GEORGE MASON UNIVERSITY COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT

Graduate School of Education-Counseling & Development EDCD 755: Practicum in School Counseling

Fall 2009 Wednesdays 4:30-7:20 p.m. September 2, 2009-December 9, 2009 Robinson A 349

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each month. Please schedule in advance with the Instructor.

COURSE DESCRIPTION:

Catalog: Prerequisites: Completion of the counseling and development program except for practicum and internship; permission of advisor; overall GPA of 3.0; no grade of C in any skills courses; no more than two grades of C in any other graduate course work required by the Counseling and Development Program. Provides supervised practice in school counseling setting similar to the setting in which the student may work. This is a weekly graduate class with an emphasis on site processing.

COURSE OBJECTIVES/STUDENT OUTCOMES:

- Select and apply appropriate counseling theories and interventions with a diverse student population.
- Perform duties expected in a school counseling setting, including working collaboratively with school faculty and staff, providing individual, small group and classroom guidance and counseling, and responding appropriately to ethical and legal situations.
- Identify own strengths and needs as a counselor, infusing multicultural counseling skills and implement strategies to improve counseling effectiveness.

Relationship to Program Goals and Professional Organization:

EDCD 755 is a culminating course for master's degree students in the Counseling and Development degree program. The experience is designed to enhance counseling skills and to provide students with site-based school counseling experiences;

EDCD 755 fulfills the requirements of the following professional organizations:

- 1. Virginia Department of Education requirement for school counseling licensure that candidates understand the knowledge, skillsm and processes of individual counseling, and 100 hours of supervised internship experience at either the elementary or secondary levels.
- 2. Virginia Department of Health Professions requirement that Licenses Professional Counselor candidates complete graduate study in theories and techniques of counseling and psychotherapy.
- 3. Council for the Accreditation of Counseling and Related Educational Programs (CACREP) requirements that counselor education programs include the study of helping relationships (CACREP-Section II:K.a & CACREP-Section SCP:D).
- 4. American Counseling Association Code of Ethics requirement that counselors establish counselor education and training programs that integrate academic study and supervised practice.

Professional Dispositions:

Professional Performance Criteria (Effective February 25, 2003)

The American Counseling Association (ACA) code of ethics requires counselors and counselor trainees to maintain standards of professional competence and possess good moral character. The University has adopted a set of professional performance criteria that is consistent with the ACA code of ethics. Please refer to the dispositions found on the C & D Homepage at:

http://gse.gmu.edu/programs/counseling/professional_performance.htm

The Graduate School of Education (GSE) expects that all students abide by the following:

Students are expected to exhibit professional behavior and dispositions. See www.gse.gme.edu for a listing of these dispositions.

- Students must follow the guidelines of the University Honor Code. See the GMU website.
- Students must agree to abide by the university policy for Responsible Use of Computing. See the GMU website.
- Students with disabilities who seek accommodations in a course must register
 with the GMU Disability Resource Center (DRC) and inform the instructor, in
 writing, at the beginning of the semester. See GMU website or call 703-9932474 to access the DRC.

REQUIRED/SUPPLEMENTAL/RECOMMENDED TEXTS AND/OR READINGS:

Required Texts:

American School Counselor Association (2003). The ASCA National Model: A framework for school counseling programs. Alexandria, VA: Author.

Murphy, S. (2003). PreK-12 Practicum/Internship Manual. Fairfax, VA: George Mason University (but two-one for you and one for site supervisor). These are available at the GMU Bookstore, Johnson Center.

Virginia School Counselor Association (2008). *Virginia professional school counselor program manual*. Yorktown, VA: Author. [Available on CD.]

Additional Readings:

- Hatch, T., & Chen-Hayes, S. F. (2008). School counselor beliefs about ASCA National Model school counseling program components using the SCPCS. *Professional School Counseling*, 12. 34-42.
- Ratts, M. J., DeKruyf, L., & Chen-Hayes, S. F. (2007). The ACA Advocacy competencies: A social justice advocacy framework for professional school counselors. *Professional School Counseling*, 11, 90-97.
- Amatea. E. S., & West-Olatunji, C. A. (2007). Joining the conversation about educating our poorest children: Emerging leadership roles for school counselors in high-poverty schools. *Professional School Counseling*, 11, 81-9.

