

**GEORGE MASON UNIVERSITY**  
**School of Recreation, Health, and Tourism**

**PRLS 115 – Introduction to Fly Fishing 5P1 (1)**  
**Spring 2013**

**DAY/TIME:**  
Tuesday, Thursday 9am

**LOCATION:**  
Fieldhouse

**INSTRUCTORS:**  
Dusty Wissmath

**EMAIL ADDRESS:** fwissmat@gmu.edu

**OFFICE LOCATION:**  
**OFFICE HOURS:** As needed

**PHONE NUMBER:** 540-220-9283  
**FAX NUMBER:**

**PREREQUISITES:** None

**COURSE DESCRIPTION:**

A practical course designed for students with little or no knowledge of fly fishing. The course will involve activities to teach students the basics of fly fishing to include terms and equipment, casting, knot tying, aquatic entomology, fly selection, reading water, wading techniques and safety, and fly fishing tactics. Besides the one-hour classes required during the week, a full day on a stream, will be included.

**COURSE OBJECTIVES:**

At the conclusion of the course students should be able to:

1. Explain and demonstrate basic casting and fly fishing knots
2. Describe basic aquatic entomology and identify basic fly patterns.
3. Explain and demonstrate reading water and basic fly fishing tactics.

**NATURE OF COURSE DELIVERY:**

Face to face.

**REQUIRED READINGS:**

Gay, P. & Pinto, A (1999), **Trout & About**, Alexandria, Va. (self-publication).

**REQUIREMENTS:**

1. Baseball or wide brimmed hat and polarized sunglasses.
2. Day pack and rain jacket.

## EVALUATION:

Mid-term (50%) – Written: on basic casting terminology and entomology. Practical: on casting and knot tying.

Final (50%) – Practical: students will be evaluated on their casting, reading water, wading techniques and fly fishing tactical skills on a local stream day.

## GRADING SCALE:

90-100	A
80-89	B
70-79	C
60-69	D
< 60	F

## COURSE SAFETY POLICY:

- Students must wear a hat and glasses for all casting sessions.
- Students will not wade in any area not approved by the instructors.
- All students will remain in visual range of an instructor.

## Dress Code / Lecture

Participants must wear athletic shoes and non-restrictive clothing for all activity classes. Jeans or opened-toed shoes must not be worn on activity days. Unless otherwise indicated, participation will occur after the lectures 2-4.

## Pre-Existing Conditions

*Students with injuries or pre-existing conditions that may affect performance must inform the instructor.*

### TENTATIVE COURSE SCHEDULE

DAY	TOPIC	READINGS / ASSIGNMENT DUE
1	Fly Fishing Overview	
2	Casting Mechanics I	
3	Casting Mechanics II	
4	Intro. to fly fishing tackle	
5	Aquatic Entomology	
6	Trout Biology	
7	Knot tying	
8	Reading Water	
9	Fly Selection	
10	<b>Midterm</b>	
11	Advanced Casting I	
12	Advanced Casting II	
13	Trout Tactics	

DAY	TOPIC	READINGS / ASSIGNMENT DUE
14	Fly fishing opportunities	
15	Stream Day (Final)	

### CORE VALUES COMMITMENT:

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.

This course is designed to improve health and wellness and quality of life. It is part of an increasing number of activities available through the School of Recreation, Health, and Tourism. For further information about other courses or degree programs, please contact Fred Schack at 993-8522.

### *Student Expectations*

- Students must adhere to the guidelines of the George Mason University Honor Code <http://oai.gmu.edu/honor-code/>
- [See Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/1301gen.html>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.
- Students are expected to exhibit professional behaviors and dispositions at all times.



### *Campus Resources*

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they

work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].

- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu/>].