<table>
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<th>Year 1</th>
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</table>
| **Fall** | • HDFS 200: Individual and Family Development (3 Credits)  
• Mason Core - (ENGH or COMM) (3 Credits)  
• Mason Core - Quantitative Reasoning (3 Credits)  
• Foreign Language Introduction Course (6 Credits) or EDSE 115: American Sign Language (ASL) I (4 credits)  
• UNIV 100 (1 Credit) | Total 14-16 Credits |
| **Spring** | • PSYC 211: Developmental Psychology (3 Credits)  
• Mason Core - World History or Western Civilization (3 Credits)  
• Foreign Language Intermediate Course I (3 Credits) or EDSE 116: American Sign Language (ASL) II (4 credits)  
• Mason Core - Natural Science non Lab (3 Credits)  
• Mason Core - (ENGH or COMM) (3 Credits) | Total 15-16 Credits |
| **Year 2** |  |  |
| **Fall** | • HDFS 250: Family Finance and Resource Management (3 Credits)  
• HDFS Major Elective (3 Credits)  
• Mason Core - Arts (3 Credits)  
• Mason Core - Natural Science with Lab (4 Credits)  
• Foreign Language Intermediate Course II (4 Credits) or EDSE 219 American Sign Language (ASL) III (4 credits) | Total 17 credits |
| **Spring** | • INTS 321: Parent-Child Relationships (3 Credits)  
• HDFS Major Elective (3 Credits)  
• Mason Core – Literature (3 Credits)  
• Mason Core - Information Technology (3 Credits)  
• Mason Core - Philosophy or Religion (3 Credits) | Total 15 Credits |
| **Year 3** |  |  |
| **Fall** | • HDFS 300: Individual and Family Services Delivery (3 Credits)  
• HDFS Major Elective (3 Credits)  
• Mason Core – English 302 (3 Credits)  
• Mason Core - Global Understanding (3 Credits)  
• Elective (3 Credits) | Total 15 Credits |
| **Spring** | • SOCI 303: Methods and Logic of Inquiry (3 Credits) OR PSYC 301: Research Methods in Psychology (4 Credits) OR INTS 434: Research for Social Change (3 Credits)  
• HDFS Major Elective (3 Credits)  
• Mason Core - Non-Western Culture (3 Credits)  
• Elective (3 Credits)  
• Elective (3 Credits) | Total 15-16 Credits |
| **Year 4** |  |  |
| **Fall** | • HDFS 400: Advanced Family Processes (3 Credits)  
• HDFS 498: Internship (3 Credits)  
• Elective (3 Credits)  
• Elective (3 Credits)  
• Elective (3 Credits) | Total 15 Credits |
| **Spring** | • HDFS 401: Family Law & Public Policy (3 Credits)  
• HDFS 499: Advanced Internship (3 Credits)  
• Elective (3 Credits)  
• Elective (3 Credits)  
• Elective (3 Credits) | Total 15 Credits |