Class Structure:

Weekly class seminars will focus on presenting, focusing, and conceptualizing cases. Students will have opportunities to discuss specific site-related issues and to strategize about techniques and interventions. Because of the serious nature of this work, it is essential that students discuss their reactions and feelings. Such discussions, however, cannot take place outside the context of a supervised class or appropriate site circumstance. Students may not discuss cases in other classes, with friends or relatives, or in social situations. It is essential to maintain confidentiality. Violations of this principle in any form will be treated as a serious ethical/legal infraction. Please do discuss cases in class. This is a primary purpose for meeting. It is also imperative that students discuss cases with their on-site supervisor. If students have questions or concerns that need immediate attention, please contact your university instructor.

Course Requirements:

Professional Counseling Liability Insurance. Student Counselors *must* purchase their own professional counseling liability insurance policy. Professional counseling organizations provide such coverage, some with association membership, and offer student rates.

- A minimum of 200 hours must be spent at the school placement. Hours spent on off-site training experiences may be counted only if prior approval from instructor has be obtained. Hours spent in class or at home preparing GMU assignments may not be counted toward the 200 hours. A Log of Activities listing and briefly describing all practicum activities and hours is to be maintained, signed by both the student and on-site supervisor at the completion of the practicum, and submitted on the last day of class. A Log of Activities should be reviewed during weekly supervision sessions with the site supervisor.
- <u>School Counseling Practicum/Internship Contract</u> (See Manual, Appendix A). In addition to the contract, students are expected to submit a one page Personal

Goals Statement, developed in collaboration with the site supervisor, which describes goals particular to your needs and the experiences available at the site. Contracts will be signed at the first Site Supervisor, University Supervisor and student counselor meeting. The Personal Goal Statement is due as indicated on the Course Agenda.

- Attend Local Screening or Child Study Team Meeting and learn all you can about special education services available to students and how the process works. Write a one page paper regarding the role of the school counselor in the special education process. Include a summary of what you learned and potential challenges in maintaining your role as a professional school counselor in this process. You may attach sample 504 forms and other documents collected while learning about the process (10 points).
- Begin to develop a Professional School Counselor's Portfolio during this course. The Professional School Counselor's Portfolio is an accumulation of meaningful documents that provides the counselor with a visual representation of her/his experiences. It is an evolving record that authenticates a person's growth, skill, and knowledge in a specific discipline. This should include a clear representation of your philosophy as a professional school counselor. This document should be built electronically, as paper copies can be easily made when needed. You will use this tool to design a creative representation (which will be approved in class) of your growth during this class. The actual portfolio documents should be kept for further work in the internship experience (25 points).
- Two Individual Taped Counseling Sessions with a Student and a Case Write-up and Presentation (25 points): Students will conduct two individual, taped counseling sessions with a student. Practicum students are required to obtain written parent permission prior to taping sessions with a minor. The original of the parent permission form should be kept in the school with the site supervisor, but the student should keep a copy of the form for his/her records. Tapes are to be labeled and given to the instructor in a large envelope.
 - 1. Tape #1: The tape will be reviewed individually with the instructor. Along with the tape, hand-in a 1-2 page paper providing some background on the students, the purpose of the counseling session, a discussion of the counseling strategies used and a self-evaluation of the session. This paper will be expanded for the case study write-up and presentation. Use the case study guidelines provided.
 - 2. Tape #2: If the student seeks a review of the tape by the instructor, a second tape will be handed in at the time of the Case Presentation.
 - 3. Case Study Write-Up and Presentation (rubric will be provided). The Case Study Write-up should include a description of the client's presenting problem; background, and/or identifying data; discussion of the counseling process, including number of sessions, strategies used, goals, attention to diversity/multicultural issues, use of multicultural counseling

strategies, counselor thoughts about 'what's going on;' plans for future sessions, and an evaluation of counseling skills and effectiveness. The presentation must included a one page handout (enough for the class) and a 20 minute presentation summarizing what you have learned about the student, your counseling goals and strategies, and future goals for the students. You may choose to play portions of one of your tapes to highlight your presentation.

