# GEORGE MASON UNIVERSITY School of Recreation, Health and Tourism

# PHED 202-001- Teaching Skillful Movement (3) Fall 2014

DAY/TIME: M-W 12:00 – 1:15 pm OFFICE LOCATION: Bull Run Hall, Rm 228 INSTRUCTOR: Mrs. Linda Krout OFFICE HOURS: M W 10:30-11:30, 1:30-3:30

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PREREQUISTES: None

#### COURSE DESCRIPTION:

Covers planning and presenting lessons on numerous motor skills using varied teaching strategies in a peer teaching setting.

#### **COURSE OBJECTIVES**

At the completion of this course teacher candidate should be able to:

- 1. Develop lesson plans for educational gymnastics, rhythm and dance, games and fitness activities that include: instructional objectives, material and equipment needed, safety considerations, instructional tasks with at least two possible modifications to accommodate different skill levels, instructional cues, and organization and management of space, people and equipment.
- 2. Develop and implement tasks that utilize appropriate progressions and instructional strategies, and take into considerations skill level, learners readiness, and learners' experience.
- 3. Use managerial and instructional routines to create smoothly functioning learning experiences.
- 4. Organize and manage time, space, people, and equipment in such a way that every learner gets a fair chance at learning.
- 5. Describe and use different behavior management strategies according to the level of misbehaviors.
- 6. Communicate managerial and instructional information verbally and non-verbally (e.g. demonstration, posters, video) to accommodate various type of learners and facilitate learning.
- 7. Use the pedagogical knowledge gained through lectures, lab, peer-teaching, and professional readings to develop and implement lesson plans that are safe and developmentally appropriate for learners
- 8. Demonstrate the ability to efficiently set up and use videotaping equipment.
- 9. Videotape and analyze lessons using various assessment tools in order to reflect and revise practice.

REQUIRED READINGS: Rink, J. (2010). Teaching Physical Education for Learning. (7th ed), Boston: McGraw-Hill

#### NASPE STANDARDS RELATED TO COURSE:

#### **Standard 3: Planning and Implementation**

Physical education teacher candidates plan and implement developmentally appropriate learning experiences aligned with local, state, and national standards to address the diverse needs of all students.

# **Standard 4: Instructional Delivery and Management**

Physical education teacher candidates use effective communication and pedagogical skills and strategies to enhance student engagement and learning.

# **Standard 5: Impact on Student Learning**

Physical education teacher candidates utilize assessments and reflection to foster student learning and inform instructional decisions.

#### **Standard 6: Professionalism**

Physical education teacher candidates demonstrate dispositions essential to becoming effective professionals.

NATURE OF COURSE DELIVERY: Face-To Face

\*\*Students are responsible for all work conducted in class regardless of being absent. Email is strongly encouraged when absent with assignment attached on the date due to receive full credit for the assignment.

#### **EVALUATION**

Requirements
Exam #1
Exam #2

Assignments

= 100pts (20%) = 100 pts (20%) = 150 pts (30%)

Field Observations (2) = 50 pts (10%) Final Exam = 100 pts (20%) Total = 500 pts

Grading Scale

465 – 500=A 450 – 464=A-385 – 399=C+ 365 – 384=C 435 – 449 =B+ 415 – 434=B

400 - 414 = B -< 300 = F

363 – 377–С+ 363 – 364–С

350 – 364=C- 300-349=D

# **Attendance Policy**

In accordance with the GMU Attendance Policies (University catalog, 2008-2009 p.35), "Students are expected to attend the class periods of the courses for which they register. In-class participation is important to the individual student and to the class as a whole. Because class participation may be a factor in grading, instructors may use absence, tardiness or early departure as de facto evidence of non-participation."

# The following scale will be used

- o Two (2) absences are permitted
- o Two (2) "tardies"\*= 1 absence
- o Two (2) "early departures" \* = 1 absence
- o 3 absences = 20 grade points
- o Each additional absence= 15 points

\*Attendance is taken at 12:00 pm. A student will be considered late once attendance has been taken. Leaving more than 10 minutes before the end of the class will be considered an early departure.

Email is strongly encouraged when absent and all assignments are due on the date posted on the syllabus to receive full credit.

#### Description of Assignments:

- 1. Peer Teaching Session: Develop a lesson plan for 20 minutes using the criteria given in class to present to your group. A lesson plan must be provided and an evaluation will be given after each session.
- 2. Video Analysis. Videotape your 15 minute lesson and complete a critical analysis of your teaching. You may use an ipad or a smart phone. Please make arrangements to have your own equipment available on the day you teach. A video analysis template will be provided on blackboard.
- 3. Field Observations: You will be given a pre-arranged elementary and secondary school to visit and observe for 1 ½ hours. A reflection on the experience will be submitted.
- 4. Instant Activity: Develop an instant activity to begin class and present it to your peers. The activity needs to be creative keeping all students active with minimal instruction.
- 5. Show and Tell: Present an activity or a task using verbal cues or visual demonstrations only.
- 6. Social Grouping: Organize and manage your group according to specific criteria given.
- 7. Exam #1: The content of the exam will consist of Chapter 1, 2, 5, 10 and the Virginia standards of learning. Questions will be multiple choice, fill in the blank and short answer.
- 8. Exam #2: The content of the exam will consist of Chapters 3, 4, 6 and Giving Directions PowerPoint. Questions will be multiple choice, fill in the blank, true/false and short answer.

