

GEORGE MASON UNIVERSITY  
School of Recreation, Health and Tourism

PHED 404 – Middle and High School Instruction in Physical Education (3)  
Fall 2012

DAY/TIME:	Mon & Wed, 1:30 - 2:45	LOCATION:	Freedom Center Rm 218
PROFESSOR:	Dr. Matthew Ferry		
OFFICE LOCATION:	Bull Run Hall Rm 207	OFFICE HOURS:	Mon & Wed, 10:30 - 12:30
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**PREREQUISITES:**

PHED 201, PHED 202, PHED 273, PHED 274, PHED 275, PHED 306, PHED 403, and 75 credit hours.

**COURSE DESCRIPTION:**

An examination of curriculum, content, and teaching methods appropriate for middle and high school physical education programs. The course includes teaching experiences at the middle or high school level in public schools.

**COURSE OBJECTIVES**

At the completion of this course teacher candidates should be able to:

1. Use different forms of assessment (e.g. formative, peer, self) in order to evaluate learners' motor, cognitive, and affective skills and use that information to inform the learner, and design activities appropriate to learners' needs in all three domains.
2. Apply a systematic approach to curriculum development for identifying, selecting and implementing learning activities appropriate for a wide range of skill ability and learning styles.
3. Accommodate learners' different styles of learning by using different means of communication (e.g. poster, task card) when peer-teaching in class and during the field experience.
4. Develop a sequence of lesson plans related to motor skills taught at their field experience placement that is appropriate, realistic and relevant to learners and implement one of the lesson plans.
5. Develop a unit plan (i.e. program and instructional goals, tasks, instructional strategies, assessment procedures, & safety issues) that will accommodate different learning styles.
6. Teach a lesson from the unit plan to peers, and modify it to ensure learner progress, motivation, and safety, if necessary.
7. Use reflective techniques with learners such as self-assessment and reflection on their knowledge, experiences, and skills, to foster learner responsibilities for one's own learning.
8. Use available technology and other kinds of resources (e.g. printed material) to select and implement appropriate learning experience, identify strategies to promote physical activities in schools and in the community, and foster personal growth.
9. Teach outdoor recreation/adventure, dance/rhythm, sports/games and fitness activities that will appeal to learners and encourage them to be active inside and outside of the school.
10. Develop activities in which learners have to demonstrate appropriate personal and social behavior such as respect for others and cooperation, in order to have a productive environment.
11. Describe different motivational strategies to manage learners' behaviors and improve learning.
12. Describe and use teaching styles that stimulate interactions, involve the learners cognitively, and promote different ways of thinking.
13. Use their field experience to establish connections with partners in the field to support eventual learner growth.
14. Describe the different major educational philosophies and values orientations, and recognize teaching behaviors that will reflect them.

**REQUIRED READINGS**

Buck M. M., Lund, J. L., Harrison, J.M., & Blakemore, C. C. (2006). Instructional strategies for secondary school physical education (6<sup>th</sup> ed.). Boston: McGraw Hill.

Selected Readings chosen and approved by the professor

**ACADEMIC INTEGRITY**

GMU is an Honor Code university; please see the [Office for Academic Integrity](#) for a full description of the code and the honor committee process. The principle of academic integrity is taken very seriously and violations are treated gravely. What does academic integrity mean in this course? Essentially this: when you are responsible for a task, you will perform

that task. When you rely on someone else's work in an aspect of the performance of that task, you will give full credit in the proper, accepted form. When in doubt (of any kind) ask for guidance and clarification.

### NASPE NATIONAL STANDARDS AND VIRGINIA STANDARDS OF LEARNING

Both sets of standards identify fundamental and essential concepts, skills, competencies, and dispositions that are central to designing and teaching quality physical education programs. While they are not listed here, each set of standards is/will be provided and are accessible via electronic resourcing and will be central to students' work in this course.

### NATURE OF COURSE DELIVERY

This course is a combination of face-to-face lessons and field based learning and teaching experiences.

### EVALUATION

1. Classwork (50 pts – 12.5%)
  - a) Teacher candidates will teach, evaluate peers and demonstrate an understanding of the readings through active, knowledgeable class discussion.
  - b) Teacher candidates will complete various in-class and at-home assignments.
2. Unit plan (100 pts – 25%)

Teacher candidates will develop an activity unit for secondary schools. The content to be included will be described in detail on a different document.
3. Field experience (100 pts – 25%)
  - a) Teacher candidates must complete at least 15 hours of field experience.
  - b) Teacher candidates will teach at least one lesson and prepare a sequence of three lesson plans.
  - c) Teacher candidates will reflect on their practice.
4. Professional Portfolio (50 pts – 12.5%)
  - a) Teacher candidates will maintain a portfolio. The content to be included will be described in details on a different document.
5. Exams
  - a) Mid term 50 pts (12.5%)
  - b) Final 50 pts (12.5%)

### Grading Scale

388 – 400 = A+	372 – 387=A	360 – 371=A-	348 – 359 =B+	332 – 347=B	320 – 331=B-
308 – 319=C+	292 – 307=C	280 – 291=C-	240-279=D	<240 = F	

### Attendance Policy

In accordance with the GMU Attendance Policies (University catalog, 2004-2005 p.33), “Students are expected to attend the class periods of the courses for which they register. In-class participation is important to the individual student and to the class as a whole. Because class participation may be a factor in grading, instructors may use absence, tardiness or early departure as de facto evidence of non-participation.”

