Bachelor of Arts in Human Development and Family Science
Adolescent Development and Services (ADS) Concentration
A joint interdisciplinary degree program with the College of Humanities and Social Sciences

For advising, contact Monica Mak at hdfs@gmu.edu, visit us at hdfs.gmu.edu

- **Mason Core, 40 credits**: For current list of approved courses: [http://provost.gmu.edu/gened/approved-course-listing/](http://provost.gmu.edu/gened/approved-course-listing/)
  - Oral Communication - 3 credits
  - Written Communication (Lower Level) - 3 credits (ENGH 101)
  - Written Communication (Upper Level) - 3 credits (ENGH 302)
  - Information Technology and Ethics - 3 credits
  - Quantitative Reasoning - 3 credits
  - Arts - 3 Credits
  - Global Understanding - 3 Credits (PSYC 379)
  - Literature - 3 Credits
  - Natural Science - 7 Credits
  - Social and Behavioral Sciences - 3 Credits (PSYC 100)
  - Western Civilization - 3 Credits
  - Synthesis – 3 credits (HDFS 400)

- **College-Level Requirements, 9-18 credits** (follow CHSS college-level requirements)
  - Philosophy or Religion - 3 credits
  - Non-Western Culture - 3 credits (must be different from the course used to fulfill Global Understanding)
  - Social and Behavioral Sciences - 3 credits (SOCI 101 or 102) (this is in addition to university wide requirement in social and behavioral sciences for a total of 6 credits)
  - Foreign Language – 0-9 credits (must achieve proficiency in a foreign language through the intermediate level (through coursework or testing to determine proficiency)

- **HDFS major coursework, 33-34 credits**
  - HDFS 200: Individual and Family Development
  - HDFS 250: Family Finance and Resource Management
  - HDFS 300: Individual and Family Services Delivery
  - HDFS 400: Advanced Family Processes
  - HDFS 401: Family Law & Public Policy (Writing Intensive)
  - PSYC 379: Applied Cross-Cultural Psychology
  - PSYC 466: Psychology of Intimate Relationships
  - SOCI 300: Social Control and Freedom
  - SOCI 302: Sociology of Delinquency
  - SOCI 308: Race and Ethnicity in a Changing World
  - SOCI 309: Marriage, Families, and Intimate Life
  - SOCI 310: Sociology of Deviance
  - SOCI 360: Youth Culture and Society
  - SOCW 415: Child and Family Welfare
  - WMST 302: Cultural Constructions of Sexualities
  - WMST 303: Psychology of Women
  - WMST 308: Intro to Lesbian, Gay, Bisexual, Transgender, Transsexual and Queer Studies

- **Adolescent Development and Services Concentration (ADS) Electives, 15 credits** (Choose 15 credits from the list below or in consultation with your advisor*): This concentration prepares students for graduate education and careers working with adolescents and their families (e.g., youth services, educational support services, child welfare, juvenile justice).
  - ANTH 315: Socialization Processes: Family, Childhood, Personality in Cross-Cultural Perspective
  - COMM 334: Family and Health Communication
  - CRIM 302: Juvenile Delinquency
  - CRIM 405: Law and Justice Around the World
  - EDEP 402: Brain, Behavior, and Neuroimaging in Children
  - EDEP 405: The Neuroscience of Learning and Cognition
  - EDRD 301: Facilitating Literacy in School or Community Settings
  - HDFS 301: The Hospitalized Child and Family
  - INTS 312: Images and Experiences of Childhood: Social Construct, Literature, and Film
  - INTS 314: Conflict, Trauma and Healing
  - INTS 316: Introduction to Childhood Studies
  - INTS 317: Issues in Family Relationships
  - INTS 319: Contemporary Youth Studies
  - INTS 436: Social Justice Education
  - PSYC 211: Developmental Psychology
  - PSYC 304: Principles of Learning
  - PSYC 314: Adolescent Development
  - PSYC 415: Psychological Factors in Aging OR SOCI 341: Sociology of Aging
  - OR HHS 432: Healthy Aging
  - SOCI 303: Methods and Logic of Inquiry OR PSYC 301: Research Methods in Psychology

