

GEORGE MASON UNIVERSITY
School of Recreation, Health and Tourism

ATEP 441 PRACTICUM IN ATHLETIC TRAINING (3)
SPRING, 2010

DAY/TIME:	T, R 9:00AM – 10:15AM	LOCATION:	Bull Run Hall RM# 212
PROFESSOR:	Dr. Jatin P. Ambegaonkar	EMAIL ADDRESS:	jambegao@gmu.edu
OFFICE LOCATION:	Bull Run Hall #208C	PHONE NUMBER:	703-993-2123
OFFICE HOURS:	T, R 10:30AM – 11:45AM	FAX NUMBER:	703-993-2025
DEPT. WEBSITE	http://www.rht.gmu.edu	CLASS WEBSITE:	gmublackboard.com

CO- and PREREQUISITES

Successful completion of HEAL 205; ATEP 228, 229, 310, 315, 320, 325, 350, 354, 357, 413; PRLS 405 and 410; current ECC certification; at least a 2.5 major GPA

COURSE DESCRIPTION

Applies techniques and procedures in the care and prevention of athletic injuries in a selected environment under certified athletic trainer supervision. Involves at least 100 hours of participation for each credit in athletic training.

COURSE OBJECTIVES

At the completion of this course students should be able to:

1. *Demonstrate and apply clinical skills required for:*

<ol style="list-style-type: none"> a. risk-management and injury prevention; b. the assessment and evaluation of athletic injuries; c. the acute care of injuries and illnesses; d. pharmacological interventions; e. the use of therapeutic modalities; f. the implementation of therapeutic exercise; 	<ol style="list-style-type: none"> g. the management of general medical conditions and disabilities; h. nutritional aspects for the physically active; i. psychosocial intervention and referral; and j. health care administration.
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2. *Identify competencies where the student needs to learn more based upon the scope and applicability of a given area to the practicum.*

Attendance

Each student must meet with his/her ACI during the first week of the semester to develop a weekly schedule. Students must accrue a **minimum of 225 hours** during the entire semester (approximately 10-20 hours per week). Students are expected to be on time, attend all class meetings and clinical experiences as mutually agreed upon with the Coordinator of Clinical Education, course instructor and the ACI. Excused absences include the following: illness (must bring a receipt or note from a doctor), family death, athletic/academic event, and others at the discretion of the ACI and course instructor. For known upcoming absences, students must contact the ACI and the course instructor at least one week in advance of the missed class or clinical experience. In the case of illness or some other unforeseen absence, the student must contact the ACI and the course instructor via e-mail or telephone.

Academic Responsibility

Although many students must work to meet living expenses, *employment must not take priority over academic responsibilities*. Students employed more than 20 hours a week are strongly urged not to attempt a full-time academic load. Students employed more than 40 hours a week should attempt no more than 6 credits per semester. Students who fail to observe these guidelines may expect no special consideration for academic problems arising from the pressures of employment. Please see the GMU Academic Catalog (http://catalog.gmu.edu/content.php?catoid=5&navoid=104#Registration_attendance) for further information.

Scheduling Requirements

An integral part of students' practicum is time spent under the supervision of the ACI. Students should be aware that times are scheduled in conjunction with ACI availability. Practicum times may include early mornings, afternoons, evenings, and weekends. Students may also be required to travel to additional sites to meet their ACI to engage in clinical education. Unlike other majors, athletic training practicum courses require additional time outside of the traditional classroom. Participation at the clinical site does not excuse you from class and/or related assignments at George Mason University.

Additional Policies

For additional guidelines relating to your athletic training education, please see the program handbook at the following website: <http://rht.gmu.edu/atep/forms/>.

REQUIRED READINGS

Long BH, Hale CH. (2010) Athletic Training Exam Review. Wolters Kluwer/Lippincott Williams & Wilkins. Philadelphia, PA.

Van Ost L, Manfre K, Lew K. (2006) Athletic Training Exam Review A Student Guide to Success 3rd Edition. Slack Inc. Thorofare, NJ.

