GEORGE MASON UNIVERSITY
College of Education and Human Development
Graduate School of Education

EDCD 790/791 Internship in Counseling and Development (3-6 s.h.)
CRN 75750, Section 003 and 75736, Section 004
Fall 2005

Instructor: Diana S. Gibb, Ph.D., LPC
Office hours: By appointment
Class meeting day & time: Wednesdays, 4:30-7:10
Class location: ENT 77
Phone: 703-307-2522
Email: dgibb@gmu.edu

Course Description
Provides supervised practice of 200 clock hours (minimum) in a counseling setting similar to the setting in which the student may work. Skills and practice build on previous practicum experiences. This is a weekly graduate class with an emphasis on site processing.

Course Objectives
At the end of this course, students will be able to:
- demonstrate intermediate counseling skills and knowledge with a culturally diverse population.
- demonstrate the ability to work more independently and with more complex cases than in practicum.
- demonstrate the ability to work within the organizational structure, protocol, relationships, and working conditions of a community agency counseling setting.
- create and implement appropriate counseling strategies for the clientele of a community agency counseling site.
- understand the nature of the changing role of the professional counselor that includes advocacy, leadership, multiculturalism, and social justice.
- exemplify the professional dispositions of the GMU counseling program.
- apply the highest ethical standards of the counseling profession.
- accurately critique own work and that of other students.
- accept and implement feedback from students and supervisors.

Relationship to Program Goals and Professional Organizations
EDCD 790/791 provides students with an opportunity to fulfill the role and duties of a community agency counselor under site and university supervision. Minimal requirements of the course fulfill 200 of the 600 on-site internship clock hours (including a minimum of 100 direct client contact hours) of the educational requirements for the Virginia Licensed Professional Counselor (LPC) credential. Students may elect to complete and document additional on-site and direct client contact hours to be used toward the internship requirements for the Virginia LPC credential.
College of Education and Human Development Policies

All students are expected to abide by the honor code described in the 2005-2006 GMU catalog. Students requiring special assistance or consideration due to a documented disability may contact the Disability Resource Center at 703-993-2427 to arrange accommodations. Instructor must be notified of necessary accommodations by the second class meeting. Students desiring assistance with written assignments may contact the Writing Center at 703-993-1200.

Textbooks, Materials and Readings

Please purchase the following as necessary:

- copies of the *GMU Community agency counseling: Practicum/Internship manual, Fourth edition*. If your site and supervisor has not changed since practicum, you may not need to purchase this item.
- tape recorder and tapes (regular or minicassette). Please check the quality of your recordings and make any necessary adjustments.

Assignments

The primary purpose of internship is to support students in their work at agency sites and to address relevant treatment and other issues that arise from site experiences. As such, the content for each class develops largely from student experiences rather than a predetermined curriculum. Therefore, it is the responsibility of students to come to class with questions and issues from their site experiences for discussion in class. It is also the responsibility of students to participate fully in class discussions.

The following assignments are in addition to and support of the primary purpose described above. Due dates are listed in the Schedule of Classes and Assignments.

1. Mission statement project. A mission statement project which was designed and approved during practicum should be implemented during internship. If you have changed sites or your project is no longer viable as it was designed, please consult the instructor by the second week of class. A mid-term progress report should be presented in class citing progress and any problems encountered. The final project report should be no more than five pages and include (a) a copy of the original proposal, (b) a critique of the design and implementation of the project, (c) a statement of results achieved, and (d) suggestions for improvement should the site wish to continue the project.

2. Theoretical Approach Project (TAP). This project will be completed in sections, each with its own due date. Students should be prepared to discuss the section in class on the due date. Sections should not exceed three pages in length and are as follows:

   A. Explain the basic assumptions/philosophy of the approach which you favor and why you favor that approach. How does it fit the population at your site?
B. Explain some of the common techniques or intervention strategies typical of this approach. Explain the biggest challenge you face in implementing this theory. Explain what implications this information has for the first session.

C. Transcribe one ten-minute segment of a session which you conducted which you believe shows this theory in action. Bring sufficient copies of this transcript for each person in class. Critique the effectiveness of this theory for this person.

