

EVALUATION

Requirements

2 Tests at 75 pts each	= 150 pts (38%)
8 Laboratory Reports at 10 pts each:	= 80 pts (20%)
2 Projects at 50 pts each	= 100 pts (25%)
Final exam	= <u>70 pts (17%)</u>
Total	400 pts

Projects

- Project 1: Student will document his/her personal development in learning a novel motor skill. A quantitative and qualitative report will be submitted at the end of the experiment reporting on the skill level reached, and the various strategies used to improve and motivate oneself.
- Project 2: Video Analysis. Videotaping (multiple angles) and performance analysis of a skill of your choice performed by a participant of your choice.

Attendance Policy

In accordance with the GMU Attendance Policies (University catalog, 2004-2005 p.33), "Students are expected to attend the class periods of the courses for which they register. In-class participation is important to the individual student and to the class as a whole. Because class participation may be a factor in grading, instructors may use absence, tardiness or early departure as de facto evidence of non-participation."

The following scale will be used

- Two (2) absences are permitted
- Two (2) "tardies"*= 1 absence
- Two (2) "early departures"* = 1 absence
- 3-4 absences = 10 points
- 5 absences or more = 15 points

*Attendance is taken at 9:00 am. A student will be considered late once attendance has been taken. Leaving more than 10 minutes before the end of the class will be considered an early departure.

Grading Scale

388 – 400 = A+	372 – 387=A	360 – 371=A-	348 – 359 =B+	332 – 347=B	320 – 331=B-
308 – 319=C+	292 – 307=C	280 – 291=C-	240-279=D	<240 = F	

TENTATIVE COURSE OUTLINE

DAY DATE CHAPTER LECTURE/DISCUSSION TOPIC/LABORATORY

M	08/30	1	Presentation of the syllabus; Introduction to Motor Learning & Control
W	09/01	1	Introduction to Motor Learning & Control. LAB #1 Abilities.
M	09/06	NO CLASS – LABOR DAY RECESS	
W	09/08	1, 2	Understanding Movement Preparation Lab #2:Hicks Law. PHED SOCIAL (10:00- 11:00)
F	09/11	RHT Opening session 11:00	
M	09/13	2	Understanding Movement Preparation
W	09/15	2	TBD
M	09/20	2	Understanding Movement Preparation; Lab #3: Attentional Capacity
W	09/22	3	Motor Program Theories. Introduce Project phase 1

<u>DAY</u>	<u>DATE</u>	<u>CHAPTER</u>	<u>LECTURE/DISCUSSION TOPIC/LABORATORY</u>
M	09/27	4	Neural Mechanisms: Contribution and Control.
W	09/29	4	Neural Mechanisms: Contribution and Control. Lab #4 Vision and Ball Catching
M	10/04	4	Neural Mechanisms: Contribution and Control. Review Test #1
W	10/06		TEST #1 on Chapter 1, 2, 3, & 4
M	10/11		NO CLASS – COLUMBUS DAY RECESS
Tu	10/12	5	Stages of Learning
W	10/13	5,6	Stages of Learning; The Learner
M	10/18	6	The Learner
W	10/20	7	Skill Presentation
M	10/25	7	Skill Presentation; Lab #5 Modeling and Verbal Instruction
W	10/27	8	Principle of Practice Design. Project phase 1 due
M	11/01	8	Principle of Practice Design. Lab #6 Speed-Accuracy Trade-off
W	11/03		Review Test #2. Introduce Project 2.
M	11/08		Test #2 on Chapter 5, 6, 7, & 8
W	11/10	9	Practice Schedule; Laboratory #7: Variability of Practice
M	11/15	9	Practice Schedule
W	11/17	10	Diagnosing Errors
M	11/22	10	Diagnosing Errors
W	11/24		NO CLASS – THANKSGIVING RECESS
M	11/29	11	Diagnosing Errors
W	12/01	11	Correcting Errors;
M	12/06	11	Correcting Errors – Laboratory #8: Knowledge of Results – Project 2 Due.
W	12/08		Correcting Errors – Review Final

FINAL EXAM: Per Final Exam Schedule, Monday December 13, 2010, **8:00 am- 10:15 am**



- ❖ All students are held to the standards of the George Mason University Honor Code.
- ❖ **STUDENTS WITH DISABILITIES:** Students having documentation on file with the Disability Support Services Office should bring this to the attention of the professor.
- ❖ All electronic devices must be turned off during classes.
- ❖ For more information on the School of Recreation, Health and Tourism, please go to <http://rht.gmu.edu>