Inclusive Housing at ClemsonLIFE

Postsecondary Education
Conference
October 28-29, 2010

What is ClemsonLIFE?

- A Postsecondary transition program at Clemson University for students with an intellectual disability who are between the ages of 18 and 23
- Provides employment training, independent living skills training, basic academic training, and social exposure
- The goal? Competitive employment and independent living to the greatest extent possible.



Independent Living Component

- Resident Supervisors
 - Provide supervision at housing area
 - Coordinate evening and weekend activities



Housing

Each apartment houses:

- 3 ClemsonLIFE students and
- 1 Resident Supervisor
- On Campus first two semesters
 - Two 4-bedroom apartments on campus for the first two semesters
- Off Campus after that
 - Two 4-bedroom apartments on the bus route close to campus
 - Introduces paying bills, tenant issues,
 integration into the community, etc.

Getting Started

- Our story
- Set your goal
 - On campus?
 - For how long?
 - For how many students?
- Find your friends
 - The Dean
 - The Provost
 - The Housing Director



Barriers

- Attitudes
- Misconceptions
- Housing shortages
- Procedural issues
- Supervision



Problems

- Using undergraduates for supervision
- Housing students together with limited social skills
 - Not used to peer group
 - Not used to high expectations
- Coordination of schedules
- Transportation
- Parent support



To Better Prepare Students for Living Independently Address behaviors that might prohibit them

- Address behaviors that might prohibit them from being employed – or promoted – successfully
- Foster independence not passivity. Expect them to do for themselves.
- Keep the bar high
- Treat them as adults they are!
- Stress money management skills in real life applications
- Encourage time management skills

Skills to Address

- Personal hygiene, including apartment upkeep
- Roommate issues
- Time management
- Money management
- Laundry
- Meal planning and cooking
 - Cooking classes
 - Recipe book for later

Personal safety

Contact information http://www.clemson.edu/culife

- Program Manager
 - Sharon Sanders, PhD
 - 864-656-0501
 - ssander@clemson.edu