D. Repeat (C) above with a segment from a different session.

E. Re-examine your commitment to this approach. How effective do you believe you were in implementing this approach? What worked best for you? What was the most difficult for you? What is your plan for improving your skill in using this approach? If you have decided that this approach is no longer your favorite one, what approach do you favor at this point? Why have you changed your theoretical approach?

3. **Session tapes**. Tape and analyze two client sessions. A segment of each tape will be presented in an individual meeting with the instructor. Instructor will provide format for analysis.

4. **Professional development activity**. Attend one meeting of a local, regional or national professional association, and be prepared to discuss it briefly in class. (Please share information with the class about any upcoming meetings of which you are aware.)

5. **Site contract**. If you have changed your site or supervisor since practicum, please complete the contract found in the P/I manual.

6. **Site log**. Maintain a log reflecting at least 200 hours of work at the field site, with clear indication of the number of direct client contact hours completed each day. (A minimum of 50% of site hours should be in direct client contact.) Site supervisors must sign this log. Make a copy for your records.

7. **Supervisor evaluation**. Collect written evaluation from supervisor. Form is in P/I manual.

8. **Site evaluation**. Prepare written evaluation of your site. Form is in P/I manual.

9. **Problems**. Notify the instructor immediately of any possible problems at your site which might prevent you from having a successful experience there.

10. **Exit interview**. Complete the exit interview located at Appendix P in the P/I manual and make an appointment with your advisor sometime in November for an exit interview.

11. **Graduation**. If you are planning to graduate at the end of this semester, please review procedures on the registrar’s homepage. Congratulations!!!
Grading

In order to keep the focus on learning and encourage students to challenge themselves, EDCD 790/791 is graded pass/fail. In order to obtain a passing grade, the following conditions must be met:

- all assignments must be turned in by the due date unless an extension is granted by the instructor because of illness or emergency.
- all assignments must be of passing quality.
- attendance at all class sessions unless excused by the instructor because of illness or emergency.
- attendance as scheduled at the site for a minimum of 200 clock hours during the inclusive dates of this semester. (A maximum of 20 clock hours may be completed prior to the beginning of the semester. Include these hours on your log.) Site policies on illness and emergencies apply to internship students. EDCD 790/791 should be dropped if you have foreseeable absences. Sites are not obligated to observe GMU holiday schedules.
- Satisfactory evaluation from site supervisor.
- Completion of exit interview.

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<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>ASSIGNMENT DUE</th>
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<tbody>
<tr>
<td>8/31</td>
<td>Review of syllabus</td>
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<td>Site processing</td>
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<td>9/7</td>
<td>Site processing</td>
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<td>(New contract, emergency procedures, &amp; insurance statement is due if site or supervisor has changed.)</td>
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<td>9/14</td>
<td>Site processing</td>
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<td>9/21</td>
<td>Discussion of section A of Theoretical Approach Project</td>
<td>TAP, section A</td>
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<td>9/28</td>
<td>Discussion of Section B of Theoretical Approach Project</td>
<td>TAP, section B</td>
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<td>10/5 &amp;</td>
<td>Individual Tape Reviews (Students will attend either of these evenings.)</td>
<td>Tape 1</td>
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<td>Date</td>
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<td>10/19</td>
<td>Discussion of Missions Statement Projects</td>
<td>Mission Project Update</td>
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<td>10/26</td>
<td>Discussion of Section C of Theoretical Approach Project</td>
<td>TAP, section C</td>
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<td>Discussion of Section D of Theoretical Approach Project</td>
<td>TAP, section D</td>
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<td>11/9 &amp;11/16</td>
<td>Individual Tape Reviews (Students will attend either of these evenings.)</td>
<td>Tape 2</td>
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<td>11/23</td>
<td>GMU Thanksgiving Break -- No Class</td>
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<td>11/30</td>
<td>Discussion of Section E of Theoretical Approach Project</td>
<td>TAP, section E</td>
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<td>12/7</td>
<td>Discussion of Mission Statement Projects; Mission Statement Projects Log</td>
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<td>Site evaluation</td>
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