

GEORGE MASON UNIVERSITY
School of Recreation, Health, and Tourism

HEAL 325 Human Sexuality (3)
Section 5P3
Spring 2010

DAY/TIME:	W 7:20- 10:00 PM	LOCATION:	Krug Hall 5
PROFESSOR:	Diana Karczmarczyk, MPH	EMAIL ADDRESS:	dkarczma@gmu.edu
		PHONE NUMBER:	703-253-4815 (w) 336-210-8331 (c)

PREREQUISITES: None

COURSE DESCRIPTION

Covers biological, behavioral, and sociocultural factors in human sexual behavior.

COURSE OBJECTIVES

1. Develop a solid basic understanding of biological, social, and psychological components of their human sexuality.
2. Form and express educated attitudes and viewpoints on several aspects of human sexuality through the interpretation of readings,
3. Form and express rational and responsible decisions concerning their human sexuality and development.
4. Write and discuss the value of human sexuality education with professional teachers as well as the community.

CLASSROOM POLICIES:

- Please be on time to class. If you need to come in late- please do so quietly as to not disrupt others. If you need to miss a class, please inform the Instructor and get notes from your peers. Points for attendance cannot be made up, but it is still important to check in with me.
- This class has a Blackboard component. It is important that you check Blackboard for important announcements, grades and to access the midterm and final exam.
- Weather related announcements for class will be posted on the Blackboard page and emailed (if possible)
- Be an active participant- listen, ask questions, and share ideas. It is your participation that will help to make this class more valuable. Sleeping in class is not a form of participation and you will be asked to leave. Checking personal email, playing games, and texting are also not forms of classroom participation and you will be asked to leave.
- Respect that each person is entitled to their own belief system.
- Complete all assignments on time. All homework assignments are due at the beginning of class. Work must be emailed or turned in at the start of class. Late assignments will not be accepted without prior approval from Instructor. If you miss class, the assignment **MUST** be received by me via email prior to the start of class or points will be deducted.
- Type, spell check and proofread all papers. All papers must be typed with a font size of 12 points and a margin of 1 inch. All work must be double-spaced. Papers that are turned in that are not typed will receive a deduction in points.
- All work in this class must be your own. You are expected to abide by the University Honor Code on all your work.
- You may bring food and drink items to class, but please take all trash with you at the end of the class and dispose of properly.
- Cell phones must be muted or turned off during class. You are not to answer any calls in class, but may step outside to answer emergency calls.

- Make me aware of any disabilities or extenuating circumstances that will inhibit you from learning and participating. Every effort will be made to help with valid concerns.
- To facilitate positive class discussions there will be class guidelines developed in the first class and posted on Blackboard. Everyone in class must abide by these guidelines to encourage a positive classroom environment.

REQUIRED READINGS

Crooks, Robert/Baur, Karla, Our Sexuality, 10th Edition, Redwood City California: Benjamin Cummings Publishing Co., Inc.

**Any additional readings will be provided in class and/or on Blackboard

EVALUATION

This course will be graded on a point system, with a total of 110 possible points.

Requirements	Points
<i>Exams</i>	
#1 Midterm- Multiple choice exam taken via Blackboard	20
#2 Final Exam (not cumulative)- Multiple choice exam taken via Blackboard	20
<i>Attendance/Participation/In class assignments</i>	
<i>Assignments (4 at 10 points each)</i>	40
<i>Bonus Points (1 at 10 points)</i>	10
TOTAL	110

Grading Scale

A+ = 100	B+ = 88 – 89	C+ = 78 – 79	D = 60 – 69
A = 94 – 99	B = 84 – 87	C = 74 – 77	F = 0 – 59
A- = 90 – 93	B- = 80 – 83	C- = 70 – 73	

** Rubrics will be provided for each assignment on Blackboard at least one week prior to the due date.

** To receive credit for attendance you must stay in class for the entire time allotted for the class. Partial credit will not be given. 1 point is earned for each day present for a total of 13 points. The additional points are for in class activities and assignments that will be given during the class period and will be submitted for credit at 1 additional point maximum per day. Attendance is important in this class and points cannot be made up. Failing to attend class for more than 4 days will result in an “F” in the course.

** The date of the final exam has been set by the University and is not subject to change.

TENTATIVE COURSE SCHEDULE:

1/20 Intro to class, Review syllabus

1/27 Chapter 1: Perspectives on Sexuality & Chapter 2: Sex research: Methods and Problems & **Introduction is Due**

2/3 Chapter 3: Gender issues & Chapter 4: Female Sexual Anatomy and Physiology
Assignment # 1 is Due

2/10 Chapter 5: Male Sexual Anatomy and Physiology & Chapter 6: Sexual Arousal and Response,

2/17 Chapter 7: Love and Communication in Intimate Relationships
Assignment # 2 is Due

2/24 Chapter 8: Sexual Behaviors, Review for Midterm, Distribute extra credit guidelines

3/3 **MIDTERM on Blackboard of Chapters 1- 8 (taken online via Blackboard)**

3/10 NO CLASS! SPRING BREAK!

3/17 Chapter 9: Sexual Orientation

3/24 Chapter 10: Contraception & Chapter 11: Conceiving Children: Process and Choice, **Assignment # 3 is Due**

3/31 Chapter 12: Sexuality during Childhood and Adolescence

4/7 Chapter 13: Sexuality and the Adult Years & Chapter 14: Sexual Difficulties and Solutions

4/14 Chapter 15: Sexually Transmitted Diseases **Assignment # 4 is Due**

4/21 Chapter 16: Atypical Sexual Behavior & Chapter 17: Sexual Coercion,

4/28 Chapter 18: Sex for Sale, Review for Final Exam, **Extra Credit is due**

5/5 FINAL EXAM on Blackboard on Chapters 9-18 (taken online via Blackboard)

Class format will consist of group discussions, lecture, film, guest speakers and class discussion.

Note: Faculty reserves the right to alter the schedule as necessary.



- ❖ All students are held to the standards of the George Mason University Honor Code [See <http://www.gmu.edu/catalog/policies/#Anchor12>]
- ❖ University policy states that all sound emitting devices shall be turned off during class unless otherwise authorized by the professor
- ❖ Students with disabilities who seek accommodations in a course must be registered with the Disability Resource Center (DRC) and inform the instructor, in writing, at the beginning of the semester [See www.gmu.edu/student/drc]
- ❖ For additional School of Recreation, Health, and Tourism information, please visit the website at <http://rht.gmu.edu>