

Kinesiology (KNES) Minor 2021-2022

Visit us at: <https://kinesiology.gmu.edu/kinesiology/minor/>



School of Kinesiology

Required Courses	Credits	Prerequisites
ATEP 300 Functional Anatomy	3	<i>BIOL 124^C, BIOL 125^C</i>
KINE 200 Intro to Personal Training	3	<i>BIOL 124^C, 125^C, ATEP 300^C, KINE 310^C</i>
KINE 310 Exercise Physiology I	3	<i>BIOL 124^C, 125^C</i>
Total:	9	

Elective Courses: Select 3	Credits	Prerequisites
KINE 100 Introduction to Kinesiology	3	
KINE 250 Endurance Sport Program Design	3	<i>BIOL 124^C, 125^C, ATEP 300, KINE 200</i>
KINE 320 Principles of Human Nutrition	3	
KINE 350 Exercise Prescription and Programming	3	<i>ATEP 300^C, KINE 200^C, 310^C, 370^C</i>
KINE 360 Strength Training: Concepts and Applications	3	<i>BIOL 124^C, 125^C, ATEP 300^C, KINE 310^C</i>
KINE 370 Exercise Testing and Evaluation	3	<i>BIOL 124^C, 125^C, ATEP 300^C, KINE 310^C</i>
KINE 380 Exercise Prescription and Program. for Special Populations	3	<i>KINE 200^C, 310^C, 330^C, 350^C, 370^C</i>
KINE 400 Biomechanics	3	<i>BIOL 124^C, 125^C, ATEP 300^C, KINE 360^C</i>
KINE 410 Exercise Physiology II	3	<i>BIOL 124^C, 125^C, KINE 310^C</i>
KINE 420 Sport and Exercise Nutrition	3	<i>KINE 310, 320^C</i>
SPMT 320 Psychology of Sport	3	
Total:	9	

Total Credits: 18

Academic Requirements for Completion of the Kinesiology Minor

- At least 8 credits of KINE minor coursework must be applied to the minor *only* and may not be used to fulfill requirements of the student's major, concentration, an undergraduate certificate, or another minor.
- Students must earn a minimum of 2.00 GPA in KINE minor coursework.
- 6 credits of minor coursework must be completed at Mason.
- KINE minor is not available to students earning a BS in Kinesiology.

KINE Advising Questions

<https://kinesiology.gmu.edu/kinesiology/advising>