

GEORGE MASON UNIVERSITY
School of Recreation, Health, and Tourism

ATEP 256 — Practicum 1: Physical Assessment of the Lower Body (3)
Fall 2013

DAY/TIME:	TR 12:00 – 1:15 PM	LOCATION:	Occoquan 302
INSTRUCTOR:	Candace S. Parham	EMAIL ADDRESS:	cparham@gmu.edu
OFFICE LOCATION:	Bull Run Hall 208C	PHONE NUMBER:	703-993-4389
OFFICE HOURS:	MT 10:30-11:30 AM	FAX NUMBER:	703-993-2025
DEPT. WEBSITE	http://rht.gmu.edu	CLASS WEBSITE	http://mymason.gmu.edu

PRE/CO-REQUISITES

Pre-requisites: Formal acceptance to the professional phase of the ATEP; ATEP 150, 180; BIOL 124, 125; HEAL 110; PHED 300; current Emergency Cardiac Care (ECC) certification.

Co-requisite: Concurrently enrolled in ATEP 250 and 255.

COURSE DESCRIPTION

A clinical practicum field experience under the direct supervision of a Preceptor with emphasis on physical assessment of the lower body.

COURSE OBJECTIVES

At the completion of this course students should be able to complete the following:

1. Apply theories, concepts, and philosophies learned through previous didactic and clinical experiences;
2. Employ record-keeping practices in athletic training;
3. Use clinical judgment in the assessment of lower body conditions;
4. Demonstrate physical assessments of the lower body to patients in a health care setting; and
5. Employ foundational behaviors of professional practice in athletic training.

NATURE OF COURSE DELIVERY

Face to Face.

Attendance

Each student must meet with his/her Preceptor during the first week of the semester to develop a weekly schedule. Students must accrue a **minimum of 120 hours** during the entire semester (approximately 10-20 hours per week). Students are expected to be on time; attend all class meetings and clinical experiences as mutually agreed upon with the Coordinator of Clinical Education, course instructor and the Preceptor; and submit all assignments in a timely fashion. **Late work will not be accepted.** Excused absences include the following: illness (must bring a receipt or note from a doctor), family death, athletic/academic event, and others at the discretion of the Preceptor and course instructor. For known upcoming absences, students must contact the Preceptor and the course instructor at least one week in advance of the missed class or clinical experience. In the case of illness or some other unforeseen absence, the student has one week to arrange assignment submission. It is the student's responsibility to contact the Preceptor and the course instructor about absences.

Academic Responsibility

Although many students must work to meet living expenses, **employment must not take priority over academic responsibilities.** Students employed more than 20 hours a week are strongly urged not to attempt a full-time academic load. Students employed more than 40 hours a week should attempt no more than 6 credits per semester. Students who fail to observe these guidelines may expect no special consideration for academic problems arising from the pressures of employment. Please see the GMU Academic Catalog (http://catalog.gmu.edu/content.php?catoid=5&navoid=104#Registration_attendance) for further information.

Scheduling Requirements

An integral part of students' practicum is time spent under the supervision of the Preceptor. Students should be aware that times are scheduled in conjunction with Preceptor availability. Practicum times may include early mornings, afternoons, evenings, and weekends. Students may also be required to travel to additional sites to meet their Preceptor to engage in clinical education. Unlike other majors, athletic training practicum courses require additional time outside of the traditional classroom. Participation at the clinical site does not excuse you from class and/or related assignments at George Mason University. Students are required to submit bi-monthly schedules (via Blackboard) and show proof of hours completed. Repeated failure to submit schedules and show proof of hours may result in reduction of the final grade.

Additional Policies

For additional guidelines relating to your athletic training education, please see the program handbook at the following website: <http://rht.gmu.edu/atep/forms/>.

Accreditation Standards

Upon completion of this course, students will meet the following Commission on Accreditation of Athletic Training Education (CAATE) and clinical proficiencies:

