

**GEORGE MASON UNIVERSITY**  
**College of Education and Human Development**  
**School of Recreation, Health and Tourism**  
**Division of Health and Human Performance**

KINE 341- 002: Kinesiology Internship I (3)  
Spring 2013

DAY/TIME:	M/W 10:30-11:45	LOCATION:	212 Bull Run (PW)
PROFESSOR:	Dr. Margaret T. Jones, CSCS*D, FNCSA	EMAIL ADDRESS:	mjones15@gmu.edu
OFFICE LOCATION:	PW 208A Bull Run Hall	PHONE NUMBER:	703-993-3247
OFFICE HOURS:	T 1:30 – 3:30, or by appointment	FAX NUMBER:	703-993-2025

PREREQUISITES:  
KINE 200, 310, 330, 350, 370  
Junior status (60 credits); Current CPR, AED, & First Aid

COURSE CATALOG DESCRIPTION: Provides a paid or voluntary supervised professional experience in an approved exercise science professional setting under the supervision of a practicum University Supervisor and Agency Supervisor.

COURSE OBJECTIVES:

At the conclusion of this course, students should be able to:

1. Describe and analyze the managerial and operational structure of their practicum site;
2. Demonstrate skills and competencies in exercise science programming and service delivery;
3. Evaluate their personal strengths and weaknesses in light of demands and expectations of employment in the various positions in the field; and
4. Set career objectives in the exercise science professional field.

NATURE OF COURSE DELIVERY:

Face to face and field experience. Classroom sessions are scheduled on Wednesday on the following days:

- January 23
- January 30
- February 6
- March 6
- April 3
- May 1

**Roundtable discussion** is scheduled for Tuesday, May 7 @10:00am.

## EVALUATION

Specific requirements that must be fulfilled before a grade can be determined include:

- Completion of specified forms and paperwork unique to the internship site.
- Attendance at all scheduled classroom sessions over the course of the semester.
- Completion of  $\geq$  total 150 hours over 10-14 weeks at an internship site that was assigned by the University supervisor.
- Completion of 5 class assignments.
- Email weekly reports with hours log to course instructor by 10:00 am Saturday morning.
- Attending an assigned roundtable discussion session of the overall experience with the agency.

Type	Points
Class Assignments (5 x 60)	300
Mid-Term Evaluation	100
Final Evaluation	200
Completion of 150 Hours	200
Roundtable Discussion	100
Communication and Professionalism	100

The following semester point accumulation scale will be used by the practicum University Supervisor in determining the final grade:

940 to 1000	= A
900 to 939	= A-
870 to 899	= B+
830 to 869	= B
800 to 829	= B-
770 to 799	= C+
700 to 769	= C
600 to 699	= D
< 600	= F

### **Student Responsibilities**

During the internship, which involves a **minimum of 150 hours**, student responsibilities and obligations to the Site, Site Supervisor, and University are summarized below:

1. Report directly to the Site Supervisor for instructions. The intern is responsible for fulfilling his/her duties as stipulated by the site supervisor, and for meeting all scheduled training commitments and arrangements;
2. Participate in orientation sessions with their Site Supervisor;
3. Familiarize and abiding by rules, regulations, policies and procedures of the Site applicable to their conduct while in the Site's employment;
4. Become an integral and participating member of the Site's staff;
5. Act in a **professional manner and communicate effectively** when working at the Site. You are a representative of George Mason and an ambassador for the Kinesiology program. A positive work experience effectively 'paves the way' for the future placement of other interns. It is imperative

that a cooperative attitude, good work record, and positive habits be maintained for good rapport between the student, University Supervisor and the Site;

6. Visit, observing and participating, as appropriate, in various levels of the Site's operations, including meetings, programs, projects, and training sessions. This enables the student to strive toward higher levels of personal and professional growth and fulfillment;
7. Meet with the Site Supervisor and the University Supervisor during a routine on-site visit of the latter to the Site, if such a meeting is feasible; otherwise, the University Supervisor will contact the Site Supervisor by phone or e-mail for feedback regarding the student's performance;
8. Notify the Site Supervisor in advance when it is necessary to be absent from work; and
9. Interns are expected to conform to the work and holiday schedule of the site at which they are interning.

### **Site Supervisor Responsibilities**

The Site Supervisor plays a pivotal role in the lives of students at the personal and professional career level by offering advice, instruction, and supervision that furthers a student's professional competence. By providing a challenging and stimulating work experience, students are allowed to discover their own strengths and weaknesses in their chosen professional career. Thus, the Site Supervisor is expected to assume responsibilities and obligations to the student and the University Supervisor that foster learning and are in line with the KINE 341: *Internship I* course. These are summarized below:

1. Provide the student with a structured and supervised learning experience;
2. Prepare the institution staff for the arrival of the student, and orient the student to the Site's history (including organizational chart), philosophy, policies regulations, administration, programs and facilities in order to permit the student to function effectively in the internship setting;
3. Schedule regular meetings with the student to provide consistent and frequent feedback regarding the site's work expectations and intern performance;
4. **Submit signed copies of the Mid-Term Evaluation and Final Evaluation after discussion and agreement with the intern;**
5. Provide an opportunity for a site visit near the mid-point of the internship experience;
6. Immediately notify the University Supervisor of any emerging condition that significantly affects the student's ability to succeed or complete the agreed upon internship tasks;
7. Direct reimbursing the student for any costs they are authorized to incur on behalf of the Site, or for reimbursable expenses identified in advance by the Site; and
8. Accept the student as a volunteer or paid member of staff (as applicable) and afford them all the rights and protections pertaining to that status.

### **University Supervisor Responsibilities**

The University Supervisor serves as a liaison between the student and Site Supervisor. Responsibilities are:

1. Assist the student to develop or acquire resources or skills necessary for the successful completion of assigned tasks;
2. Facilitate resolution of problems that may occur during the internship between the student and the Site;
3. Solicit evaluative commentary and reports from the student and the Site Supervisor;
4. Receive, review and evaluate required submissions from the student and Site Supervisor;
5. Conduct a site visit near the internship's midpoint as arranged by the student and Site Supervisor to become better acquainted with the students' internship experience and to discuss student progress;

6. Hold **mandatory class meetings and final Roundtable Discussion** for students at the end of the Internship experience;
7. Assess student work and assign a final grade;
8. Advise and assist the Site on matters pertaining to enrichment of the educational experience in the internship.

#### *Student Expectations*

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://oai.gmu.edu/honor-code/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/1301gen.html>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.

#### *Campus Resources*

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu>].

**PROFESSIONAL DISPOSITIONS:** Students are expected to exhibit professional behaviors and dispositions at all times.

**CORE VALUES COMMITMENT:** The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles. [See <http://cehd.gmu.edu/values/>].

