

GEORGE MASON UNIVERSITY
School of Recreation, Health, and Tourism

HEAL 372 – Health Communication (3)
Fall 2011

DAY/TIME:	MW 3:00 – 4:15 p.m.	LOCATION:	Blue Ridge Hall 129
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Call or email for appt.

PREREQUISITES: None

COURSE DESCRIPTION

Applies research-based models and theories of health assessment and promotion at individual, organizational, agency, and community levels. Uses communication approaches and skills in context of behavior change strategies, including policy and program development.

COURSE OBJECTIVES

By completion of the course, students should be able to:

1. Incorporate theories and models of health assessment, including health belief, stages of change, social learning, diffusion of innovations, and organization change and apply to health communication.
2. Define program planning strategies helpful for preparing organizational and communitywide initiatives.
3. Implement communication strategies of media relations, media advocacy, social marketing, and counteradvertising.
4. Utilize the health communications processes model to design a range of communication initiatives, including public service announcements, advertising, campaigns, promotions, and sponsorship.
5. Implement evaluation design strategies in the planning, implementation and review of components of communication strategy implementation.
6. Assist individuals and organizations in collaborative problem-solving, conflict resolution and solution-finding as they prepare health assessment, health education, and health communications initiatives.
7. Design and implement a communications product with specific objective, resources, and evaluation.
8. Describe how policy and legislative processes are used, and can be used, to make determinations regarding health education and health communication.
9. Prepare and conduct selective in-service training programs for targeted groups.
10. Articulate clearly program needs, strategies, resources, and accomplishments for specific health initiatives.

COURSE OVERVIEW

This interactive course blends theoretical and applied approaches for communicating effectively about health issues. Classes will incorporate a variety of methodologies, including lecture, discussion, applied projects, reading reactions, and class interaction. The assignments and discussions are primarily applied in nature. Participation in all aspects of the course – attendance, active participation in class discussions, and completion of all assignments - is expected to gain the breadth of content and achieve course objectives. Readings and assignments are due on the specified date in the syllabus.

REQUIRED READINGS

Bensley, R. and Brookins-Fisher, J. Community Health Education Methods: A Practical Guide. 3rd Ed. Jones and Bartlett, 2009.

National Cancer Institute, Washington, D.C.

*Making Health Communication Programs Work: A Planner's Guide (MHCPW)

www.cancer.gov/pinkbook

*Theory at a Glance: A Guide for Health Promotion Practice

<http://www.cancer.gov/cancertopics/cancerlibrary/theory.pdf>

*Clear & Simple: Developing Effective Print Materials for Low-Literate Readers

www.cancer.gov/cancerinformation/clearandsimple

* How To Evaluate Health Information on the Internet

www.cancer.gov/cancertopics/factsheet/Information/internet

Anderson, David S. IMPACT Evaluation Resource George Mason University www.caph.gmu.edu

U.S. Department of Health and Human Service Healthy People 2020

http://www.cdc.gov/nchs/healthy_people/hp2020.htm

Gateway to Health Communication and Social Marketing Practice (CDC)

www.cdc.gov/healthcommunication/

Office of National Drug Control Strategy - Media Campaign

<http://www.mediacampaign.org>

Evaluation: This course will be graded on a point system, with a total of 400 possible points.

Grading Scale

A = 360 - 400	B+ = 340 - 349	C+ = 290 - 299	D = 200 - 239
A- = 350 - 359	B = 310 - 339	C = 250 - 289	F = 0 - 199
	B- = 300 - 309	C- = 230 - 249	

Requirements:

Communications Strategy Review	25 points
Individual Products (3 @ 25)	75 points
Topical Communications Campaign	50 points
Training / Seminar Presentation	50 points
Campus Health Awareness Events	25 points
Assignments	50 points
Final Examination	75 points
Participation	50 points

Communications Strategy Review

Review one cluster of media communications and examine at least 100 advertisements for products or services. A cluster of sources may include, but are not limited to: news media, print advertising, radio/TV advertising, placements, marketing approaches, internet and web strategies. Prepare a 5-10 page paper that summarizes (a) overall approaches and strategies; (b) what you see as their hypotheses/assumptions; (c) appropriateness for target audience(s); (d) your assessment; and (e) applications for health and safety issues.