### **The following scale will be used**

- One (1) absences is permitted
- Two (1) “tardies”\*= 1 absence
- Two (1) “early departures”\*= 1 absence
- 2-3 absences = 10 grade points
- 4-5 absences or more = 15 grade points

\*Attendance is taken at 1:30 pm. A student will be considered late once attendance has been taken. Leaving more than 10 minutes before the end of the class will be considered an early departure.

### COURSE OUTLINE

#### WEEK 1

- Aug 27 (M): Lecture/Discussion: Presentation of the syllabus and course overview. **Distribution of the Value Orientations Inventory (VOI). Distribute Portfolio Assignment. Distribute Unit Plan Assignment. Distribute Field Experience Overview/Assignment.**
- Aug 29 (W): Lecture/Discussion: Ch 1, The Roles of Education and PE; Ch 6, Philosophies of Education. (Ch 2, Responsibilities of PE teachers.) **VOI Due.**

#### WEEK 2

- Sept 3 (M) **No Class. Labor Day.**
- Sept 5 (W) Curriculum Models: Adventure/Outdoor Ed., Dance Ed.

WEEK 3

Sept 10 (M): Curriculum Models: Sport Ed., Fitness Ed.  
Sept 12 (W): Lecture/Discussion: Ch 6, Scope and Sequence; Ch 7, Unit and Lesson Planning, Ch 11, Assessment.  
**Review Unit Plan Assignment.**

WEEK 4

Sept 17 (M): Lecture/Discussion: Ch 5, The Three Learning Domains; Ch 8, Performance Objectives, Content analysis and Pre-assessment. **Review Field Experience Overview/Assignment.**  
Sept 19 (W): Activity: Adventure/Experiential Education; The EDGE in the Gym, **1:15 – 3:15**  
**(\$15 to be paid ahead of time)**

WEEK 5

*Start Field Experience*  
Sept 24 (M): Discussion: How to write a Unit Plan.  
Sept 26 (W): Discussion: How to write a series of Lesson Plans. **Preview 1<sup>st</sup> Peer Teaching Activity.**

WEEK 6

*Continue Field Experience – Reflection due Wed*  
Oct 1 (M): Activity: Peer Teaching. Be prepared to teach a lesson in **Dance/rhythms at the SECONDARY SCHOOL LEVEL. BRING A Video Recorder/FLIP camera!**  
Oct 3 (W): Activity: Peer Teaching.

WEEK 7

*Continue Field Experience – Reflection due Wed*  
**Oct 9 (T)** Activity: Peer Teaching.  
Oct 10 (W) Activity: Peer Teaching. **Distribute Video Analysis Assignment. Assign Mid-Term Readings.**

WEEK 8

*Continue Field Experience – Reflection due Wed*  
Oct 15 (M): Lecture/Discussion: Mid-Term Review.  
Oct 17 (W) **Mid-term**

WEEK 9

*Continue Field Experience – Reflection due Wed*  
Oct 22 (M): Lecture/Discussion: Field experience discussion  
Oct 24 (W): **TBD. 1<sup>st</sup> Portion of Unit Plan Due.**

WEEK 10

*Continue Field Experience – Reflection due Wed*  
Oct 29 (M): Lecture/Discussion: Ch 9, Instructional Styles and Strategies. **Distribute Teaching Styles Assignment.**  
Oct 31 (W): Electronic resources: What is out there, how to find it, how to use it.

WEEK 11

*Continue Field Experience – Reflection due Wed*  
Nov 5 (M): Activity Teaching Lab: **Teaching Styles Assignment Due**  
Nov 7 (W): Activity Teaching Lab: **2<sup>nd</sup> Portion of Unit Plan Due.**

WEEK 12

*Continue Field Experience – Reflection due Wed*  
Nov 12 (M): Activity Teaching: Presentation and teaching from Unit Plan  
Nov 14 (W): Activity Teaching: Presentation and teaching from Unit Plan

WEEK 13

*Last Week of Field Experience*  
Nov 19 (M): Activity Teaching: Presentation and teaching from Unit Plan  
Nov 21 (W): **No Class. Thanksgiving Break.**

WEEK 14

Nov 26 (M): Activity Teaching: Presentation and teaching from Unit Plan  
**Unit Plan Due. All Field Experience Materials Due.**  
Nov 28 (W): Activity Teaching: Presentation and teaching from Unit Plan

WEEK 15

Dec 3 (M): Activity Teaching: Presentation and teaching from Unit Plan. **Final Version of Unit Plan Due.**  
Dec 5 (W): Review Final. **Portfolio Due**

FINAL: Per Final Exam Schedule, Wednesday December 12, 2012, 1:30 – 4:15 pm

#### *Student Expectations*

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://academicintegrity.gmu.edu/honorcode/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/1301gen.html>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.
- Students are expected to exhibit professional behaviors and dispositions at all times.

#### *Campus Resources*

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu>].

#### CORE VALUES COMMITMENT:

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.

