

The WCU University Participant (UP) Program: A Postsecondary Learning Model for Individuals with Intellectual Disabilities

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Kelly R. Kelley and Aaron Hoefs



What is the UP Program?

- Started as a pilot program in 2007
- Provides a two year, on-campus living and learning experience for individuals with developmental disabilities between the ages of 18 and 25
- Has served two participants since 2007, expanding to 4 participants per year in 2010, maximum of 8 participants attending by fall 2011

What are Developmental Disabilities?

- A person with developmental disabilities is one who has a “severe, chronic disability” that can affect life functioning in areas such as self-care, language, learning, mobility, self-direction, independent living, and economic self-sufficiency.
- Persons with developmental disabilities include those diagnosed as having intellectual disabilities, cerebral palsy, or autism spectrum disorder.

Rationale for UP Program



- Allows WCU to develop a leadership and model role in a nationally developing trend
- Enhances WCU's aspiration of creating "responsible citizens in a global community"
- Offers multiple benefits to UP participants, primarily learning to live in a typical community environment with their same-age peers
- Provides practical field experiences to special education majors and other college students



UP Admission Requirements

- Participants are between the ages of 18 and 25 at the time of admission
- Previously enrolled in a high school special education program that does not lead to completion of a regular high school diploma and that does not allow students to complete requirements necessary for regular admission to WCU
- Demonstrates adequate communication skills and socially acceptable behavior to interact with others on the WCU campus
- Motivated to learn and benefit from participation in the UP Program

What do UP Participants do at WCU?

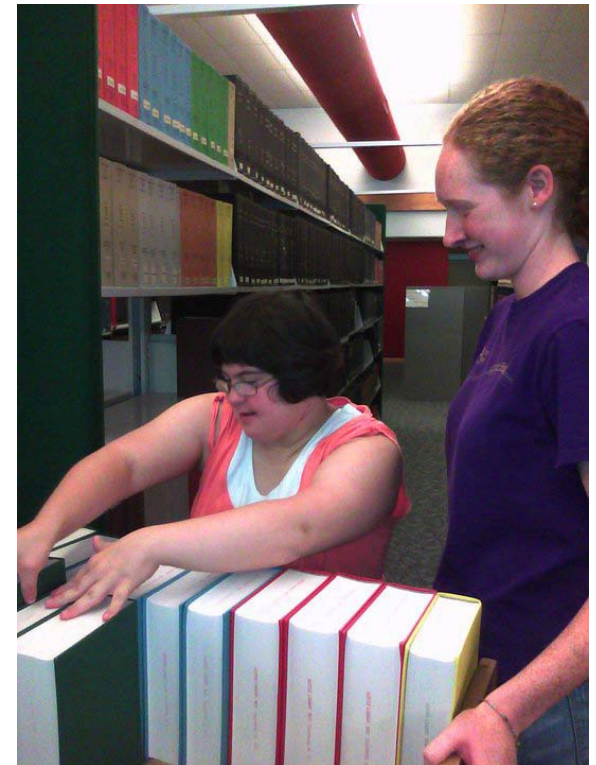
- Live on campus and experience college life with same age peers
- Have an individual plan that would allow personal development for post-UP success
- Attend a limited number of classes
- Participate in social events and activities



UP Certificate Requirements

Satisfactory completion of five program components:

- Personal Development
- Community Participation
- Vocational Preparation
- Social Participation
- Academic Improvement



Notable Reactions to the UP Program

- UP Participant was nominated for homecoming court by his peers during fall 2007 semester
- Peers as well as professors have provided natural supports on their own time
- Student volunteers have enrolled in classes for credit in order to support UP Participants
- UP Participants have participated in many groups, activities, and sporting events on campus
- Campus internships based on feedback from employers have been positive
- Current UP mentor position for first graduate and additional community awards





Funding for UP Program



- Students pay normal tuition and fees, scholarships of \$6,500 per year and coordination support through Walmart Foundation and the Arc of Haywood County
- Transition Programs for Students with Intellectual Disabilities (TPSID) for program operations; future plans to apply for Federal Pell Grant and Work Study funds
- Community Alternative Program (CAP) if applicable
- Donations from individuals and community
- Volunteers providing natural supports

Current Community Partnerships

- North Carolina Vocational Rehabilitation
- North Carolina Assistive Technology Program
- Haywood County Schools
- Parents
- The Arc of Haywood County
- Easter Seals United Cerebral Palsy
- Pathways for the Future



Pathways

Current WCU Partnerships

- Residential Living
- Disability Services
- College of Education and Allied Professions
- WCU Foundation (for donations)
- Undergraduate Admissions
- WCU Office of Service Learning
- Educational Outreach (for UP Certificate)
- Department of Human Services
- Various WCU employers (e.g., facilities management, library, daycare)



Organized YET Individualized!

