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### **Recreation Management Weekly**



Glad to see Mason students voicing their concerns during the march on Saturday! [Picture credits to our student aide Morgan Caudill (bottom left), sophomore Christine Ly (bottom left), and senior Lizzie MacKercher (top right)]

Do you need a <u>summer practicum</u>, <u>internship</u>, or <u>job</u>? Click here for approximately 30 sites that have contacted the Recreation Management faculty with *their needs*. <u>HERE</u>

### **Additional Opportunities**

#### **Patriot Green Fund**

Mason's Patriot Green Fund (PGF) seeks applications for student committee membership for 2018/2019 academic year! Apply today!

The fund is managed by a committee of five students, two faculty and two facilities staff. The committee is responsible for processing and approving applications, marketing the PGF, and giving individual attention to each project to support its success. Student committee members may serve a maximum of three years with a requirement to re-apply at the end of each school year for the following year. All sustainability-minded students are encouraged to apply!

To apply, please follow this link to access the application form: <a href="https://docs.google.com/.../194B6W4-btlaA8ctsZiNfzYDS20C.../edit">https://docs.google.com/.../194B6W4-btlaA8ctsZiNfzYDS20C.../edit</a>. Please follow the instructions included and email <a href="mailto:pgf@gmu.edu">pgf@gmu.edu</a> no later than Friday, April 6.

### **Azalea Charities**

Azalea Charities (<u>www.azaleacharities.com</u>) is a 100% volunteer organization. They support two funds: Community Charities and Aid for Wounded Warriors.

One of their largest fundraisers is the Marine Corps Marathon and 10K race in October. They get 200 racing bibs for the race.

Anyone interested in running the marathon can go to the website <a href="http://www.azaleacharities.org/support/team-azalea-charities/marine-corps-marathon/">http://www.azaleacharities.org/support/team-azalea-charities/marine-corps-marathon/</a> to receive information on participating. All of the 11,000 bibs for the race have been assigned.

The person to contact for questions is Doug Taggart.

His contact information is provided in the above link.

The school where Katie Johnston is interning is participating in the Redskins Draft Day Dash 5k School Challenge on **Sat., April 28**. All the proceeds of the \$10,000 winnings will go towards the school and helping our students with field trips and various other needs.

#### Steps to register:

- 1. http://www.prraces.com/draftdaydash/register/ click on the link to register
- 2. Choose The Episcopal Center for Children as your team
- 3. Use discount code SCHOOL2018 for \$10 off

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# READY. SET. RUN

**REGISTER AT WWW.REDSKINS.COM/5K** 

**MREDSKINS I #REDSKINSSK** 



## TACKLE THE DRAFT DAY DASH WITH THE EPISCOPAL CENTER FOR CHILDREN!

### \$35 REGISTRATION INCLUDES:

- Official 2018 Redskins Draft Day shirt
- · Commemorative finisher medal
- Epic finish on the 50 yard line
- Post-race party

discount code: SCHOOL2018

team name: The Episcopal Center for Children (DC)

team captain: Alexa Go

The Virginia Recreation and Park Society is committed to supporting students who are interested in the recreation, parks, and leisure services career field. The Foundation of the Virginia Recreation and Park Society has decided to continue to offer complimentary student VRPS Annual Conference registration for VRPS student members. VRPS student engagement continues to grow, as dozens of students from six Virginia universities have benefitted from annual conference attendance just within the last two years.

This year's conference will take place at the Hilton Richmond Hotel and Spa in Glen Allen, VA on Sunday, November 4 through Tuesday, November 6, 2018, with student engagement day scheduled for Monday, November 5.

#### Please note that:

rates.

3. Registration does not include hotel accommodations.

NOTE: Students may register at no cost anytime between now and the 8/31/2018 deadline.



# SPRING 2018 INFO SESSIONS

Live, learn, and work with a community overseas.

Mason's Peace Corps Prep Program helps prepare you for service.



Mon Feb 19

12-1pm

Tue March 6

1-2pm

Wed Apr 4

2-3pm

Location: Research Hall Room 302

masonpeacecorps.gmu.edu

Contact the coordinator:

→Dr. Ann Ludwick

→aludwick@gmu.edu

annual Health and Wellness Expo. There will also be free samples from vendors and a lot of information on good health practices. We hope to see you there!

