Always wear a mask in public – the more we wear masks, the sooner we can go back to in-person learning

Maintain 6 feet social distance when in public

Wash hands frequently

Keep pods small – 2-3 families is best

< 8 kids is ideal

Agree on a COVID “social contract” – establish agreed upon safety protocols and enforce them with families in the pod

Keep families in your pod informed of lapses in social contract and quarantine if necessary

Realistically, resuming in-person learning will likely require broader testing of asymptomatic people, a widely available vaccine, and a treatment protocol

Consider what resources your child may need to safely reenter daily in-person activities while navigating anxiety

Consider the pros and cons of podding before you begin

< 8 students is ideal for learning

Be aware of equity issues

Review any homeschooling curriculum for biased or racist content, seek out anti-racist curriculum for inclusion

Make time for the 4 Cs: critical thinking, creativity, communication, and collaboration, skills

Allow for unstructured playtime

Students will need to learn how to learn online – and parents will need to learn how to support online learners

Encourage your child to find and pursue their passions

Seek collaboration and communication opportunities

Hands-on, Minds-on, Hearts-on

There are going to be challenges – remember parents’ attitudes toward challenges matter!

For older students, start with learning objectives. What resources and materials will they need to achieve those objectives?

Build brain breaks into the day

Vary types of activities to maintain engagement – passive, active/interactive, and creative

Focus on grit and resilience

To view the full recording, please visit: https://chhs.gmu.edu/covid-19-chhs-webinar-series