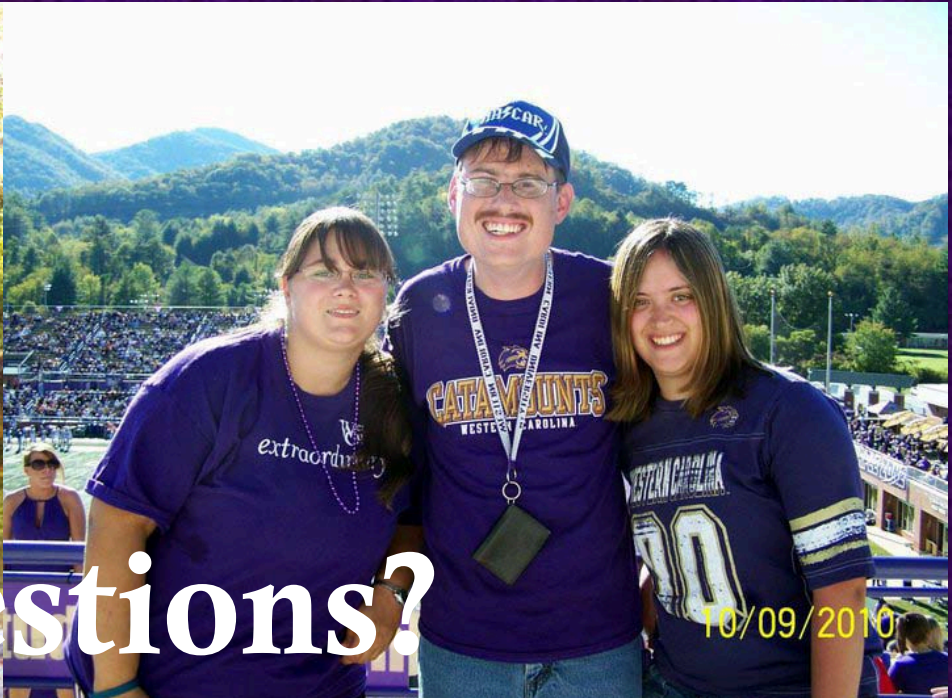
AARON HOEFS	WEEK OF 9/20/10	21-Sep	22-Sep	23-Sep
Times	Monday	Tuesday	Wednesday	Thursday
6:30-7:30 am	SLEEP/SHOWER	SLEEP/SHOWER	SLEEP/SHOWER	SLEEP/SHOWER
7:30-7:45	GMA	BREAKFAST	BREAKFAST	GMA
7:45-8:30	GMA	BREAKFAST	BREAKFAST	GMA
8:30-8:45	GMA	Travel w/Meredith	Meet Chelsea in KL	GMA
8:45-9:00	BREAKFAST	Work in HS	Human Services	BREAKFAST
9:00-9:15	BREAKFAST	Work in HS	9:00-11:45	BREAKFAST
9:15-9:30	Study/leisure time	Work in HS	Work in HS	Study/leisure time
9:30-9:45	Study/leisure time	Work in HS	Work in HS	Study/leisure time
9:45-10:00	Study/leisure time	Work in HS	Work in HS	Study/leisure time
10:00-10:15	Study/leisure time	Work in HS	Work in HS	Study/leisure time
10:15-10:30	Study/leisure time	Work in HS	Work in HS	Human Services
10:30-10:45	Study/leisure time	Work in HS	Work in HS	10:15-11:45
10:45-11:00	Study/leisure time	Work in HS	Work in HS	Work in HS
11:00-11:15	Study/leisure time	Check in Michael	Work in HS	Work in HS
11:15-11:30	Study/leisure time	Check in Michael	Work in HS	Work in HS
11:30-11:45	Study/leisure time	Killian 204	Work in HS	Work in HS
11:45-12:00 pm	LUNCH	LUNCH	LUNCH	LUNCH
12:00-12:15	LUNCH	LUNCH	LUNCH	LUNCH
12:15-12:30	LUNCH	LUNCH	LUNCH	LUNCH
12:30-12:45	SOCW 151-02	COUN 140-04	SOCW 151-02	COUN 140-04
12:45-1:00	Intro to Soc Work	Study Tech.	Intro to Soc Work	Study Tech.
1:00-1:15	12:35-1:50 PM	12:35-1:25 PM	12:35-1:50 PM	12:35-1:25 PM
1:15-1:30	Rebecca Lasher	Elizabeth Rainey	Rebecca Lasher	Elizabeth Rainey
1:30-1:45		Killian 127		Killian 127
1:45-2:00	MCKEE 134	Travel	MCKEE 134	Travel
