

**PHYSICAL EDUCATION LESSON PLAN**

Name \_\_\_\_\_ Date: \_\_\_\_\_ Class Time: \_\_\_\_\_

School: GMU \_\_\_\_\_ Grade: \_\_\_\_\_ #Students \_\_\_\_\_

Unit \_\_\_\_\_ Skill/content: \_\_\_\_\_

**Performance Objectives / Standards of Learning** (VA SOL Standard #)

1. Psychomotor
2. Psychomotor
3. Cognitive
4. Cognitive
5. Affective
6. Affective

**Lesson Focus / Lesson Plan Objectives** – *At the end of this lesson students will have learned to:*

1. ...
2. ...

**Materials, Equipment, Space**

**Safety Concerns/Rules**

**PHYSICAL EDUCATION LESSON PLAN**

	<b>Instruction</b> Practice-Tasks-Activity-Application	<b>Organization</b> Define and/or diagram (Attach if necessary)	<b>Teaching Cues / Notes</b>	<b>Modifications</b> Adaptation(s) Harder ↑ Easier ↓
Initial Organization & Management				
Warm-Up / Instant Activity / Fitness				
Lesson Opening (Anticipatory Set / Set Induction / Motivational Intro) <i>"Why are we doing this?"</i>				
Teaching & Learning Tasks <i>IREA</i> Informing-Refining-Extending-Appling				
Lesson Closure – Summary & Assessment <i>"Why did we do this?"</i>				

**Assessment of Objectives:** (How will student understanding be assessed during a lesson?):

- |  |  |
|--|--|
| <input type="checkbox"/> Teacher observation       | <input type="checkbox"/> Portfolio entry         |
| <input type="checkbox"/> Student demonstration     | <input type="checkbox"/> Paper/pencil assessment |
| <input type="checkbox"/> Skills test/performance   | <input type="checkbox"/> Self-assessment         |
| <input type="checkbox"/> Project/presentation      | <input type="checkbox"/> Videotape analysis      |
| <input type="checkbox"/> Checklist                 | <input type="checkbox"/> Other _____             |
| <input type="checkbox"/> Peer observation/feedback |  |