- <u>Site Accountability Project (20 points)</u>: (See the Practicum/Internship Manual for detailed description of this assignment)
 - 1. In collaboration with your site supervisor, design and implement an evaluation of an existing counseling program at your site. Every effort should be made to select a project that is related to the C & D Mission Statement (See Manual) and the academic mission of the school site. The purpose of this assignment is to develop and apply what you have learned about program evaluation, to evaluate effectiveness of counseling programs and services, to determine program needs, and areas of change. This assignment will need to be individualized and determine in coordination with the site supervisor and your instructor.
 - 2. You will present your evaluation project to the class. (20 points=15 for evaluation project; 5 for presentation).
- <u>Conduct a guidance lesson in class</u> for your peers. You will need to include the following (15 points):
 - 1. A copy of the lesson plan
 - 2. A one-page description of the developmental level of students and why the activity was chosen
 - 3. Evaluation method
- <u>Professional Growth Opportunities (5 points):</u> You are expected to participate in a professional growth opportunity during the semester. The VCA Conference is November 12 & 13, 2009.

Summary of Grading System and Course Requirements:

Special Education Paper	10 points
Site Accountability Project	20 points
Tape and Case Study Presentation	25 points
Guidance Lesson Presentation	15 points
Professional Growth Opportunity	5 points
Portfolio Presentation	25 points

GRADING SCALE:

A=94 pints and above A-=90-93 B+=86-89B=82-82

C=81 points and below

Students must achieve a B or higher in order to successfully complete the requirements of the Practicum.

Attendance:

Students are expected to attend all classes, to come on time and stay for the entire class. Students who miss all or part of more than two classes may not be able to complete the course.

LAST DAY TO DROP CLASS WITHOUT ACADEMIC/FINANCIAL PENALTY IS BEFORE 20% OF THE CLASS SESSIONS HAVE MET

Outline

Date	Topic/Learning Experiences	Readings/Assignments
9/2	Introductions	
	Syllabus	
	Review School Counseling Program	
	Practicum/Internship Manual (We will join Dr.	
	Kaffenberger's class for this portion)	
	Plan for Site Visits and Individual Sessions	
9/9		Site Supervisor Paperwork
	Developing an E-Portfolio-Creative Presentation	
	(We will join Dr. Kaffenberger's class for this portion)	Personal Goals Statement
	,	Read the following sections of the
	Accountability Project (We will join Dr.	ASCA National Model:
	Kaffenberger's class for this portion)	Foundation, Management,
		Delivery, Accountability)
	Personal Goals Statement Sharing and Discussion	
9/16	Accountability and School Counseling	
	ASCA National Model (Foundation,	
	Management, Delivery, & Accountability)	

	Role of the School Counselor	
9/23	Conduct Lessons (Plan on the possibility of	Guidance Lesson
	having 15-20 graduate students become your	
	students for this activity)	
9/30	No Class: Site Visits	
10/7	Systemic Change: The Role of the School	
	Counselor	
	Multicultural Awareness	
10/14	No Class: Site Visits	
10/21	Creating Resumes (Career Center Support)	Special Education Paper
_	Current Topics in School Counseling	Bring your resume to this session
10/28	No Class: Individualized Meetings	
11/4	Case Study Presentations	Case Study Papers Due at time of
		Presentations
	School Counselor as Leader	
	Landarship and Advancey	
11/11	Leadership and Advocacy Case Study Presentations	A accumtability Danaya Dua
11/11	Preparation for Accountability Presentations on	Accountability Papers Due
11/10	12/2 (Dr. Kaffenberger will lead this session,	
	please join her class)	
11/25	No Class	
12/2	Accountability Presentations	
12/9	Course Evaluation	Final Portfolio
	Portfolio Presentations	Instructor Log of Activities
		On-site Evaluations by Site
		Supervisors
		Evaluation of Clinical Field
		Experience

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THE PROFESSIONAL SCHOOL COUNSELOR'S PORTFOLIO Guidelines and Evaluation Rubric

The assignment as described in the syllabus:

Foundations

☐ Write a role statement and theoretical framework.