Code	Clinical Proficiency
RM-CP2	Select, apply, evaluate, and modify appropriate standard protective equipment and other custom devices for the patient in order to prevent and/or minimize the risk of injury to the head, torso, spine and extremities for safe participation in sport and/or physical activity. Effective lines of communication shall be established to elicit and convey information about the patient's situation and the importance of protective devices to prevent and/or minimize injury.
DI-CP1	Demonstrate a musculoskeletal assessment of upper extremity, lower extremity, head/face, and spine (including the ribs) for the purpose of identifying (a) common acquired or congenital risk factors that would predispose the patient to injury and (b) a musculoskeletal injury. This will include identification and recommendations for the correction of acquired or congenital risk factors for injury. At the conclusion of the assessment, the student will diagnose the patient's condition and determine and apply immediate treatment and/or referral in the management of the condition. Effective lines of communication should be established to elicit and convey information about the patient's status. While maintaining patient confidentiality, all aspects of the assessment should be documented using standardized record-keeping methods.
DI-CP1.1	Foot and Toes
DI-CP1.2	Ankle
DI-CP1.3	Lower Leg
DI-CP1.4	Knee (tibiofemoral and patellofemoral)
DI-CP1.5	Thigh
DI-CP1.6	Hip/Pelvis/Sacroiliac Joint
DI-CP1.7	Lumbar Spine
MC-CP1.1	Derma
AC-CP1	Demonstrate the ability to manage acute injuries and illnesses. This will include surveying the scene, conducting an initial assessment, utilizing universal precautions, activating the emergency action plan, implementing appropriate emergency techniques and procedures, conducting a secondary assessment and implementing appropriate first aid techniques and procedures for non-life-threatening situations. Effective lines of communication should be established and the results of the assessment, management and treatment should be documented.
NU-CP1	Demonstrate the ability to counsel a patient in proper nutrition. This may include providing basic nutritional information and/or an exercise and nutrition program for weight gain or weight loss. The student will demonstrate the ability to take measurements and figure calculations for a weight control plan (e.g., measurement of body composition and BMI, calculation of energy expenditure, caloric intake, and BMR). Armed with basic nutritional data, the student will demonstrate the ability to develop and implement a preparticipation meal and an appropriate exercise and

	nutritional plan for an active individual. The student will develop an active listening relationship to effectively communicate with the patient and, as appropriate, refer the patient to other medical professionals (physician, nutritionist, counselor or psychologist) as needed.
NU-CP2	Demonstrate the ability to recognize disordered eating and eating disorders, establish a professional helping relationship with the patient, interact through support and education, and encourage vocal discussion and other support through referral to the appropriate medical professionals.

REQUIRED READINGS

1. ATEP 255 & 256 Manual: Physical Assessment of the Lower Body
2. ATEP Student Handbook

EVALUATION

The course instructor, in consultation with the Preceptor, assigns the final grade based on several specific requirements for evaluation. Specifically, the Preceptor will supply scoring and relative open-ended feedback on the Mid Semester Clinical Performance Evaluation, Final Clinical Performance Evaluation, and Clinical Proficiency Evaluations.

Case Study Presentation

The student will lead a round table discussion that begins with a presentation of a lower extremity injury case from their clinical setting. ***Presentations will take place November 19, November 21, November 26, December 3, and December 5, 2013. All presentations are due via Blackboard at the beginning of class on November 19, 2013. Students' presentation days and times will be randomly assigned.***

Clinical Proficiency Evaluations

The student must complete all clinical proficiency evaluations associated with the previous and current courses. These evaluations will be assessed by each student's Preceptor. ***Failure to successfully complete ALL Mastery Proficiencies (by October 22, 2013) and attempt ALL Challenge Proficiencies (by December 12, 2013) will result in failure of the course.***

Evaluation of Preceptor/Clinical Site Survey

This survey will be conducted via Qualtrics in order to collect feedback about the Preceptor and clinical site. A link to the survey will be provided on Blackboard. ***The survey must be completed by November 12, 2013.***

Expectations Document

This form is a guide to explain and clarify the Preceptor expectations of the student. Both student and Preceptor will read and sign this document together at the initial meeting to help ensure that all parties understand their respective responsibilities and duties. ***This completed form is due at the beginning of class on September 19, 2013.***

Final Clinical Performance Evaluation

The Preceptor will complete the evaluation and assign a letter grade based on the student's clinical performance. Preceptor s are encouraged to discuss the results of the evaluation with the student. ***Evaluations are due December 12, 2013.***

Final Comprehensive Examination

There will be a practical final examination administered at the time deemed by the official university schedule. ***The examination will be on December 12, 2013 from 10:30 AM -1:15 PM.***

Mid Semester Clinical Performance Evaluation

The Preceptor will complete the evaluation and assign a letter grade based on the student's clinical performance. Preceptor s are encouraged to discuss the results of the evaluation with the student. ***Evaluations are due October 22, 2013 at the beginning of class.***

Pre-Clinical Experience Survey

This survey will be conducted via Qualtrics in order to collect pertinent information that will aid in making suitable clinical assignments. A link will be provided to the survey on Blackboard. ***The survey must be completed by November 5, 2013.***

Professionalism Interview

Throughout the semester the Professional Behaviors of Athletic Trainers will be discussed and presented. This assignment will provide you with an opportunity to interview your Preceptor about specific professionalism topics and allow you to reflect on your ideals and beliefs. Five questions will be provided and the student is responsible for developing 10 additional open-ended questions; after the interview the Preceptor will sign and date the question sheet. The student will then provide a typed, double-spaced summary of the interview with their reflections on the Preceptor answers. ***All parts of this assignment are due at the beginning of class, October 8, 2013.***

Throughlines

The student is required to complete two Throughline reflective writings which are ***due on September 5, 2013 and on November 21, 2013.***

Skill of the Day

Skills of the Day will be assigned at random. Bonus points will be added to the final exam grade at the instructor's discretion for students who complete ALL skills of the day. No points will be deducted for incorrect or incomplete Skills of the Day.

