

**GEORGE MASON UNIVERSITY**  
**College of Education and Human Development**  
**School of Recreation, Health, and Tourism**

**HEAL 516**  
**PROGRAM DEVELOPMENT AND RESOURCES IN HEALTH EDUCATION**  
**Distance Education**  
**Summer 2011**

DAY/TIME:	Distance Education	LOCATION:	Distance Education
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**PREREQUISITES:** This course is open to licensed and provisionally licensed health and physical education teachers in the Commonwealth of Virginia, and students in the Physical Education masters program.

**COURSE DESCRIPTION**

Students will learn program development, health content, methodology and resources for teaching preK-12 health education. This is a distance education course. Students will submit assignments and receive response from the course instructor on assignments via computer. Successful completion fulfills the Virginia State Education Department's *health methods* requirement for health and physical education licensure.

**COURSE OBJECTIVES**

At the completion of this course, students should be able to:

1. Analyze the current literature regarding program development and resources in the health education setting.
2. Assess and evaluate a school health program.
3. Create appropriate instructional strategies for the designated level of learners, as they relate to the ten major health content areas.
4. Develop appropriate interactive instructional strategies and assessment strategies congruent with program goals and lesson objectives.
5. Identify and implement online and community resources to enhance health education instruction.
6. Demonstrate the use of technology for current health knowledge and the needs of the learner in the health classroom.

**COURSE DELIVERY**

This is a distance education course. Individualized instruction from the course instructor will be complemented by Blackboard e-learning. Class activities (assignment submission and instructor response to assignments) will be conducted via computer.

### CEHD SYLLABUS STATEMENTS OF EXPECTATIONS

The Graduate School of Education and the School of Recreation, Health and Tourism expect all students to abide by the professional behaviors and dispositions cited on the websites: <http://gse.gmu.edu> and <http://rht.gmu.edu>.

### COURSE REQUIREMENTS, ASSIGNMENTS, AND EVALUATION CRITERIA

1. Reaction Papers (24 points)
2. Discussion Board Topics (16 points)
3. Resources (8 points)
4. Lesson Plans using Technology (10 points)
5. Your Lesson Plan (18 points)
6. The Coordinated School Health Program (24 points)

### GRADING SCALE

A+ 97-100, A 96-93, A- 90-92, B+ 87-89, B 83-86, B- 80-82, C 70-79, F <69

### COURSE OUTLINE

	Topic	Assignment
Week 1	Introductions  Health and Learning	Discussion  Discussion  Reaction Paper 1
Week 2	Coordinated School Health Programs (CSHP)	Discussion  Reaction Paper 2
Week 3	Student Learning	Discussion  Reaction Paper 3
Week 4	Motivating Students to Learn  Health Lesson-Active Learning	Discussion  Lesson Plan
Week 5	Advocacy  Your Coordinated School Health Program	Reaction Paper 4  Discussion  Final Paper

*Assignments are not accepted after the due date.*

### ***Student Expectations***

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://academicintegrity.gmu.edu/honorcode/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/1301gen.html>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.
- Students are expected to exhibit professional behaviors and dispositions at all times.

### ***Campus Resources***

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu>].