Begin a Professional School Counselor's Portfolio. The Professional School Counselor's Portfolio is an accumulation of documents that provides the counselor with a visual representation of her/his experience. It is an evolving record that authenticates a person's growth, skill, and knowledge in a specific discipline. The contents of the portfolio should reflect one's professional philosophy and collegiate experience. You will begin your portfolio during practicum and complete it during your internship. Portfolios are due at the last class. [20 points]

inte	•	tfolios are due at the last class. [20 points] racticum it is expected that you will complete the following components of the
I.	Profession	nal Documentation
	Collect and	d maintain all of the components in this section.
	A.	Resume
	B.	Academic Transcripts
	C.	Professional Memberships, Honors, Awards
	D.	Letters of Recommendation / Accommodation
	E.	Clinical Field Experience
		a. Practicum/Internship Contracts
		b. Practicum/Internship Log of Hours
II.	Applicatio	n of C&D's Mission Statement
	Collect exc	amples of how two of these components are in evidence at your site:
	A.	Leadership
	B.	Multiculturalism
	C.	Social Justice
	D.	Advocacy
III		Vational Model for School Counseling Programs and the Transformation of

- a. Role Statement A written three-page statement to reflect your role as a professional school counselor, to include:
 - Role Statement articulate what you perceive the role of the school counselor to be. Be sure to incorporate ASCA's National Model and TSCI work. Identify your leadership role, and beliefs about how to use advocacy, collaboration and teaming, and use of data for systemic change.
 - ii. Theoretical Framework identify one or two counseling theories that you espouse in your practice. Talk about why, in general, this theory [theories] is appropriate for use with your student population and with your counseling style.
- ☐ *Completed & during practicum:*
 - b. Counseling Brochure incorporate pertinent information regarding your school counseling program. Be sure it illustrates your role in leadership, advocacy, collaboration and teaming, and systemic change.
 - c. Counselor's Office design a floor plan of office
 - d. Professional Library
 - i. Maintain a reference list of books and materials related to school counseling
 - e. School Counseling Issue
 - i. One-page handout of a current issue in school counseling.
 - f. Referral Lists
 - i. This list might include: Child Protective Services, community mental health facilities, licensed practicing social workers, psychologists, psychiatrists, and specialists who work with children and families.
- Provide two examples from each of the following two components during practicum. Your guidance lesson should be included in this section of the portfolio:
- **B.** Delivery System
 - a. Individual planning with students
 - b. Counseling group
 - c. Guidance curriculum
 - d. Classroom guidance
 - e. Parent education
 - f. Consultation
 - g. Coordination.
- C. Management System
 - a. Student monitoring
 - b. Use of time
 - **c.** Use of calendars
- ☐ Practicum evaluation assignment and Self-Evaluation of Practicum Experience.
- D. Accountability results, reports, program audit, advisory council, performance evaluation.
 - a. Outcome-based program audits develop a plan to identify, provide, and evaluate school counseling services that support student achievement.
 - b. Evaluations from On-Site Supervisors [if available]
 - c. Self-Evaluation of the Practicum experience. Write a one-page paper describing your growth and your strengths. Who have you meet the

personal goals you set for yourself at the beginning of the term? What are your goals for growth for your Internship experience?

Professional School Counselor's Portfolio Rubric

Criteria	E I. (2)	Adequate (2)	Needs	Not Present (0)
Professional Documentation (3)	Resume Academic transcripts Memberships Recommendations Clinical field experience documents (3)	Portfolio fails to provide two of the previously described components (2)	Improvement (1) Portfolio fails to provide three or more of the previously described components (1)	Portfolio does not contain any of the previously described components (0)
Application of the C&D Mission Statement (3)	Portfolio provides two well documented examples of evidence of the mission statement: leadership, multiculturalism, social justice and/or advocacy (3)	Portfolio fails to provide one of the previously described components or evidence is undocumented (2)	Portfolio fails to provide two of the previously described components (1)	Portfolio fails to provide two of the previously described components (0)
ASCA Model: Foundation (4)	1. Role statement that is based on the ASCA model and describes your beliefs about the transformed role of the school counselor; and 2. Theoretical framework that clearly identifies your beliefs about counseling theory and strategies that are effective with student populations (4)	Portfolio fails to provide one of the components, or does not meet the criteria previously described. (3)	Portfolio fails to provide either of the components, or does not meet the criteria previously described. (2)	Portfolio fails to provide either of the components, or does not meet the criteria previously described. (1)
ASCA Model: Delivery and Management Components	Portfolio provides two examples from delivery and management components (3)	Portfolio fails to provide one of the previously described components (2)	Portfolio fails to provide two or more of the previously described components (1)	Portfolio fails to provide any of the previously described components (0)
ASCA Model: Accountabilit y Component (5)	Portfolio includes a copy of the accountability project, and a 1-page Self- Evaluation of the Practicum experience (5)	Portfolio fails to provide one of the previously described components (4)	Portfolio fails to provide two or more of the previously described components (3)	Portfolio fails to provide any of the previously described components (1)
Face Validity (2)	Portfolio is organized in a binder, with a title page, tabs, a table of contents, and follows the format described in these guidelines (2)	Portfolio lacks organization or one of the qualities previously described (1)	Portfolio fails to meet two of the standards of face validity described previously.	Portfolio fails to meet the standards of face validity described previously.