GRADING

ASSESSMENT METHOD	NUMBER	POINTS EACH	POINTS TOTAL
Case Study Presentation	1	25	25
Clinical Proficiency Evaluations	13	Pass/Fail	Pass/Fail
Evaluation of Preceptor /Clinical Site Survey	1	25	25
Expectations Document	1	25	25
Final Clinical Performance Evaluation	1	75	75
Final Comprehensive Examination	1	125	125
Mid Semester Clinical Performance Evaluation	1	75	75
Pre-Clinical Experience Survey	1	10	10
Professionalism Interview	1	50	50
Throughlines	2	45	90
TOTAL	—	—	500

Course Grading Scale

The student's final letter grade will be earned based on the following scale:

A: 465 – 500 pts. (93%)	C+: 385 – 399 pts. (77%)
A-: 450 – 464 pts. (90%)	C: 365 – 384 pts. (73%)
B+: 435 – 449 pts. (87%)	C-: 350 – 364 pts. (70%)
B: 415 – 434 pts. (83%)	D: 315 – 349 pts. (63%)
B-: 400 – 414 pts. (80%)	F: < 315 pts.

Student Expectations

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://oai.gmu.edu/honor-code/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.

Campus Resources

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu/>].

PROFESSIONAL BEHAVIOR: Students are expected to exhibit professional behaviors and dispositions at all times.

CORE VALUES COMMITMENT: The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.



DAY	DATE	TENTATIVE TOPIC	ASSIGNMENT
1	Tu/8/27	Introduction to Practicum	
2	Th/8/29	A Review of ATEP Policies and Procedures, ATEP Mythbusters	
3	Tu/9/3	Preceptor /ATS Interactions, Clinical Expectations	
4	Th/9/5	Clinical Expectations, Throughlines Discussion	Throughlines due
5	Tu/9/10	What is Professionalism? What are Mastery and Challenge Proficiencies?	“To Err is Human”
6	Th/9/12	Bloodborne Pathogens: Ms. Jennifer Massie	
7	Tu/9/17*	Communication, Patient Primacy	
8	Th/9/19	Time Management	Expectations Document due
9	Tu/9/24	Introduction to Ethics in Athletic Training	See Blackboard for links to NATA Code of Ethics and “Dating an Athlete”
10	Th/9/26		
11	Tu/10/1*	Practical Final Exam Preparedness	
12	Th/10/3		
13	Tu/10/8	The Many Faces of Professionalism, Self-Evaluation and Reflection	Interviews due
14	Th/10/10		
15	Tu/10/15*	<i>Columbus Day Recess</i>	
16	Th/10/17		
17	Tu/10/22†	Professional Advocacy	State legislation, Mid-Semester Clinical Evaluation & Proficiencies
18	Th/10/24		
19	Tu/10/29*	Library Resources: Ms. Janna Mattson	
20	Th/10/31		
21	Tu/11/5	Triumphs and Challenges of Clinical Experiences	Pre-Clinical Survey due
22	Th/11/7		
23	Tu/11/12*	Semester in Review, Thank-yous, & Wrap up	Evaluation of Preceptor/ Clinical Site Survey due
24	Th/11/14		
25	Tu/11/19	Case Study Presentations	Case Study Presentations due
26	Th/11/21	Case Study Presentations	Throughlines due
27	Tu/11/26*	Case Study Presentations	
28	Tu/12/3	Case Study Presentations	
29	Th/12/5	Case Study Presentations	
FINAL	Th/12/12†	Comprehensive Exam, 10:30 A.M. – 1:15 P.M.	

*Bi-monthly schedule/hours log due.

† Preceptor evaluations and proficiencies due.



Student Acknowledgement of Syllabus

I, _____, by affixing my signature below, attest to the following:

*I have read the course syllabus for ATEP 256 in its entirety, and I understand the policies contained therein.

*I have a clear understanding of the due dates for assignments, and I accept responsibility for knowing when due dates are approaching.

*I am aware that failure to complete the proficiencies by the dates assigned will result in failure of the course.

*I understand the instructor reserves the right to alter the provided schedule as necessary, and I am responsible for obtaining the most current version from Blackboard.

*I accept responsibility for reading announcements that are sent to me via email or posted to Blackboard.

Signature

Date

(Student Copy: This copy should remain attached to your syllabus.)

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*I accept responsibility for reading announcements that are sent to me via email or posted to Blackboard.

Signature

Date

(Instructor Copy: This copy should be signed and returned to course instructor no later than the second class meeting.)