

# Person-Centered Planning Meetings



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# Guidelines

- Encourage active participation
- Keep the planning process moving forward
- Resolve issues
- Be respectful

# PCP Template

<b>Academic</b>	<b>Independent Living</b>
<b>Social Life</b>	<b>Employment</b>
<b>Comments</b>	

# Questions-Academic

- What was your favorite class?
- Least favorite?
- What other areas do you wish to learn about?
- Catalog classes to take?
- Biggest accomplishment?

# Questions-Independent Living

- 1<sup>st</sup> Years
  - How do you wake up in the morning?
  - Who prepares your meals?
  - What about laundry?
- How do you help out-chores?
- Shopping?
- Money?
- Time management?
- Living with others/roommates

# Questions-Social LIFE

- Participation in Best Buddies?
  - How often are contacts?
- Special Olympics?
- Book Club?
- Art Stream?
- What do you do in your free time?
  - Hobbies/Leisure?
- Friends?
- Other community activities?

# Questions-Employment

- Previous work experience?
- What did you like about the placement?
- What other types of experiences do you want?
- What job supports do you want/need?
- How was your job coach?
- How was your employer/work mates?

# Questions-Comments

- Concerns?
- Modifications/Differentiated Instructions?
- Assisted Technology?
- Future Goals
  - Long-term
  - Short-term
  - Steps/Homework



# Sample PCP Meeting Notes

## Academic

Banking- likes money and checking  
Resident Housing ☹️  
Karate? Dance?? Art  
MCC took water aerobics  
RA help organize what to bring to classes

## Independent Living (Residential)

Rules are difficult-Write out rules  
Healthy choices  
Rebecca/Teacher- needs to listen  
10:30- go back to your apartment and get ready for bed

## Social Life

Bridget, Sarah, Jessica  
Special Olympics  
Art Stream  
Book Club now or next semester  
Best buddies ☺️ Mary

## Employment

Job- help people  
Board of Education Human Resources  
Labels, commerce, library, computer skills  
Sunrise volunteers

## Comments

Forward email of Art Stream  
\*Washer & Dryer usage\*  
Back all better ☺️

Use microwave & bathroom in hallway

\*Ask questions\* practice asking questions when need something  
Go Gym, show fridge

# Program of Study

**Program of Study 2010-2014 DOB**

1 <sup>st</sup> Year			2 <sup>nd</sup> Year		
	Fall 10	Spring 11		Fall 11	Spring 12
Academic	Core	Catalog Class: PE or Dance	Academic		
Social LIFE	Special Olympics ArtStream Book Club Bestbuddy © Mary		Social LIFE		
Resident Housing	Rebecca –RA Liberty Square	Rebecca –RA Liberty Square	Resident Housing		
Employment	Class based	Class based	Employment	Commerce, Library, Computer skills	
Comments: Friends-Bridget, Sarah, Jessica; Activities for future-volunteer at Sunrise; Pragmatics-practice asking questions when need something			Comments:		
3 <sup>rd</sup> Year			4 <sup>th</sup> Year		
	Fall 12	Spring 13		Fall 13	Spring 14
Academic			Academic		
Social LIFE			Social LIFE		
Resident Housing			Resident Housing		
Employment			Employment		
Comments:			Comments:		
Overall Growth:			Transition:		