9. Final Exam: The content of the exam will be partially cumulative and will specifically focus on Chapters 6, 7, 8, 12 and Handling Misbehaviors Power point.

# TENTATIVE COURSE OUTLINE

Week 1

Aug. 25 (M): Course content, expectations. Student Inventory of smart phones, apple products

Define Physically Educated Chapter 1 pp. 1-5. Teaching Goal-Oriented "Goal Setting: The Ground Rules, READ Knowing the Names of your

Aug. 27 (W): "Mrs. Fizz Gym Class" LAB Discuss Reflection of Behavior

Teacher functions Box 1.5 pg. 13

Review Professional Disposition Great Teacher Characteristics

READ: Hall of Shame 1

Week 2

Sept. 1 (M): LABOR DAY NO CLASSES

Sept. 3 (W): Chapter 1, Instructional Process pp. 1-17.

The 3 Learning Domains ppt. (pg. 5) Movement task – Student Response, The Virginia Standards of Learning

READ: Hall of Shame II

Assign Instant Activity READ: Instant Activity Article

10:00am PETE SOCIETY MEETING, Bull Run Hall, 2nd floor

# Elementary Observation Week

Week 3

Sept. 8 (M): Chapter 2 Factors that Influence Learning, Stages of Motor Learning, Box 2.2, pg. 24

Open vs closed skill

Motivation, Transfer of Learning

**Instant Activity Lab** 

Read Hall of Shame III

Sept. 10 (W): Chapter 3, Designing Learning Experiences and Tasks

4 Criteria for a Learning Experience

Organizational Arrangements for Tasks, Social Grouping Lab

Week 4

Sept. 1 (M): Chapter 4, Task Presentation, Getting the Attention of the Learner,

**Demonstrations and Learning Cues** 

Improving Communication, Box 4.2, pg. 70

Sept. 17(W): Chapter 5, Content Development and Analysis, pgs 83-95

Methods of Extension: Sample Lesson Plan, Table 10.2, pg. 229 Juggling Scarves

# Week 5

Mid-Term

Sept. 22 (M): Chapter 10, Planning, Writing Learning Outcome

Peer Review Lesson Plan

Sept. 24 (W): Chapter 10, Planning, Writing Learning Outcomes

Peer Review Lesson Plan for first session, swivl application

Week 6

Sept. 29 (M): *Exam #1* 

Oct. 1 (W): TBA

Week 7

Oct. 6 (M): Peer Lesson Plan #1, Group #1 Oct. 8 (W): Peer Lesson Plan #1, Group #2 Week 8

Oct. 13 (M): COLUMBUS DAY NO CLASSES

Oct. 14 (T): Chapter 5 Guidelines for Types of Content, pgs. 96-105

Games Stages, Box 5.9, pgs. 106-115

Assign Show & Tell

Oct. 15 (W): Show and Tell Lab

Assign Groups for Flipped Classroom

Week 9

Oct. 20 (M): Chapter 6, Developing and Maintaining a Learning Environment, Routines, pgs.117-123

Oct. 22 (W): Chapter 6, Establishing Rules, pgs. 123-126

Strategies for Student Responsibility

Week 10

Oct. 27 (M): Peer Lesson Plan #2, Group #1 Oct. 29 (W): Peer Lesson Plan #2, Group #2

Week 11

Nov. 3 (M): Chapter 7, Teaching During Activity, pgs. 139-148

Types of Feedback, pgs. 148-152

Nov. 5 (W): TBA

Nov. 6-9 VAHPERD CONVENTION, Virginia Beach

Week 12

Nov. 10 (M): Chapt. 8 Teaching Strategies, Direct and Indirect Instruction, pgs. 160-180

Nov. 12 (W): EXAM #2

Week 13

Nov. 17 (M): Giving Directions ppt. Voice Lab

READ: Giving Directions-It's How You Say

Nov. 19 (W): Peer Lesson Plan #3, group #1

Week 14

Nov. 24 (M): Peer Lesson Plan #3, Group #2

Nov. 26 (W): THANKSGIVING RECESS NO CLASSES

Week 15

Dec. 1 (M): Chapter 9 Student Motivation, Personal Growth

Video analysis Due

Dec. 3 (W): Teaching Games for Understanding, Badminton

Week 16

Dec. 8 (M): Reading Day

### FINAL EXAM: Per Final Exam Schedule, Monday, Dec. 15th 12:00pm-1:15 pm

#### Student Expectations

- Students must adhere to the guidelines of the George Mason University Honor Code [See <a href="http://oai.gmu.edu/honor-code/">http://oai.gmu.edu/honor-code/</a>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office
  of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See
  <a href="http://ods.gmu.edu/">http://ods.gmu.edu/</a>].
- Students must follow the university policy for Responsible Use of Computing [See <a href="http://universitypolicy.gmu.edu/policies/responible-use-of-computing/">http://universitypolicy.gmu.edu/policies/responible-use-of-computing/</a>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.

• Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.

# Campus Resources

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <a href="http://caps.gmu.edu/">http://caps.gmu.edu/</a>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <a href="http://writingcenter.gmu.edu/">http://writingcenter.gmu.edu/</a>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <a href="http://rht.gmu.edu">http://rht.gmu.edu</a>].