EDCD 755: Practicum in School Counseling

Suggested Format for Case Study Analysis and Class Presentation

- 1. Background
 - a. Social case history
 - b. Pertinent family issues
 - c. Educational history
 - d. Special services special education, ESL, Gifted, reading teacher, etc.
 - e. Previous referrals to school counselor
- 2. Description of the Student
 - a. Age, grade, gender, ethnicity
 - b. Physical characteristics
 - c. Strengths or assets [include a minimum of three]
 - d. Deficits or weaknesses
- 3. Reason for the Referral
 - a. Who referred the student
 - b. How was the initial contact with counseling made
- 4. Current Counseling Relationship
 - a. How many times have you seen the student
 - b. Who have you talked to about the student
 - c. How have you gathered information about the student
- 5. Purpose/Goals of Counseling this Student
 - a. What did you hope to accomplish, what have you accomplished
 - b. What counseling skills or strategies did you use to reach your goals
 - c. What would your long range counseling goals for this student be
- 6. Self Evaluation
 - a. What was effective or ineffective
 - b. What have you learned about your own counseling skills and strategies as a result of working with this child
 - c. What goals have you set for yourself

EDCD 755: Practicum in School Counseling Case Study and Taped Counseling Sessions - Rubric

Criteria	Exceeds	Adequate	Emerging	Not Present
Demonstration of Counseling Skills and Ability to Plan for and Structure Counseling Session (10)	 (10) A minimum of two counseling tapes were provided Counseling skills are used appropriately to conduct the session Counseling strategies used were culturally and developmentally appropriate Session is appropriately structured (opening, focus, closing) and planning is evident Session helped the student gain a new perspective or the skills to manage an issue/problem 	(8) Failure to adequately meet one of the previously described requirements	(4) Failure to adequately meet two of the previously described requirements	Failure to adequately meet three or more of the previously described requirements
Case Presentation Paper (10)	(10) The case presentation write up includes: □ Background □ Description of the student □ Reason for referral □ Current counseling relationship □ Goals of counseling □ Self reflection	(8) Failure to adequately meet one of the previously described requirements	(4) Failure to adequately meet two of the previously described requirements	Failure to adequately meet three or more of the previously described requirements

	(10)	(8)	(4)	(2)
	Case presentation to the class	Failure to adhere	Failure to adhere	Failure to adhere
	includes	to one of the	to two of the	to any of the
(6)	□ One page handout	previously	previously	previously
n (5)	□ Concise description of	described	described	described
Presentation	case	requirements	requirements	requirements
	□ Presentation of			
ese	strengths, weakness,			
	and future counseling			
Class	goals with this student			
\Box				

Total Possible Points: 25

EDCD 755: Practicum in School Counseling

Guidance Unit & Observation

Please note that Professor Cicero's section will approach the guidance lesson differently by teaching a mini guidance lesson to their peers as part of the practicum course. An observation form will be provided in advance.

Assignment:

2. Conduct a Guidance Lesson. <u>Develop and implement</u> at least one guidance lesson appropriate for your setting.

The guidance counseling lesson plan should include: Grade Level(s), Objectives, Materials, Procedures, Evaluation and Resources and/or References. Plans for the guidance lesson are to be given to the university supervisor on or before the observation.