2:00-2:15		COMM 201-18		COMM 201-18
2:15-2:30	USI 130-04	Intro Speech	USI 130-04	Intro Speech
2:30-2:45	Univ. Experience	2:05-3:20 PM	Univ. Experience	2:05-3:20 PM
2:45-3:00	2:30-3:20 PM	Suzon Hawley	2:30-3:20 PM	Suzon Hawley
3:00-3:15	Murat Yazan	Study/leisure time	Murat Yazan	STILLMULL 253
3:15-3:30		Study/leisure time	KILLIAN 114	Travel w/Amber
3:30-3:45	Travel w/Amber	Study/leisure time	Travel w/Amber	Study/leisure time
3:45-4:00	Work in HS	Study/leisure time	Work in HS	Study/leisure time
4:00-4:15	Work in HS	Study/leisure time	Work in HS	Study/leisure time
4:15-4:30	Work in HS	Study/leisure time	Work in HS	Study/leisure time
4:30-4:45	Work in HS	Study/leisure time	Work in HS	Study/leisure time
4:45-5:00	Work in HS	Study/leisure time	Work in HS	Study/leisure time
5:00-5:15	Work in HS	DINNER	DINNER	DINNER
5:15-5:30	Work in HS	DINNER	DINNER	DINNER
5:30-5:45	Work in HS	DINNER	DINNER	DINNER
5:45-6:00	DINNER		Extracurricular	Extracurricular
6:00-6:15	DINNER		YOUR CHOICE	YOUR CHOICE
6:15-6:30	DINNER			
6:30-6:45	Tiffany and Katelyn	Study time	cooking in kitchen?	plays
6:45-7:00	Games with all at Norton Field	for COMM 201 class	brownies? Your call	study/leisure
7:00-7:15		with Amanda	facebook	BCM worship at 7:30
7:15-7:30			Frisbee outside	Travel w/Tara
7:30-7:45	Study time with Katelyn		studying	
7:45-8:00			gym	
8:00-8:15			your choice	study/leisure
8:15-8:30				facebook
8:30-8:45				
8:45-9:00				
9:00-9:15	call mom/dad	call mom/dad	call mom/dad	Toy Story 3 at UC?
9:15-9:30				take Aaron?
9:30-9:45	DORM	DORM	DORM	DORM
9:45-10:00	DORM	DORM	DORM	DORM

