

GEORGE MASON UNIVERSITY  
School of Recreation, Health, and Tourism

PHED 308—Adapted Physical Education (3)  
Spring 2011

DAY/TIME: Wednesday 4:30-7:10      LOCATION: Robinson B 218  
PROFESSOR: Mrs. Sharon Broaddus      EMAIL ADDRESS: [sbroadd2@gmu.edu](mailto:sbroadd2@gmu.edu)  
OFFICE LOCATION:      PHONE NUMBER: 703-815-9429  
OFFICE HOURS: T 4:15-4:30  
T 7:10-7:30  
PREREQUISITES:  
BSED status, and BIOL 124 and 125

COURSE DESCRIPTION: Introduces disabilities in public schools. Covers national standards, federal legislation, IEPs, and developmental inclusion models.

**Hours of Lecture or Seminar per week: 3**

**Hours of Lab or Studio per week: 0**

#### COURSE OBJECTIVES

1. To demonstrate knowledge of various disabilities and to be able to accurately identify the impact each could have on safe and successful participation in physical education and health through tests, discussions, and assignments.
2. To identify appropriate teaching methods to meet the needs of students with disabilities including the NASPE National Standards.
3. To demonstrate the ability to modify PE activities and health units based on a student's individual needs.
4. To complete a practicum experience with students with disabilities in their school-based PE classes.
5. To demonstrate an understanding of special education laws and to apply this knowledge when developing Individualized Education Programs (IEP's).

#### COURSE OVERVIEW

1. GMU Attendance Policy: "Students are expected to attend the class periods of the courses for which they register. In-class participation is important to the individual student and to the class as a whole. Because class participation is a factor in grading, instructors may use absence, tardiness or early departure as evidence of non-participation." Attendance is recorded at the beginning of class. Two absences are permitted. Arrivals up to 10 minutes late constitute a tardy. Two tardies equal one absence. Three to four absences will result in a deduction of 12 points each from your total points. Five or more absences will result in a deduction of 15 points each from your total points. Arrivals 10 minutes late or more are considered absences.
2. There will be videos, readings, three tests and assignments. Information will be posted to print out before each class from Blackboard.

3. All written assignments must be turned in within the first 10 minutes of class in order to receive full credit. Assignments received within 24 hours of the due date will be automatically dropped one letter grade before they are graded. **No assignments will be accepted later than 24 hours past the due date without written documentation from an “official” source (i.e. GMU sponsored activity or medical personnel).** Arrangements must be made to deliver a late assignment.

4. Attendance points will be earned through reviews of materials posted for print out for each class. Students are responsible for getting any notes missed.

5. “Technology” problems with printing out assignments can happen. An assignment that is emailed to the professor PRIOR TO the beginning of the class it is due because of printer difficulties, will be accepted. Any assignments that are emailed within 24 hours will be subject to the same penalty as a late written assignment.

Professional Dispositions: Professional dispositions are values, attitudes and professional ethics toward learners, peers, professors and the learning process. You will self-evaluate your dispositions throughout the semester and examine your commitment to the teaching profession.

Further, upon completion of this course, students will meet the following professional accreditation standards:

NASPE #3	<b>Diverse Learners:</b> Understand how individuals differ in their approaches to learning and create appropriate instruction adapted to these differences.
NASPE #7	<b>Student assessment:</b> Understand and use the varied types of assessment and their contribution to overall program and the development of the physical, cognitive, social and emotional domains.

#### REQUIRED READINGS

Block, Martin (2007). *A Teacher’s Guide to Including Students with Disabilities in General Physical Education* (3rd edition). Baltimore, MD: Paul H. Brooks Co, Inc.

#### ASSIGNMENTS AND EVALUATIONS

Ecological Evaluation Project	30 points	_____ / 30
Exam #1	100 points	_____ / 100
Practicum	136 points	_____ / 136
Exam #2	100 points	_____ / 100
Modification Project	65 points	_____ / 65
Sample IEP	40 points	_____ / 40
Fact Sheet	50 points	_____ / 50
Attendance Checks	14 points	_____ / 14
Game Design Project	10 points	_____ / 10
Modified PE Tests (2)	15 points	_____ / 15
Reading	40 points	_____ / 40
Final Exam (#3)	100 points	_____ / 100

Your Total

\_\_\_\_\_ / 700 = \_\_\_\_\_ = \_\_\_\_\_

GRADING SCALE:

658-700 = A (94-100%)  
630-657 = A- (90-93%)  
609-629 = B+ (87-89%)  
588-608 = B (84-86%)  
560-587 = B- (80-83%)

539-559 = C+ (77-79%)  
518-538 = C (74-76%)  
490-517 = C- (70-73%)  
420-489 = D (60-69%)  
419 and below = F (<60%)

TENTATIVE COURSE SCHEDULE

- #1: 1/26 Syllabus, Fact Sheet info; Chapters 1-2
- #2: 2/2 Chapter 3; Practicum & Fact Sheet sign-up; LD & AD/HD
- #3: 2/9 Asthma, seizures, Chapter 4, Ecological Project in class; review for test
- #4: 2/16 **Test on Chap. 1-4** and all previous material, spina bifida
- #5: 2/23 Review test; Chapters 5-7 Instructional and Curricular Modifications
- #6: 3/2 traumatic brain injury (TBI), muscular dystrophy (MD) **reading assignment due** (class discussions)
- #7: 3/9 Intellectual (ID); severe and multiple disabilities, and cerebral palsy (CP)
- #8: 3/23 Assign Modification Project, **Fact Sheet due (email to class)** Game Design project in class; Ch 8
- #9: 3/30 **Test #2**; read Asperger article for next week; diabetes
- #10: 4/6 Review test; Asperger Syndrome; discuss article
- #11: 4/13 Autism; Autism the Musical movie
- #12: 4/20 Autism con't (schedules and social stories); Sensory impairments; **Practicum due**
- #13: 4/27 IEP's; IEP group project done completely in class; inclusion, Chapter 9, **Modification Project due**
- #14: 5/4 Testing modifications (in-class); checklists; self-contained classes; **review for final**

**FINAL EXAM** at the same time as class; on all subjects since last exam; not cumulative

*Note: Faculty reserves the right to alter the schedule as necessary.*



- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://academicintegrity.gmu.edu/honorcode/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].

- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/1301gen.html>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.
- Students are expected to exhibit professional behaviors and dispositions at all times.

#### *Campus Resources*

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].