- **Electives, 13-23 credits**
  - Total: 120 Credits

**Academic Requirements:** 120 total credits; 45 Upper Level Credit Hours; 30 Hours (12 upper level) for GMU Residency Requirement; Completion of Mason Core courses; GPA of at least 2.0
# Suggested Academic Plan (to be supplemented by Mason Core and Electives)

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<tr>
<th>Semester</th>
<th>Course</th>
<th>Credits</th>
<th>Prerequisites</th>
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<tbody>
<tr>
<td>1st Year Fall</td>
<td>HDFS 200: Individual and Family Development</td>
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<td>1st Year Spring</td>
<td>HDFS 250: Family Finance and Resource Management</td>
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<td>ADS Concentration Elective #1</td>
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<td>2nd Year Spring</td>
<td>HDFS 300: Individual and Family Services Delivery</td>
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<td>HDFS 200</td>
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<td>ADS Concentration Elective #2</td>
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<td>3rd Year Fall</td>
<td>ECED 401: Developmental Pathways of Diverse Learners OR PSYC 313: Child Development</td>
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<td></td>
<td>INTS 321: Parent-Child Relations OR ECED 404: Engaging Families of Diverse Young Learners</td>
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<td>SOCI 303: Sociological Research Methodology OR PSYC 301: Research Methods in Psychology</td>
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<td>SOCI 101 or 102</td>
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<td>3rd Year Spring</td>
<td>PSYC 415: Psychological Factors in Aging OR SOCI 341: Sociology of Aging, OR HHS 432: Healthy Aging</td>
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<td>PSYC 100</td>
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<td>ADS Concentration Elective #4</td>
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<td>4th Year Fall</td>
<td>HDFS 498: Internship</td>
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<td>HDFS 300</td>
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<td>ADS Concentration Elective #5</td>
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<td>HDFS 400: Advanced Family Processes</td>
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<td>HDFS 200</td>
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<td>4th Year Spring</td>
<td>HDFS 401: Family Law and Public Policy</td>
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<td>HDFS 200</td>
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<td>HDFS 499: Advanced Internship</td>
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<td>HDFS 498</td>
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## Additional information regarding College-Level Requirements:

- **One course (3 credits) in philosophy or religious studies:** Fulfilled by any course in PHIL or RELI except PHIL 323, 324, 327, 393, 460. PHIL 253 cannot be used to fulfill both the philosophy/religious studies requirement and the Mason Core literature requirement.
- **One course (3 credits) in social and behavioral science:** 3 credits in addition to the university-wide requirement in social and behavioral science for a total of 6 credits. The two courses used to fulfill the combined college and university requirements must be from different disciplines in the social and behavioral sciences. The courses used to fulfill this requirement must be in addition to the course used to fulfill the university requirement in western civilization/world history. This requirement may be fulfilled by any course in ANTH, CRIM, ECON, GOVT, HIST (except 100 or 125), LING, PSYC, or SOCI and these courses in GGS: 101, 103, 110, 301, 303, 304, 305, 306, 315, 316, 320, 325, 330, 357, 380.
- **One course (3 credits) in non-Western culture.** For an approved list of courses: [http://chss.gmu.edu/general-education/non-western-culture](http://chss.gmu.edu/general-education/non-western-culture) The same course cannot be used to fulfill this requirement and the Mason Core requirement in global understanding. Students who have attended high school in a non-Western country for four or more years may be eligible for a waiver of this requirement.
- **Students can demonstrate language proficiency by completing an approved intermediate-level sequence in one foreign language.** George Mason’s intermediate-level language sequence is 110 (6 credits) and 210 (3 credits). The Latin sequence is 101, 102, 201, 202 (all 3 credits). The American Sign Language sequence is EDSE 115, 116, and 219 (all 3 credits). Students can demonstrate language proficiency by achieving a satisfactory score on the placement test administered by the Department of Modern and Classical Languages. Students will be granted a waiver of the foreign language requirement if their test score places them beyond a course numbered 210 (202 for Latin). Students who are granted a waiver do not receive credit.