Individual Products (3)

Design three distinct health/safety products suitable for a communications initiative. The first item is a brochure; others include a poster campaign, newsletter, calendar, PSA series, media presentation, newspaper series, billboard, or other strategy. Include a written description of the background work, including theory, rationale for decisions and preparation activities. See grading rubric for further details.

Topical Communications Campaign

Design a topical communications campaign suitable for implementation, including a wide range of appropriate materials and approaches. Campaign elements typically include print materials, public service announcements, fliers, fact sheets, brochures, news releases, and additional resources. Items should be

individually developed; when incorporating support materials (e.g., fact sheets, resources), clearly identify with reference notation on the item and in the written description. Include a written description describing theory and background, needs assessments, strategy selection, pilot testing, and evaluation. Refer to grading rubric for details. Prepare this as if it is being sent to a specific intermediary (e.g., community leader, agency head, school principal) for implementation. See grading rubric for content elements and grading details.

Training / Seminar Presentation

Working alone or in a small group, plan, design, and implement a segment of a training or seminar session to prepare a designated audience on a health or safety issue. This will incorporate communication strategies from the projects and campaign assignments, as well as other strategies as deemed appropriate. Grading is based on individual roles, participation, collaboration, and quality of final paper (documenting the background, preparation, and rationale for presentation content).

Campus Health Awareness Events

Please attend two of the health and safety events offered by Mason during the semester (such as Health Expo, Alcohol awareness, Breastival, HIV/AIDS awareness, violence prevention). Attend to the marketing, organization and program implementation, and prepare a 5 page paper which summarizes your observations and recommendations from a health communication perspective.

Assignments (5)

Assignments will be incorporated throughout the semester. These will emerge from the reading assignments, class discussions, and current health communication efforts. These will be based on a review, synthesis and application of course content. Typically, these will be brief, with a 10 point maximum score.

WEEKLY SCHEDULE OF TOPICS AND ASSIGNMENTS

WEEK OF:

August 29	Overview and Introduction Foundations of Knowledge and Behavior Change The Health and Safety Focus	Chapters 1, 3
September 5 **	Having an Impact / Desired Outcomes Ethical Foundations Paradigms and Models / Learning Processes	<u>Theory at a Glance</u> MHCPW: App. B, E MHCPW: Preface - Overview
September 12	Risk and Resiliency Factors Review of Materials and Resources	MHCPW: Stage 1
September 19	Foundations for Effective Communication Message Development and Content Reaching Targeted Groups A Multi-Cultural Perspective	Chapter 2 <u>Clear and Simple</u> <u>Communications Review</u> <u>Sample Brochure</u>
September 26	Product Development Social Marketing and Social Norms	Chapter 5 <i>Individual Project #1</i>
October 3	Product Development Persuasive Communication	Chapter 9 MHCPW: Stage 2
October 10 **	The Media: Print, Radio, TV, Emerging Media Relations and Media Advocacy Preparation for In-Service Training	Chapter 10 MHCPW: Stage 3 <i>Individual Project #2</i>
October 17	Non-Profit Approaches Public Service Announcements	Chapter 14

October 24	Campaign Development Counteradvertising and Models of Design	Chapter 4 <i>Individual Project #3</i>
October 31	Communicating with Others Presentations and In-Service Training	Chapters 6, 7, 8
November 7	Evaluation: Process and Outcome Formative Evaluation and Focus Groups	MHCPW: Stage 4 <u>IMPACT Evaluation Resource</u> <i>Communications Campaign</i>
November 14	Articulating Program Results and Needs Media Interviews	Chapter 11
November 21 **	Program Planning, Organizational Change	Chapters 12, 13 <i>Campus Health Event Paper</i>
November 28	Diffusion of Innovation	<u>Theory at a Glance</u> <i>Training/Seminar Presentation</i>
December 5	Organizational Solution-Seeking	<i>Training/Seminar Presentation</i>

Student Expectations

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://academicintegrity.gmu.edu/honorcode/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/1301gen.html>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.
- Students are expected to exhibit professional behaviors and dispositions at all times.

Campus Resources

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu>].