Student Name:		
	Possible Points	Earned Points
Observation:	10	10
Classroom Management		
Relevance of Procedures to C	Goals	
Provisioning		
Timing, Pace & Delivery		
Guidance Lesson:	5	5
Face Validity/Formatting		
Rationale/Needs Assessment	ţ	
Objectives – Relevance		
Procedures & Materials		
Evaluation		
References/Resources		
Total Points:	15	15

Comments:

EDCD 755: School Counseling Practicum Site Accountability Project Guidelines

Assignment Guidelines:

The site accountability project is the performance-based assessment for this course. In collaboration with your site supervisor, design and implement an evaluation of an existing counseling program at your site. Every effort should be made to select a project that is related to the C & D Mission Statement (See Manual) and the academic mission of the school site. The purpose of this assignment is to develop and apply what you have learned about program evaluation, to evaluate effectiveness of counseling programs and services, to determine program needs, and make recommendations for new programs or modification of existing programs. You will present your accountability project to the class and will provide your classmates with your summary in a one-page data report format. You will hand in a report that follows the same outline but provides more details to your instructor along with instruments, permission letters etc. [20 points= 17 for project & 3 for class presentation.]

Components of the Site Accountability Project:

DESIGN: What is your Question? Rationale –

- a. What is the relevance of this evaluation? How does it relate the C & D Mission statement? The SOL's? The ASCA Model? The National Standards? The mission of the school?
- b. Are you conducting an evaluation or needs assessment? What is to be evaluated and why? What needs to be assessed?
- c. What is the research question? What do you want to know?

ASK: How will you answer the Question? Methods & Data Collection Procedures

- a. Who has this information?
- b. What instruments need to be developed?
- c. Get permission to conduct project
- d. How will you distribute and conduct the evaluation?
- e. What are your procedures for collecting the information?

TRACK: How will you make sense of the data? Data Analysis & Results

- a. Data analysis may include summary, tally, and disaggregating procedures
- b. Write up the finding use percentages and impact statements where possible
- c. When possible make graphs and charts to capture the impact of the findings

ANNOUNCE: Sharing the Recommendations & Implications

- a. So what do these results mean?
- b. What are the implications?
- c. Write up a set of recommendations short and long term
- d. Who should receive the information?
- e. Provide a one page summary of the project, presented in a data report format
- f. Appendices should include letters, permissions, survey instruments, data analysis etc.





EDOD 100. Addodinability 1				Tools of Engagement	
Levels:					
Criteria:	Exceeds	Adequate	Emerging	Not Present	Score
DESIGN: Rationale 3 points	What is the relevance of this project? How does it relate to the C&D Mission statement? The VA SOLs, the ASCA National Standards; and/or the mission of the school? What is to be evaluated? What is the research question?	Rationale fails to provide one of the components previously described.	Rationale fails to provide two of the components previously described.	Rationale does not include any of the components previously described.	
ASK: Methods & Data Collection Procedures 4 points	Clear description of how the question will be answered; including a discussion of who has, or where is the information; instruments developed; permissions gained; clear description of the procedures for data collection.	Methods & data collection fail to address two of the previously described components.	Methods & data collection fail to address three of the previously described components.	Methods & data collection fail to address any of the previously described components.	
TRACK: Data Analysis & Results 4 points	Data analysis procedures are clearly described; findings are clearly presented; findings are discussed; data management such as and excel charts a provided.	Data analysis and results fail to address one of the previously described components.	Data analysis and results fail to address two or three of the previously described components.	Data analysis and results fail to address any of the previously described components.	
ANNOUNCE: Recommendations & Implications 6 points	Recommendations & implications of the project are clearly presented; who will the information be shared with? How will the information be used? One-page summary of project data report format. Appendices to include: references, communications, permissions, instruments, data, data analysis, etc.	Recommendations & implications of the project fail to address one of the previously described components.	Recommendations & implications of the project fail to address two or three of the previously described components.	Recommendations fail to address any of the previously described components.	
Class Presentation 3 points	Presentation to the class is a clear, concise description of the project; 10 min time limit; one-page data report handout .	Class presentation is not clear, concise, or does not meet the 10 min time limit; one-page data report handout is provided.	Class presentation is not clear, concise, and does not meet the 10 min time limit; or, one-page data report handout is provided.	Class presentation is not given.	