\*\*If you are a student and would like to volunteer or a vendor that would like to participate please email <u>ulscitec@gmu.edu</u> of your interest\*\*







### Runners Wanted for Research Study



We are looking for runners who are:

- 1) able to complete a 30-45 minute run on a treadmill
- 2) 18-45 years of age
- 3) currently running at least 10 km/week
- 4) free of lower extremity injuries for at least 6 months prior to data collection

Unfortunately you will not be able to participate if you:

- 1) had any major upper or lower extremity surgery in the last 2 years
- 2) had (or currently have) acute low back pain or any other type of spinal injury
- 3) are currently pregnant

The testing will take approximately 2 hours. If you are interested in participating, please contact Amanda Estep at acary4@gmu.edu or (804) 239-0025

Approval for the use of this document EXPIRES

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George Mason University

### **Advising**



Feeling a little stressed about your spring semester? Your academic plan? Your graduation date?!

Make an appointment with your Academic Advisor, Stormi Woltz!

Visit your advisor when you:

- · Have questions about majors and minors
- · Want to plan a schedule for the next semester for create an academic plan
- · Are preparing for registration
- · Have questions about University policies, such as "how to drop a class"
- · Are having academic difficulties
- · Need to talk to someone about personal issues having an impact on academic progress

#### To schedule an appointment:

- 1. Visit <a href="https://rht.gmu.edu/recreation-management/advising">https://rht.gmu.edu/recreation-management/advising</a>
- 2. Sign in with your Mason Credentials
- 3. Find a time and campus that works best for you
  - a. SciTech Campus(Bull Run Hall 225) advising days: Monday, Tuesday, and Friday
  - b. Fairfax Campus(Thompson Hall 2300) advising days: Wednesday and Thursday

### Walk-in hours:

1. Fairfax Campus

a. Wednesday: 1:00-4:00b. Thursday: 9:00-12:00

### Recreation Management Advisor Stormi Woltz, M.Ed. Phone: (703) 993-5261

Email: swoltz@gmu.edu





### Applying to a Bachelor's Accelerated Master's Program

### **Determine Your Eligibility**

Step 1: https://www2.gmu.edu/admissions-aid/how-apply/accelerated-masters

Step 2: In the How to Apply Guide review the Frequently Asked Questions

### How to Apply Guide

We've put together this guide to help you know what is required, how to submit your application, and avoid mistakes that may delay the consideration of your application. Please make sure you also read over our <a href="Frequently Asked Questions">Frequently Asked Questions</a> (FAQ) section for more specifics.

Remember that if you have questions at any time, the <u>Office of Graduate Admissions</u> is here to help guide you through this exciting process.

Determining Your Eligibility

Step 3: Determine Your Eligibility – click the more tab

### Submit Inquiry form

**Determining Your Eligibility** 

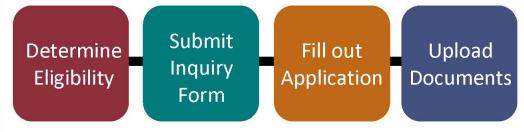
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- Review the university catalog's <u>Bachelor's/Accelerated Master's program guidelines</u> for the program you are interested in applying for.
- 2. Review the <u>deadlines and requirements</u> for your program.
- Once you have read over the requirements and confirmed that you are within the deadlines, submit our <u>Accelerated Master's Inquiry form</u>.
- Upon submit on of your form, your eligibility will be reviewed by the Office of Graduate Admissions of accordance with the guidelines in the <u>university catalog</u>.
- 5. Within the e or less business days, the Office of Graduate Admissions will then notify you, via e-mail, if you are eligible to apply to the Accelerated Master's program. This e-mail will include the link of the online application. If you are not eligible, you will be notified.

Submit your Accelerated Master's Inquiry Form (this is not the application but a prompt for the Office of Graduate Admissions to check your eligibility prior to you receiving the application link). Here you will submit your Personal Information, Contact Information, Bachelor's program (If you can't find your program in the dropdown select "Program not found" and put your program in the comments section), and Master's Program of Interest in an online form. \*

- If you are eligible to apply you will receive an email confirmation containing the link to the online Accelerated Master's application and directions for the next steps you will need to complete (this could take up to two weeks to receive).
- If you are NOT eligible to apply you will receive an email notifying what you may have been missing and next steps you could take towards applying for graduate studies at Mason.

\*please note, if you do not meet the minimum credits or cumulative GPA at the time of application, please notify your advisor as soon as possible or your application will be rejected and you will have to re-start the application process.



Phone: (703) 993-5261 Email: <u>swoltz@gmu.edu</u> Natalie Haynes, CTRS, M.Ed., M.S.

Doctoral Candidate

Email: nteluk@gmu.edu

Academic Program Coordinator
Dr. Brenda P. Wiggins
Phone: (703) 993-2068
Email: bwiggins@gmu.edu

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