispositions at all times.

CORE VALUES COMMITMENT: The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.