Elizabeth Pritchett	WEEK OF 9/20/10	21-Sep	22-Sep	23-Sep	24-Sep
Times	Monday	Tuesday	Wednesday	Thursday	Friday
6:30-7:30 am	SLEEP	SLEEP	SLEEP	SLEEP	SLEEP
7:30-7:45	SLEEP	SLEEP	SLEEP	SLEEP	SLEEP
7:45-8:30	SLEEP	SLEEP	SLEEP	SLEEP	SLEEP
8:30-8:45	SLEEP	SLEEP	SLEEP	MEDS/BREAKFAST	SLEEP
8:45-9:00	SLEEP	SLEEP	SLEEP	BREAKFAST	SLEEP
9:00-9:15	SLEEP	SLEEP	SLEEP	Travel to Daycare	SLEEP
9:15-9:30	SLEEP	SLEEP	SLEEP	Daycare Camp Blg	SLEEP
9:30-9:45	SLEEP	SLEEP	SLEEP	Work on campus	SLEEP
9:45-10:00	SLEEP	SLEEP	SLEEP	Work on campus	SLEEP
10:00-10:15	MEDS/BREAKFAST	MEDS/BREAKFAST	MEDS/BREAKFAST	Work on campus	MEDS/BREAKFAST
10:15-10:30	BREAKFAST	BREAKFAST	BREAKFAST	Work on campus	BREAKFAST
10:30-10:45	Study/leisure time	Travel	Study/leisure time	Work on campus	Study/leisure time
10:45-11:00	Study/leisure time	Check in Michael	Study/leisure time	Work on campus	Study/leisure time
11:00-11:15	Study/leisure time	Check in Michael	Study/leisure time	Work on campus	Study/leisure time
11:15-11:30	Study/leisure time	Killian 204	Study/leisure time	Work on campus	Study/leisure time
11:30-11:45	Study/leisure time	Study/leisure time	Gym with Jessica	Work on campus	Study/leisure time
11:45-12:00 pm	Study/leisure time	Study/leisure time	Gym with Jessica	Work on campus	Study/leisure time
12:00-12:15	LUNCH	LUNCH	LUNCH	Work on campus	LUNCH
12:15-12:30	LUNCH	LUNCH	LUNCH	Work on campus	LUNCH
12:30-12:45	LUNCH	LUNCH	LUNCH	Work on campus	LUNCH
12:45-1:00	TRAVEL w/Ashley	Travel w/ Lauren L	TRAVEL w/Ashley	Travel w/Shanee	TRAVEL w/Ashley
1:00-1:15	SPED 312-01	Daycare Camp Blg	SPED 312-01	LUNCH w/Jenn	SPED 312-01
1:15-1:30	Tching Methods		Tching Methods	LUNCH	Tching Methods
1:30-1:45	1:00-2:15 PM	Work on campus	1:00-2:15 PM	LUNCH	1:00-2:15 PM
1:45-2:00	Marissa Ray	Work on campus	Marissa Ray	back to dorm	Marissa Ray
2:00-2:15	Killian 127	Work on campus	Killian 127	Study/leisure	Killian 127
2:15-2:30	Travel w/Ashley	Work on campus	Travel w/Ashley	Study/leisure	TRAVEL w/Ashley
2:30-2:45	Daycare Camp Blg	Work on campus	Daycare Camp Blg	Travel to Arden	Cleaning room
2:45-3:00	2 hrs	Work on campus	2 hrs	Travel to Arden	Cleaning room
3:00-3:15	Work on campus	Work on campus	Work on campus	Travel to Arden	Packing for home
3:15-3:30	Work on campus	Work on campus	Work on campus	Travel to Arden	Mom on campus
3:30-3:45	Work on campus	Work on campus	Work on campus	Travel to Arden	
3:45-4:00	Work on campus	Work on campus	Work on campus	Rockstar Cheering	
4:00-4:15	Work on campus	Travel w/ Lauren L	Work on campus	Rockstar Cheering	
4:15-4:30	Work on campus	DINNER	Work on campus	Rockstar Cheering	
4:30-4:45	Work on campus	DINNER	Work on campus	Rockstar Cheering	
4:45-5:00	Travel to dinner	DINNER	Travel to dinner	Rockstar Cheering	
5:00-5:15	DINNER	SPED 311-70	DINNER	Rockstar Cheering	
5:15-5:30	DINNER	PBS Class	DINNER	Rockstar Cheering	
5:30-5:45	DINNER		DINNER	Rockstar Cheering	
5:45-6:00	Travel to class	David Westling	Extracurricular	DINNER	
6:00-6:15	SPED 240-01		YOUR CHOICE	DINNER	
6:15-6:30	Exceptional Child	5:00-7:50		Travel to WCU	
6:30-6:45	6:00-8:50 PM		Swimming with	Travel to WCU	
6:45-7:00	David Westling		Tiffany Love	Travel to WCU	
7:00-7:15	Jessica Smith		(lifeguard)	Travel to WCU	
7:15-7:30	serves as a	Travel back		Travel to WCU	
7:30-7:45	natural support	to dorm	Cheerleading	Travel w/Robin	
7:45-8:00	Killian 111	with Sarah	practice at 7:30	Travel w/Robin	
8:00-8:15	Travel w/Jessica	Extracurricular	Reid Gym?	TV?	
8:15-8:30	Cheerleading practice	YOUR CHOICE			
8:30-8:45	7:30 in Reid Gym?	chill in room?		facebook	
8:45-9:00	Travel to dorm			Call mom/dad	
9:00-9:15			travel to dorm	cleaning w/Ashley	

First Hand Experiences



From Aaron B. Hoefs



Questions?



Contact Information

David L. Westling,

westling@email.wcu.edu

Kelly R. Kelley,

kkelley@email.wcu.edu

Aaron B. Hoefs

abhoefs1@catamount.wcu.edu