EVALUATION

1. Mid-term evaluation
 - a. This item is to be completed by the approved clinical instructor (ACI) and discussed with the student. You are expected to earn a satisfactory evaluation, complete an appropriate number of clinical proficiency assessments, and accrue an appropriate number (approximately 113) of contact hours with your ACI.
2. End-term evaluation
 - a. This item is to be completed by the approved clinical instructor (ACI) and discussed with the student. You are expected to earn a satisfactory evaluation, complete all appropriate clinical proficiency assessments, and accrue an appropriate number (approximately 225 in total) of contact hours with your ACI.
3. Clinical Proficiencies
 - a. Clinical proficiency forms found in the clinical education manual on Blackboard must be downloaded and printed. It is the student's responsibility to complete 16 of these forms with their assigned approved clinical instructor (ACI) according to the course schedule. All forms should be printed, three hole punched, and placed in a three ring binder. The binder should be brought to each class session. Students not completing proficiency

evaluations will fail the course.

4. Class Presentations

- a. This class requires students to present a lesson to their classmates. Weekly a student will be assigned a topic area. Each student will be expected to teach a 30 minute lesson to their classmates on the assigned topic. The student should:
 - i. Provide an overview of the assigned topic
 - ii. Engage the class using sound instructional methods
 - iii. Provide each member of class a typed one page review of the content area with citations.

5. Clinical Round Table

- a. Each week those students not presenting to the class will be required to briefly present and professionally discuss with his or her classmates a case study relevant to the week's assigned topic. The case study should:
 - i. Use the S.O.A.P format to provide a concise, organized, and relevant case.
 - ii. Arise from actual experience, discussion with other professionals, or the literature.
 - iii. Have been thoroughly reviewed so that the student is prepared to answer questions about his or her case
 - iv. Prompt other students to ask questions about the case

6. Class Participation

- a. This class requires that you attend regularly, complete assignments, and contribute in a positive manner to class discussions.
- b. Student will develop a schedule which the approved clinical instructor and keep the faculty advisor up to date.

ASSESSMENT METHOD	NUMBER	POINTS EACH	POINTS TOTAL
Clinical Presentation	1	100	100
Mid-term clinical performance evaluation	1	100	100
Final clinical performance evaluation	1	100	100
Clinical proficiency evaluation	16	Complete/Incomplete	100
Clinical round table	12	—	100
TOTAL	—	—	500

The student's final letter grade will be awarded based on the following scale:

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A: 465 – 500 pts. (93%)

A-: 450 – 464 pts. (90%)

B+: 435 – 449 pts. (87%)

B: 415 – 434 pts. (83%)

B-: 400 – 414 pts. (80%)

C+: 385 – 399 pts. (77%)

C: 365 – 384 pts. (73%)

C-: 350 – 364 pts. (70%)

D: 315 – 349 pts. (63%)

F: < 315

ATEP 441 TENTATIVE COURSE SCHEDULE

DAY	DATE	TOPIC	
1	1/19	Introduction to course Syllabus and case study review	
2	1/21	Professional Development and Responsibility	
3	1/26	Health Care Administration	Wright
4	1/28		
5	2/2	Nutritional Aspects of Injuries and Illnesses	Walker
6	2/4		
7	2/9	Psychosocial Intervention and Referral	Smith
8	2/11		
9	2/16	Pharmacology	Rimasse
10	2/18		
11	2/23	CAPITOL HILL DAY	
12	2/25		
13	3/2	Conditioning and Rehabilitative Exercise	Mills
14	3/4		
15	3/16	Therapeutic Modalities	Laude
16	3/18		
17	3/23	Acute Care of Injuries and Illnesses	Graziano
18	3/25		
19	3/30	Medical Conditions and Disabilities	Dang
20	4/1		
21	4/6	Orthopedic Clinical Examination and Diagnosis	Curry
22	4/8		
23	4/13	Orthopedic Clinical Examination and Diagnosis	Blankenbecler
24	4/15		
25	4/20	Pathology of Injuries and Illnesses	Barnes
26	4/22		
27	4/26	Risk Management and Injury Prevention	Bailor
28	4/29	What now?	
29	5/4	Exit interview	

Note: Faculty reserves the right to alter the schedule as necessary.



- ❖ All students are held to the standards of the George Mason University Honor Code [See <http://www.gmu.edu/catalog/apolicies/#Anchor12>]
- ❖ University policy states that all sound emitting devices shall be turned off during class unless otherwise authorized by the professor
- ❖ Students with disabilities who seek accommodations in a course must be registered with the Office of Disability Services (ODS) and inform the instructor, in writing, at the beginning of the semester [See www.gmu.edu/student/drc]
- ❖ For additional School of Recreation, Health, and Tourism information, please visit the website at <http://rht.gmu.edu>